



Perinton

Recreation & Parks

www.perinton.gov



Registration Begins
Monday, August 24 at 10 AM

2026 Fall Programs



JAMES E. SMITH CENTER

JAMES E. SMITH CENTER
1350 Turk Hill Road

Mon.-Fri. 6:00 AM-9:00 PM
Sat. 7:00 AM-7:00 PM
Sun. 9:00 AM-6:00 PM

Office: 223-5050
Fax: 223-4045

THE INDOOR TRACK

The Indoor Track is available to residents at no charge and non-residents for \$1. Simply sign in daily at the window by the track and please wear rubber soled shoes. The gymnasium and track are climate controlled for your comfort. The inside lane (1/17th mile) is for walkers and the outside lane (1/16th mile) is for runners.

THE FITNESS/WELLNESS CENTER

The Fitness/Wellness Center offers a fully equipped Cardio-Fitness Lobby and Strength-Resistance Room for participants at least 14 years old.

THE AQUATIC CENTER

The Aquatic Center features a 25-yard lap pool, leisure pool and whirlpool. The facility is totally enclosed for year-round use.

DROP-IN FITNESS CLASSES

Drop-In Fitness is offered for \$10.00 per class. Non-resident rate is \$11.00 per class. Check out our adult and teen fitness classes inside this brochure. Only the classes on the Fitness pages are eligible for drop-in rates.

PASS FEES

Upon purchase or renewal of your pass, you will be issued a photo ID card to be used as your pass. Under this procedure, a separate pass will be required for each pass holder. LOST PASS REPLACEMENT FEE - \$10.

ROOMS AND GYM FOR RENT

An ideal location for family parties, birthday parties, showers, reunions, business meetings or informational seminars. We also offer group rate discounts for swim parties tied to room rentals. For information, contact Janelle Reed at 223-5050 or jreed@perinton.gov.

POOL BIRTHDAY PARTIES

Birthday parties are now available to be booked online! Visit us on WebTrac and search keyword "Splash" for available dates and times. Please note, rooms and time slots are not able to be changed. The first hour of the party time slot is spent in the pool and the second hour is spent in the room. Parties are limited to 25 people. Additional party bookings need to be made for any parties over 25 people, and time slots remain as listed. Parties are \$200/resident and \$250/non-resident. Must be paid in full at time of booking and must have an active WebTrac account to book.

GYM DROP-IN PROGRAMS

Drop-In Programs are available for all ages. Admission is \$6.00 per person with proof of residency. Admission for non-residents is \$8.00. **All participants must show ID every time.** 10X stamp passes are available to residents (\$47.00) and non-residents (\$63.00). **For RESIDENTS, 14 years and over:** Show your monthly or 20 Visit Fitness Pass and get \$1.00 off your daily drop-in fee or half off your purchase of a new stamp pass. **All participants must still sign in at the registration desk for basketball/volleyball/pickleball/table tennis and/or fitness/aquatic area(s).**

DAILY FAMILY PASS FOR AQUATICS

(Perinton Residents)

2 Adults/2 Children = \$21 (\$21.63 credit card price)
\$3.50 each additional child (\$3.61 credit card price)

	Resident						Non-Resident			
	Child* (13/under)	Youth (14-18)	Adult (19-54)	Senior (55+)	College Student	Active Military	Child* (13/under)	Youth (14-18)	Adult (19-54)	Senior (55+)
Daily	\$5.00 \$5.15 credit card price	\$5.50 \$5.67 credit card price	\$8.00 \$8.24 credit card price	\$5.50 \$5.67 credit card price	\$5.50 \$5.67 credit card price	\$5.50 \$5.67 credit card price	\$7.75 \$7.98 credit card price	\$8.75 \$9.01 credit card price	\$13.00 \$13.39 credit card price	\$8.75 \$9.01 credit card price
20 Visit	\$49.00 \$50.47 credit card price	\$56.00 \$57.68 credit card price	\$80.00 \$82.40 credit card price	\$56.00 \$57.68 credit card price	\$56.00 \$57.68 credit card price	\$56.00 \$57.68 credit card price	\$80.00 \$82.40 credit card price	\$110.00 \$113.30 credit card price	\$170.00 \$175.10 credit card price	\$110.00 \$113.30 credit card price
Monthly	\$30.00 \$30.90 credit card price	\$39.00 \$40.17 credit card price	\$58.00 \$59.74 credit card price	\$39.00 \$40.17 credit card price	\$39.00 \$40.17 credit card price	\$39.00 \$40.17 credit card price	\$45.00 \$46.35 credit card price	\$52.00 \$53.56 credit card price	\$80.00 \$82.40 credit card price	\$52.00 \$53.56 credit card price
6 Month	\$150.00 \$154.50 credit card price	\$185.00 \$190.55 credit card price	\$290.00 \$298.70 credit card price	\$185.00 \$190.55 credit card price	\$185.00 \$190.55 credit card price	\$185.00 \$190.55 credit card price	\$205.00 \$211.15 credit card price	\$260.00 \$267.80 credit card price	\$375.00 \$386.25 credit card price	\$260.00 \$267.80 credit card price
12 Month	\$265.00 \$272.95 credit card price	\$320.00 \$329.60 credit card price	\$484.00 \$508.82 credit card price	\$320.00 \$329.60 credit card price	\$320.00 \$329.60 credit card price	\$320.00 \$329.60 credit card price	\$355.00 \$365.65 credit card price	\$455.00 \$468.65 credit card price	\$675.00 \$695.25 credit card price	\$455.00 \$468.25 credit card price

Schedule subject to change. View website for current schedule. NOTE: Children under the age of 14 are not permitted to utilize the fitness equipment*

TOWN NEWS/TABLE OF CONTENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Pickleball Ages 18+ 6:00-8:00 AM		Pickleball Ages 18+ 6:00-8:00 AM		Pickleball Ages 18+ 6:00-8:00 AM		
Beginner Pickleball 11:30 AM-1:15 PM	Beginner Pickleball 11:30 AM-1:15 PM	Basketball Ages 18+ 11:30 AM-1:15 PM	Beginner Pickleball 11:30 AM-1:15 PM	Basketball Ages 18+ 11:30 AM-1:15 PM		
Pickleball 1:30-3:15 PM	Pickleball 1:30-3:15 PM	Pickleball 1:30-3:15 PM	Pickleball 1:30-3:15 PM	Pickleball 1:30-3:15 PM	Pickleball 4:30-6:30 PM	Pickleball 4:15-5:45 PM
Basketball Ages 30+ 8:15-9:45 PM		Basketball Ages 30+ 8:15-9:45 PM	Volleyball Ages 18+ 6:15-9:00 PM	Volleyball Ages 18+ 6:15-9:00 PM		

Schedule subject to change. View website for current schedule.

Stay Connected!

Follow us on Facebook, X and Instagram for updates and notifications about Perinton Recreation and Parks happenings. Join the conversation, share your thoughts, and show us your Perinton pride by checking in, tagging us and using #PerintonRec.



Perinton Recreation and Parks



@PerintonRec



#PerintonRec

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QUICK REFERENCE

Weather Cancellation Policy: Programs conducted in school facilities are cancelled when schools are closed. Programs cancelled due to poor weather conditions will be announced by WHAM (1180 AM).

Holidays:

Friday, October 9 Superintendent's Conference Day
Monday, October 12 Columbus Day
Friday, November 6 K-5 Parent Conference
Wednesday, November 11 Veterans Day
Friday, November 13 K-5 Parent Conference
Wednesday-Friday, November 25-27 Thanksgiving Recess
Wednesday-Friday, December 23 - January 1 Winter Recess
Friday, December 25 Christmas Day (PCC Closed)
Friday, January 1 New Years Day (PCC Closed)

THIS PROPERTY IS

UNDER REVIEW

BY THE TOWN OF PERINTON

VISIT WWW.PERINTON.GOV
OR CALL 585-223-0770
FOR INFORMATION

If you see this sign and you would like to know what is being considered for the property, go to perinton.gov and click on Properties Under Review on the Home Page to see the plans and project description.

When you see this sign in your neighborhood, it means the property is scheduled to be reviewed by the Town's Planning Board, Zoning Board of Appeals or even Town Board.

Depending on the scope of work, some projects require Board approval before work may begin, which triggers a public hearing on the proposal. These signs are one of the ways the Town notifies residents of the hearing.

Town Hall Closings

Dec. 25 Christmas
Jan. 1 New Year's Day
Jan. 19 Martin Luther King Jr. Day

PCC Closings

Dec. 25 Christmas
Jan. 1 New Year's Day

Recreation & Parks Content Starts on Page 10

Town of Perinton

Ph: (585) 223-0770

F: (585) 223-3629

Recorded information:

(585) 425-1170

DPW: (585) 223-5115

After Hours Emergency:

(585) 425-7380

www.perinton.gov

Facebook: **Town of Perinton, NY**

Twitter: **@TPerinton**

Instagram: **townofperinton**

Charles Steinman

Town Justice

Gary Muldoon

Town Justice

Shane Luther

Town Assessor

John Mancuso

Town Attorney

Robert J. Kozarits

Town Engineer

Bill Poray

Town Historian

Jason R. Kennedy

DPW Commissioner

Jeff Nutting

Commissioner of Recreation and Parks

Board Meetings

Town Board

1st and 3rd Monday of every month
at 7:00 p.m.

Planning Board

3rd Wednesday of every month
at 7:00 p.m.

Conservation Board

Tuesdays before the 1st and 3rd
Wednesday of each month
at 7:00 p.m.

Zoning Board of Appeals

4th Monday of every month
at 7:00 p.m.

We also offer the public the option to join board meetings virtually. Zoom, which can be used on a computer or a phone, allows you to view, listen and comment in the meeting live via video or audio. To join a meeting virtually, please look for the web-conferencing information at the top of each meeting agenda.

— Perinton Town Officials —



Jenn Townsend
Town Supervisor



**Meredith
Stockman-Broadbent**
Town Board



Mike Folino
Town Board



Emily Mischler
Town Board



Dave Masterson
Town Board



Andrew Gilchrist
Town Clerk



Perinton Flu Shot Clinic

2026 SCHEDULE



MONDAY, SEPTEMBER 28 9AM – 12PM

FRIDAY, OCTOBER 9 9AM – 12PM

FRIDAY, OCTOBER 16 9AM – 12PM

Perinton Community Center
1350 TURK HILL ROAD FAIRPORT, NY 14450

No Appointment Needed -- Age 18 and Older -- No Cost with Insurance

The Mobile Mammography Center is Coming to Perinton!



**ROCHESTER
REGIONAL HEALTH**
Mobile Mammography Center



**Saturday,
December 5, 2026
9 A.M. - 4 P.M.**

**Perinton Community Center,
North Parking Lot
1350 Turk Hill Road**

**Call (585) 922-PINK to
book an appointment!**



**Appointments encouraged;
Walk-ins welcome.**

Scan the QR Code to book an appointment!

2026-27 School Tax Collection Information

From Debbie D. Brown, Perinton Receiver of Taxes



Tax Drop Box located at Perinton Town Hall

Tax Information:

- The first day of collection will begin Tuesday, September 1st
- If you do not have escrow and have not received your tax bill by September 8th, please call our office at (585) 223-0770 or visit www.monroecounty.gov to obtain a copy
- Payments are made payable to Debbie D. Brown, Receiver of Taxes
- All out-of-balance payments will be returned for the correct amount

Payment Schedule:

Full Payments

- Full payments are due October 1st (interest free)
- Full payments made between October 2nd – October 31st must include a 2% penalty
- All unpaid taxes will be turned over to Monroe County Treasurer starting November 1st

First Installment Payments ONLY

- First Installment payments are due September 15th
 - First installment payments made between September 16th – 20th must include 1% penalty.
 - Installments are no longer an option after September 20th.
 - Second and Third installments MUST BE mailed or paid in person to the Monroe County Treasurer's Office, P.O. Box 14420, 39 West Main Street, Room B-2, Rochester, NY 14614
- *If the due date falls on the weekend or holiday, payment will be accepted the next business day without penalty or additional interest due.

Payment Options:

- By check or cash in person at the Town Tax Office (9AM-5PM, Monday through Friday)
- By check via mail (receipt date determined by **U.S. postmark only**)
***Online Bank Payments** arrive in office as a paper check and with no U.S. postmark. Because of this, we must go by the day it arrives in office. Banks discourage the use of online banking for tax payments because they cannot guarantee your payment will be delivered in a timely manner. If you utilize online banking, you do so at your own risk.
- By check in the Town Tax Drop Box located out front of the Town Hall Entrance (**Adhering to all tax due dates and interest schedules – payment must be placed in the tax drop box by end of day of tax due date to ensure no additional interest**)
- By credit card online at www.monroecounty.gov – When paying by credit or debit card for any transaction greater than \$100, a fee equaling 2.75% of the amount paid will be charged by the credit card company. Payments of \$100 or less will be charged a flat fee of \$2.75
- By electronic check online at www.monroecounty.gov – A sliding scale fee is charged based on the total transaction.

Transaction Amounts	Service Fee
\$0.01 - \$100.00	\$2.75
\$100.01 - \$500.00	\$5.00
\$500.01 - \$3000.00	\$8.00
\$3000.01 - \$10,000.00	\$10.00
\$10,000.01 - greater	\$12.00

For more detailed tax information and frequently asked questions, please visit the Town's website at www.perinton.gov.



KEEP POOLS FUN, NOT POLLUTED!

Protect Our Waterways – Drain Responsibly



Pool Backwashing

- ✓ Drain to your lawn or landscaping, not the street or sewer.
- ✗ Never discharge to a storm drain or natural waterway.
- 💧 Let water drain slowly to allow chemicals to break down.
- 🔧 Neutralize acid wash water (pH 6.0–7.0)

Using Pool Chemicals

- 🪣 Buy only what you need and triple rinse empty containers - pour rinses back in pool.
- 🧴 Store safely in a dry, covered place.
- ⚠️ Dispose of leftovers at a Household Hazardous Waste facility (Call the ecopark at 753-7600).

Draining Your Pool and Hot Tub

- 📊 Test water - chlorine must be 0 before draining.
- 🧴 Drain before adding winterizing chemicals.
- 🌿 Use a low volume pump to slowly drain onto the grass.
- 👥 Don't drain near slopes or neighboring property.

Why It Matters



Storm drains lead directly to rivers and streams without any treatment!



Even a small amount of pool water can harm aquatic life.

Learn more at: www.StormwaterCoalition.com

Help stop stormwater pollution in the Town of Perinton!

PERINTON PUBLIC WORKS (585) 223-5115 WWW.PERINTON.GOV

WHEN IT RAINS, IT DRAINS. AND IT HAS TO GO SOMEWHERE

Rainwater from roofs, streets, and outdoor spigots flows untreated into storm drains. This water carries contaminants directly into our waterways, impacting the environment!



Grass Clippings and Leaves

Leave grass clippings on the lawn or compost; keep yard waste and leaves out of the storm drain.

Fertilizer & Pesticides

Limit your use; if heavy rain is predicted, do NOT apply fertilizers or yard chemicals.

Pet Waste

Always pick up pet waste; dispose of wrapped waste in the trash.



When you wash your car in the driveway, dirty water flows untreated into storm drains, carrying soap, dirt, and grease directly to our waterways. Wash your vehicle on your lawn instead.

Car & Household Chemicals

Do not pour hazardous chemicals down a storm drain or gutter. Use the Ecopark and HHW Drop-Offs.



10 Avion Dr, Rochester, NY 14624
<https://www.monroecounty.gov/ecopark>



Litter

Nearly all litter left on the ground will end up in the storm sewer system.



Exciting CHANGES

COMING TO PROGRAM REGISTRATION!



Perinton Recreation and Parks is upgrading to a new registration system to better serve our community.

The new ActiveNet system will launch for Winter 2027 program registration.

WHAT YOU CAN EXPECT



Easier online program registration



A new mobile app for registrations and memberships



Improved account management



Digital membership & pass options



Enhanced mobile-friendly experience



Easier registration for select programs and camps



WHAT HAPPENS NEXT?

The new system will officially replace WebTrac for **Winter 2027** registration.

Between now and the launch, we'll share important dates, step-by-step instructions, and account transition details to help make the changes as smooth as possible.



STAY INFORMED

Watch for future emails, social media communications and our website as we provide updates throughout the fall and winter.



Scan here for updates and more info!

ACTIVENET LAUNCHES FOR WINTER 2027 REGISTRATION

Thank you for supporting Perinton Recreation & Parks!

COMING SOON! A BETTER WAY TO STAY CONNECTED:

One Community Guide, Starting This Winter.

The Town is combining the Recreation & Parks Program Brochure and the Perinton Quarterly into one comprehensive, full-color publication, making it easier to stay informed while reducing printing and mailing costs.

Beginning **Winter 2027**, the Town of Perinton will introduce a new, enhanced community publication by **combining the Recreation & Parks Brochure and the Perinton Quarterly** into one comprehensive guide.

This new publication brings together the best of both, combining the high-quality, full-color design and Town news of the Perinton Quarterly with the Recreation & Parks information residents have come to rely on in the seasonal brochure.

The transition also aligns with the Town's move to **ActiveNet**, our new online recreation registration system. ActiveNet makes it easier than ever to browse programs, register online, and access the most up-to-date schedules and availability from any device or through the mobile app. With registration and detailed program information available online, the printed guide can focus on highlighting upcoming programs, events, and opportunities while directing residents to ActiveNet for registration.

By combining these publications, residents will receive **one larger, more comprehensive guide** that serves as a single source for Town news, Recreation & Parks information, and community updates delivered right to their mailbox.

In addition to creating a more convenient publication, this new approach will reduce printing and mailing costs, allowing the Town to invest resources more efficiently while continuing to provide high-quality communications to every household. We're excited to introduce this new guide this winter, delivering the best of both publications while achieving meaningful cost savings for our community.





WebTrac Information

Save time and register for programs and park buildings and shelters online! Register directly on the site, <https://webtrac.perinton.org>. Under the "Member Login" section, please click on the "Need an Account?" link. All you need to do is fill out the required information and your account is now active. **Please register for WebTrac prior to the first day of registration to ensure your account is active.**

NOTE: Please ensure that the dates of birth and grades you provide for the participants are accurate, as the system will not allow enrollment for a program if the age and/or grade criteria are not met. These data fields cannot be changed once they are entered.

Please go online to <https://webtrac.perinton.org> and enter the "user name" and "password" that we have provided you. You can "shop" by selecting your classes, placing them in your "shopping cart" and "check out" using Visa, Mastercard, Discover or American Express or e-check to complete your transaction on our secured site. A receipt may be printed for your records. A 3% processing fee now applies to all credit card transactions. This fee is charged by the credit card processor and is not retained by the Town. If you opt for an e-check transaction, there is a \$1 fee.

For more information, call the Perinton Recreation and Parks Department at 223-5050. All classes, unless otherwise indicated, are available on WebTrac.

What's New For **FALL?**

Special Events

Jack-o-Lantern Carving Contest

Preschool

Broadway Babies - *Room on the Broom*

Broadway Babies - *We Are Santa's Elves*

Language and Literacy for Littles

Tots Hip Hop

Youth and Teen

After School Enrichment Program -
My First Piggy Bank

After School Enrichment Program -
Personal Finance!

After School Enrichment Program -
Young Entrepreneurs

Annie Jr.

Bounce - A New Musical

Camp - *How to Train Your Dragon*
the Musical Jr.

Columbus Day - School Vacation Camp -
Chain Reaction Engineers

Giants in the Sky - Home School Program

Intro to Brazilian Jiu-Jitsu/Grappling

P.A.T.H. to Middle School Preparation
Academics Transitions Habits

Preps Ballet

Preps Hip Hop/Tumble

Preps Jazz

Preps Tap

Veterans Day - School Vacation Camp -
My Invention Biz

Winter Break - School Vacation Camp -
My First Craft Fair

Youth and Teen Arts & Crafts and

Cooking

Christmas Crafts!

EZ Peasy Mini Cooking Camp!

Kids Beaded Jewelry Class

Little Hands, Little Bakers:
"Apple Crisp Dessert!"

Aquatics

Noon Year's Eve Party

Adult

American Red Cross - Then and Now

Decoding School Services: How to Get Your
Child the Support They Need

Engagement Ring Buyer's Guide

Eyes that Wow

Fitness Programming

It's Never Too Early to Begin Saving for Your
Child's Education

Kali - ADVANCED - Stick Fighting

Learn to Play Mah Jongg

Lips & Cheeks: The Instant Face Lift

Saving and Paying for College

Stop the Spiral: Simple Ways to Overcome
Negative Thoughts

The Integrated Owner: Bridging Business
Success and Personal Wealth

To Roth or Not to Roth?

Using 529 Plans for College Savings

Your Skin, Only Better

Adult Arts & Crafts and Cooking

Autumn Leaves on Canvas

Bring Your Own Tie Dye

Crochet a Christmas Gnome

Crochet a Cute Little Monster

Fall Birches on Canvas

Fall Wreaths

Life Journaling with Toi Clawson

Mini Ocean Paint Fluid Art

Needles at Noon: Christmas Stocking

Sterling Silver Ring Date Night

Three Ring Stacker Class

Whimsical Cards In Watercolor

SPECIAL EVENTS

**Register early to avoid program cancellation
due to low enrollment.**

SAVE THE DATE!!

Friday	September 18	Outdoor Movie Night at Center Park
Saturday	September 19	KOC Penalty Kick Challenge
Sunday	September 27	Breakfast with Grandparents
Monday-Thursday	October 19-22	Jack-o-Lantern Carving Contest
Friday	October 23	Halloween Parade
Thursday	November 7	Robot Revelry
Wednesday & Thursday	November 25 & 26	Turkey Jam
Sunday	December 6	Visit with the Grinch
Friday	December 11	Home for the Holidays with the Perinton Concert Band
Thursday	December 31	Noon Year's Eve Party
Tuesday	February 9	Perinton's Pizza Poll

Outdoor Movie Night at Center Park

Ages: Open to families
Join us to watch *Super Mario Galaxy* to celebrate the start of a great school year! This event is organized by the PTA's of Brooks Hill, Dudley School, Jefferson Avenue and Northside Schools, along with the Town of Perinton. Tickets need to be reserved so that we can adequately plan for the facilities, vendors and parking. Pre-event activities will start at 6:00 PM including a variety of outdoor games, and Foam Dart League. The Uncle Bucks Kitchen & Co. food truck will be on-site as well as Sugary Delights to purchase food. Be sure to bring your own chairs, blankets and snacks.

Location: Center Park Amphitheater
Date: **Code: 362847-A** F., 9/18 6:00 PM Movie starts at sundown (1 class)
No charge
This was listed in Summer Brochure, so registration is already available.

KOC Penalty Kick Challenge

Ages: 6-14 years
This event is sponsored and run by the Knights of Columbus. All contestants must be 6 years and over. Winners that are 9 years and older have the opportunity to advance from the local level to regionals, and then state. This event is free and no registration is required.

Instructor: Joe DeMott
Location: Center Park West
Date: Sat., 9/19 9:00 AM-12:00 PM (1 class) No Pre-registration required. No charge.

Breakfast with Grandparents

Ages: Open to families
Celebrate your Grandparents at Perinton Rec! We will provide breakfast, coffee, juice and tea. We will also make a craft! Please register all attending. Fee is charged per person.

Location: PCC
Date: **Code: 418821-A** Sun., 9/27 10:00-11:00 AM (1 class)
Res \$5, Non-Res \$6
Enroll all family members that will be attending. Fee is charged per person.

NEW!! Jack-o-Lantern Carving Contest

Ages: Open to families
Get creative and show off your carving skills in our Jack-o-Lantern Carving Contest! Go spooky, go funny, go wildly original. A winner will be announced during our Annual Halloween Parade on Friday, October 23. To enter, drop off your carved pumpkin at the Perinton Community Center by Thursday, October 22, along with your name, contact information, and entry details. All pumpkins will be proudly displayed during the Halloween Costume Contest! Pumpkins can be dropped off to the main office with attention to Rec. Supervisor Michael Clark.

Location: Drop off at PCC
Dates: M-Th., 10/19-10/22 No charge. No pre-registration required.

Halloween Parade

Ages: Open to families
Calling all "boos" and "ghouls"! Be part of this all-ages Halloween costume parade! A costume contest will take place immediately following the arrival to Potter Park. Prize winners will be picked in age order starting with the youngest "Tiny Tots" category and continuing with Preschool, Grades K-3, Grades 4-6, Teens, Best Group. Complimentary doughnuts and cider provided by Fairport Fire Department. This event is co-sponsored by the Fairport Rotary Club, Chase Farms and Squires Orthodontics.

Location: Meet at Johanna Perrin Middle School and parade to Potter Park
Date: F., 10/23 6:00 PM No charge. No pre-registration required.

Robot Revelry

Ages: Open to families
Bring the family to play with our robot and enjoy an interactive experience while learning about STEM concepts at our many activity booths! There will be learning fun for all ages. In lieu of a fee, please bring a donation of non-perishable food items for the Perinton Food Shelf.

Instructors: Fairport Robotics Team
Location: PCC
Date: **Code: 422706-A** Sat., 11/7 1:00-3:00 PM (1 class) No charge
Enroll all family members that will be attending.

Turkey Jam

Ages: Open to families
Spend part of your Thanksgiving with your favorite Rec Department! Wednesday night, we will be hosting a handful of activities from the aquatic center to the basketball courts. Come on in for open swim, basketball, volleyball, aerobics classes and more. Reservations are free but limited. Please provide a donation of non-perishable food to help support the Perinton Food Shelf. Free Turkey Jam t-shirt with donation (while supplies last). To register for Wednesday night's activities, please see the registration codes below. The facility will continue to be open Thanksgiving morning from 8:00-10:00 AM for a free workout.

