

Lap Pool Schedule - January 24 - February 15

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed	6:00AM-7:30AM GVM 4 lanes	5:30AM-7:30AM GVM 4 lanes	6:00AM-7:30AM GVM 4 lanes	5:30AM-7:30AM GVM 4 lanes	6:00AM-7:30AM GVM 4 lanes	Closed
9:00AM-12:00PM Lap Swim 3 lanes lessons 3 lanes	6:00AM-7:30AM Lap Swim 2 lanes	5:30AM-7:30AM Lap Swim 2 lanes	6:00AM-7:30AM Lap Swim 2 lanes	5:30AM-7:30AM Lap Swim 2 lanes	6:00AM-7:30AM Lap Swim 2 lanes	7:00AM-9:00AM Lap Swim
	7:30AM-8:55AM Lap Swim	7:30AM-8:30AM Into to Swim Training	7:30AM-8:55AM Lap Swim	7:30AM-8:30AM Intro to Swim Training	7:30AM-8:55AM Lap Swim	9:00AM-12:00PM Closed for lessons
	9:00AM-10:00AM Total Body Aqua Size	8:35AM-9:20AM Aqua Fit	9:00AM-10:00AM Heat Up the Pool		9:00AM-10:00AM Total Body Aqua Size	
12:00PM-5:00PM Open Swim/Splash Parties Time slots available 12p-2p, 1p-3p, 2p-4p and 3p-5p	10:00AM-10:45AM Beachball Circle Time	9:25AM-4:15PM Lap Swim/Open Swim	10:00AM-11:00AM Let's Get Moving	8:30AM-4:15PM Lap Swim/Open Swim	10:00AM-11:00AM Let's Get Moving	
	10:55AM-4:15PM Lap Swim/Open Swim		11:05AM-4:15PM Lap Swim		11:05AM-12:10PM Lap Swim	
	4:15PM-6:00PM 1/2 Lap Swim 1/2 lessons	4:15PM-6:30PM Lap Swim 2 lanes Lessons 4 lanes	4:15PM-6:00PM Lesson 3 lanes Lap Swim 3 lanes	4:15PM-6:30PM lap swim 2 lanes lessons 4 lanes	12:15PM-1:00PM 1/2 Sha-Deep Express 1/2 Lap Swim	12:00PM-5:00PM Open Swim/Splash Parties Time slots available 12p-2p, 1p-3p, 2p-4p and 3p-5p
			6:00PM-6:30PM 1 lane lessons 5 lanes Artistic Swim		1:00PM-4:00PM Lap Swim	
Closed	6:00PM-6:45PM Aqua Fit	6:45PM-8:30PM Artistic Swim 4 lanes Lap Swim 2 lanes	6:45PM-8:30PM Artistic Swim 5 lanes Lap Swim 1 lane	6:30PM-8:00PM Kayaking	4:00PM-8:00PM 1/2 lap swim 1/2 open swim/Splash Parties	Closed
	6:50PM-8:00PM Lap Swim					

Highlighted times indicate pool closure. Lane lines vary based on facility use. Schedule subject to change; check website for updates:<http://www.perinton.org/departments/recreation/schedules>