Free Fitness Use - Track, Cardio Equipment, Weightroom

Code: 462821-A W., 11/25 3:30-9:00 PM No charge

Beginner Pickleball

Code: 462821-B W., 11/25 3:30-5:00 PM No charge

Drop-In Basketball

Code: 462821-C W., 11/25 5:15-7:00 PM No charge

Drop-In Volleyball

Code: 462821-D W., 11/25 7:30-9:00 PM No charge

Fitness Class (TBD)

Code: 462821-E W., 11/25

Family Swim

Code: 462821-F W., 11/25 5:00-8:00 PM No charge

Masters Swim (TBD)

Code: 462821-G W., 11/25

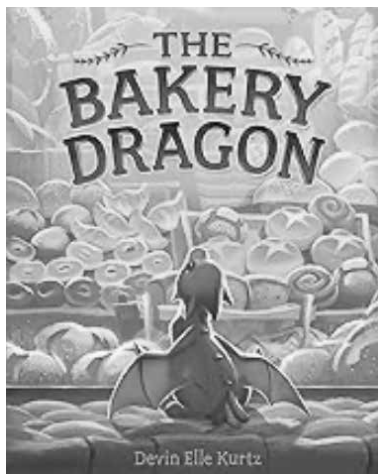
Water Aerobics (TBD)

Code: 462821-H W., 11/25

**Register Online Using
Our WebTrac System -
See Page 8**

<https://webtrac.perinton.org>

SPECIAL EVENTS/PARKS PROGRAMS



Story Walk The Bakery Dragon

By Devin Elle Kurtz

Co-Sponsored by the Fairport Area Branch of the American Association of University Women.

Meet Ember: a tiny dragon with a heart of gold and a taste for treats. Ember's fearsome roar sounds more like a polite sneeze and when he breathes fire, the

villagers just pat his head and say awwwww.

Ember fears he'll never collect a respectable pile of gold until a chance encounter with a baker causes his fortunes to turn (and his tummy to rumble). Ember learns that the "gold" you share is more valuable than the gold you hoard.

The author is also the illustrator and her love for dragons shows in her animated drawings! Story Walk starts inside the north corridor of the Perinton Community Center. This project is dedicated to Mary Wilkinson, Marty Ey and Kay Drury, all longtime AAUW members and Story Walk supporters.

Visit with the Grinch

Ages: Open to families
Welcome the holidays, bring your cheer! Welcome all Whos, far and near. The Grinch is coming, it will be a special treat. Join us in Whoville for a snack to eat. He promises to behave his best, register yourself and we will take care of the rest! Please enroll all attending. Fee is charged per person.

Location: PCC
Date: **Code: 465810-A** Sun., 12/6 10:00-11:00 AM (1 class)
Res \$8, Non-Res \$9

Enroll all who will be attending. Fee is charged per person.

Actors Needed to be a "Who"

See Youth page 15

Home for the Holidays with the Perinton Concert Band

Ages: Open to families
Kick off the season with a magical evening of music, community, and holiday cheer! Join us on Friday, December 11 at 7:00 PM at the Perinton Community Center for a festive concert featuring the Perinton Concert Band, conducted by Mark Kellogg. Santa will be making a special appearance! Free admission!

Location: PCC
Date: F, 12/11 7:00-9:00 PM No preregistration required. No charge.

NEW!! Noon Year's Eve Party

See Aquatics page 26

Perinton's Pizza Poll

Ages: Open to families
Back by popular demand, the 37th annual Pizza Poll returns! Join us and sample a slice of pepperoni pizza from each participating parlor, and vote on your favorite! Pizza and water are included. Please register ALL family members attending. It's going to be a true DOUGH DOWN!

Location: PCC
Date: **Code: 165806-A** Tu., 2/9 6:30-8:00 PM (1 class) Res \$5, Non-Res \$6
Enroll all family members that will be attending. Fee is charged per person.

Register early to avoid program cancellation due to low enrollment.

Crescent Trail Guided Hikes

Free monthly guided hikes, no pre-registration required, are organized by the Crescent Trail Hiking Association. Adults, teens and children under 16 supervised by an adult are welcome to participate. All hikes start at 1:30 PM on the second Sunday of the month, unless otherwise noted.

At any point of the hike, you may turn around and return to the start if your time is limited. Hikes are usually about 1 ½ hours in duration. For more information, go to the Association's website, www.crescenttrail.org or visit us on Facebook at www.facebook.com/crescenttrail. If you have an idea for a new hike or would like to lead a hike, send us an email at crescenttrail@gmail.com.

Please check our Facebook page or website at crescenttrail.org/monthly-guided-hikes for updated information closer to the hike date.

Sunday, September 13 at 1:30 PM | We will hike at Lucien Morin Park in September. Meeting location is the Trailhead Parking lot at 1135 Empire Blvd (at the south end of Irondequoit Bay). The Lucien Morin parking lot is right next to the Bar-Bill East Bar/Restaurant. Type "Lucien Morin Park" in your GPS. The hike will be about 3 miles and is moderate with hilly sections. This is a great hike with nice views of Irondequoit Bay.

Sunday, October 11 at 1:30 PM | Special Event: Orange Trail End to End Challenge: In 2026, we will be hiking the entire Orange Trail, from Bushnell's Basin to Hamilton Road, in 3 monthly hikes (April, July and October). Each hike is about 6 miles with some difficult sections. Hikers who complete all 3 hikes will be eligible for the Crescent Trail Finisher Patch. You can also earn the Finisher Patch by hiking the entire Orange Trail on your own, either all at once or in sections as you see fit. For our October hike (last of 3), we will meet at the Northside School parking lot at 150 Hamilton Rd. Type "Crescent Trail Hamilton Rd. Trailhead" in your GPS. A town bus will transport hikers from the meeting location to the start of the hike at White Brook Nature Area. We will then hike back to the north end of the Orange Trail at Northside School. We hope you can join us for this challenge.

Sunday, November 8 at 1:30 PM | We will hike at Backwoods by Kettle Ridge Farm in November. Meeting location is the Backwoods parking lot at 7215 Pittsford Palmyra Rd. (Rt. 31). Type "Backwoods at Kettle Ridge Farm" in your GPS. Backwoods will be closed for the season, but we can still hike there. Last year's hike at Backwoods was a lot of fun and very popular.

Sunday, December 13 at 1:30 PM | Our last hike of 2026 will be a short walk in the area around the Perinton Community Center (1350 Turk Hill Rd.), and we will hopefully meet afterwards for some Hot Chocolate and Christmas cookies. (Details haven't been worked out yet so check our Facebook page and website for updates.

Sunday, January 10 at 1:30 PM | For our first hike of 2027, we will repeat a very popular hike we did in January of 2025 at Powder Mills Park. We will meet at the Fish Hatchery parking lot at 203 Park Rd. Type "Riedman Fish Hatchery" in your GPS.

TENNIS & PICKLEBALL COURTS

Public Court Time

Hours: 8:00 AM-10:00 PM

Lighted **Tennis Courts** are open and available at no charge for your enjoyment. **Courts are located at:**

Fellows Road Park (2)
Kreag Road Park (2)
Perinton Park (6)
Potter Park (2)



Please be courteous and limit play. 1 hour for singles, 1 ½ hours for doubles if people are waiting.

Pickleball Courts are open and available at no charge for your enjoyment. **Courts are located at:**

LIGHTED
Fellows Road Park (6)
NOT LIGHTED
Potter Park (2)



PRESCHOOL

Register early to avoid program cancellation due to low enrollment.

A note on Preschool Programs:

CHILD MUST MEET THE AGE REQUIREMENT OF PROGRAM BY PROGRAM START DATE.

*** Please do not drop off your child prior to designated class time and be prompt in picking up your child.**

You may register for more than 1 session during the registration period.

**** Please note: When registering for a program that requires enrollment of both parent and child, it is imperative that both names appear on the registration form.**

Preschooler and Parent Drop In Gym

Ages: 1-5 years (infants in arms permitted)
Playtime in the gym for parents and children! Colorful equipment to climb on, riding toys, and more for active fun! Dry sneakers and comfortable clothing required. Check in at downstairs reception desk.

Location: PCC

Dates: M.-F., 9/1-1/15 (ex. 9/7, 10/12, 11/11, 11/26, 11/27, 12/25, 1/1)
9:00-11:00 AM

Cost: \$6/child (resident), \$8/child (non-resident)
No charge for parent or guardian
10X Stamp passes available, inquire at the desk!
Not available on WebTrac.

Baby Blades

Ages: 2-6 years (adult participation required)
Introduce your baby to the ice! Designed to get young children excited about being on the ice in a comfortable setting. Introduce your child to skating in a FUN way! The classes focus on gently acquainting young children with the ice, developing coordination in a creative and playful environment. Skaters should dress warmly & helmet required to skate. Parents & chaperones: An additional \$20 fee for USFS LTS registration. Skate rental available for an additional fee.

Instructor: Pamela Warren

Location: Paul Louis Ice Area, 1 Boys Club Place, Rochester

Dates: **Code: 435824-A** Sun., 10/4-11/1 1:00-1:50 PM (5 classes)
Res \$150, Non-Res \$160
Code: 435824-AA Sun., 11/8-12/13 (ex. 11/29) 1:00-1:50 PM (5 classes)
Res \$150, Non-Res \$160
Code: 435824-AAA Sun., 1/10-2/14 1:00-1:50 PM (6 classes)
Res \$180, Non-Res \$190

Bear Snores On Tea Party!

See Youth & Teen Arts & Crafts and Cooking page 23

NEW!! Broadway Babies – Room on the Broom

Ages: 3-6 years
Exciting news! Bravo! Creative Arts is excited to present a delightful short play inspired by the beloved picture book, *Room on the Broom*. Join the cheerful witch and her cat as they soar on their broomstick! When the witch drops her hat, bow and wand, three eager animals – a friendly dog, a lovely green bird and a panicked frog – offer to help in exchange for a ride. But the broomstick isn't built for five and snaps just as they encounter a hungry dragon! Will they find a way to fit back on the broom? Tuition includes costume rentals, sets, props, a show shirt, and a fun cast party! Join us for this heartwarming adventure filled with laughter, friendship and magic!

Instructor: Bravo! Creative Arts, Ed Rocha

Location: PCC

Dates: **Code: 425232-G** M. & F., 9/18-11/23 (ex. 10/12, 11/6)
4:00-4:30 PM (18 classes) Res \$100, Non-Res \$110

NEW!! Broadway Babies – We Are Santa's Elves

Ages: 3-6 years
Ho! Ho! Ho! We are so excited to share that it's just twelve days until Christmas, and our incredible team of elves is working hard to catch up because this year's nice list is full of extraordinary children! With Christmas Eve approaching, we're embracing the wonderful holiday magic to ensure joy reaches every child. Our upcoming musical promises to fill your heart with the Christmas spirit and is a fantastic introduction for young ones to the enchanting world of musical theater. Cast members will not only make new friends but will also learn the importance of teamwork. Tuition includes costume rentals, sets, props, a show shirt, and a fun cast party. Join us in spreading the holiday cheer!

Instructor: Bravo! Creative Arts, Ed Rocha

Location: PCC

Dates: **Code: 425232-C** M. & W., 11/9-12/9 (ex. 11/11) 4:00-4:30 PM (9 classes) Res \$100, Non-Res \$110

Busy Climb and Tumble

Ages: 20 months-4 years (adult participation required)
Climbing the walls? No problem! A fun class to strengthen and use your muscles in a super safe way while climbing and jumping obstacles. There will be both structured and free play time with mats of all sizes, games and obstacle courses fit for all! Grow strong with USA Gymnastics safety-certified instructor, Coach Mary!

Instructor: Mary Slaughter

Location: PCC

Dates: **Code: 415840-A** F., 9/25-10/30 (ex. 10/9) 5:30-6:00 PM (5 classes) Res \$69, Non-Res \$76
Code: 415840-B F., 9/25-10/30 (ex. 10/9) 6:00-6:30 PM (5 classes) Res \$69, Non-Res \$76
Code: 415840-C F., 11/6-12/18 (ex. 11/13, 11/27) 5:30-6:00 PM (5 classes) Res \$69, Non-Res \$76
Code: 415840-D F., 11/6-12/18 (ex. 11/13, 11/27) 6:00-6:30 PM (5 classes) Res \$69, Non-Res \$76

Dance With Me

Ages: 18 months-3 years
Dance With Me is a half hour creative movement class suitable for young dancers. Parents/guardians will participate actively in the class as children learn basic steps, movements and terminology through songs, stories and play.

Instructor: Ramona Reuter

Location: Studio East Dance Company, 370 Macedon Center Road, Suite 3

Dates: **Code: 415898-A** Tu., 9/15-10/20 4:30-5:00 PM (6 classes)
Res \$65, Non-Res \$72
Code: 415898-B Tu., 10/27-11/17 4:30-5:00 PM (4 classes)
Res \$65, Non-Res \$72
Code: 415898-C Sat., 9/19-10/17 9:00-9:30 AM (5 classes)
Res \$65, Non-Res \$72
Code: 415898-D Sat., 10/24-11/21 9:00-9:30 AM (5 classes)
Res \$65, Non-Res \$72

Fall Friends Sports

Ages: 2-5 years (adult participation required)
Indoor and outdoor soccer for our littlest athletes, plus football, lacrosse and tumbling through our famous obstacle course! Experience the thrill of running, kicking and scoring with kids just like you! Everyone goes home tired! Adapted skill introduction used for learning new skills.

Instructor: Mary Slaughter
Location: PCC
Dates: **Code: 415826-A** Th., 9/24-10/22 5:30-6:05 PM (5 classes) Res \$69, Non-Res \$76
Code: 415826-B Th., 10/29-12/10 (ex. 11/12, 11/26) 5:30-6:05 PM (5 classes) Res \$69, Non-Res \$76

Fun With Ones

Ages: 12-24 months (adult participation required)
Come and enjoy special play time with your little one! There will be equipment to play on, new friends to meet, songs and circle time! Equipment, toys and songs are specifically geared for a one year old's sense of curiosity and fun!

Instructor: Sharilyn Ross
Location: PCC
Dates: **Code: 415803-A** Tu., 9/15-10/6 9:30-10:15 AM (4 classes) Res \$36, Non-Res \$40
Code: 415803-B Tu., 10/13-11/3 9:30-10:15 AM (4 classes) Res \$36, Non-Res \$40
Code: 415803-C Tu., 11/10-12/8 (ex. 11/24) 9:30-10:15 AM (4 classes) Res \$36, Non-Res \$40

Intro to Dance & Tumble

Ages: 3-5 years
Intro to Dance & Tumble class is the perfect first step for those who move, jump and express! Designed especially for ages 3-6, this upbeat class blends the fundamentals of dance with beginner tumbling skills in a fun, encouraging environment. Children will build confidence as they learn basic dance steps, rhythm, coordination and creative movement. We introduce safe tumbling techniques.

Instructor: Studio East Dance Company Staff
Location: Studio East Dance Company, 370 Macedon Center Road, Suite 3
Dates: **Code: 426866-A** M., 9/14-10/5 10:00-10:45 AM (4 classes) Res \$64, Non-Res \$70
Code: 426866-B M., 10/19-11/16 10:00-10:45 AM (5 classes) Res \$80, Non-Res \$88

NEW!! Language and Literacy for Littles

Ages: 3-5 years (adult participation required)
Sounds, syllables and words galore! Participants will work on developing the foundational building blocks of language and literacy through multi-modal and interactive learning activities. Each session will feature a whole-group read aloud story with corresponding small group activities, including songs and games that engage the child's development of vocabulary expansion, expressive language formation, language comprehension, print concepts, phonological awareness, rhyming, sequencing and story retell. Course taught by a NYS licensed speech-language pathologist with over 14 years of professional experience working with young children.

Instructor: Elise Dumas
Location: PCC
Dates: **Code: 415917-A** Tu., 9/15-10/27 12:45-1:45 PM (7 classes) Res \$245, Non-Res \$255
Code: 415917-B Tu., 11/3-12/15 12:45-1:45 PM (7 classes) Res \$245, Non-Res \$255

Lil' Athletes with Coach Lisa

Ages: 3-5 years
Lil' Athletes will nurture a love and enjoyment of physical activity. We will get moving in a structured format with a wide variety of sports that build coordination, balance and confidence. Activities include soccer, tennis, hockey, golf and basketball in a safe and non-competitive environment. Come join the fun!

New Evening option!
Instructor: Lisa Magliato
Location: PCC
Dates: **Code: 411819-A** W., 9/30-10/28 5:30-6:15 PM (5 classes) Res \$89, Non-Res \$98
Code: 411819-B W., 11/4-12/16 (ex. 11/11, 11/25) 5:30-6:15 PM (5 classes) Res \$89, Non-Res \$98

Little Hands, Little Artists: "Holly Jolly Christmas Ornaments!"

See Youth & Teen Arts & Crafts and Cooking page 24

NEW!! Little Hands, Little Bakers: "Apple Crisp Dessert!"

See Youth & Teen Arts & Crafts and Cooking page 24

Little Hands, Little Bakers: Froggy Bakes a Cake and You Can Too!

See Youth & Teen Arts & Crafts and Cooking page 24

Little Hands, Little Bakers: "Reindeer Cupcakes!"

See Youth & Teen Arts & Crafts and Cooking page 24

Pint Sized Picassos

Ages: 2-6 years (adult participation required)
Come and explore all sorts of artistic materials! We'll be creating art with traditional materials like paint and brushes but also with unusual materials like marbles and sponges! Your young person will be so proud to create and bring home their own unique works of art. Different projects each session! Evening session also available!

Instructor: Sharilyn Ross
Location: PCC
Dates: **Code: 412822-A** W., 9/16-10/14 (ex. 9/30) 10:00-10:45 AM (4 classes) Res \$40, Non-Res \$44
Code: 412822-B W., 10/21-11/4 10:00-10:45 AM (3 classes) Res \$30, Non-Res \$33
Code: 412822-C W., 11/18-12/9 (ex. 11/25) 10:00-10:45 AM (3 classes) Res \$30, Non-Res \$33
Code: 412822-D W., 9/16-10/14 (ex. 9/30) 5:45-6:30 PM (4 classes) Res \$40, Non-Res \$44
Code: 412822-E W., 10/21-11/18 (ex. 11/11) 5:45-6:30 PM (4 classes) Res \$40, Non-Res \$44

**Register Online Using
Our WebTrac System -
See Page 8**

<https://webtrac.perinton.org>

Pre-Ballet and Tap

Ages: 3-4 years
Running and skipping and spinning and jumping! Children will have fun learning basic ballet and tap steps and developing coordination, musicality and creativity. We use lots of props and dance to a variety of styles of music. Girls wear leotards and tights, black and pink preferred, skirts optional and pull hair out of the face. Boys wear t-shirts, shorts or loose pants. Ballet and tap shoes are required.

Instructor: Vanessa Watters
Location: PCC
Dates: **Code: 416815-A** M., 9/14-12/14 (ex. 10/12) 3:00-3:45 PM (13 classes) Res \$130, Non-Res \$140

Preschool Adventures

Ages: 2-6 years (adult participation required)
Preschool Adventures is a unique class that is designed as a stress free way for children to be introduced to the preschool experience. Children will practice following directions, active listening, taking turns/sharing, and proper use of classroom materials as well as identifying colors, numbers and shapes. Each class will have a story and 6+ crafts and activities that follow a weekly theme.

Instructor: Sherry Murray, www.preschooladventuresroc.weebly.com
Location: PCC
Dates: **Construction, Shapes, Under the Sea, Pigsty**
Code: 428828-A M., 9/14-10/5 10:00-11:00 AM (4 classes) Res \$62, Non-Res \$68
Fall, Monsters, If You Give a Mouse a Cookie, 5 Senses
Code: 428828-B M., 10/19-11/9 10:00-11:00 AM (4 classes) Res \$62, Non-Res \$68
Thanksgiving, Wildcard Week, The Mitten
Code: 428828-C M., 11/16-11/30 10:00-11:00 AM (3 classes) Res \$46, Non-Res \$51

Preschool Adventures – Dinosaurs

Ages: 2-6 years (adult participation required)
Does your little one love dinosaurs? Come join us for some dinosaur stories, crafts and songs. We'll explore fossils, make a dinosaur hat, dance and explode volcanoes for a roaring good time!

Instructor: Sherry Murray, www.preschooladventuresroc.weebly.com
Location: PCC
Date: **Code: 428828-F** M., 1/4 10:00-11:00 AM (1 class) Res \$16, Non-Res \$18

Preschool Adventures – Going on a Bear Hunt

Ages: 2-6 years (adult participation required)
Bring a small stuffed bear and your imagination to travel on a bear hunt through the community center. Children and their adult will make a bear cave, paint, explore and dance. We're not scared!

Instructor: Sherry Murray, www.preschooladventuresroc.weebly.com
Location: PCC
Date: **Code: 428828-G** M., 1/11 10:00-11:00 AM (1 class) Res \$16, Non-Res \$18

Preschool Adventures – Let's Celebrate Christmas

Ages: 2-6 years (adult participation required)
We will read *Are You Grumpy, Santa?*, make a few Christmas ornaments, and some reindeer food, decorate a tree and snack on fried snowflakes.

Instructor: Sherry Murray, www.preschooladventuresroc.weebly.com
Location: PCC
Date: **Code: 428828-E** M., 12/14 10:00-11:00 AM (1 class) Res \$18, Non-Res \$20

Preschool Adventures – The Gingerbread Man

Ages: 2-6 years (adult participation required)
Run run as fast as you can, you can't catch me, I'm the Gingerbread Man! We will follow clues and go on a hunt through the Community Center after reading the story about this naughty cookie and see if we can find him. Then we will make our own cracker 'candy' houses and salt dough ornaments. (The edible houses will be made entirely from toddler friendly foods.)

Instructor: Sherry Murray, www.preschooladventuresroc.weebly.com
Location: PCC
Date: **Code: 428828-D** M., 12/7 10:00-11:00 AM (1 class) Res \$22, Non-Res \$24

Scribble and Scramble

Ages: 2-6 years (adult participation required)
Double your fun with two classes in one! Play in the gym room and explore your preschooler's creativity in the art room. Each class ends with circle time fun! New projects every session!

Instructor: Sharilyn Ross
Location: PCC
Dates: **Code: 415811-A** Th., 9/17-10/15 (ex. 10/1) 9:30-10:30 AM (4 classes) Res \$45, Non-Res \$50
Code: 415811-B Th., 10/22-11/12 9:30-10:30 AM (4 classes) Res \$45, Non-Res \$50
Code: 415811-C Th., 11/19-12/10 (ex. 11/26) 9:30-10:30 AM (3 classes) Res \$34, Non-Res \$37

Terrific Twos and Threes

Ages: 2-3 years (adult participation required)
Busy 2 or 3 year old? Come, play, and meet new friends! We'll play on gym equipment and end each class with circle time fun! In circle time, we'll sing, tell stories, read books and play games all geared towards a toddler's sense of fun and creativity.

Instructor: Sharilyn Ross
Location: PCC
Dates: **Code: 411820-A** Tu., 9/15-10/6 10:30-11:15 AM (4 classes) Res \$36, Non-Res \$40
Code: 411820-B Tu., 10/13-11/3 10:30-11:15 AM (4 classes) Res \$36, Non-Res \$40
Code: 411820-C Tu., 11/10-12/8 (ex. 11/24) 10:30-11:15 AM (4 classes) Res \$36, Non-Res \$40



Tiny Trotters

Ages: 4-6 years
A beginner class designed for the younger rider. Children learn how to groom and lead their pony on foot. In the saddle, they will learn safety rules for riding, the basics of steering while walking, and how to whoa their pony.

Instructors: JLD Trainers
Location: JLD Equine, 1942 Turk Hill Road

Dates:
Code: 425752-A Tu., 9/15-10/6 3:30-4:00 PM (4 classes)
Res \$200, Non-Res \$210
Code: 425752-B Tu., 10/13-11/3 3:30-4:00 PM (4 classes)
Res \$200, Non-Res \$210
Code: 425752-C Tu., 11/10-12/1 3:30-4:00 PM (4 classes)
Res \$200, Non-Res \$210
Code: 425752-D Tu., 12/8-12/22 3:30-4:00 PM (3 classes)
Res \$150, Non-Res \$160
Code: 425752-E F., 9/18-10/9 3:30-4:00 PM (4 classes)
Res \$200, Non-Res \$210
Code: 425752-F F., 10/16-11/6 3:30-4:00 PM (4 classes)
Res \$200, Non-Res \$210
Code: 425752-G F., 11/13-11/20 3:30-4:00 PM (2 classes)
Res \$100, Non-Res \$110
Code: 425752-H F., 12/4-12/18 3:30-4:00 PM (3 classes)
Res \$150, Non-Res \$160

NEW!! Tots Hip Hop

Ages: 3-6 years
Our Tots Hip Hop class introduces dancers to the fun, energetic world of hip hop in a playful, age-appropriate way. Dancers learn basic hip hop steps, musicality and expressive movement while grooving to kid-friendly music. The class focuses on building coordination, confidence, and musicality, strength, flexibility and easy-to-follow choreography.

Instructor: Ramona Reuter
Location: Studio East Dance Company, 370 Macedon Center Road, Suite 3

Dates:
Code: 415915-A Sat., 9/19-10/17 10:30-11:00 AM (5 classes)
Res \$63, Non-Res \$69
Code: 415915-B Sat., 10/24-11/21 10:30-11:00 AM (5 classes)
Res \$63, Non-Res \$69

Tots Hip-Hop and Tumble

Ages: 3-6 years
Our Tots Hip Hop & Tumble class is the perfect high-energy introduction to movement for little dancers. Designed for young children, this class blends beginner hip hop steps with basic tumbling skills to build confidence, coordination, flexibility and creativity. Dancers will groove to upbeat, age-appropriate music while learning rhythms and expressive movement.

Instructor: Studio East Dance Company
Location: Studio East Dance Company, 370 Macedon Center Road, Suite 3

Dates:
Code: 415914-A Th., 9/17-10/15 4:30-5:30 PM (5 classes)
Res \$80, Non-Res \$88
Code: 415914-B Th., 10/22-11/19 4:30-5:30 PM (5 classes)
Res \$80, Non-Res \$88

Tots Tumble

Ages: 3-6 years
Tumble Tots is a fun, active and confidence building physical program designed especially for young children. Through a series of structured, age-appropriate classes, children develop essential skills such as balance, coordination, agility, and flexibility. We will work on forward and backward rolls, and bridge variations.

Instructors: Studio East Dance Company Teachers
Location: Studio East Dance Company, 370 Macedon Center Road, Suite 3

Dates:
Code: 415916-A Tu., 9/15-10/13 5:00-5:30 PM (5 classes)
Res \$63, Non-Res \$69
Code: 415916-B Tu., 10/20-11/17 5:00-5:30 PM (5 classes)
Res \$63, Non-Res \$69
Code: 415916-C W., 9/16-10/14 5:30-6:00 PM (5 classes)
Res \$63, Non-Res \$69
Code: 415916-D W., 10/21-11/18 (ex. 11/11) 5:30-6:00 PM (4 classes)
Res \$50, Non-Res \$55
Code: 415916-E Sat., 9/19-10/17 10:00-10:30 AM (5 classes)
Res \$63, Non-Res \$69
Code: 415916-F Sat., 10/24-11/21 10:00-10:30 AM (5 classes)
Res \$63, Non-Res \$69



YOUTH & TEEN

*** PLEASE NOTE: DO NOT DROP OFF YOUR CHILD PRIOR TO THE DESIGNATED CLASS TIME AND BE PROMPT IN PICKING UP YOUR CHILD. REFER TO THE EARLY DROP OFF/LATE PICK UP POLICY ON THE REGISTRATION INFORMATION PAGE.**

Actors Needed to be a "Who"

Ages: 7-13 years
Calling all "Whos"! Join us for a fun-filled morning at "Visit with the Grinch!" No acting experience is needed (but it does help!). All "Whos" must be available to attend both rehearsals and "Visit with the Grinch" on Sunday, December 6.

Location: PCC

Dates: **Code: 425832-A** Tu. & Th., 12/1-12/3 6:00-7:00 PM (2 classes)
No charge

NEW!! After School Enrichment Program - My First Piggy Bank

Grades: K-2
Earn, save, spend, donate! Through math games and hands-on activities, kids learn about these and other key financial concepts like money, budgeting and saving. Students will also learn the basic concepts of philanthropy and donating to charity. And everyone will make their very own piggy bank to take home!

Instructor: SPARK Business Academy

Location: PCC

Dates: **Code: 446882-A** M., 9/14-11/9 (ex. 10/12) 4:30-5:30 PM (8 classes) Res \$240, Non-Res \$250

NEW!! After School Enrichment Program - Personal Finance!

Grades: 6-8
Learn how to manage your money in this program promoting essential life skills! Set your financial goals, develop budgets from scratch, shop for a credit card and calculate the monthly cost of your dream car. Students also learn about mortgages, FICO scores and the dangers of piling up debt.

Instructor: SPARK Business Academy

Location: PCC

Dates: **Code: 446884-A** W., 9/16-11/4 4:30-5:30 PM (8 classes)
Res \$240, Non-Res \$250

NEW!! After School Enrichment Program - Young Entrepreneurs!

Grades: 3-5
This program empowers students with an entrepreneurial mindset to develop a plan for their very own business ideas drawing from such disciplines as marketing, finance and strategy, in a supportive environment fostering teamwork. From designing marketing flyers to estimating profits, students have fun while developing business savvy!

Instructor: SPARK Business Academy

Location: PCC

Dates: **Code: 446885-A** W., 9/16-11/4 4:30-5:30 PM (8 classes)
Res \$240, Non-Res \$250

After School Fun Zone

Due to high demand, the After School Fun Zone program is currently full with a waitlist for the remainder of the school year. The current waitlist will expire in December with the start of the holiday break. Please re-submit registration by Friday, December 18th to be waitlisted for the winter/spring session of Fun Zone. Information for the 2027-2028 school year will be listed in the summer brochure released in June. If you have any questions, please call 223-5050 or email mclark@perinton.gov.

Register early to avoid program cancellation due to low enrollment.

NEW!! American Red Cross - Then and Now

See Adult page 36

Aspire

Ages: 7 years and over
Take your skating to the next level! Put your skater on the track to success with the Aspire program. Aspire is a bridge program for LTS USA to advanced figure skating classes. Classes are designed to help each skater meet his or her individual skating goals while introducing them to advanced figure skating training. An additional \$22 fee must be paid for USFS LTS insurance coverage. Skate rental available for an additional fee.

Instructor: Pamela Warren

Location: Paul Louis Ice Arena, 1 Boys Club Place, Rochester

Dates: **Code: 435836-A** Sun., 10/4-11/1 1:00-1:50 PM (5 classes)
Res \$150, Non-Res \$160
Code: 435836-B Sun., 11/8-12/13 (ex. 11/29) 1:00-1:50 PM (5 classes) Res \$150, Non-Res \$160
Code: 435836-C Sun., 1/10-2/14 1:00-1:50 PM (6 classes)
Res \$180, Non-Res \$190

Ballet I

Ages: 6-9 years
In Ballet 1, strength, agility, graceful athleticism and body awareness are enhanced through the study of ballet technique. Children learn ballet barre and center exercises and work on routines. Experienced students will continue their skill development, but first time students are welcome too! Wear leotards and tights, and pull hair out of the face. Ballet skirts are allowed and ballet shoes required.

Instructor: Vanessa Watters

Location: PCC

Dates: **Code: 425851-A** M., 9/14-12/14 (ex. 10/12) 4:30-5:15 PM (13 classes) Res \$130, Non-Res \$140

Beginning Ballet

Ages: 5-6 years
With the combination of ballet technique, plus the fun of the creative movement that children will experience in Beginning Ballet and Tap, they develop coordination, musicality, flexibility and creativity. Add the rhythmic reinforcement of tap dancing and it's definitely fun! Wear leotards and tights and pull hair out of the face. Ballet and tap shoes required. Short ballet skirts are also allowed.

Instructor: Vanessa Watters

Location: PCC

Dates: **Code: 425854-A** M., 9/14-12/14 (ex. 10/12) 3:45-4:30 PM (13 classes) Res \$130, Non-Res \$140

Children's Fun Spanish

Ages: 5-10 years
Unlock your child's potential with Spanish! Research shows the brain benefits of learning a second language. A playful and educational Spanish course designed for kids! Taught by a native Spanish speaker, each 5-class series features weekly themed activities that make learning fun. Kids build vocabulary, practice basic conversation, and strengthen their brains through language. The final class wraps up with a lively Hispanic-themed celebration!

Instructor: Zoom Into Spanish, Lourdes de la Colina

Location: PCC

Dates: **Code: 422875-A** Th., 10/8-11/5 4:00-4:45 PM (5 classes)
Res \$118, Non-Res \$128

NEW!! Columbus Day – School Vacation Enrichment Camp-Chain Reaction Engineers

Grades: K-5
Learn about Rub Goldberg machines! In this hands-on program, campers build a variety of complex contraptions to complete a simple task – such as ringing a bell while learning the basic physics concepts of work, gravity, force and momentum. Using simple machines like levers, wedges, wheels, axles, pulleys and inclined planes, campers learn to understand mechanical concepts in a fun way.

Instructor: SPARK Business Academy
Location: PCC
Date: **Code: 446880-A** M., 10/12 9:00 AM-3:00 PM (1 class)
Res \$125, Non-Res \$135

Fall Youth Soccer

Grades: K-5, Co-Ed – **Child must be enrolled in Kindergarten. No Pre-K.**

This is an instructional soccer program focused on fundamentals and fun! A limited number of youth may participate dependent on coach and field availability. Registration closes on August 28; however, the program may fill prior to this date. We will continue to accept registrations as space allows. However, please register early as your desired night may fill.



Coaches: Volunteers are needed! Teams are coached by enthusiastic people who volunteer their time so that children can have a great experience and enjoy the sport. No formal soccer experience is required. Practice plans and drills are provided, and as a thank you, your child's registration fee is waived. If interested in coaching, please complete the form, no QR code provided, or email Kelly at katridge@perinton.gov, no later than August 17. We perform background checks on all of our youth sport coaches. A mandatory coaches' meeting will take place on Tuesday, September 1 at 6:15 PM.

Requests: Requests to be paired with another teammate will be reviewed on a case by case basis. The request must be noted on the registration form or under "Add a Note or Info to Staff" before proceeding to check out on WebTrac. **Not all requests will be granted.**

Note: Please answer the following questions when registering your child (either during WebTrac registration or noted on the paper registration form) to help us create fair and balanced teams.

1. Please share the general amount of soccer experience your child has to help us create fair and balanced teams – Beginner, Intermediate, Advanced/Travel Player.
2. How many seasons has your child played in the Perinton Recreation and Parks Youth League?
3. What school does your child attend?
4. What size t-shirt does your child wear? Youth Small, Youth Medium, Youth Large, Youth XL, Adult Small or Adult Medium.

Dates: Begins the week of September 14 thru Saturday, October 24. Makeup games will be played on October 31.

Day & Time: Weeknight (Monday – Thursday) practice 6:00 PM to dusk and Saturday game start time between 8:45-11:15 AM.

Location: Center Park East & West Soccer Fields, Potter Park Field

Fee: Res \$76, Non-Res \$84

Grades K-1

Code: 424721-AA

Code: 424721-AB

Code: 424721-AC

Code: 424721-AD

Grades 2-3

Code: 424721-BA

Code: 424721-BB

Code: 424721-BC

Code: 424721-BD

Grades 4-5

Code: 424721-CA

Code: 424721-CB

Code: 424721-CC

Code: 424721-CD

Practice Mondays
Practice Tuesdays
Practice Wednesdays
Practice Thursdays

Practice Mondays
Practice Tuesdays
Practice Wednesdays
Practice Thursdays

Practice Mondays
Practice Tuesdays
Practice Wednesdays
Practice Thursdays

FITKids

Ages: 6-8 years
Calling all Mini Musketeers: Come play fun games in this safe introduction to the sport of fencing. Children experience the thrill of sword play in the context of a structured class and build self-confidence using specialized plastic foils, chest plates and masks. Due to USA Fencing regulations, please bring \$10 to your first class to be registered with USA Fencing. Sneakers required.

Instructors: Rochester Fencing Club
Location: Rochester Fencing Club, 3335 Brighton Henrietta Townline Road
Dates: **Code: 421835-A** W., 10/7-10/28 4:00-4:45 PM (4 classes)
Res \$70, Non-Res \$77
Code: 421835-B W., 11/11-12/2 (ex. 11/25) 4:00-4:45 PM (4 classes) Res \$70, Non-Res \$77

NEW!! Fitness Programming

See Adult page 40

Foundry Fundays

Ages: 6-11 years
Days off from school are an awesome time to get creative with Brooklyn Robot Foundry! Students will have a blast building robots, playing games, doing crafts, making friends and so much more during these full day programs! Each Foundry Funday features a different, fantastic robot project which kids get to build, decorate and take home for more fun.

Instructors: Brooklyn Robot Foundry Staff
Location: PCC
Dates: **Code: 422709-A** F., 10/9 9:00 AM-3:00 PM (1 class)
Res \$95, Non-Res \$105
Code: 422709-B F., 11/6 9:00 AM-3:00 PM (1 class)
Res \$95, Non-Res \$105
Code: 422709-C W., 11/11 9:00 AM-3:00 PM (1 class)
Res \$95, Non-Res \$105
Code: 422709-D F., 11/13 9:00 AM-3:00 PM (1 class)
Res \$95, Non-Res \$105

Friends & Fun

Ages: 13 years and over
This inclusive, socially engaging program for teens and adults with varying abilities is offered throughout the school year. Activities include field trips, seasonal parties, bowling, movie nights, arts and crafts, cooking and much more. A one-time registration per school year (September 2026 – June 2027) is required to become a Friends & Fun member. Activity schedules will be mailed/emailed bi-monthly. Additional costs may apply for each event. Registered members should call 223-5050 to sign up for individual events.

Supervisors: Lindsey Schwartz & Joyce Monnat

Code: 425807-A

Not available on WebTrac.

Gymnastics & Parkour

Ages: 4 1/2-10 years
Offering energetic tumbling lessons for improving skills used in sports from cheerleading to snow boarding and, of course, gymnastics! Small groups will use beams, mats, floor bars and mini-tramp vaulting in class. Advance coordination, balance and flexibility targeting each child's strengths. Session two builds on session one. Taught by Coach Mary, safety certified by USA Gymnastics!

Instructor: Mary Slaughter
Location: PCC
Dates: **Code: 435827-A** F., 9/25-10/30 (ex. 10/9) 4:00-4:40 PM (5 classes) Res \$69, Non-Res \$76
Code: 435827-B F., 9/25-10/30 (ex. 10/9) 4:40-5:25 PM (5 classes) Res \$69, Non-Res \$76
Code: 435827-C F., 11/6-12/18 (ex. 11/13, 11/27) 4:00-4:40 PM (5 classes) Res \$69, Non-Res \$76
Code: 435827-D F., 11/6-12/18 (ex. 11/13, 11/27) 4:40-5:25PM (5 classes) Res \$69, Non-Res \$76

Home Alone Safety

Ages: 8-12 years
Learn basics of smart decision making while being home alone. Tips on answering the phone and door. Basic first aid. Kitchen safety. Take-home booklet. Feel free to bring a snack.

Instructor: Jerry Bennett
Location: PCC

Dates: **Code: 435809-A** Tu., 10/6 4:00-6:00 PM (1 class)
Res \$20, Non-Res \$22
Code: 435809-B M., 12/1 4:00-6:00 PM (1 class)
Res \$20, Non-Res \$22

Iaido – Learn Samurai Sword Techniques!

See Adult page 41

Intermediate Skateboarding at Perinton Park

Ages: 8-13 years
Take your skills to the next level with our intermediate skateboarding class! Learn new tricks and skills from experienced instructors. Participants must have taken at least one Skateboarding Basics class within the last year to enroll in this program. Make up date for this class will be on October 11 in the event a class is cancelled due to inclement weather.

Instructors: Paul Phillips & Dave Schmidt
Location: Skate Park at Perinton Park

Dates: **Code: 445908-B** Sun., 9/13-10/4 10:15-11:15 AM (4 classes)
Res \$70, Non-Res \$77

NEW!! Intro to Brazilian Jiu-Jitsu/Grappling

Ages: 6-16 years
This Brazilian Jiu-Jitsu class for beginners focuses on self-defense movement, ground positioning, control technique and submission while building confidence and discipline.

Instructor: Cameron McClaney
Location: Lions Den Teen Center, 53 West Church St.

Dates: **6-11 years**
Code: 425943-A M. & W., 9/14-1/13 (ex. 10/12, 10/19, 11/2, 11/11, 11/25, 12/21, 12/23, 12/28, 12/30) 5:30-6:15 PM (27 classes) Res \$600, Non-Res \$610
12-16 years
Code: 425943-B M. & W, m 9/14-1/13 (ex. 10/12, 10/19, 11/2, 11/11, 12/21, 11/25, 12/23, 12/28, 12/30) 6:30-7:15 PM (27 classes) Res \$600, Non-Res \$610

Intro to Horse Back Riding

Ages: 7 years and over
A beginner class for the child who wants to learn to ride. Trainers will teach the basics of walk, trot and steering while in the saddle. Some classes may include grooming, how to tack up and how to properly cool out their horse after riding.

Instructors: JLD Trainers
Location: JLD Equine, 1942 Turk Hill Road

Dates: **Code: 435752-A** W., 9/16-10/7 4:00-5:00 PM (4 classes)
Res \$240, Non-Res \$250
Code: 435752-B W., 10/14-11/4 4:00-5:00 PM (4 classes)
Res \$240, Non-Res \$250
Code: 435752-C W., 11/11-11/18 4:00-5:00 PM (2 classes)
Res \$120, Non-Res \$130
Code: 435752-D W., 12/2-12/16 4:00-5:00 PM (3 classes)
Res \$180, Non-Res \$190
Code: 435752-E Th., 9/17-10/8 5:00-6:00 PM (4 classes)
Res \$240, Non-Res \$250
Code: 435752-F Th., 10/15-11/5 5:00-6:00 PM (4 classes)
Res \$240, Non-Res \$250
Code: 435752-G Th., 11/12-11/19 5:00-6:00 PM (2 classes)
Res \$120, Non-Res \$130
Code: 435752-H Th., 12/3-12/17 5:00-6:00 PM (3 classes)
Res \$180, Non-Res \$190

Isshin-Ryu Karate Junior Beginners

Ages: 4-6 years
The class is designed for younger children, students will learn "mini" katas and fundamental karate techniques as well as working on listening skills and following directions in a fun and safe atmosphere. This is a smaller group setting than our 6 year old and above class. Students will start out at white belt and earn striped belts on their way to a solid yellow belt.

Instructors: Rensei Ann Peck & Sensei Wally Peck
Location: PCC

Dates: **Code: 425808-G** M., 9/14-1/11 4:30-5:15 PM (18 classes)
Res \$216, Non-Res \$226

Isshin-Ryu Karate – Beginner Through Orange Belt

Ages: 6 years and over
Introduction and continuation of fundamental karate techniques and self-defense skills in a supportive and enjoyable atmosphere. Students will learn blocks, kicks, punches and stances, along with personal security and self-defense basics. Learn at your own pace while building fitness, confidence, balance, and coordination in a fun, non-threatening setting.

Instructor: Rensei Ann Peck & Sensei Wally Peck
Location: PCC

Dates: **Code: 425808-A** W., 9/16-1/13 5:30-6:20 PM (18 classes)
Res \$216, Non-Res \$226
Code: 425808-AA M., 9/14-1/11 5:30-6:20 PM (18 classes)
Res \$216, Non-Res \$226

Isshin-Ryu Karate – Green Through Purple Belts

Ages: 6 years and over
Continuation of intermediate karate curriculum. Techniques and self-defense skills taught in a supportive and enjoyable atmosphere. Students will learn belt appropriate requirements for advancement, building on prior experience. Learn at your own pace while building fitness, confidence, balance and coordination in a fun, non-threatening setting.

Instructor: Rensei Ann Peck & Sensei Wally Peck
Location: PCC

Dates: **Code: 425808-B** W., 9/16-1/13 6:30-7:20 PM (18 classes)
Res \$216, Non-Res \$226

Isshin-Ryu Karate – Green Through Black Belts

Ages: 6 years and over
This is an intermediate to advanced class which in addition to belt requirements for advancement, there is an emphasis on improving sparring skills and advanced self-defense techniques. Ideally students at this level are registered for both the Monday and Wednesday classes.

Instructors: Rensei Ann Peck & Sensei Wally Peck and FKA Instructors
Location: PCC

Dates: **Code: 425808-BB** M., 9/14-1/11 7:00-8:00 PM (18 classes)
Res \$216, Non-Res \$226

Isshin-Ryu Karate – Black Belts

Ages: 10 years and over
Advanced karate curriculum continuing with techniques, kata and self-defense skills in a supportive and enjoyable atmosphere. Students will learn belt appropriate requirements for advancement, building on prior experience. Learn at your own pace while building fitness, confidence, balance, and coordination in a fun, non-threatening setting.

Instructor: Rensei Ann Peck & Sensei Wally Peck
Location: PCC

Dates: **Code: 425808-C** W., 9/16-1/13 6:30-8:00 PM (18 classes)
Res \$216, Non-Res \$226

YOUTH & TEEN

Junior Hip Hop

Ages: 6-9 years
This fast-paced, fun-filled class is perfect for young dancers who love to move! Set to upbeat, age-appropriate music, our Hip Hop class teaches the fundamentals of hip hop dance including basic grooves, footwork, and freestyle movement. Dancers will build confidence, coordination, and rhythm while learning fun choreography in a supportive and energetic environment.

Instructor: Studio East Dance Company Instructor
Location: Studio East Dance Company, 370 Macedon Center Road, Suite 3
Dates: **Code: 426820-A** M., 9/14-10/5 4:00-4:30 PM (4 classes) Res \$50, Non-Res \$55
Code: 426820-B M., 10/19-11/16 4:00-4:30 PM (5 classes) Res \$63, Non-Res \$69



Learn to Skate

Ages: 7-12 years
Class is based on the highly successful basic skills program developed by Learn to Skate USA. The beginning ice-skating program is fun, challenging and rewarding and serves the needs of the recreational and the aspiring competitive figure skater and a strong foundation for hockey players. An additional \$22 fee for USFS LTS registration. Skate rental available for an additional fee.

Instructor: Pamela Warren
Location: Paul Louis Ice Arena, 1 Boys Club Place, Rochester
Dates: **Code: 435824-B** Sun., 10/4-11/1 1:00-1:50 PM (5 classes) Res \$150, Non-Res \$160
Code: 435824-BB Sun., 11/8-12/13 (ex. 11/29) 1:00-1:50 PM (5 classes) Res \$150, Non-Res \$160
Code: 435824-BBB Sun., 1/10-2/14 1:00-1:50 PM (6 classes) Res \$180, Non-Res \$190

Little Runners Club

Ages: 4 ½-7 years
A version of running club that is perfect for you! Learn tips for running fast all while improving coordination and agility with weekly obstacle courses! Using sports drills, cones, hoops and more, you will explore and find your running super power!

Instructor: Mary Slaughter
Location: PCC
Dates: **Code: 424871-A** Th., 9/24-10/22 4:15-4:45 PM (5 classes) Res \$69, Non-Res \$76
Code: 424871-B Th., 10/29-12/10 (ex. 11/12, 11/26) 4:15-4:45 PM (5 classes) Res \$69, Non-Res \$76

Mighty Dunks

Ages: 13 years and over
Join the Mighty Dunks basketball program that will be run through Perinton Community Center. The program will be centered around learning the game of basketball while having a lot of fun! This program, for people of all abilities, will teach basketball skills, the game of basketball, and provide competition-level skill development and opportunities while providing the social opportunity of being part of a team! Participants ages 13 and over, come join the fun!

The Mighty Dunks Skills Team will be offering differentiation and skill development for individuals of all abilities and skill levels. The Mighty Dunks Competition Team will allow team members to work on basketball skills at a competition level, with increased action, physicality, and sustained activity throughout the session. Both programs feature opportunities for practice and game play and will focus on creating inclusive opportunities and differentiation for all individuals. Last day of session (12/15) will be a Tournament and Pizza Party. Both popular programs have limited enrollment. Registrations will be processed by first to sign up and by space available. Walk-ins to the program will not be accepted once the maximum number of participants has been reached.

Location: PCC
Dates: **Competitive Team Schedule - Coached by Jerard Johnson**
Code: 424355-A Tu., 9/15-12/15 (ex. 9/22, 10/6, 10/20, 11/3, 11/17, 12/1) 5:45-7:15 PM Res \$80, Non-Res \$88
Skill Development Team Schedule - Coached by David Masterson
Code: 424355-B Tu., 9/22-12/15 (ex. 9/29, 10/13, 10/27, 11/10, 11/24, 12/8) 5:45-7:15 PM Res \$70, Non-Res \$77

NEW!! P.A.T.H. to Middle School Preparation Academics Transitions Habits

Grades: 6-8 years
Middle school brings new challenges, increased independence, and higher academic expectations. This program helps students develop the organization, study and time-management skills needed for success throughout the school year. Students will receive support with homework assignments in all subject areas, test preparation, long-term projects, and navigating multiple Google Classrooms in a positive and encouraging environment. Whether they need help staying organized or building confidence as independent learners, this program provides practical strategies and academic support to help them thrive. Instructors Katherine King and Renee Santoleri are experienced middle school teachers at Martha Brown Middle School in Fairport and are dedicated to helping students build the skills they need for academic success.

Instructors: Katherine King & Renee Santoleri
Location: PCC
Dates: **Code: 436108-A** Th., 9/17-10/15 4:00-5:30 PM (5 classes) Res \$160, Non-Res \$170
Code: 436108-B Th., 10/22-11/19 4:00-5:30 PM (5 classes) Res \$160, Non-Res \$170
Code: 436108-C Th., 12/3-1/14 (ex. 12/24, 12/31) 4:00-5:30 PM (5 classes) Res \$160, Non-Res \$170

Petite Hip Hop

Ages: 5-8 years
Petite Hip Hop is a high-energy, confidence-boosting class designed for young dancers ages 5-8 who love to move, groove and express themselves. This level introduces age-appropriate hip hop foundations in a fun, upbeat environment that keeps kids excited to learn.

Instructor: Ramona Reuter
Location: Studio East Dance Company, 370 Macedon Center Road, Suite 3
Dates: **Code: 426871-A** W., 9/16-10/14 4:00-4:30 PM (5 classes) Res \$63, Non-Res \$69
Code: 426871-B W., 10/21-11/18 (ex. 11/11) 4:00-4:30 PM (4 classes) Res \$63, Non-Res \$69

NEW!! Preps Ballet

Ages: 7-9 years
Preps Ballet is a joyful, skill-building introduction to classical ballet designed especially for dancers ages 7-9. This level bridges creative movement and formal technique, helping young students grow in confidence, coordination and artistry.

Instructor: Studio East Dance Company Instructor
Location: Studio East Dance Company, 370 Macedon Center Road, Suite 3
Dates: **Code: 425929-A** Sat., 9/19-10/17 9:30-10:00 AM (5 classes) Res \$63, Non-Res \$69
Code: 425929-B Sat., 10/24-11/21 9:30-10:00 AM (5 classes) Res \$63, Non-Res \$69

NEW!! Preps Hip Hop/Tumble

Ages: 7-10 years
Our Preps Hip Hop & Tumble class combines the excitement of hip hop with the athletic fun of tumbling. Students learn foundational hip hop grooves, footwork, and beginner choreography while also building strength and confidence through tumbling skills such as cartwheels, back bend, bridge recover, front and back walkovers/limbers and more. It's the perfect class for kids who love to move.

Instructor: Studio East Dance Company Instructor
Location: Studio East Dance Company, 370 Macedon Center Road, Suite 3
Dates: **Code: 425935-A** Tu., 9/15-10/13 4:30-5:30 PM (5 classes) Res \$80, Non-Res \$88
Code: 425935-B Tu., 10/20-11/17 4:30-5:30 PM (5 classes) Res \$80, Non-Res \$88

NEW!! Preps Jazz

Ages: 7-9 years
Preps Jazz is a lively, expressive class designed for dancers ages 7-9 who love upbeat music, dynamic movement, and learning new skills. This level introduces foundational jazz technique while keeping the class fun, energetic and confidence building.

Instructor: Ramona Reuter
Location: Studio East Dance Company, 370 Macedon Center Road, Suite 3
Dates: **Code: 425934-A** Sat., 9/19-10/17 10:30-11:00 AM (5 classes) Res \$63, Non-Res \$69
Code: 425934-B Sat., 10/24-11/21 10:30-11:00 AM (5 classes) Res \$63, Non-Res \$69

NEW!! Preps Tap

Ages: 7-9 years
Preps Tap introduces dancers ages 7-9 to the energetic world of tap dance, blending rhythm, coordination, and musical expression. This level helps students build strong foundational tap skills while keeping the class upbeat, engaging, and fun. Tap shoes are required.

Instructor: Studio East Dance Company Instructor
Location: Studio East Dance Company, 370 Macedon Center Road, Suite 3
Dates: **Code: 425933-A** Sat., 9/19-10/17 10:00-10:30 AM (5 classes) Res \$63, Non-Res \$69
Code: 425933-B Sat., 10/24-11/21 10:00-10:30 AM (5 classes) Res \$63, Non-Res \$69

Running Club

Ages: 5-10 years
Join this high energy class as well as make tracks running for distance and speed! Set goals and reach them! Each session offers different activities, games and obstacle courses to challenge and empower each runner! Both sessions include tips and techniques for improving stride, gait and power. Meet in the gym, but outdoor space may be used, weather permitting!

Instructor: Mary Slaughter
Location: PCC
Dates: **Code: 424866-A** Th., 9/24-10/22 4:45-5:30 PM (5 classes) Res \$79, Non-Res \$87
Code: 424866-B Th., 10/29-12/10 (ex. 11/12, 11/26) 4:45-5:30 PM (5 classes) Res \$79, Non-Res \$87

Safety First for Children and Basic First Aid for Children

Ages: 7-13 years
Home alone safety including answering the phone, door, stranger danger, internet safety and more. Basic first aid for children will equip children with first aid skills such as putting on and taking off gloves, breathing emergencies and several injury emergencies. Materials will be handed out along with certificates at completion.

Instructor: Ready to Respond, LLC
Location: PCC
Dates: **Code: 425234-A** Sat., 9/19 9:00 AM-12:30 PM (1 class) Res \$85, Non-Res \$94
Code: 425234-B Sat., 11/21 9:00 AM-12:30 PM (1 class) Res \$85, Non-Res \$94

Schoolbreakers

Ages: 5-12 years
School's out and the fun is here! Schoolbreakers is for students, ages 5-12, who have a day off from school and would like to enjoy age-appropriate activities at the Perinton Community Center. Enjoy games in the gym, fun in the pool, arts and crafts, and more! Register early, as spots do fill quickly. Bring a bathing suit, towel and lunch.

Location: PCC
Dates: **Code: 425870-A** W., 12/23 8:00 AM-5:00 PM (1 class) Res \$58, Non-Res \$64
Code: 425870-B M., 12/28 8:00 AM-5:00 PM (1 class) Res \$58, Non-Res \$64
Code: 425870-C Tu., 12/29 8:00 AM-5:00 PM (1 class) Res \$58, Non-Res \$64
Code: 425870-D W., 12/30 8:00 AM-5:00 PM (1 class) Res \$58, Non-Res \$64

Skateboarding Basics at Perinton Park

Ages: 8-13 years
Always wanted to try skateboarding but were too intimidated to just go and get out there? Learn the basics here to get you started on the right (or left) foot! Info on proper gear for you, learning your stance, help with balance, taking the first push, and more will be provided. Please come prepared with helmet, elbow and knee pads and sneakers.

Instructors: Paul Phillips & Dave Schmidt
Location: Skate Park at Perinton Park
Dates: **Code: 445908-A** Sun., 9/13-10/4 9:00-10:00 AM (4 classes) Res \$70, Non-Res \$77

TAEKWONDO

Advanced Taekwondo – Blue Belt Up

See Adult page 43

Children Beginning Taekwondo

Ages: 6-8 years
Children's Taekwondo taught to develop respect, discipline, self-defense, and good moral character. Teaching in a traditional martial art setting that is both safe and fun. Learn the modern sport of Taekwondo. Study to earn your black belt. www.taekwondoclub.org.

Instructors: Rochester Taekwondo Club
Location: PCC
Dates: **Code: 445847-G** Th., 9/17-1/14 (ex. 10/8, 11/26, 12/24, 12/31) 5:45-6:20 PM (14 classes) Res \$122, Non-Res \$122

Family Taekwondo

See Adult page 43

Teen Activity Nights

Ages: 11-15 years
Join us this Fall for a variety of teen events. Teens will have the ability to socialize, make friends, and explore the city. Our youth team supervises all programs, so parents can have some free time on Friday nights. All participants will need to be picked up and dropped off at the locations listed. Food served in the programs are not allergy, or diet restriction sensitive. All programs have a registration DEADLINE a week prior to the event (ex. Splash Party, 9/25, registration deadline, 9/18), unless authorized by the Recreation Supervisor. Enroll early to avoid program cancellation! If your teen would like to see an event offered by the community center, please contact Michael Clark (Recreation Supervisor) mclark@perinton.gov with your idea!

Splash Party

Ages: 11-13 years
Location: PCC
Date: **Code: 436105-A** F., 9/25 7:00-9:00 PM (1 class)
Res \$12, Non-Res \$13

3 vs. 3 Basketball

Ages: 11-15 years
Location: PCC
Date: **Code: 436105-B** F., 10/16 7:00-9:00 PM (1 class)
Res \$12, Non-Res \$13

Dodgeball Tournament

Ages: 12-15 years
Location: PCC
Date: **Code: 436105-C** F., 11/6 7:00-9:00 PM (1 class)
Res \$12, Non-Res \$13

Dinner and Movie

Ages: 12-15 years
Location: PCC
Date: **Code: 436105-D** F., 11/20 6:00-9:00 PM (1 class)
Res \$12, Non-Res \$13

Four Corner Soccer

Ages: 11-14 years
Location: PCC
Date: **Code: 436105-E** F., 12/18 7:00-9:00 PM (1 class)
Res \$12, Non-Res \$13

Mario Kart Party

Ages: 11-13 years
Location: PCC
Date: **Code: 436105-F** F., 1/8 7:00-9:00 PM (1 class)
Res \$12, Non-Res \$13



THEATRE

NEW!! Annie Jr.

Ages: 8-16 years
Get ready for this heartwarming tale, where we meet the spirited little orphan, Annie on the bustling streets of 1930s New York City. Despite her humble beginnings, Annie's dreams of reuniting with the parents who left her at Miss Hannigan's orphanage shines brightly. With her relentless bravery, she not only outsmarts Miss Hannigan, but also discovers a loving new family with her ever-loyal dog, Sandy. This story beautifully encapsulates the power of resilience and the magic of hope! Join our passionate group and learn the true spirit of teamwork. Your tuition covers everything you'll need, from stunning costume rentals and breathtaking sets to a fabulous chance to be part of a legendary musical theater class that promises to inspire and uplift everyone involved!

Instructor: Bravo! Creative Arts, Ed Rocha
Location: PCC
Dates: **Code: 425232-H** M. & F., 9/18-12/11 (ex. 10/12, 11/6, 11/27)
6:00-8:00 PM (22 classes) Res \$250, Non-Res \$260

NEW!! Bounce: A New Musical

Ages: 7-14 years
Get ready for an exhilarating journey with *Bounce!* – a vibrant new musical that follows Reggie, a spirited 10 year old bursting with energy, who navigates the ups and downs of school life. Through delightful encounters with classmates like Low, eager to break free from the "smart kid" label, and Hoops, a lunch aficionado, Reggie discovers that their energy is a remarkable gift. Our dedicated cast members will forge lasting friendships and learn the true essence of teamwork. Tuition covers everything you need, from costume rentals and sets to an amazing show shirt and an epic cast party! Don't miss out on this fantastic adventure where imagination knows no bounds!

Instructor: Bravo! Creative Arts, Ed Rocha
Location: PCC
Dates: **Code: 425232-A** M. & F., 9/18-12/4 (ex. 10/12, 11/6, 11/27)
5:00-6:00 PM (21 classes) Res \$150, Non-Res \$160

NEW!! Camp – How to Train Your Dragon The Musical Jr.

Ages: 7-14 years
If you're staying local over the break, we have an incredible opportunity for your child to shine on stage without the usual pressures of a hectic production schedule! With the school break, our campers can fully immerse themselves in this creative journey. Starting a few months prior to the final week gives us ample time to craft a fantastic show and create lasting memories for your children. We're excited to invite you to *How to Train Your Dragon Jr.*, a delightful adaptation of the beloved DreamWorks Animation film, filled with thrilling adventures and plenty of humor. Join us as we follow Hiccup, a young Viking, on his inspiring friendship journey with Toothless, a spirited dragon, as they unite to protect their worlds. Our Musical Theatre Camp caters to enthusiastic students aged 7-14, offering enriching hands-on experiences in acting, singing, movement, and so much more. We can't wait to see your child thrive!

- Campers will need a packed lunch, filled water bottle, and 2 snacks each day.
- Campers should wear comfortable clothing and shoes that permit movement and dancing.

Instructor: Bravo! Creative Arts, Ed Rocha
Location: PCC & Pittsford Community Center
Dates: **Code: 425232-F** Res \$400, Non-Res \$410
PCC – W., 1/6-2/10 5:30-7:00 PM
Pittsford – Sat., 1/9-2/13 11:00 AM-12:30 PM
PCC – M.-F., 2/15-2/19 9:00 AM-4:00 PM
Performances – F., 2/19 6:00 PM, Sat., 2/20 12:00 PM

**NEW!! Giants in the Sky –
Home School Program**

Grades: 2-8 years
Get ready to dive into an enchanting tale about Giants who dwell high above the clouds! These extraordinary beings left Earth long ago to create a breathtaking sky. They lovingly polish the stars, nudge the clouds for rain, and paint the most stunning sunsets. But one adventurous Giant is filled with curiosity and dreams of exploring life on Earth. She boldly steals a key to the “beanstalk” and sets off on an exciting journey below! Our cast members will not only make lifelong friends but also discover the magic of teamwork. The tuition covers everything you need, including costume rentals, sets, props, a stylish show shirt and an unforgettable cast party! Join this incredible adventure and let your imagination soar!

Instructor: Bravo! Creative Arts, Ed Rocha
Location: PCC
Dates: **Code: 425232-B** M. & F., 9/18-12/11 (ex. 10/12, 11/6, 11/27) 2:00-3:30 PM (23 classes) Res \$100, Non-Res \$110

Improv

Ages: 7-14 years
This class provides a fun and supportive environment for students to learn the basics of improvisational acting, storytelling and stagecraft. Help your child unlock their creative voice, learn to work collaboratively with others and build new friendships. With an emphasis on positivity, students learn the skills of public speaking, accepting and celebrating mistakes, making bold choices, and trusting their instincts, being a team player, thinking quicker on their feet, active listening and more! The class culminates in an open class for friends and family to attend. No experience required. Bravo! Creative Arts, Ed Rocha

Instructor: Bravo! Creative Arts, Ed Rocha
Location: PCC
Dates: **Ages 7-10 years**
Code: 425232-D W., 11/18-12/9 5:00-6:00 PM (4 classes) Res \$75, Non-Res \$83
Ages 10-14 years
Code: 425232-E W., 11/18-12/9 6:00-7:00 PM (4 classes) Res \$75, Non-Res \$83

NEW!! Tots Hip Hop

See Preschool page 14

Tots Hip Hop & Tumble

See Preschool page 14

Tots Tumble

See Adult page 14

**NEW!! Veterans Day – School Vacation
Enrichment Camp – My Invention Biz**

Grades: K-5
In this “inventive” program, students design and create solutions to problems, teaming up to identify the need for a new invention, and producing real structures and solutions. In one STEM challenge, students build bridges using a variety of materials and experiment with how much weight they can hold. Students will also learn about famous inventors and discuss how inventions improve our lives.

Instructor: SPARK Business Academy
Location: PCC
Date: **Code: 446881-A** W., 11/11 9:00 AM-3:00 PM (1 class) Res \$125, Non-Res \$135

Western Riding for All Ages

See Adult page 14

**NEW!! Winter Break – School Vacation
Enrichment Camp – My First Craft Fair**

Grades: K-5
Young entrepreneurs will create handmade items to “sell” to other “vendors” at their very own craft fair! In this program, students will learn about craft fairs and the ingenuity and creativity of the small business entrepreneur. They will produce goods and learn to create appealing advertising and displays. Other related topics will be discussed such as counting currency, budgeting, and profit margins.

Instructor: SPARK Business Academy
Location: PCC
Dates: **Code: 446883-A** M.Th., 12/28-12/31 9:00 AM-3:00 PM (4 classes) Res \$360, Non-Res \$370



YOUTH & TEEN

Youth Basketball League

Grades: K-4

This instructional basketball program focuses on fundamentals, skill development and building a love for the game! A limited number of kids may participate depending on the number of volunteer coaches. Registration will close on October 9th, but there is a chance the program may be filled prior to this date, so register early. We will continue to accept registration as space allows.



Coaches: Volunteer coaches are needed! Teams are coached by enthusiastic people who volunteer their time so kids can have a great experience enjoying the sport. No formal basketball experience is required. If you're interested in coaching, please fill out the form, following the no QR code including or email Joe Kincaid at jkincaid@perinton.gov no later than September 16th. We perform background checks on all youth sport coaches. A mandatory meeting will take place on Monday, November 2nd at 6:00 PM.

Requests: Requests to be paired with another player or a specific coach will be reviewed on a case by case basis. The request must be noted on the registration form or under "Add Note or Info to Staff" before proceeding to check out on WebTrac. **Not all requests will be granted.**

Note: Please answer the following questions when registering your child (either during WebTrac registration or noted on the paper form) to help us create fair and balanced teams.

1. Please share the general amount of basketball experience your child has - Beginner, Intermediate or Advanced. (Please note if they are a travel player as well)
2. What school does your child attend?
3. What size shirt does your child wear? Youth Small, Youth Medium, Youth Large, Youth XL, Adult Small, Adult Medium or Adult Large.

Dates: The season will begin the week of 11/30 and go until 2/20.

Day & Time: There will be one weeknight practice TBD, from 6:00-7:00 PM, 7:00-8:00 PM or 7:30-8:30 PM (3rd and 4th grade only). K-2 will practice and scrimmage Saturday mornings from 8:15-9:00 AM with 3rd & 4th grade games taking place after.

Location: TBD

Fee: Res \$72, Non-Res \$79

Dates: **Grades K-2 (Co-Ed)**

Code: 435350-A Saturday Mornings

Grades 3-4 (Co-Ed)

Code: 435350-BA Practice Mondays

Code: 435350-BB Practice Tuesdays

Code: 435350-BC Practice Wednesdays



Youth Tennis

Ages: 5-17 years

Try a new sport! This introductory program will feature the basics of tennis in a fun atmosphere! Players will participate in tennis activities and games that build skills and focus on teamwork. Low compression balls will be used so all can have success from the start. No tennis experience is required. Stand-up and wheelchair athletes are welcome. Rackets provided or bring your own!

Instructor: Avi Abittan

Location: Perinton Park Tennis Courts

Dates: **5-8 years**

Code: 425225-A M., 9/21-11/9 (ex. TBD) 4:30-5:30 PM (7 classes) Res \$105, Non-Res \$115

Code: 425225-D Th., 9/17-11/12 (ex. TBD) 4:30-5:30 PM (8 classes) Res \$120, Non-Res \$130

9-10 years

Code: 425225-B M., 9/21-11/9 (ex. TBD) 5:35-6:35 PM (7 classes) Res \$105, Non-Res \$115

Code: 425225-E Th., 9/17-11/12 (ex. TBD) 5:35-6:35 PM (8 classes) Res \$120, Non-Res \$130

11-17 years

Code: 425225-C M., 9/21-11/9 (ex. TBD) 6:40-8:10 PM (7 classes) Res \$140, Non-Res \$150

Code: 425225-F Th., 9/17-11/12 (ex. TBD) 6:40-8:10 PM (8 classes) Res \$170, Non-Res \$180



Youth & Teen Arts & Crafts and Cooking

Register early to avoid program cancellation due to low enrollment.

REFUNDS FOR ARTS AND CRAFTS CLASSES: Refunds must be requested a minimum of 7 days in advance of the class, no refunds will be given otherwise. Supplies must be picked up within 7 days after the class.

Art & Cooking Camp for Winter Break!

Ages: 8-14 years
Join me for a 5-day cooking and art camp! Each day we will meet a different artist from art history and create a work of art in their style! Then we will cook kid friendly recipes of: white cheese pizzas with garlic and mozzarella, tater tot casserole, easy ravioli lasagna, tacos and monkey bread that are made mostly from scratch! Design an apron or canvas tote, cookbook and enjoy a daily light snack!

Instructor: Ginny Schenker
Location: PCC
Dates: **Code: 132882-A** M.-F., 2/15-2/19 9:00 AM-3:00 PM (5 classes)
Res \$300, Non-Res \$310

Bear Snores On Tea Party!

Ages: 3-7 years (adult participation required)
Come learn all about hibernation with this adorable story about a very sleepy bear called *Bear Snores On!* You'll enjoy creating 2 "beary" cute crafts to learn where animals go in the winter. Then ice and decorate a cookie to make Bear's face! We will end class with a tea party (apple juice) and pop popcorn just like the characters in the story! Party favor included. Bring your favorite teddy bear to class! 2 children = 2 adults.

Instructor: Ginny Schenker
Location: PCC
Date: **Code: 415892-A** Sat., 1/2 10:00-11:00 AM (1 class)
Res \$20, Non-Res \$22

Beginner Wood Turning Workshop

See Adult Arts & Crafts and Cooking page 45

NEW!! Bring Your Own Tie Dye

See Adult Arts & Crafts and Cooking page 46

Cartooning for Kids!

Ages: 9-12 years
Learn to draw your favorite cartoon and comic book characters. Learn to draw caricatures of yourself, family and friends! We will cover the basic fundamentals, build confidence, and foster your creativity! Students should bring a #2 pencil and a fine tip sharpie.

Instructor: Brian Petty
Location: PCC
Dates: **Code: 422870-A** W., 10/7-10/28 4:30-5:30 PM (4 classes)
Res \$48, Non-Res \$53

NEW!! Christmas Crafts!

Ages: 7-12 years
Have some last minute Christmas shopping or wrapping to do? Drop off your children for a fun filled afternoon making Christmas cards and crafts! Then we will make and bake mini pizzas from scratch for dinner to enjoy while we watch the classic Christmas movie, *Home Alone*, along with a yummy dessert! All supplies included.

Instructor: Ginny Schenker
Location: PCC
Date: **Code: 445851-A** Sat., 12/19 3:00-6:00 PM (1 class)
Res \$25, Non-Res \$28

NEW!! Crochet a Christmas Gnome

See Adult Arts & Crafts and Cooking page 46

NEW!! Crochet a Cute Little Monster

See Adult Arts & Crafts and Cooking page 46

NEW!! EZ Peasy Mini Cooking Camp!

Ages: 7-11 years
Your kids will love this 2-day cooking camp on their days off from school where we will cover everything from kitchen safety to learning how to peel and chop vegetables to cooking a complete meal! Meal one is cooking chicken parmesan from scratch with a Caesar salad, mixed vegetables and a simple dessert! Meal two is cooking a chicken pot pie with a house salad and dessert. Includes a daily snack, movie and a cooking bingo game!

Instructor: Ginny Schenker
Location: PCC
Dates: **Code: 432872-A** W. & F., 11/11-11/13 9:00 AM-3:00 PM (2 classes)
Res \$140, Non-Res \$150



YOUTH & TEEN ARTS & CRAFTS AND COOKING

NEW!! Kids Beaded Jewelry Class

Ages: 6-12 years
Students will design and create their own beaded bracelet and necklace to take home. This class encourages creativity, color choice, pattern building, and hands-on confidence in a fun and welcoming studio setting.

Instructor: Corey Bryant
Location: Canalside Jewelry and Art Studio, LLC, 1000 Turk Hill Road, Suite S
Dates: **Code: 435844-A** Sat., 10/10 10:00-11:30 AM (1 class)
Res \$35, Non-Res \$39
Code: 435844-B Sat., 11/14 10:00-11:30 AM (1 class)
Res \$35, Non-Res \$39
Code: 435844-C Sat., 12/12 10:00-11:30 AM (1 class)
Res \$35, Non-Res \$39

Learn to Crochet

See Adult Arts & Crafts and Cooking page 46

Little Hands, Little Artists: "Holly Jolly Christmas Ornaments!"

Ages: 3-7 years (adult participation required)
Come join us as we make 3 delightful Christmas ornaments that make great gifts! Children will be delighted to go at their own pace through crafting stations. Then we will make homemade festive play-dough scented with peppermint for you to take home. You are bound to have a holly jolly time! 2 children = 2 adults

Instructor: Ginny Schenker
Location: PCC
Dates: **Code: 412902-A** Sat., 12/5 10:00-11:00 AM (1 class)
Res \$18, Non-Res \$20
Code: 412902-B Sat., 12/5 12:30-1:30 PM (1 class)
Res \$18, Non-Res \$20

NEW!! Little Hands, Little Bakers: "Apple Crisp Dessert!"

Ages: 3-7 years (adult participation required)
Come celebrate Johnny Appleseed Day! Each child will make and bake a mini apple crisp with their baking buddy to take home! While our desserts are baking, we will read a story, make a hat and a simple craft to learn about the delicious fruit he helped spread across the US! 2 children = 2 adults.

Instructor: Ginny Schenker
Location: PCC
Date: **Code: 421820-A** Sat., 9/26 10:00-11:15 AM (1 class)
Res \$25, Non-Res \$28



Little Hands, Little Bakers: "Froggy Bakes a Cake and You Can Too!"

Ages: 3-7 years (adult participation required)
Let's indulge your sweet tooth! Bring someone special to celebrate "Sweetest Day!" by reading the story *Froggy Bakes a Cake!*. Together, we will learn step by step how to bake and decorate mini cakes to bring home! Party favor included for each child. 2 children = 2 adults.

Instructor: Ginny Schenker
Location: PCC
Date: **Code: 421820-B** Sat., 10/3 10:00-11:00 AM (1 class)
Res \$25, Non-Res \$28
Code: 421820-BB Sat., 10/3 12:30-1:30 PM (1 class)
Res \$25, Non-Res \$28

Little Hands, Little Bakers: "Reindeer Cupcakes!"

Ages: 3-7 years (adult participation required)
This class is sure to get you excited for the holidays as we make and decorate festive reindeer cupcakes! As our cupcakes bake, we will read the story *Rudolf the Red Nose Reindeer* and make our own "reindeer food" using dry oats, cinnamon, and glitter to help guide Santa's sleigh to your house! Each child receives a party favor. Come make memories and leave the clean up to me! 2 children = 2 adults.

Instructor: Ginny Schenker
Location: PCC
Dates: **Code: 421820-C** Sat., 12/12 10:00-11:00 AM (1 class)
Res \$25, Non-Res \$28
Code: 421820-D Sat., 12/12 12:30-1:30 PM (1 class)
Res \$25, Non-Res \$28

NEW!! Needles at Noon: Christmas Stocking

See Adult Arts & Crafts and Cooking page 47

Needles at Noon: Learn to Knit

See Adult Arts & Crafts and Cooking page 47

Project Help: Crochet or Knitting

See Adult Arts & Crafts and Cooking page 47





	Resident						Non-Resident			
	Child* (13/under)	Youth (14-18)	Adult (19-54)	Senior (55+)	College Student	Active Military	Child* (13/under)	Youth (14-18)	Adult (19-54)	Senior (55+)
Daily	\$5.00 <i>\$5.15 credit card price</i>	\$5.50 <i>\$5.67 credit card price</i>	\$8.00 <i>\$8.24 credit card price</i>	\$5.50 <i>\$5.67 credit card price</i>	\$5.50 <i>\$5.67 credit card price</i>	\$5.50 <i>\$5.67 credit card price</i>	\$7.75 <i>\$7.98 credit card price</i>	\$8.75 <i>\$9.01 credit card price</i>	\$13.00 <i>\$13.39 credit card price</i>	\$8.75 <i>\$9.01 credit card price</i>
20 Visit	\$49.00 <i>\$50.47 credit card price</i>	\$56.00 <i>\$57.68 credit card price</i>	\$80.00 <i>\$82.40 credit card price</i>	\$56.00 <i>\$57.68 credit card price</i>	\$56.00 <i>\$57.68 credit card price</i>	\$56.00 <i>\$57.68 credit card price</i>	\$80.00 <i>\$82.40 credit card price</i>	\$110.00 <i>\$113.30 credit card price</i>	\$170.00 <i>\$175.10 credit card price</i>	\$110.00 <i>\$113.30 credit card price</i>
Monthly	\$30.00 <i>\$30.90 credit card price</i>	\$39.00 <i>\$40.17 credit card price</i>	\$58.00 <i>\$59.74 credit card price</i>	\$39.00 <i>\$40.17 credit card price</i>	\$39.00 <i>\$40.17 credit card price</i>	\$39.00 <i>\$40.17 credit card price</i>	\$45.00 <i>\$46.35 credit card price</i>	\$52.00 <i>\$53.56 credit card price</i>	\$80.00 <i>\$82.40 credit card price</i>	\$52.00 <i>\$53.56 credit card price</i>
6 Month	\$150.00 <i>\$154.50 credit card price</i>	\$185.00 <i>\$190.55 credit card price</i>	\$290.00 <i>\$298.70 credit card price</i>	\$185.00 <i>\$190.55 credit card price</i>	\$185.00 <i>\$190.55 credit card price</i>	\$185.00 <i>\$190.55 credit card price</i>	\$205.00 <i>\$211.15 credit card price</i>	\$260.00 <i>\$267.80 credit card price</i>	\$375.00 <i>\$386.25 credit card price</i>	\$260.00 <i>\$267.80 credit card price</i>
12 Month	\$265.00 <i>\$272.95 credit card price</i>	\$320.00 <i>\$329.60 credit card price</i>	\$484.00 <i>\$508.82 credit card price</i>	\$320.00 <i>\$329.60 credit card price</i>	\$320.00 <i>\$329.60 credit card price</i>	\$320.00 <i>\$329.60 credit card price</i>	\$355.00 <i>\$365.65 credit card price</i>	\$455.00 <i>\$468.65 credit card price</i>	\$675.00 <i>\$695.25 credit card price</i>	\$455.00 <i>\$468.25 credit card price</i>

* Note: Child pass is aquatics only. **Hours are Subject to Change**

Note: Children under the age of 14 are not permitted to utilize the fitness equipment.

Water feature schedules listed on www.perinton.gov

Daily Family Pass for Aquatics (Resident Only, up to 4 additional)

2 Adults/2 Children = \$21 (\$21.63 credit card price), \$3.50 (\$3.61 credit card price) each additional child

PLEASE REMEMBER RULES ARE FOR THE SAFETY OF EVERYONE. OUR GOAL IS FOR YOUR VISIT TO BE AN ENJOYABLE ONE. THANK YOU FOR YOUR COOPERATION!

PERINTON AQUATIC CENTER RULES

- Pool area is closed when no lifeguard is on duty.
- Instruction of lifeguard must be obeyed at all times.
- All patrons must shower before entering the pool.
- Appropriate bathing attire must be worn (designated swim suit). No cutoffs or street clothes will be allowed.
- Street clothes are not allowed on the pool deck.
- Children of diaper wearing age MUST wear swim diapers or plastic pants with tight fitting elastic legs. Regular disposable diapers will not be allowed.
- No running, horseplay, chicken fights or pushing allowed in the pool area.
- Diving is only permitted in over nine feet of water in the lap pool.
- No food, gum, drinking (except water) or tobacco products (e-cigs) in the pool area.
- No glass containers allowed in the pool area.
- Discharge of bodily matter is prohibited.
- No unacceptable public displays of affection.
- Only Coast Guard approved, properly fitting personal floating devices are permitted.
- Masks, fins, snorkels are allowed in designated programs only.
- Swimmers wishing to swim in water deeper than their height must first pass a deep water test.
- Children ages 5-11 years must be accompanied by an adult (18+ years) in the pool area. Adult must be in proper swim attire.
- Children ages 4 and under must be within an arm's reach of an adult, 2 children to 1 adult.
- No one under the age of 6 may use the hot tub.
- Children between the ages of 6 through the age of 17 must be accompanied by an adult in the hot tub.
- Participants must be at least 48" tall to go down the slide.
- Failure to comply with the pool rules may result in expulsion from the facility.

Registration Begins: Monday, August 24, 2026 at 10 AM

Follow us on   

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Register early to avoid program cancellation due to low enrollment.



HAPPY
Birthday

Birthday parties are now available to be booked online!

Visit us on WebTrac and search keyword "Splash" for available dates and times. Please note, rooms and time slots are not able to be changed. The first hour of the party time slot is spent in the pool and the second hour is spent in the room. Parties are limited to 25 people. Additional party bookings need to be made for any parties over 25 people, and time slots remain as listed. Parties are \$200/resident and \$250/non-resident. Must be paid in full at time of booking and must have an active WebTrac account to book.

Preschool Splash

Ages: 0-6 years
Parent and child exploration in the leisure pool. Parents must be within an arm's reach of child at all times. Parents may bring up to two children under five during this time. All children not potty trained must wear swim diapers under suit. Coast Guard approved PFDs allowed.

Dates: M., W., & F., 9/14-1/17 8:45-10:45 AM

Fees: Res \$6.00 (1 adult & 1 child), Non-Res \$8 (1 adult & 1 child), \$3.50 each additional child (either Res or Non-Res).
10X Stamp Pass - Res \$50, Non-Res \$72
Not available on WebTrac.

Adaptive Open Swim - Splash & Play

Ages: Open to children with disabilities and their families
Splash and Play is a drop-in adaptive swim program designed for children with disabilities to enjoy the water in a safe, inclusive, and low pressure environment. This open swim time allows kids and their families to explore the pool at their own pace. No formal swim lessons, no pressure, just fun, freedom and support. Whether your child wants to splash, float, kick or simply enjoy being in the water, this program is a welcome space for water play and social connections. This program will be in the zero depth area. Adult participation is required.

Dates: W., 9/16-1/13 (ex. 11/11, 11/25) 5:30-7:30 PM

Fees: Res \$6 (1 adult & 1 child), Non-Res \$8 (1 adult & 1 child), \$3.50 each additional child (either Res or Non-Res)
10X Stamp Pass - Res \$50, Non-Res \$72
Not available on WebTrac.

NEW!! Noon Year's Eve Party

Ages: Open to families
Celebrate the New Year poolside at our Noon Year's Eve Pool Party! Join us for an afternoon of swimming, face painting, games and festive fun for the whole family. Enjoy entertainment from our live DJ and our exciting noon countdown, featuring a giant ball drop as 2,027 balls race down the waterslide to ring in 2027! Don't miss this unique and splash filled way to welcome the New Year!

Location: PCC

Date: Th., 12/31 11:00 AM-1:00 PM
Drop In Rates apply.
Not available on WebTrac.

Ditch the Vest - Work With a Lifeguard to Pass the Deep End Test

Ages: 6 years and over
Is your child ready to gain more independence in the pool? Our deep end test is designed to ensure swimmers are confident and capable of swimming on their own. Lifeguards will work with participants to assess and build essential swim skills in a supportive and encouraging manner. Please plan on approximately 15 minutes to complete. This is a great opportunity for kids to take the next step in their swimming journey - and for parents to feel confident knowing the child is safe in deep water. Once they pass, swimmers earn access to the deep end during open swim times.

Location: PCC

Dates: Sun., 9/6 12:00-2:00 PM
Sun., 10/4 12:00-2:00 PM
Sun., 11/1 12:00-2:00 PM
Sun., 12/6 12:00-2:00 PM
Sun., 1/3 12:00-2:00 PM
Drop In Rates apply.
Not available on WebTrac.

RU4 Scuba - Try Mermaid

Ages: 6 years and over
Dive into the magical world of mermaiding with the SSI Try Mermaid program! This experience lets you explore entry-level mermaid skills, including swimming with a mono-fin, under the guidance of SSI professionals. Suitable for ages 6 and up, participants should be able to swim 40 feet independently.

Instructor: Jim Wieser

Location: PCC

Dates:

Code: 433217-A	M., 10/19	6:30-8:30 PM	(1 class)
Res \$45, Non-Res \$50			
Code: 433217-B	M., 11/30	6:30-8:30 PM	(1 class)
Res \$45, Non-Res \$50			
Code: 433217-C	M., 1/11	6:30-8:30 PM	(1 class)
Res \$45, Non-Res \$50			

Introduction to Artistic Swimming

Ages: 8-14 years
Come try a fun and unique Olympic sport that combines dance, gymnastics and swimming all in one. Swimmers will learn the basic skills of artistic swimming which include some underwater and upside down skills. Swimmers must be able to pass a deep end test which is one lap of front crawl and treading for one minute.

Instructor: Elaine Morgillo
Location: PCC
Dates: **Code: 443910-A** W., 9/16-10/21 5:15-6:00 PM (6 classes) Res \$60, Non-Res \$66

Try Scuba

Ages: 10 years and over
Discover the thrill of underwater exploration with SSI Try Scuba. This introductory course provides a safe and fun first dive experience. Learn basic scuba skills and explore the underwater world under the guidance of certified instructors. Perfect for beginners, this session ignites a passion for diving.

Instructor: Jim Wieser
Location: PCC
Dates: **Code: 433210-A** M., 10/19 6:30-8:30 PM (1 class) Res \$45, Non-Res \$50
Code: 433210-B M., 11/30 6:30-8:30 PM (1 class) Res \$45, Non-Res \$50
Code: 433210-C M., 1/11 6:30-8:30 PM (1 class) Res \$45, Non-Res \$50

Red Cross Lifeguard Certification

Ages: 15 years and over
Participants must pass a prerequisite swim of 150 yards using front crawl or breaststroke or a combination of both. Maintain position at the surface of the water for 2 minutes by treading water using legs only. Swim 50 yards using the front crawl, breaststroke or a combination of both. Complete a timed event in 1 min 40 seconds. Start in the water, swim 20 yards, face may be in or out of the water. Surface dive and retrieve a 10 pound object. Swim 20 yards on the back returning to the starting point holding the object at the surface with both hands and keeping the face at or near the surface of the water. Exit without using the ladder.

Instructors: American Red Cross Lifeguard Instructors
Location: PCC
Dates: **Code: 443388-A** F-Sun., 10/9-10/11 9:00 AM-5:00 PM (3 classes) Res \$180, Non-Res \$190
Code: 443388-B M.-W., 12/28-12/30 9:00 AM-5:00 PM (3 classes) Res \$180, Non-Res \$190

Adults Learn to Swim

Ages: 18 years and over
Our Adult Learn to Swim program is designed for beginners and those looking to build confidence in the water. In a supportive group setting, participants will progress through fundamental skills such as floating, breath control, and basic strokes, while also learning essential water safety. Lessons focus on comfort, confidence and technique, allowing each participant to move at their own pace.

Instructors: Aquatic Staff
Location: PCC
Dates: **Code: 443903-A** Tu., 9/15-11/10 6:00-6:45 PM (9 classes) Res \$90, Non-Res \$99
Code: 443903-B Tu., 11/17-1/12 6:00-6:45 PM (9 classes) Res \$90, Non-Res \$99
Code: 443903-C Th., 9/17-11/12 11:15-11:45 AM (9 classes) Res \$90, Non-Res \$99
Code: 443903-D Th., 11/19-1/14 (ex. 11/26) 11:15-11:45 AM (8 classes) Res \$80, Non-Res \$88

Fitness Swim Class

Ages: 18 years and over
Designed for individuals seeking high-level stroke instruction. This class will help prepare for competitions, enhanced lap swimming, and increase fitness potential. Triathletes, competitive and recreational swimmers are encouraged to try this out!

Instructor: Sean Anne
Location: PCC
Dates: **Code: 443901-A** Tu., 9/15-11/10 7:30-8:30 AM (9 classes) Res \$72, Non-Res \$79
Code: 443901-B Tu., 11/17-1/12 7:30-8:30 AM (9 classes) Res \$72, Non-Res \$79
Code: 443901-C Th., 9/17-11/12 7:30-8:30 AM (9 classes) Res \$72, Non-Res \$79
Code: 443901-D Th., 11/19-1/14 (ex. 11/26) 7:30-8:30 AM (8 classes) Res \$64, Non-Res \$71
Code: 443901-E Tu. & Th., 9/15-11/12 7:30-8:30 AM (18 classes) Res \$144, Non-Res \$154
Code: 443901-F Tu. & Th., 11/17-1/14 (ex. 11/26) 7:30-8:30 AM (17 classes) Res \$136, Non-Res \$146

Genesee Valley Masters Swimming

Ages: 18 years and over
USA Masters registered program offering high quality, coached instruction for competitive swimmers, Triathletes, lap swimmers and anyone else interested in participating. Participants have multiple practice times. Perinton Aquatic Center M.W. & F. mornings, 6:00-7:30 AM at Tu. & Th., 5:30-7:30 AM. Contact Laura at lsilins@perinton.gov to begin your free 2 week trial!

Not available on WebTrac.

Private and Semi-Private Swimming Lessons

Ages: 2 ½ years and over
Participants will have a 30 minute lesson with an Aquatic Safety Employee. Classes will be tailored to the desires of the participant/parent with a small amount of time before or after class to discuss progress and new goals. If you are interested in a semi-private lesson, register for the desired class, then contact Laura Silins at lsilins@perinton.gov to enroll additional participants for an added cost. Max of four participants per class. Classes are taught in the lap or leisure pool, according to the participant's needs. Suitable to kids and adults.

Semi-Private Fees: Each additional participant
• 6 classes – Res \$84, Non-Res \$92
• 7 classes – Res \$98, Non-Res \$108

SUNDAY

9/20-11/1 (ex. 10/11) (6 classes)

Res \$177, Non-Res \$187

Code: 413120-UA, UB or UC 9:00-9:30 AM

Code: 413120-UD, UE or UF 9:35-10:05 AM

Code: 413120-UG, UH or UI 10:10-10:40 AM

Code: 413120-UJ, UK or UL 10:45-11:15 AM

Code: 413120-UM, UN or UO 11:20-11:50 AM

11/8-12/20 (ex. 11/29) (6 classes)

Res \$177, Non-Res \$187

Code: 413120-UP, UQ or UR 9:00-9:30 AM

Code: 413120-US, UT or UU 9:35-10:05 AM

Code: 413120-UV, UW or UX 10:10-10:40 AM

Code: 413120-UY 10:45-11:15 AM

Code: 413120-UZ 11:20-11:50 AM

AQUATICS

MONDAY

9/14-10/26 (ex. 10/12) (6 classes)

Res \$177, Non-Res \$187

Code: 413120-MA, MB or MC 4:00-4:30 PM

Code: 413120-MD, ME or MF 4:35-5:05 PM

Code: 413120-MG, MH or MI 5:10-5:40 PM

Code: 413120-MJ, MK, or ML 5:45-6:15 PM

Code: 413120-MM, MN or MO 6:20-6:50 PM

11/2-12/14 (ex. 11/23) (6 classes)

Res \$177, Non-Res \$187

Code: 413120-MP, MQ or MR 4:00-4:30 PM

Code: 413120-MS, MT or MU 4:35-5:05 PM

Code: 413120-MV, MW or MX 5:10-5:40 PM

Code: 413120-MY, MZ or MAA 5:45-6:15 PM

Code: 413120-MAB, MAC or MAD 6:20-6:50 PM

TUESDAY

9/15-10/27 (7 classes)

Res \$207, Non-Res \$217

Code: 413120-TA 9:00-9:30 AM

Code: 413120-TB 9:35-10:05 AM

Code: 413120-TC 10:10-10:40 AM

Code: 413120-TD 10:45-11:15 AM

Code: 413120-TE or TF 4:00-4:30 PM

Code: 413120-TG or TH 4:35-5:05 PM

Code: 413120-TI or TJ 5:10-5:40 PM

Code: 413120-TK or TL 5:45-6:15 PM

Code: 413120-TM or TN 6:20-6:50 PM

11/3-12/15 (ex. 11/24) (6 classes)

Res \$177, Non-Res \$187

Code: 413120-TO 9:00-9:30 AM

Code: 413120-TP 9:35-10:05 AM

Code: 413120-TQ 10:10-10:40 AM

Code: 413120-TR 10:45-11:15 AM

Code: 413120-TS or TT 4:00-4:30 PM

Code: 413120-TU or TV 4:35-5:05 PM

Code: 413120-TW or TX 5:10-5:40 PM

Code: 413120-TY or TZ 5:45-6:15 PM

Code: 413120-TAA or TAB 6:20-6:50 PM

WEDNESDAY

9/16-10/28 (7 classes)

Res \$207, Non-Res \$217

Code: 413120-WA, WB or WC 4:00-4:30 PM

Code: 413120-WD, WE or WF 4:35-5:05 PM

Code: 413120-WG, WH or WI 5:10-5:40 PM

Code: 413120-WJ, WK or WL 5:45-6:15 PM

Code: 413120-WM, WN or WO 6:20-6:50 PM

11/4-12/16 (ex. 11/25) (6 classes)

Res \$177, Non-Res \$187

Code: 413120-WP, WQ or WR 4:00-4:30 PM

Code: 413120-WS, WT or WU 4:35-5:05 PM

Code: 413120-WV, WW or WX 5:10-5:40 PM

Code: 413120-WY, WZ or WAA 5:45-6:15 PM

Code: 413120-WAB, WAC or WAD 6:20-6:50 PM

THURSDAY

9/17-10/29 (7 classes)

Res \$207, Non-Res \$217

Code: 413120-RA 9:00-9:30 AM

Code: 413120-RB 9:35-10:05 AM

Code: 413120-RC 10:10-10:40 AM

Code: 413120-RD 10:45-11:15 AM

Code: 413120-RE or RF 4:00-4:30 PM

Code: 413120-RG or RH 4:35-5:05 PM

Code: 413120-RI or RJ 5:10-5:40 PM

Code: 413120-RK or RL 5:45-6:15 PM

Code: 413120-RM or RN 6:20-6:50 PM

11/5-12/17 (ex. 11/26) (6 classes)

Res \$177, Non-Res \$187

Code: 413120-RO 9:00-9:30 AM

Code: 413120-RP 9:35-10:05 AM

Code: 413120-RQ 10:10-10:40 AM

Code: 413120-RR 10:45-11:15 AM

Code: 413120-RS or RT 4:00-4:30 PM

Code: 413120-RU or RV 4:35-5:05 PM

Code: 413120-RW or RX 5:10-5:40 PM

Code: 413120-RY or RZ 5:45-6:15 PM

Code: 413120-RAA or RAB 6:20-6:50 PM

FRIDAY

9/18-10/23 (6 classes)

Res \$177, Non-Res \$187

Code: 413120-FA, FB or FC 4:00-4:30 PM

Code: 413120-FD, FE or FF 4:35-5:05 PM

Code: 413120-FG, FH or FI 5:10-5:40 PM

Code: 413120-FJ, FK or FL 5:45-6:15 PM

11/6-12/18 (ex. 11/27) (6 classes)

Res \$177, Non-Res \$187

Code: 413120-FM, FN or FO 4:00-4:30 PM

Code: 413120-FP, FQ or FR 4:35-5:05 PM

Code: 413120-FS, FT or FU 5:10-5:40 PM

Code: 413120-FV, FW or FX 5:45-6:15 PM

SATURDAY

9/19-10/31 (ex. 10/10) (6 classes)

Res \$177, Non-Res \$187

Code: 413120-SA 8:25-8:55 AM

Code: 413120-SB 9:00-9:30 AM

Code: 413120-SC 9:35-10:05 AM

Code: 413120-SD or SE 10:10-10:40 AM

Code: 413120-SF or SG 10:45-11:15 AM

Code: 413120-SH 11:20-11:50 AM

11/7-12/19 (ex. 11/28) (6 classes)

Res \$177, Non-Res \$187

Code: 413120-SI 8:25-8:55 AM

Code: 413120-SJ 9:00-9:30 AM

Code: 413120-SK 9:35-10:05 AM

Code: 413120-SL or SM 10:10-10:40 AM

Code: 413120-SN or SO 10:45-11:15 AM

Code: 413120-SP 11:20-11:50 AM

GROUP SWIMMING LESSONS

Note: For safety and control reasons, parents are not allowed on the pool deck during the swim lessons. You may observe from our observation areas. **Please note that no registration is allowed once sections have begun. Any questions, please contact Laura Silins at lsilins@perinton.gov.**

Waterbabies

Ages: 6 months-2.99 years

(parent participation in water, swimsuit required)

Waterbabies will help familiarize children between the ages of 6 months up to 3 years with the water and teach swimming readiness skills. Provides safety information for parent and teaches techniques parents can use to orient their children to the water. No skill prerequisites, child must be at least 6 months old, parent must accompany child to each class.

6 classes - Res \$63, Non-Res \$69

7 classes - Res \$74, Non-Res \$81

Code: 413110-TA Tu., 9/15-10/27 10:45-11:15 AM (7 classes)
Code: 413110-TB Tu., 9/15-10/27 6:20-6:50 PM (7 classes)
Code: 413110-WA W., 9/16-10/28 10:45-11:15 AM (7 classes)
Code: 413110-RA Th., 9/17-10/29 10:45-11:15 AM (7 classes)
Code: 413110-RB Th., 9/17-10/29 6:20-6:50 PM (7 classes)
Code: 413110-SA Sat., 9/19-10/31 (ex. 10/10) 8:25-8:55 AM (6 classes)
Code: 413110-SB Sat., 9/19-10/31 (ex. 10/10) 9:00-9:30 AM (6 classes)
Code: 413110-SC Sat., 9/19-10/31 (ex. 10/10) 9:35-10:05 AM (6 classes)
Code: 413110-SD Sat., 9/19-10/31 (ex. 10/10) 10:10-10:40 AM (6 classes)
Code: 413110-SE Sat., 9/19-10/31 (ex. 10/10) 10:45-11:15 AM (6 classes)
Code: 413110-UA Sun., 9/20-11/1 (ex. 10/11) 9:00-9:30 AM (6 classes)
Code: 413110-UB Sun., 9/20-11/1 (ex. 10/11) 10:10-10:40 AM (6 classes)
Code: 413110-UC Sun., 9/20-11/1 (ex. 10/11) 10:45-11:15 AM (6 classes)
Code: 413110-TC Tu., 11/3-12/15 (ex. 11/24) 10:45-11:15 AM (6 classes)
Code: 413110-TD Tu., 11/3-12/15 (ex. 11/24) 6:20-6:50 PM (6 classes)
Code: 413110-WB Wed., 11/4-12/16 (ex. 11/25) 10:45-11:15 AM (6 classes)
Code: 413110-RC Th., 11/5-12/17 (ex. 11/26) 10:45-11:15 AM (6 classes)
Code: 413110-RD Th., 11/5-12/17 (ex. 11/26) 6:20-6:50 PM (6 classes)
Code: 413110-SF Sat., 11/7-12/19 (ex. 11/28) 8:25-8:55 AM (6 classes)
Code: 413110-SG Sat., 11/7-12/19 (ex. 11/28) 9:00-9:30 PM (6 classes)
Code: 413110-SH Sat., 11/7-12/19 (ex. 11/28) 9:35-10:05 AM (6 classes)
Code: 413110-SI Sat., 11/7-12/19 (ex. 11/28) 10:10-10:40 AM (6 classes)
Code: 413110-SJ Sat., 11/7-12/19 (ex. 11/28) 10:45-11:15 AM (6 classes)
Code: 413110-UD Sun., 11/8-12/20 (ex. 11/29) 9:00-9:30 AM (6 classes)
Code: 413110-UE Sun., 11/8-12/20 (ex. 11/29) 10:10-10:40 AM (6 classes)
Code: 413110-UF Sun., 11/8-12/20 (ex. 11/29) 10:45-11:15 AM (6 classes)



Sea Urchins

Ages: 3-5.99 years

Learning Outcomes: Nemos and Squirts in the same class! Children will be taught and grouped according to ability. No prerequisite. Guaranteed 3:1 ratio for maximum benefit.

6 classes - Res \$72, Non-Res \$79

7 classes - Res \$84, Non-Res \$92

Code: 413119-TA Tu., 9/15-10/27 9:00-9:30 AM (7 classes)
Code: 413119-TB Tu., 9/15-10/27 9:35-10:05 AM (7 classes)
Code: 413119-TC Tu., 9/15-10/27 10:10-10:40 AM (7 classes)
Code: 413119-TD Tu., 9/15-10/27 1:00-1:30 PM (7 classes)
Code: 413119-TE Tu., 9/15-10/27 1:35-2:05 PM (7 classes)
Code: 413119-TF Tu., 9/15-10/27 2:10-2:40 PM (7 classes)
Code: 413119-TG Tu., 9/15-10/27 4:35-5:05 PM (7 classes)
Code: 413119-TH Tu., 9/15-10/27 5:10-5:40 PM (7 classes)
Code: 413119-TI Tu., 9/15-10/27 5:45-6:15 PM (7 classes)
Code: 413119-WA W., 9/16-10/28 9:00-9:30 AM (7 classes)
Code: 413119-WB W., 9/16-10/28 9:35-10:05 AM (7 classes)
Code: 413119-WC W., 9/16-10/28 10:10-10:40 AM (7 classes)
Code: 413119-RA Th., 9/17-10/29 9:00-9:30 AM (7 classes)
Code: 413119-RB Th., 9/17-10/29 9:35-10:05 AM (7 classes)
Code: 413119-RC Th., 9/17-10/29 10:10-10:40 AM (7 classes)
Code: 413119-RD Th., 9/17-10/29 1:00-1:30 PM (7 classes)
Code: 413119-RE Th., 9/17-10/29 1:35-2:05 PM (7 classes)
Code: 413119-RF Th., 9/17-10/29 2:10-2:40 PM (7 classes)
Code: 413119-RG Th., 9/17-10/29 4:35-5:05 PM (7 classes)
Code: 413119-RH Th., 9/17-10/29 5:10-5:40 PM (7 classes)
Code: 413119-RI Th., 9/17-10/29 5:45-6:15 PM (7 classes)
Code: 413119-SA Sat., 9/19-10/31 (ex. 10/10) 9:00-9:30 AM (6 classes)
Code: 413119-SB Sat., 9/19-10/31 (ex. 10/10) 9:35-10:05 AM (6 classes)
Code: 413119-SC Sat., 9/19-10/31 (ex. 10/10) 10:10-10:40 AM (6 classes)
Code: 413119-SD Sat., 9/19-10/31 (ex. 10/10) 10:45-11:15 AM (6 classes)
Code: 413119-SE Sat., 9/19-10/31 (ex. 10/10) 11:20-11:50 AM (6 classes)
Code: 413119-UA Sun., 9/20-11/1 (ex. 10/11) 9:35-10:05 AM (6 classes)
Code: 413119-UB Sun., 9/20-11/1 (ex. 10/11) 10:45-11:15 AM (6 classes)
Code: 413119-UC Sun., 9/20-11/1 (ex. 10/11) 11:20-11:50 AM (6 classes)
Code: 413119-TJ Tu., 11/3-12/15 (ex. 11/24) 9:00-9:30 AM (6 classes)
Code: 413119-TK Tu., 11/3-12/15 (ex. 11/24) 9:35-10:05 AM (6 classes)
Code: 413119-TL Tu., 11/3-12/15 (ex. 11/24) 10:10-10:40 AM (6 classes)
Code: 413119-TM Tu., 11/3-12/15 (ex. 11/24) 1:00-1:30 PM (6 classes)
Code: 413119-TN Tu., 11/3-12/15 (ex. 11/24) 1:35-2:05 PM (6 classes)
Code: 413119-TO Tu., 11/3-12/15 (ex. 11/24) 2:10-2:40 PM (6 classes)
Code: 413119-TP Tu., 11/3-12/15 (ex. 11/24) 4:35-5:05 PM (6 classes)
Code: 413119-TQ Tu., 11/3-12/15 (ex. 11/24) 5:10-5:40 PM (6 classes)
Code: 413119-TR Tu., 11/3-12/15 (ex. 11/24) 5:45-6:15 PM (6 classes)
Code: 413119-WD W., 11/4-12/16 (ex. 11/25) 9:00-9:30 AM (6 classes)
Code: 413119-WE W., 11/4-12/16 (ex. 11/25) 9:35-10:05 AM (6 classes)
Code: 413119-WF W., 11/4-12/16 (ex. 11/25) 10:10-10:40 AM (6 classes)
Code: 413119-RJ Th., 11/5-12/17 (ex. 11/26) 9:00-9:30 AM (6 classes)
Code: 413119-RK Th., 11/5-12/17 (ex. 11/26) 9:35-10:05 AM (6 classes)
Code: 413119-RL Th., 11/5-12/17 (ex. 11/26) 10:10-10:40 AM (6 classes)
Code: 413119-RM Th., 11/5-12/17 (ex. 11/26) 1:00-1:30 PM (6 classes)
Code: 413119-RN Th., 11/5-12/17 (ex. 11/26) 1:35-2:05 PM (6 classes)
Code: 413119-RO Th., 11/5-12/17 (ex. 11/26) 2:10-2:40 PM (6 classes)
Code: 413119-RP Th., 11/5-12/17 (ex. 11/26) 4:35-5:05 PM (6 classes)
Code: 413119-RQ Th., 11/5-12/17 (ex. 11/26) 5:10-5:40 PM (6 classes)
Code: 413119-RR Th., 11/5-12/17 (ex. 11/26) 5:45-6:15 PM (6 classes)
Code: 413119-SF Sat., 11/7-12/19 (ex. 11/28) 9:00-9:30 AM (6 classes)
Code: 413119-SG Sat., 11/7-12/19 (ex. 11/28) 9:35-10:05 AM (6 classes)
Code: 413119-SH Sat., 11/7-12/19 (ex. 11/28) 10:10-10:40 AM (6 classes)
Code: 413119-SI Sat., 11/7-12/19 (ex. 11/28) 10:45-11:15 AM (6 classes)
Code: 413119-SJ Sat., 11/7-12/19 (ex. 11/28) 11:20-11:50 AM (6 classes)
Code: 413119-UD Sun., 11/8-12/20 (ex. 11/29) 9:35-10:05 AM (6 classes)
Code: 413119-UE Sun., 11/8-12/20 (ex. 11/29) 10:45-11:15 AM (6 classes)
Code: 413119-UF Sun., 11/8-12/20 (ex. 11/29) 11:20-11:50 AM (6 classes)

AQUATICS

American Red Cross Swim Lessons - Levels 1-6

Participation in swim lessons does not automatically guarantee advancement to the next level. Completion of class requires Red Cross Card for that level. Do not sign your child up for the next level until they have received their card.

Red Cross Level 1 (Limited Experience) Ages: 6-8 years

Class is designed for 6-8 year olds with limited swim experience.

- Enter and exit water using ladder, steps or side
- Blow bubbles through mouth and nose
- Bobbing
- Open eyes under water and retrieve submerged objects
- Front and back glides and floats
- Recover to vertical position
- Roll from front to back and back to front
- Tread water using arm and hand actions
- Alternating and simultaneous arm/leg actions on front and back
- Combined arm and leg actions on front and back
- No prerequisite. Guaranteed 5:1 ratio for maximum benefit.

6 classes - Res \$63, Non-Res \$69

7 classes - Res \$74, Non-Res \$81

Code: 423111-TA Tu., 9/15-10/27 4:35-5:05 PM (7 classes)

Code: 423111-TB Tu., 9/15-10/27 5:10-5:40 PM (7 classes)

Code: 423111-TC Tu., 9/15-10/27 5:45-6:15 PM (7 classes)

Code: 423111-RA Th., 9/17-10/29 4:35-5:05 PM (7 classes)

Code: 423111-RB Th., 9/17-10/29 5:10-5:40 PM (7 classes)

Code: 423111-RC Th., 9/17-10/29 5:45-6:15 PM (7 classes)

Code: 423111-UA Sun., 9/20-11/1 (ex. 10/11) 9:00-9:30 AM (6 classes)

Code: 423111-TD Tu., 11/3-12/15 (ex. 11/24) 4:35-5:05 PM (6 classes)

Code: 423111-TE Tu., 11/3-12/15 (ex. 11/24) 5:10-5:40 PM (6 classes)

Code: 423111-TF Tu., 11/3-12/15 (ex. 11/24) 5:45-6:15 PM (6 classes)

Code: 423111-RD Th., 11/5-12/17 (ex. 11/26) 4:35-5:05 PM (6 classes)

Code: 423111-RE Th., 11/5-12/17 (ex. 11/26) 5:10-5:40 PM (6 classes)

Code: 423111-RF Th., 11/5-12/17 (ex. 11/26) 5:45-6:15 PM (6 classes)

Code: 423111-UB Sun., 11/8-12/20 (ex. 11/29) 9:00-9:30 AM (6 classes)

Red Cross Level 2 Ages: 6-10 years

Child must be 6, have a Level 1 card of taken Squirts to enroll.

- Enter and exit water by stepping or jumping from the side
- Fully submerge and hold breath
- Bobbing
- Open eyes under water and retrieve submerged objects
- Front, jellyfish and tuck floats
- Front and back floats and glides
- Recover to vertical position
- Roll from front to back and back to front
- Change direction of travel while swimming on front or back
- Tread water using arm and leg actions
- Combined arm and leg actions on front and back
- Finning arm action
- Guaranteed 5:1 ratio for maximum benefit

6 classes - Res \$63, Non-Res \$69

7 classes - Res \$74, Non-Res \$81

Code: 423112-TA Tu., 9/15-10/27 4:35-5:05 PM (7 classes)

Code: 423112-TB Tu., 9/15-10/27 5:10-5:40 PM (7 classes)

Code: 423112-TC Tu., 9/15-10/27 5:45-6:15 PM (7 classes)

Code: 423112-RA Th., 9/17-10/29 4:35-5:05 PM (7 classes)

Code: 423112-RB Th., 9/17-10/29 5:10-5:40 PM (7 classes)

Code: 423112-RC Th., 9/17-10/29 5:45-6:15 PM (7 classes)

Code: 423112-SA Sat., 9/19-10/31 (ex. 10/10) 9:00-9:30 AM (6 classes)

Code: 423112-SB Sat., 9/19-10/31 (ex. 10/10) 9:35-10:05 AM (6 classes)

Code: 423112-SC Sat., 9/19-10/31 (ex. 10/10) 10:45-11:15 AM (6 classes)

Code: 423112-UA Sun., 9/20-11/1 (ex. 10/11) 9:35-10:05 AM (6 classes)

Code: 423112-TD Tu., 11/3-12/15 (ex. 11/24) 4:35-5:05 PM (6 classes)

Code: 423112-TE Tu., 11/3-12/15 (ex. 11/24) 5:10-5:40 PM (6 classes)

Code: 423112-TF Tu., 11/3-12/15 (ex. 11/24) 5:45-6:15 PM (6 classes)

Code: 423112-RD Th., 11/5-12/17 (ex. 11/26) 4:35-5:05 PM (6 classes)

Code: 423112-RE Th., 11/5-12/17 (ex. 11/26) 5:10-5:40 PM (6 classes)

Code: 423112-RF Th., 11/5-12/17 (ex. 11/26) 5:45-6:15 PM (6 classes)

Code: 423112-SD Sat., 11/7-12/19 (ex. 11/28) 9:00-9:30 AM (6 classes)

Code: 423112-SE Sat., 11/7-12/19 (ex. 11/28) 9:35-10:05 AM (6 classes)

Code: 423112-SF Sat., 11/7-12/19 (ex. 11/28) 10:45-11:15 AM (6 classes)

Code: 423112-UB Sun., 11/8-12/20 (ex. 11/29) 9:35-10:05 AM (6 classes)



Red Cross Level 3 Ages: 6-12 years

Child must have a Level 2 card to enroll.

- Enter water by jumping from the side
- Headfirst entries from sitting and kneeling positions
- Bobbing while moving to safety
- Rotary breathing
- Survival and back float
- Change direction from vertical to horizontal position on front and back
- Tread water
- Flutter, scissor, dolphin and breaststroke kicks on front
- Front crawl and elementary backstroke
- Guaranteed 6:1 ration for maximum benefit

6 classes - Res \$63, Non-Res \$69

7 classes - Res \$74, Non-Res \$81

Code: 423113-TA Tu., 9/15-10/27 4:35-5:05 PM (7 classes)

Code: 423113-TB Tu., 9/15-10/27 6:20-6:50 PM (7 classes)

Code: 423113-RA Th., 9/17-10/29 4:35-5:05 PM (7 classes)

Code: 423113-RB Th., 9/17-10/29 6:20-6:50 PM (7 classes)

Code: 423113-SA Sat., 9/19-10/31 (ex. 10/10) 9:00-9:30 AM (6 classes)

Code: 423113-SB Sat., 9/19-10/31 (ex. 10/10) 10:10-10:40 AM (6 classes)

Code: 423113-UA Sun., 9/20-11/1 (ex. 10/11) 10:10-10:40 AM (6 classes)

Code: 423113-TC Tu., 11/3-12/15 (ex. 11/24) 4:35-5:05 PM (6 classes)

Code: 423113-TD Tu., 11/3-12/15 (ex. 11/24) 6:20-6:50 PM (6 classes)

Code: 423113-RC Th., 11/5-12/17 (ex. 11/26) 4:35-5:05 PM (6 classes)

Code: 423113-RD Th., 11/5-12/17 (ex. 11/26) 6:20-6:50 PM (6 classes)

Code: 423113-SC Sat., 11/7-12/19 (ex. 11/28) 9:00-9:30 AM (6 classes)

Code: 423113-SD Sat., 11/7-12/19 (ex. 11/28) 10:10-10:40 AM (6 classes)

Code: 423113-UB Sun., 11/8-12/20 (ex. 11/29) 10:10-10:40 AM (6 classes)

Red Cross Level 4 Ages: 6-14 years

Child must have a Level 3 card to enroll.

- Headfirst entries from the side in compact and stride positions
- Swim under water
- Feet-first surface dive
- Survival swimming
- Front crawl and backstroke open turns
- Tread water using 2 different kicks
- Front and back crawl, elementary backstroke, breaststroke, sidestroke and butterfly
- Flutter and dolphin kicks on back
- Guaranteed 8:1 ratio for maximum benefit

6 classes - Res \$63, Non-Res \$69

7 classes - Res \$74, Non-Res \$81

Code: 423114-TA Tu., 9/15-10/27 4:35-5:05 PM (7 classes)

Code: 423114-TB Tu., 9/15-10/27 6:20-6:50 PM (7 classes)

Code: 423114-RA Th., 9/17-10/29 4:35-5:05 PM (7 classes)

Code: 423114-RB Th., 9/17-10/29 6:20-6:50 PM (7 classes)

Code: 423114-SA Sat., 9/19-10/31 (ex. 10/10) 9:00-9:30 AM (6 classes)

Code: 423114-SB Sat., 9/19-10/31 (ex. 10/10) 10:10-10:40 AM (6 classes)

Code: 423114-TC Tu., 11/3-12/15 (ex. 11/24) 4:35-5:05 PM (6 classes)

Code: 423114-TD Tu., 11/3-12/15 (ex. 11/24) 6:20-6:50 PM (6 classes)

Code: 423114-RC Th., 11/5-12/17 (ex. 11/26) 4:35-5:05 PM (6 classes)

Code: 423114-RD Th., 11/5-12/17 (ex. 11/26) 6:20-6:50 PM (6 classes)

Code: 423114-SC Sat., 11/7-12/19 (ex. 11/28) 9:00-9:30 AM (6 classes)

Code: 423114-SD Sat., 11/7-12/19 (ex. 11/28) 10:10-10:40 AM (6 classes)

Red Cross Level 5 Ages: 6-14 years

Child must have a Level 4 card to enroll.

- Shallow-angle dive from the side then glide and begin a front stroke
- Tuck and pike surface dives, submerge completely
- Front flip turn and backstroke flip turn while swimming
- Front and back crawl, elementary backstroke, breaststroke, sidestroke and butterfly
- Sculling
- Guaranteed 8:1 ratio for maximum benefit

6 classes - Res \$63, Non-Res \$69

7 classes - Res \$74, Non-Res \$81

Code: 423115-TA Tu., 9/15-10/27 5:10-5:40 PM (7 classes)

Code: 423115-RA Th., 9/17-10/29 5:10-5:40 PM (7 classes)

Code: 423115-SA Sat., 9/19-10/31 (ex. 10/10) 9:35-10:05 AM (6 classes)

Code: 423115-TB Tu., 11/3-12/15 (ex. 11/24) 5:10-5:40 PM (6 classes)

Code: 423115-RB Th., 11/5-12/17 (ex. 11/26) 5:10-5:40 PM (6 classes)

Code: 423115-SB Sat., 11/7-12/19 (ex. 11/28) 9:35-10:05 AM (6 classes)

Red Cross Level 6 Ages: 6-14 years

Child must have a Level 5 card to enroll.

- Refine the strokes so participants swim them with ease, efficiency, power and smoothness over greater distances
- Guaranteed 8:1 ratio to maximum benefit

6 classes - Res \$63, Non-Res \$69

7 classes - Res \$74, Non-Res \$81

Code: 423116-TA Tu., 9/15-10/27 5:10-5:40 PM (7 classes)

Code: 423116-RA Th., 9/17-10/29 5:10-5:40 PM (7 classes)

Code: 423116-SA Sat., 9/19-10/31 (ex. 10/10) 9:35-10:05 AM (6 classes)

Code: 423116-TB Tu., 11/3-12/15 (ex. 11/24) 5:10-5:40 PM (6 classes)

Code: 423116-RB Th., 11/5-12/17 (ex. 11/26) 5:10-5:40 PM (6 classes)

Code: 423116-SB Sat., 11/7-12/19 (ex. 11/28) 9:35-10:05 AM (6 classes)



AQUATIC FITNESS

Register early to avoid program cancellation due to low enrollment.

MONDAY

Total Body Aqua Size

Ages: 13 years and over
Work your arms, legs, abs and back using the resistance of water, bands and barbells. You can make it as challenging to your body as you want, at the same time relieving your stress (mind and body). Shallow and deep water exercises. All fitness levels invited.

Instructor: Marjory Hall
Location: PCC
Dates: **Code: 443810-A** M., 10/5-1/11 9:00-10:00 AM (15 classes)
Res \$120, Non-Res \$130

Aqua Volley Beach Ball

Ages: 13 years and over
How long can your group keep the beach ball in the air? Exercise your muscles, jump, reach, laugh and improve your reflexes. *Not actual volleyball*

Instructor: Marjory Hall
Location: PCC
Dates: **Code: 443818-A** M., 10/5-1/11 10:00-10:45 AM (15 classes)
Res \$120, Non-Res \$130

Aqua Fit

Ages: 18 years and over
Aqua Fit provides a well-rounded workout that includes cardio, strength, balance and flexibility. Be prepared to move the entire class; all levels benefit from this fun and challenging music based class.

Instructor: Marcie Bartolotta
Location: PCC
Dates: **Code: 443831-A** M., 9/21-1/11 (ex. 3TBA) 6:00-6:45 PM (14 classes)
Res \$112, Non-Res \$122

TUESDAY

Aqua Fit

Ages: 18 years and over
Aqua Fit provides a well-rounded workout that includes cardio, strength, balance and flexibility. Be prepared to move the entire class; all levels benefit from this fun and challenging music based class.

Instructor: Marsha Young
Location: PCC
Dates: **Code: 443831-B** Tu., 9/15-1/12 (ex. 11/24, 12/22, 12/29, TBD)
8:35-9:20 AM (15 classes) Res \$120, Non-Res \$130

Aqua Endurance – Current Channel

Ages: 18 years and over
The current channel provides unique resistance, endurance and balance, challenges while improving strength, stamina and posture. Participants will go with and against the current, all to motivating music.

Instructor: Marsha Young
Location: PCC
Dates: **Code: 443832-B** Tu., 9/15-1/12 (ex. 11/24, 12/22, 12/29, TBD)
9:30-10:15 AM (15 classes) Res \$120, Non-Res \$130

Aqua Strength

Ages: 18 years and over
This Aqua class, taught in the current channel, has the current turned off and we use the natural resistance of the water, while using strengthening equipment, to enhance the workout - all to great music.

Instructor: Marsha Young
Location: PCC
Dates: **Code: 443837-A** Tu., 9/15-1/12 (ex. 11/24, 12/22, 12/29, TBD)
10:30-11:15 AM (15 classes) Res \$120, Non-Res \$130



WEDNESDAY

Heat Up the Pool

Ages: 13 years and over
Turn up the heat with water exercise. Challenge yourself with barbells, buoys, bands and tethers. Work on cardio, flexibility and strength all in one hour. You determine the intensity - low (starting out) to vigorous (experienced). Push yourself. Both shallow (chest deep) and deep end of the pool will be used.

Instructor: Marjory Hall
Location: PCC
Dates: **Code: 443817-A** W., 10/7-1/13 9:00-10:00 AM (15 classes) Res \$120, Non-Res \$130

Let's Get Moving

Ages: 18 years and over
Low impact! Water moves to strengthen your muscles and improve range of motion. Challenge yourself with buoys, bands, barbells and other water equipment using the resistance of the water.

Instructor: Marjory Hall
Location: PCC
Dates: **Code: 443870-A** W., 10/7-1/13 10:00-11:00 AM (15 classes) Res \$120, Non-Res \$130

Aqua Endurance – Current Channel

Ages: 18 years and over
The current channel provides unique resistance, endurance and balance challenges while improving strength, stamina and posture. Participants will go with and against the current, all to motivating music.

Instructor: Marsha Young
Location: PCC
Dates: **Code: 443832-C** W., 9/16-1/13 (ex. 11/25, 12/23, 12/30, TBD) 5:30-6:15 PM (15 classes) Res \$120, Non-Res \$130

THURSDAY

Aqua Endurance – Current Channel

Ages: 18 years and over
The current channel provides unique resistance, endurance and balance challenges while improving strength, stamina and posture. Participants will go with and against the current, all to motivating music.

Instructor: Marsha Young
Location: PCC
Dates: **Code: 443832-D** Th., 9/17-1/14 (ex. 11/26, 12/24, 12/31, TBA) 9:30-10:15 AM (15 classes) Res \$120, Non-Res \$130

Aqua Strength

Ages: 18 years and over
This Aqua class, taught in the current channel, has the current turned off and we use the natural resistance of the water, while using strengthening equipment, to enhance the workout, all to great music.

Instructor: Marsha Young
Location: PCC
Dates: **Code: 443837-B** Th., 9/17-1/14 (ex. 11/26, 12/24, 12/31, TBD) 10:30-11:15 AM (15 classes) Res \$120, Non-Res \$130



FRIDAY

Total Body Aqua Size

Ages: 13 years and over
Work your arms, legs, abs and back using the resistance of water, bands and barbells. You can make it as challenging to your body as you want, at the same time relieving your stress (mind and body). Shallow and deep water exercises. All fitness levels invited.

Instructor: Marjory Hall
Location: PCC
Dates: **Code: 443810-B** F., 10/2-1/15 (ex. 11/27, 12/25, 1/1), 9:00-10:00 AM (13 classes) Res \$104, Non-Res \$114

Let's Get Moving

Ages: 18 years and over
Low impact! Water moves to strengthen your muscles and improve range of motion. Challenge yourself with buoys, bands, barbells and other water equipment using the resistance of the water.

Instructor: Marjory Hall
Location: PCC
Dates: **Code: 443870-B** F., 10/2-1/15 (ex. 11/27, 12/25, 1/1) 10:00-11:00 AM (13 classes) Res \$104, Non-Res \$114

Aqua Fit Deep

Ages: 18 years and over
This 45-minute class will begin with a brief warm up followed by high-intensity intervals to give you a challenging workout! Shallow or deep - it's your choice!

Instructor: Marcie Bartolotta
Location: PCC
Dates: **Code: 443806-A** F., 9/25-1/15 (ex. 12/25, 1/1, 3 TBA) 12:15-1:00 PM (12 classes) Res \$96, Non-Res \$106

SUNDAY

Aqua Endurance – Current Channel

Ages: 18 years and over
The current channel provides unique resistance, endurance and balance challenges while improving strength, stamina and posture. Participants will go with and against the current, all to motivating music.

Instructor: Marsha Young
Location: PCC
Dates: **Code: 443832-A** Sun., 9/20-1/17 (ex. 11/22, 11/29, 12/27, TBD) 9:15-10:00 AM (15 classes) Res \$120, Non-Res \$130

ADULT FITNESS

Health & Fitness



**Register early to
avoid program
cancellation
due to low
enrollment.**

Drop In Available for classes
without full roster:
Aerobics: \$10.00 Res./\$11.00 Non-Res.

MONDAY

Bootcamp

Ages: 18 years and over
Back to the "basics" exercises including cardio, interval and weight training to get you into the fighting shape you want!

Instructor: Marcie Nicastro
Location: PCC
Dates: **Code: 441866-B** M., 9/14-1/11 (ex. 10/12, 2 TBA)
6:15-7:15 PM (15 classes) Res \$128, Non-Res \$138

WEDNESDAY

Thighs & Tris

Ages: 14 years and over
This class uses a variety of equipment to enhance balance and build strength in all muscle groups especially to the Core. Class includes a cardio segment.

Instructor: Anne Marie Cymerman
Location: PCC
Dates: **Code: 441885-A** W., 9/16-1/6 (ex. 11/25, TBA) 5:30-6:30 PM
(15 classes) Res \$128, Non-Res \$138

TUESDAY

UPLIFT™ Strength Training

Ages: 18 years and over
UPLIFT™ is a unique, energy-infused, full body strength training program that uses consistent choreography to iconic music. It is designed to work all the major muscle groups in a specific sequence to allow muscle fatigue and recovery; balance and coordination are also improved. UPLIFT™ classes will leave you feeling strong and confident. All levels welcomed.

Instructor: Sharon Dirksen
Location: PCC
Dates: **Code: 425310-A** Tu., 9/15-12/22 (ex. 10/13, 11/10, 12/1)
4:45-5:45 PM (12 classes) Res \$102, Non-Res \$112

Zumba

Ages: 14 years and over
Ditch the workout...join the party! Zumba blends hypnotic Latin rhythms and easy to follow moves. Routines feature interval training sessions where fast and slow rhythms and resistance training combine to tone and sculpt your body while burning fat. A toning segment is included.

Instructor: Frankie Engelbert
Location: PCC
Dates: **Code: 441810-E** Tu., 9/15-1/12 (ex. 11/24, 12/22, 12/29, 2 TBA) 6:00-7:00 PM (13 classes) Res \$110, Non-Res \$120

THURSDAY

Perinton Interval Training

Ages: 18 years and over
Training that involves a series of high-intensity workouts interspersed with rest or relief periods. The high-intensity periods are typically at or close to anaerobic exercise, while the recovery periods involve activity of lower intensity.

Instructor: Jillian Heinold
Location: PCC
Dates: **Code: 441856-A** Th., 9/17-1/14 (ex. 11/26, 12/24, 12/31, 2 TBA) 4:30-5:20 PM (13 classes) Res \$110, Non-Res \$120

Perinton Pump

Ages: 16 years and over
Total body conditioning work out, primarily weights and some cardio. Head to toe strength and toning to help improve muscle strength, tone healthy weight, high repetition of weights and strength training.

Instructor: Jillian Heinold
Location: PCC
Dates: **Code: 441815-A** Th., 9/17-1/14 (ex. 11/26, 12/24, 12/31, 2 TBA) 5:30-6:30 PM (13 classes) Res \$110, Non-Res \$120

Zumba Toning

Ages: 14 years and over
This class uses the international rhythms and steps of regular Zumba class but incorporates the use of small hand weights or toning sticks to get a more intensive muscle workout. Tone and dance!

Instructor: Frankie Engelbert
Location: PCC
Dates: **Code: 441810-A** Th., 9/17-1/14 (ex. 11/26, 12/24, 12/31, 2 TBA) 6:00-7:00 PM (13 classes) Res \$110, Non-Res \$120

TUESDAY/THURSDAY

Zumba Combo

Ages: 14 years and over
Sign up for both Zumba classes and save money.

Instructor: Frankie Engelbert
Location: PCC
Dates: **Code: 441810-EA** Tu. & Th., 9/15-1/14 (ex. 11/24, 11/26, 12/22, 12/24, 12/29, 12/31, 4 TBA) 6:00-7:00 PM (26 classes)
Res \$176, Non-Res \$186

Health & Fitness



Register early to avoid program cancellation due to low enrollment.

Drop In Available for classes without full roster:
Aerobics: \$10.00 Res./\$11.00 Non-Res.

SATURDAY

Bootcamp

Ages: 18 years and over
 Back to the "basics" exercises including cardio, interval and weight training to get you into the fighting shape you want!

Instructor: Marcie Nicastro
Location: PCC
Dates: **Code: 441866-A** Sat., 9/19-11/16 (ex. 10/10, 2 TBA) 7:45-8:45 AM (15 classes) Res \$128, Non-Res \$138

Slow Flow Yoga

Ages: 18 years and over
 Start the day with a clear, calm mind; breathing, moving, feeling alive. This class is slower paced so we can explore and enjoy the poses, develop correct alignment and move with breath. A minimum of 6 months consistent practice is suggested.

Instructor: Cathy Ames
Location: PCC
Dates: **Code: 441841-A** Sat., 9/19-11/14 (ex. TBA) 8:00-9:15 AM (8 classes) Res \$68, Non-Res \$75

ADULT FITNESS CERTIFICATION

Cathy Ames - Yoga Alliance

Anne Marie Cymerman - AFAA

Sharon Dirksen - UPLIFT Strength Training

Frankie Engelbert - Zumba, Zumba Toning

Jillian Heinold - ACE

Marcie Nicastro - ACE, AFAA, AEA, Move It

Mariangela Pandolfo - Zumba

SUNDAY

Zumba for All

Ages: 14 years and over
 Dance, sweat, repeat to your favorite tunes. Leave class energized. Zumba is your happy place! All fitness levels welcomed.

Instructor: Mariangela Pandolfo
Location: PCC
Dates: **Code: 441820-A** Sun., 9/20-1/17 (ex. 10/11, 11/29, 12/13, 12/27, 1/3) 10:00-10:45 AM (13 classes) Res \$110, Non-Res \$120

Take your fitness to the next level with personalized training designed around your goals, schedule, and lifestyle. Sessions are tailored to individual needs, including strength training, functional fitness and overall wellness support. Rates start at \$60/session, but vary based on session length, package options, and individual training needs. Contact us to find the option that works best for you.

Personal Trainers: Alyssa Ziolk, CPT, PWR, Certified Functional Aging Specialist, John Schwartz, ISSA CPT



ADULT PROGRAMS

ADULT

Register early to avoid program cancellation due to low enrollment.

NEW!! American Red Cross – Then and Now

Ages: 13 years and over
House and apartment fires here in Rochester/Monroe County... Forest fires in Northern California...Hurricane relief on the Gulf Coast...US military service member received notification of birth, death, serious illness back home. Lifeguard saves a life. Newborn baby needs "gold" blood transfusion to survive. The common thread? The American Red Cross. How did we get here?

Instructor: Jerry Bennett
Location: PCC
Date: **Code 445260-A** Tu., 10/27 6:30-8:30 PM (1 class)
Res \$5, Non-Res \$6

Becoming a Notary Public

Ages: 18 years and over
Whether you are looking to become a new Notary Public or need a refresher on Notary Law and the duties/responsibilities afforded to you, this is comprehensive class on the Notary Public License Law. This class will provide all the information necessary to pass the Notary Exam, ways to shield yourself from liability in the execution of your duties, as well as appointment, testing and renewal policies and procedures. Electronic Notary procedures are not covered in this class.

Instructor: Kristin Cavallaro
Location: West Irondequoit High School, Pittsford Recreation & Virtual
Dates: **West Irondequoit High School, 260 Cooper Road, Rochester**
Code: 445910-A M., 10/19-10/26 5:30-8:45 PM (2 classes)
Res \$72, Non-Res \$79
Pittsford Recreation, 35 Lincoln Avenue, Pittsford
Code: 445910-B Sat., 10/17 9:00 AM-3:45 PM (1 class)
Res \$72, Non-Res \$79
Virtual
Code: 445910-C M., 12/7-12/14 5:30-8:45 PM (2 classes)
Res \$72, Non-Res \$79
Code: 445910-D Sat., 12/5 9:00 AM-3:45 PM (1 class)
Res \$72, Non-Res \$79

Better Balance for an Active Life

Ages: 55 years and over
It is never too late to improve your balance! Become more confident in your movements, increase agility and coordination, and prevent a fall with balance training. Learn specific exercises you can add into your daily routine. Personal Trainer/Physical Therapist Assistant ensures safe, effective, individualized training in a small group setting. All fitness levels welcome. Chairs available.

Instructor: Alyssa Ziolk
Location: PCC
Dates: **Code: 442809-C** W., 9/16-10/14 (ex. 10/7) 9:00-9:40 AM
(4 classes) Res \$80, Non-Res \$88

Boatsafe NY – Boatsafe Safety Certificate Course

Ages: 10 years and over
This 8-hour certificate course is an introduction to the basic principles of safe and responsible boating. Students successfully completing this course earn a safe boating certificate. Must be 10 years old to participate. IMPORTANT: You must register with NYS Parks at www.register-ed.com/programs/new_york as well as with Perinton Recreation and Parks. NYS charges a \$10 fee for the certificate for ages 18 and older. Ages 10-17 are not charged the fee for their certificate.

Instructor: Ken Rainis
Location: PCC
Dates: **10-17 years/Veterans**
Code: 475841-A Sat., 10/3 9:00 AM-5:00 PM (1 class)
Res \$25, Non-Res \$28
Code: 475841-B Sat., 11/7 9:00 AM-5:00 PM (1 class)
Res \$25, Non-Res \$28
Code: 475841-C Sat., 1/9 9:00 AM-5:00 PM (1 class)
Res \$25, Non-Res \$28
18 years and over
Code: 475841-AA Sat., 10/3 9:00 AM-5:00 PM (1 class)
Res \$50, Non-Res \$55
Code: 475841-BB Sat., 11/7 9:00 AM-5:00 PM (1 class)
Res \$50, Non-Res \$55
Code: 475841-CC Sat., 1/9 9:00 AM-5:00 PM (1 class)
Res \$50, Non-Res \$55



DANCE PROGRAMS

Ballroom Dancing

Ages: 14 years and over
Instructor: Maureen Hickey, MoDancing LLC
Location: PCC

Beginner Level Samba

This dance is affectionately known as the "Brazilian Waltz". When you listen to the music, it has a gentle rolling feel, involving lots of syncopations and percussion instruments. This music really makes me want to dance. You are most likely familiar with One Note Samba by Antonio Carlos Jobim. The melody is a very popular song and you will definitely hear that song on day one of this class.

Dates: **Code: 446867-A** M., 9/14-10/26 (ex. 10/12) 6:30-7:30 PM (6 classes) Res \$60, Non-Res \$66

Beginner Level Bolero

The Character of the Bolero music is usually slow, romantic love songs. The dance and music are from Cuba originally. Bolero is popular throughout Latin America and in ballroom communities around the world.

Dates: **Code: 446867-B** M., 9/14-10/26 (ex. 10/12) 7:30-8:30 PM (6 classes) Res \$60, Non-Res \$66

Beginner Level Quickstep

The Quickstep is sometimes known as a fast Foxtrot. The music sounds like ragtime tunes or Charleston, how fun is that? The music evolved from early Jazz movement in New York City. The dance was influenced by the Peabody, the One Step, and the Black Bottom which were Vaudeville dances. My job is to motivate you to always get up and want to dance to Quickstep music!

Dates: **Code: 446867-C** M., 11/9-12/14 6:30-7:30 PM (6 classes) Res \$60, Non-Res \$66

Intermediate Level Cha Cha

The Cha Cha dance and music also originated from Cuba. The music is quite energetic and percussive, therefore, the dance steps have a syncopation to match the music. You can dance the Cha Cha to traditional Latin songs and also some country and current popular tunes from artists like Bruno Mars, Marc Anthony, Camilla Cabello, etc.

Dates: **Code: 446867-D** M., 11/9-12/14 7:30-8:30 PM (6 classes) Res \$60, Non-Res \$66

Combo for All

As long as you are out, why not take both classes? You will have twice the fun and burn twice the number of calories and there is a discount for signing up for both classes.

Dates: **Code: 446867-AB** M., 9/14-10/26 (ex. 10/12) 6:30-8:30 PM (6 classes) Res \$108, Non-Res \$118

Code: 446867-CD M., 11/9-12/14 6:30-8:30 PM (6 classes) Res \$108, Non-Res \$118

Belly Dance

Ages: 14 years and over
Belly dance will have you moving like you never thought you could! While learning this beautiful dance form, you will be strengthening your core, improving your balance and posture and just plain feel good moving. This is an open level class. No previous dance experience is necessary.

Instructor: Deborah Robinson
Location: PCC

Dates: **Code: 446100-A** W., 9/16-12/2 (ex. 10/28, 11/25) 7:00-8:00 PM (10 classes) Res \$110, Non-Res \$120

Line Dance

Ages: 16 years and over
Hey, let's dance! Line Dance that is! Come and join in for some fun and current Line Dancing...it's not what you think! We dance to ALL types of music: country, contemporary, oldies, pop and more! No partner required. A great way to get some good exercise. Come alone or bring a friend and join us for a fun Saturday morning! You can't go wrong with upbeat music, happy energy and fun dancing...count on it! Three levels to choose from.

Instructor: Terri Anderson
Location: PCC

Dates: **Intermediate:** Previous intermediate line dance experience required - come have fun learning more challenging dances, along with some technique tips to help make your dance steps easier to execute and more fun to do!

Code: 446819-A Sat., 9/26-12/19 (ex. 10/24, 11/14, 11/28) 9:30-10:30 AM (10 classes) Res \$75, Non-Res \$83

Beginner Plus: Previous experience and/or sessions of beginner class required - a continuation dancing the basics with confidence, while learning some more challenging steps at this next level!

Code: 446819-B Sat., 9/26-12/19 (ex. 10/24, 11/14, 11/28) 10:30-11:15 AM (10 classes) Res \$75, Non-Res \$83

Basic Beginner: No experience needed! A great starter class to learn and stay a while as you master "the basics" from scratch - in a fun and encouraging setting!

Code: 446819-C Sat., 9/26-12/19 (ex. 10/24, 11/14, 11/28) 11:15 AM-12:00 PM (10 classes) Res \$75, Non-Res \$83

The Joy of Latin Dance

Ages: 16 years and over
Dance to the beat of Latin music! This class will take you through vibrant styles like salsa, reggaeton, Latin pop and Latin jazz - no experience required. Come dance with us and enjoy the rhythm while enhancing your coordination, flexibility and energy.

Instructor: Sol del Carpio
Location: PCC

Dates: **Code: 416802-A** M., 9/14-10/19 7:30-8:30 PM (6 classes) Res \$90, Non-Res \$99

Code: 416802-B M., 10/26-11/30 7:30-8:30 PM (6 classes) Res \$90, Non-Res \$99



ADULT PROGRAMS

NEW!! Decoding School Services: How to Get Your Child the Support They Need

Ages: 18 years and over
If you suspect your child is struggling with a learning difference, navigating the school's evaluation process can feel overwhelming. This workshop breaks down how to request and advocate for the right services and classroom accommodations so your child can thrive. Led by Dr. David Keiling of Adapt Psychological Services.

Instructor: Dr. David Keiling

Location: PCC

Date: **Code: 446886-A** W., 10/7 6:00-7:00 PM (1 class) No charge

Easy Italian Beginner – Conversational and Travel

Ages: 15 years and over
Join us for a fun 6-week class in Italian. Ideal for those wanting to learn Italian for the first time or traveling to Italy. Lessons include key words, dialogue, culture, grammar and a video. The instructor has lived in Italy and loves the food, the land and the culture and her passion is evident! *Vieni e parliamo!*

Instructor: Carol Brandani

Location: PCC

Dates: **Code: 445892-A** Tu., 10/13-11/17 7:00-8:00 PM (6 classes)
Res \$120, Non-Res \$130



NEW!! Engagement Ring Buyer's Guide

Ages: 18 years and over
Shop smarter for an engagement ring. This informational class teaches students the basics of diamonds, gemstones, metals, settings, ring styles, budgeting and common buying mistakes. Students will leave with the confidence to walk into any jewelry store educated and better prepared to make a meaningful purchase.

Instructor: Corey Bryant

Location: Canalside Jewelry and Art Studio, LLC, 1000 Turk Hill Road, Suite S

Dates:

Singles

Code: 446892-A M., 10/12 6:00-7:30 PM (1 class)

Res \$20, Non-Res \$22

Code: 446892-B M., 11/9 6:00-7:30 PM (1 class)

Res \$20, Non-Res \$22

Code: 446892-C M., 12/14 6:00-7:30 PM (1 class)

Res \$20, Non-Res \$22

Couples

Code: 446892-AA M., 10/12 6:00-7:30 PM (1 class)

Res \$30, Non-Res \$33

Code: 446892-BB M., 11/9 6:00-7:30 PM (1 class)

Res \$30, Non-Res \$33

Code: 446892-CC M., 12/14 6:00-7:30 PM (1 class)

Res \$30, Non-Res \$33

If registering as a couple, ensure that both names appear on registration form.

E-Notary Training

Ages: 18 years and over
ONLINE CLASS. Effective February 2023, new NYS laws went into effect that allow for Electronic Notarizations. You may not perform Electronic Notarizations unless you have registered the capability to do so with the state. This class will train you on what you need to know to become an Electronic Notary in the State of New York and the policies, procedures and software requirements that are mandated by the State for Electronic Notarizations. Only Electronic procedures are covered in this class.

Instructor: Kristin Cavallaro

Location: ONLINE CLASS

Date: **Code: 445944-A** W., 11/4 5:30-8:45 PM (1 class)

Res \$53, Non-Res \$58

NEW!! Eyes That Wow

Ages: 18 years and over
Your eyes are often the first thing people notice! Join me to learn flattering colors, easy application tips and age defying techniques that help your eyes look brighter, bigger and more beautiful.

Instructor: Colleen Beckwith

Location: PCC

Dates: **Code: 445965-A** M., 9/28 11:00 AM-12:00 PM (1 class)

Res \$5, Non-Res \$6

Code: 445965-B M., 9/28 7:00-8:00 PM (1 class)

Res \$5, Non-Res \$6

FINANCE

Estate, Legacy & Long-Term Care Planning Informational Workshop

Ages: 50 years and over
The IRS is currently a financial partner of yours in your Traditional IRA assets. Come learn how to fully "Disinherit" the IRS so that you can maximize the financial legacy that you leave your chosen beneficiaries by negating the income taxes they will pay when they ultimately inherit those taxable IRA assets. The recently passed SECURE Act has dramatically changed how Traditional IRA beneficiaries are taxed. Bill will discuss those specific changes and what planning strategies now exist post-SECURE Act that will allow your beneficiaries to inherit your IRA 100% income tax free. The goal is to make sure that the IRS is never a financial beneficiary of your estate. Your retirement assets should go to your loved ones, not the IRS. Bill will also be comparing traditional long-term care insurance with the popular new Hybrid Life Insurance/Long-Term Care Combination Plans, exploring all ways to avoid Probate, the advantages and disadvantages of using trusts in your estate planning, gifting strategies to benefit both children and grandchildren and much, much more.

Instructor: Bill Monte
Location: PCC
Dates: **Code: 445911-A** W., 9/23 1:00-2:30 PM (1 class) No charge
Code: 445911-B W., 10/28 1:00-2:30 PM (1 class) No charge

Investing Basics for Women

Ages: 18 years and over
Investing is no different for women than it is for men, however studies show that women won't ask questions when there are men in the room. This class covers the basics - What is a stock? What is a bond? What are the risks and rewards of both? How is a mutual fund different from an ETF? What is this 2035 Fund in my retirement account? Is that where I should be invested? If you're new to investing or would like a refresher on the basics, this is the class for you!

Instructor: Barbara Clemons
Location: PCC
Dates: **Code: 445971-A** Tu., 9/15 7:00-8:00 PM (1 class) No charge
Code: 445971-B W., 12/2 7:00-8:00 PM (1 class) No charge

NEW!! It's Never Too Early to Begin Saving for Your Child's Education

Ages: 18 years and over
Geared towards new parents. Learn about how funding a 529 education savings plan while your child is young can pay off big!

Instructor: Brian Sisson, Edward Jones Financial Advisor
Location: PCC
Date: **Code: 445975-A** Tu., 11/17 6:30-7:30 PM (1 class) No charge

Life After Work:

Retirement Distribution Planning

Ages: 50 years and over
Creating monthly income that lasts throughout your retirement is tricky. A wrong decision could subject you to unnecessary taxes, penalties and inflation. You'll learn the strategies that can help you protect and sustain your retirement income over the next 30 years.

Instructor: Tomas Aponte, RICP
Location: PCC
Date: **Code: 445902-D** Tu., 12/8 5:00-6:30 PM (1 class) No charge

Medicare: The A, B, C and D's

Ages: 60 years and over
Are you turning 65? Losing your company health insurance and confused where to start? You may have a lot of questions about Medicare. This workshop will help by providing expert answers, allowing you to make an informed decision. Providing helpful information is part of our commitment to serving this community.

Instructors: Bill Gilbert & Susan Alldredge
Location: PCC
Dates: **Code: 445928-A** Tu., 10/6 6:00-7:30 PM (1 class) No charge
Code: 445928-B Tu., 11/10 6:00-7:30 PM (1 class) No charge
Code: 445928-C Tu., 12/8 6:00-7:30 PM (1 class) No charge
Code: 445928-D Tu., 1/12 6:00-7:30 PM (1 class) No charge

Money Foundations

Ages: 18 years and over
In a world of fluctuating markets and endless "hot tips," it's easy to lose sight of the fundamentals. This session is designed for the curious individual who wants to understand the mechanics of wealth rather than just the math. We believe that a well-informed client is a confident investor. By attending this session, participants will gain a foundational understanding of the core pillars of financial health, including Asset Allocation, the Time Value of Money, Risk Management and Strategic Growth.

Instructor: Jayne Knowlton, Prudential Advisors
Location: PCC
Dates: **Code: 445973-A** Tu., 10/13 6:00-7:00 PM (1 class) No charge
Code: 445973-B Tu., 1/5 6:00-7:00 PM (1 class) No charge

Retirement Planning 101

Ages: 50 years and over
Are you on track for retirement? Join Alex Neri, CFP, ChFC, RICP for an engaging educational seminar where he'll walk through a mock financial plan and break down retirement planning basics - from saving and income strategies to common mistakes that could cost you. Simple, practical and designed to help you plan smarter for the future.

Instructor: Alex Neri
Location: PCC
Date: **Code: 445914-A** W., 11/4 6:00-7:00 PM (1 class) No charge

NEW!! Saving and Paying for College

Ages: 16 years and over
This seminar is designed to help families better understand and prepare for the rising cost of higher education. We'll break down what college really costs today, how financial aid works, and the most effective ways to save and pay for school. You'll also learn smart strategies around borrowing, timing, and coordinating college funding with your broader financial goals.

Instructor: Brian Sisson, Edward Jones Financial Advisor
Location: PCC
Date: **Code: 445976-A** Tu., 9/29 6:30-7:30 PM (1 class) No charge

Savvy Social Security Planning:

How to Maximize Retirement Income

Ages: 50 years and over
What baby boomers need to know to help maximize retirement income! Learn answers to your questions: Will Social Security be there for me? How much can I expect to receive? When should I apply? How can I maximize my benefits? Will Social Security be enough to live on in retirement?

Instructor: Tomas Aponte, RICP
Location: PCC
Dates: **Code: 445902-A** Tu., 10/6 5:00-6:30 PM (1 class) No charge
Code: 445902-B Tu., 1/12 5:00-6:30 PM (1 class) No charge

Register Online Using Our WebTrac System

- See Page 8

<https://webtrac.perinton.org>

ADULT PROGRAMS



Savvy Tax Planning: How Taxes Change Through Four Stages of Retirement

Ages: 50 years and over
In retirement, your tax rate may vary widely over the years based on the timing and order in which you use different sources of income to pay for your living expenses. Learn how to apply the tax code in an organized and efficient way!

Instructor: Tomas Aponte, RICP

Location: PCC

Date: **Code: 445902-C** Tu., 11/10 5:00-6:30 PM (1 class) No charge

Tax Planning Workshop

Ages: 50 years and over
Join Alex Neri, CFP, ChFC, RICP for his most popular educational seminar exploring the role smart planning plays in retirement. Learn strategies surrounding Social Security, Medicare, RMDs, Roth Conversions, inheritance, and estate planning - while uncovering common mistakes that can impact your financial future and understanding how thoughtful planning can help you keep more of what you've worked hard for.

Instructor: Alex Neri

Location: PCC

Date: **Code: 445907-A** W., 9/16 6:00-7:00 PM (1 class) No charge

NEW!! The Integrated Owner: Bridging Business Success and Personal Wealth

Ages: 30 years and over
Learn how to leverage your business to create lasting financial independence, maximize owner benefits, and ensure that personal wealth grows in step with business success. Guidance on designing and optimizing employer sponsored retirement plans, coordinating business cash flow with personal savings goals, reducing taxes through smart plan design, and building a retirement strategy.

Instructor: Jayne Knowlton

Location: PCC

Dates: **Code: 446903-A** Tu., 10/27 6:00-7:00 PM (1 class) No charge
Code: 446903-B Tu., 12/15 6:00-7:00 PM (1 class) No charge

NEW!! To Roth or Not to Roth?

Ages: 18 years and over
OK - Roth is not a verb, but it is a topic that clients often ask about. Should I do contributions to Roth or Pre-Tax? Should I do Roth conversions? What are the implications beyond income taxes? Is IRMAA a concern? How will a conversion impact my Required Minimum Distributions? What are the five year rules that people keep talking about? Can I convert my 529 Plan to a Roth IRA? How are distributions from a Roth IRA treated? We'll answer these questions and more in the fun and engaging session!

Instructor: Barbara Clemons

Location: PCC

Dates: **Code: 445974-A** Tu., 10/6 7:00-8:00 PM (1 class) No charge
Code: 445974-B Th., 12/10 7:00-8:00 PM (1 class) No charge

NEW!! Using 529 Plans for College Savings

Ages: 18 years and over
Whether your children are in pre-school or grade school, they'll be leaving for college before you know it. And with the cost of a college education rising, now is the time to prepare for that day. One option is a 529 education savings plan. It allows anyone, regardless of age or income, to contribute. Contributions are made with after-tax dollars and accumulate federal income tax free.

Instructor: Brian Sisson, Edward Jones Financial Advisor

Location: PCC

Date: **Code: 445977-A** Tu., 10/13 6:30-7:30 PM (1 class) No charge



NEW!! Fitness Programming

Ages: 14 years and over
Sign up, open the app, and follow the fitness plan. No in-person class required. Choose from six digital programs delivered through TrainHeroic: 55+ Health, Strength & Mobility. Teen Muscle Building (14-18). General Adult Strength & Fitness (18+). Weight Loss Strength Training (18+). Athletic Performance (16+). No Equipment Home Training (14+).

Instructors: Compound Performance & Wellness

Dates: **Code: 446901-A** Sun.-Sat., 9/14-12/18 Res \$75, Non-Res \$83



Fun Spanish For Adults

Ages: 18 years and over
Did you know that Spanish is the 2nd most spoken native language in the world? And also that Spanish gives you access to more culture, people and resources? Come learn with a native Spanish teacher in a fun way! You will learn new vocabulary, basic Spanish and conversation. For questions or other levels of spanish, call Lourdes at 585-371-8212

Instructor: Zoom Into Spanish – Lourdes de la Colina
Location: PCC
Dates: **Level 1 A is for beginners or for those who have basic Spanish knowledge**
Code: 432878-A Th., 10/8-11/5 9:00-9:55 AM (5 classes)
Res \$129, Non-Res \$139
Level 1B is slightly more advanced
Code: 432878-B Th., 10/8-11/5 10:00-10:55 AM (5 classes)
Res \$129, Non-Res \$139

How to Prepare, Stage and Sell Your Home

Ages: 18 years and over
This class will show participants how to properly prepare their home for sale in today's real estate market. Staging, pricing and updates will be discussed to obtain the maximum amount of profit in the shortest amount of time for the seller. Discussions will include strategies and tips for inexpensive improvements that can maximize your profits! Thinking of flipping homes? Here is what you need to know before you start.

Instructor: Robert Opett
Location: PCC
Date: **Code: 448103-B** W., 10/21 7:00-8:15 PM (1 class)
Res \$10, Non-Res \$11

How to Win as a Buyer in Today's Market

Ages: 18 years and over
Whether you are a new buyer or move-up buyer, you will learn how to avoid the most common mistakes buyers make in today's market. Discussions will include bidding war strategies, inspections, mortgage options, negotiations, and comparable pricing. Learn the value of home warranties and why to avoid the dangers of the dreaded for sale by owner (FSBO).

Instructor: Robert Opett
Location: PCC
Date: **Code: 448103-A** Tu., 10/20 7:00-8:15 PM (1 class)
Res \$10, Non-Res \$11



Iaido – Learn Samurai Sword Techniques!

Ages: 16 years and over
Iaido is a Japanese martial art, rooted in the rich history of samurai swordsmanship. It is practiced as a non-combative, solo exercise, focused on mastering the sword techniques. The discipline of training is intended to cultivate a practitioner's spirit as well as physical and mental concentration. It's a journey of self-discovery.

Instructors: J. Jordan & D. Stolka
Location: PCC
Dates: **Code: 445821-A** Th., 9/17-1/14 (ex. 11/26, 12/24, 12/31) 7:00-8:00 PM (15 classes) Res \$150, Non-Res \$160

Intro to Flyfishing

Ages: 10-65 years
This course is an introduction to flyfishing that will include an equipment overview, setting-up fishing line and leaders, flies and baits, basic casting techniques, and water awareness. There will be a classroom and creekside component. We will not be entering the water for class, but still dress appropriately for cold weather. 11/11 is a free fishing day in NYS, so no fishing license is required for class!

Instructor: Ed Erbland
Location: PCC & then Spring Lake Park
Date: **Code: 425318-A** W., 11/11 9:00 AM-1:00 PM (1 class)
Res \$25, Non-Res \$28

iPhone Camera & Photos Apps – Unlock Their Potential & Functionality

Ages: 16 years and over
Improve your iPhone photography! There is a lot more to the camera and photos app than you think. In two consecutive evenings, we will explore all of the menus and settings to improve your photography, image organization, and sharing skills. A booklet will be provided with step-by-step instructions. Course is ONLY for iPhones that support the latest iOS version.

Instructor: Thom Bell
Location: PCC
Dates: **Code: 445917-A** Tu. & W., 9/22-9/23 6:00-8:30 PM (2 classes) Res \$25, Non-Res \$28
Code: 445917-B M. & Tu., 11/16-11/17 6:00-8:30 PM (2 classes) Res \$25, Non-Res \$28
Code: 445917-C Tu. & W., 1/5 & 1/6 6:00-8:30 PM (2 classes) Res \$25, Non-Res \$28

ADULT PROGRAMS

Isshin-Ryu Karate – Beginner Through Orange Belt

See Youth & Teen page 17

Isshin-Ryu Karate – Green Through Purple Belt

See Youth & Teen page 17

Isshin-Ryu Karate – Green Through Black Belts

See Youth & Teen page 17

Isshin-Ryu Karate – Black Belts

See Youth & Teen page 17

JKD – Kung Fu

Ages: 13 years and over
JKD Kung Fu is a blended martial arts system. The system is well rounded and includes all ranges of attacks. Emphasis is on footwork, agility, economy of motion, counter-ability and practical self-defense. Students will learn various principles and techniques as they advance through the program.

Instructor: Jerry Ciriello
Location: PCC
Dates: **Code: 445921-A** M., 9/14-1/11 7:00-8:00 PM (18 classes)
Res \$216, Non-Res \$226

Kali – Stick Fighting

Ages: 12 years and over
Kali is one of the most comprehensive martial arts in existence. It is the art of stick fighting using hard bamboo sticks to strike and defend, combining reflexes, zoning movements and a variety of weapons. It teaches both empty hands and weapons together, the principles being common to both and interchangeable. It is a weapons-based martial art that is taught in a safe, non-threatening environment.

Instructor: David Riedel
Location: PCC
Dates: **Code: 445805-A** M., 9/14-1/11 6:00-7:00 PM (18 classes)
Res \$216, Non-Res \$226

NEW!! Kali – ADVANCED – Stick Fighting

Ages: 12 years and over
Kali is one of the most comprehensive martial arts in existence. It is the art of stick fighting using hard bamboo sticks to strike and defend, combining reflexes, zoning movements and a variety of weapons. This is an advanced program with a focus for Level 1 students and above, or with permission of instructor.

Instructor: David Riedel
Location: PCC
Dates: **Code: 446888-A** Th., 9/17-1/14 (ex. 11/26, 12/24, 12/31) 6:00-7:00 PM (15 classes) Res \$180, Non-Res \$190

NEW!! Learn to Play Mah Jongg

Ages: 18 years and over
Explore the engaging game of American Mah Jongg in this structured and informative class. Participants will learn the fundamentals, including rules, strategies and game play techniques. Ideal for beginners as well as those seeking a refresher, this course offers a stimulating and enjoyable way to develop new skills in a supportive environment.

Instructor: Steven DeSmitt
Location: PCC
Dates: **Code: 446902-A** Tu. & Th., 10/20-10/29 6:00-8:00 PM (4 classes)
Res \$81, Non-Res \$89

NEW!! Lips & Cheeks: The Instant Face Lift

Ages: 18 years and over
Want to look healthier, younger and more radiant in just a few minutes? Learn how the right lip and cheek colors can add warmth, definition and a natural glow to your face. You'll discover simple techniques that help you look refreshed and polished without a lot of effort.

Instructor: Colleen Beckwith
Location: PCC
Dates: **Code: 445924-A** M., 10/5 11:00 AM-12:00 PM (1 class)
Res \$5, Non-Res \$6
Code: 445924-B M., 10/5 7:00-8:00 PM (1 class)
Res \$5, Non-Res \$6

PICKLEBALL

Beginner Pickleball

Ages: 18 years and over
Fun, fitness and friendship is what pickleball is all about! Learn all of the basics to jump start your pickleball journey!

Instructor: Scott Tuttle
Location: PCC
Dates: **Code: 445302-A** Sat., 9/19-10/10 12:30-2:00 PM (4 classes)
Res \$80, Non-Res \$88
Code: 445302-B Sat., 10/17-11/7 12:30-2:00 PM (4 classes)
Res \$80, Non-Res \$88
Code: 445302-C Sat., 11/14-12/12 (ex. 11/28) 12:30-2:00 PM (4 classes) Res \$80, Non-Res \$88
Code: 445302-D Sat., 12/19-1/16 (ex. 12/26) 12:30-2:00 PM (4 classes) Res \$80, Non-Res \$88

Next Level Pickleball

Ages: 18 years and over
Learn what it takes to play high level pickleball and make some strides as a competitor! Must have at least 2 years of experience as this class is not for beginners!

Instructors: Scott Tuttle & Johnathan Schwandt
Location: PCC
Dates: **Code: 445302-E** Sat., 9/19-10/10 2:00-3:30 PM (4 classes)
Res \$80, Non-Res \$88
Code: 445302-F Sat., 10/17-11/7 2:00-3:30 PM (4 classes)
Res \$80, Non-Res \$88
Code: 445302-G Sat., 11/14-12/12 (ex. 11/28) 2:00-3:30 PM (4 classes) Res \$80, Non-Res \$88
Code: 445302-H Sat., 12/19-1/16 (ex. 12/26) 2:00-3:30 PM (4 classes) Res \$80, Non-Res \$88

Ping Pong Parkinson

Ages: 18 years and over
Improve Parkinson's symptoms while having fun playing ping pong. Research shows that playing ping pong improves physical and cognitive well-being in people with Parkinson's Disease, as it incorporates movement, balance, coordination and concentration to support neuroplasticity. Improve your game and your health, make friends and have fun playing with other PwPs and our ball robot!

Instructors: Jim Donahue, Kathy Lewandowski & Dan Rothschild
Location: PCC
Dates: **Code: 445303-A** Th. & Sun., 9/17-1/17 (ex. 11/26) 1:00-3:00 PM (35 classes) Res \$65, Non-Res \$72

**Register Online Using
Our WebTrac System -
See Page 8**

<https://webtrac.perinton.org>

Radiance at Every Age: Softer, Younger-Looking Skin

Ages: 18 years and over
Join us for a fun, hands-on skincare workshop. Together, we'll learn simple, proven tips to prevent dryness and reveal radiant, refreshed skin.

Instructor: Colleen Beckwith
Location: PCC

Dates: **Code: 445926-A** M., 9/14 11:00 AM-12:00 PM (1 class)
Res \$5, Non-Res \$6
Code: 445926-B M., 9/14 7:00-8:00 PM (1 class)
Res \$5, Non-Res \$6

Restorative Gentle Yoga

Ages: 18 years and over
This one-hour class is a gentle practice designed to help participants move easily through the poses, work on balance, and reduce stress with a final deep relaxation segment. The class is designed for all levels and is ideal for reducing tension and pain. Our instructor is Linda Falzano, who has over 20 years of experience in the health and wellness industry.

Instructor: Lin Falzano
Location: PCC

Dates: **Code: 441804-A** M., 9/14 5:30-6:45 PM (1 class)
Res \$15, Non-Res \$17
Code: 441804-B M., 10/19 5:30-6:45 PM (1 class)
Res \$15, Non-Res \$17
Code: 441804-C M., 11/9 5:30-6:45 PM (1 class)
Res \$15, Non-Res \$17
Code: 441804-D M., 12/7 5:30-6:45 PM (1 class)
Res \$15, Non-Res \$17

Small Group Training

Ages: 55 years and over
Personal training but with a few other people! Exercises tailored specifically towards your needs and goals by a trainer specializing in ages 55+. Personalized attention, modifications, progressions and safety for improving core, upper body and lower body strength, balance and mobility. All fitness levels welcome. Chairs available for seated and/or standing support.

Instructor: Alyssa Ziolk
Location: PCC

Dates: **Code: 442801-A** Tu., 9/15-10/13 1:00-1:50 PM (5 classes)
Res \$150, Non-Res \$160
Code: 442801-B Tu., 10/20-11/17 1:00-1:50 PM (5 classes)
Res \$150, Non-Res \$160
Code: 442801-C Tu., 12/1-1/12 (ex. 12/22, 12/29) 1:00-1:50 PM (5 classes)
Res \$150, Non-Res \$160
Code: 442801-D Th., 9/17-10/15 1:00-1:50 PM (5 classes)
Res \$150, Non-Res \$160
Code: 442801-E Th., 10/22-11/19 (ex. 11/12) 1:00-1:50 PM (4 classes)
Res \$120, Non-Res \$130
Code: 442801-F Th., 12/3-1/14 (ex. 12/24, 12/31) 1:00-1:50 PM (5 classes)
Res \$150, Non-Res \$160

Stop Entertaining, Start Connecting: Fixing Common Mistakes Parents Make During Play

Ages: 18 years and over
Many parents accidentally miss opportunities to connect during play, unintentionally over-managing the moment or interrupting their child's creative expression. Join us to learn 2 transformational play therapy strategies to boost your child's confidence and deepen your connection. Led by child psychologist Dr. Annie Brennan of Adapt Psychological Services.

Instructor: Dr. Annie Brennan
Location: PCC

Date: **Code: 445957-A** W., 9/23 6:00-7:00 PM (1 class) No charge

NEW!! Stop the Spiral: Simple Ways to Overcome Negative Thoughts

Ages: 18 years and over
We all know how exhausting it is to get trapped in a loop of overanalyzing, catastrophizing, or excessive negative self-talk. This interactive workshop offers practical, research-backed tools to help you interrupt those negative thought spirals and get back to living your life. Led by Dr. David Keiling of Adapt Psychological Services.

Instructor: Dr. David Keiling
Location: PCC

Date: **Code: 446887-A** M., 10/19 6:00-7:00 PM (1 class) No charge

TAEKWONDO

Advanced Taekwondo – Blue Belt Up

Ages: 9 years and over
Advancing in Taekwondo, students that are blue belt and above enhance skills for earning black belt and beyond. Martial art skills include self-defense, forms, sparring and technical training. Facebook "Rochester Taekwondo Club".

Instructors: Rochester Taekwondo Club
Dates: **Code: 445847-D** Th. & Sat., 9/17-1/16 (ex. 10/8, 10/10, 11/21, 11/26, 11/28, 12/24, 12/26, 12/31, 1/2) 6:30-7:30 PM (Th.) & 10:00-10:45 AM (Sat.) (27 classes) Res \$162, Non-Res \$172

Family Taekwondo

Ages: 8 years and over
Taekwondo presented in a family setting allowing both youth and adults to learn self-defense, physical fitness, sparring and forms. A safe, controlled environment. www.taekwondoclub.org.

Instructors: Rochester Taekwondo Club
Location: PCC

Dates: **Code: 445847-A** Th. & Sat., 9/17-1/16 (ex. 10/8, 10/10, 11/21, 11/26, 11/28, 12/24, 12/26, 12/31, 1/2) 6:30-7:30 PM (Th.) & 9:15-10:00 AM (Sat.) (27 classes) Res \$162, Non-Res \$172

Women's Self Defense - Taekwondo

Ages: 18 years and over
Young ladies and women are introduced to the basics of self-defense to provide introduction to responding to hostile situations. No experience required. Self-protection strategies specifically for women and basic techniques. Learn to DEFEND YOURSELF!

Instructors: Rochester Taekwondo Club
Location: PCC

Dates: **Code: 445847-H** Sat., 10/17-10/31 11:00-11:50 AM (3 classes)
Res \$15, Non-Res \$17

Tai Chi (Yang Style)

Ages: 18 years and over
Tai Chi Long Form contains a total of 108 moves and is divided into three sections which makes it easier to learn. Each section builds on techniques learned previously. Tai Chi is excellent for improving balance and relaxation. Although based on martial arts, we simply just teach the exercise. Tai Chi is low impact and puts minimal stress on muscles and joints.

Instructor: Binh N Tran
Location: PCC

Dates: **Code: 445855-A** Sat., 9/19-1/16 (ex. 11/21) 9:00-10:30 AM (17 classes) Res \$136, Non-Res \$146



ADULT PROGRAMS



Teen and Adult Learn to Skate

Ages: 13 years and over
Class is based on the highly successful basic skills program developed by Learn to Skate USA. The beginning ice-skating program is fun, challenging and rewarding class serves the needs of the recreational and the aspiring competitive figure skater and a strong foundation for hockey players. An additional \$22 fee for USFS LTS registration. Skate rental available for an additional fee.

Instructor: Pamela Warren
Location: Paul Louis Ice Arena, 1 Boys Club Place, Rochester
Dates: **Code: 435824-C** Sun., 10/4-11/1 1:00-1:50 PM (5 classes) Res \$150, Non-Res \$160
Code: 435824-CC Sun., 11/8-12/13 (ex. 11/29) 1:00-1:50 PM (5 classes) Res \$150, Non-Res \$160
Code: 435824-CCC Sun., 1/10-2/14 1:00-1:50 PM (6 classes) Res \$180, Non-Res \$190

Traveler's Spanish

Ages: 18 years and over
Make your next trip unforgettable! Learn essential Spanish and travel-ready vocabulary to connect with locals, navigate new places, and handle everyday situations with ease. Perfect for beginners and casual learners, or a refresher. This fun, practical course is taught by a native speaker and designed for real-world travel needed - including some of those life's little emergencies! Speak with confidence. Travel smarter, not just farther. Enjoy deeper cultural experiences. This course has two parts and is designed for curious travelers who want more than just sightseeing - it's about meaningful experiences.

Instructor: Zoom Into Spanish - Lourdes de la Colina
Location: PCC
Dates: **Part 1**
Code: 432880-A Th., 10/8-11/5 5:00-5:55 PM (5 classes) Res \$129, Non-Res \$139
Part 2
Code: 432880-B F., 10/9-11/20 (ex. 11/6, 11/13) 12:15-1:10 PM (5 classes) Res \$129, Non-Res \$139

Weights for Wellbeing: Strength Training as Self-Care for Women

Ages: 15 years and over
Discover why lifting weights is one of the best investments you can make for both your mental and physical health, and how to get started. Led by Dr. Vanessa Komarek, Licensed Psychologist and Certified Personal Trainer of Adapt Psychological Services.

Instructor: Dr. Vanessa Komarek
Location: PCC
Date: **Code: 445959-A** Tu., 10/6 6:00-7:00 PM (1 class) No charge

Western Riding for All Ages

Ages: 8 years and over
Taught by a certified Western Trainer, this program is great for anyone who would like to learn how to ride a gentle western trained horse. You will learn basic maneuvers, correct body position, and neck reining at a walk and trot.

Instructors: JLD Trainers
Location: JLD Equine, 1942 Turk Hill Road
Dates: **Code: 445753-A** M., 9/14-10/5 4:00-5:00 PM (4 classes) Res \$240, Non-Res \$250
Code: 445753-B M., 10/12-11/2 4:00-5:00 PM (4 classes) Res \$240, Non-Res \$250
Code: 445753-C M., 11/9-11/30 4:00-5:00 PM (4 classes) Res \$240, Non-Res \$250
Code: 445753-D M., 12/7-12/21 4:00-5:00 PM (3 classes) Res \$180, Non-Res \$190



NEW!! Your Skin, Only Better

Ages: 18 years and over
Foundation isn't about covering up who you are - it's about helping your skin look its best and protecting it from the environment. Learn how a few seconds each morning can help minimize redness, uneven skin tone, dark circles and signs of fatigue while still looking completely natural.

Instructor: Colleen Beckwith
Location: PCC
Dates: **Code: 445964-A** M., 9/21 11:00 AM-12:00 PM (1 class) Res \$5, Non-Res \$6
Code: 445964-B M., 9/21 7:00-8:00 PM (1 class) Res \$5, Non-Res \$6

Adult Arts & Crafts and Cooking

Register early to avoid program cancellation due to low enrollment.

REFUNDS FOR ARTS AND CRAFTS CLASSES: Refunds must be requested a minimum of 7 days in advance of the class, no refunds will be given otherwise. Supplies must be picked up within 7 days after the class.

NEW!! *Autumn Leaves on Canvas*

Ages: 15 years and over
Create a beautiful fall-inspired canvas with bright, colorful leaves set against a fresh background of soft neutrals, light grays, and a touch of blue. This acrylic painting class is beginner-friendly, relaxing, and a great way to enjoy the season creatively. No experience necessary!

Instructor: Lesley Shakespeare
Location: PCC
Date: **Code: 446891-A** Th., 10/15 6:00-8:30 PM (1 class)
Res \$45, Non-Res \$50



Beginner Wood Turning Workshop

Ages: 12 years and over
This is a hands-on class for folks with little or no prior experience with wood turning where you will learn the fundamentals of wood turning on a lathe, including safety, sharpening, machine use, and tool handling. Machines, materials and tools will be provided. It is anticipated that participants will complete a finished turned bowl during the workshop.

Instructors: Finger Lakes Wood Turning Association
Location: Finger Lakes Wood Turning Shop, St. Michael's Woodshop, 691 St. Paul Street, Rochester
Dates: **Code: 445879-A** Sat., 10/10 9:00 AM-1:00 PM (1 class)
Res \$45, Non-Res \$50
Code: 445879-B Sat., 1/9 9:00 AM-1:00 PM (1 class)
Res \$45, Non-Res \$50

Beginning Drawing

Ages: 18 years and over
A beginning drawing course for those who have never drawn before, but have always wanted to. You will learn the fundamentals of illustration, from basic shapes to complex imagery as you unlock the artist from within.

Instructor: Brian Petty
Location: PCC
Dates: **Code: 442873-A** M., 9/14-10/5 6:00-8:00 PM (4 classes)
Res \$75, Non-Res \$83
Code: 442873-B M., 10/26-11/16 6:00-8:00 PM (4 classes)
Res \$75, Non-Res \$83



Beginning Watercolor

Ages: 18 years and over
Have you always wanted to paint, but weren't sure where to begin? In this class, you will learn the fundamentals of watercolor painting. You will be taught lay out, composition color theory, and technique. Bring the world around you to life in beautiful, full color. Recommended prerequisite - Beginning Drawing class. Students will need to purchase own art supplies. See list on receipt.

Instructor: Brian Petty
Location: PCC
Dates: **Code: 444800-A** W., 10/7-10/28 6:00-8:00 PM (4 classes)
Res \$75, Non-Res \$83



ADULT ARTS & CRAFTS AND COOKING

NEW!! *Bring Your Own Tie Dye*

Ages: 8 years and over
Create a custom tie-dye shirt or hoodie! Students will create their own tie-dye shirt using traditional dye techniques. Shirts will need to cure for 24 hours before rinsing. Each student will leave with their dyed shirt, a take-home washout kit, supplies and instructions to complete the process at home. Or leave apparel at the studio and pick up two days later.

Instructor: Corey Bryant
Location: Canalside Jewelry and Art Studio, LLC, 1000 Turk Hill Road, Suite S
Dates: **T-Shirt**
Code: 446893-A Sun., 10/11 10:00 AM-12:00 PM (1 class)
Res \$35, Non-Res \$39
Code: 446893-B Sun., 11/8 10:00 AM-12:00 PM (1 class)
Res \$35, Non-Res \$39
Code: 446893-C Sun., 12/13 10:00 AM-12:00 PM (1 class)
Res \$35, Non-Res \$39
Hoodie
Code: 446893-AA Sun., 10/11 10:00 AM-12:00 PM (1 class)
Res \$40, Non-Res \$44
Code: 446893-BB Sun., 11/8 10:00 AM-12:00 PM (1 class)
Res \$40, Non-Res \$44
Code: 446893-CC Sun., 12/13 10:00 AM-12:00 PM (1 class)
Res \$40, Non-Res \$44

NEW!! *Crochet a Christmas Gnome*

Ages: 12 years and over
Join us to crochet a Christmas gnome! Perfect to gift or to keep as your own little holiday companion! You'll need 4 colors of medium weight yarn for the hands/nose, beard or braids, hat and body. Skills needed: single crochet. Skills learned: magic ring, reading crochet directions.

Instructor: Sharilyn Ross
Location: PCC
Dates: **Code: 422804-M** M., 11/2-11/30 (ex. 11/23) 6:00-7:00 PM (4 classes) Res \$40, Non-Res \$44

NEW!! *Crochet a Cute Little Monster*

Ages: 12 years and over
Just in time for Halloween! Join us to crochet a totally cute little monster friend. Please bring medium weight yarn in your monster's color and a US G hook. Skills needed: Single crochet. Skills learned: magic ring, crochet shapes and reading crochet directions.

Instructor: Sharilyn Ross
Location: PCC
Dates: **Code: 422804-L** M., 10/5-10/26 (ex. 10/12) 6:00-7:00 PM (3 classes) Res \$30, Non-Res \$33

Drop-In Art

Ages: 18 years and over
This class is full of inspiration, fun and friends! A wide variety of mediums are represented including watercolors, water based oils, acrylics, pastels, pen and pencil, markers, charcoal and collage. While formal instruction is not provided, participants share their experience and knowledge while providing assistance, advice and encouragement.

Instructors: Ann Hallick & John Tolley
Location: PCC
Dates: **Code: 442830-A** W., 9/16-1/13 1:00-3:30 PM (18 classes)
Res \$22, Non-Res \$24

Drop-In Art II

Ages: 18 years and over
This class is filled with inspiration, fun and friends! Create your own masterpieces using ink, pastels, pencils, watercolors, water-based oils or acrylics. While formal instruction is not provided, members who share their knowledge and provide assistance and advice are encouraged.

Instructors: Bill Ebersbach & Ginny Dormer
Location: PCC
Dates: **Code: 442830-AA** Th., 9/17-1/14 (ex. 11/26, 12/24, 12/31) 9:30-11:30 AM (15 classes) Res \$22, Non-Res \$24

NEW!! *Fall Birches on Canvas*

Ages: 15 years and over
Create a beautiful acrylic painting featuring vibrant fall leaves against white birch trees. No experience is needed. Lesley will guide you step-by-step and show you how the right brushes can make all the difference. Acrylic on canvas.

Instructor: Lesley Shakespeare
Location: PCC
Date: **Code: 446890-A** Th., 11/12 6:00-8:30 PM (1 class) Res \$70, Non-Res \$77



NEW!! *Fall Wreaths*

Ages: 18 years and over
Join Toi Clawson of Women Create Weekly to explore unusual shapes for Fall wreaths. We'll explore how to paint transparent seed pods, pumpkin weeds and host of nature's surprises. Enjoy the beauty of the season through creating your own unique Fall wreaths. This class is for intermediate skill level.

Instructor: Toi Clawson
Location: PCC
Dates: **Code: 446896-A** M., 10/19-11/9 6:00-8:00 PM (4 classes) Res \$70, Non-Res \$77

Learn to Crochet

Ages: 12 years and over
Crochet is back! It's all over the socials, craft magazines and fashion! This class is for anyone who would like to learn to crochet or re-learn if it has been a while. Relax and enjoy while we learn the basic stitches (chain, single crochet, double crochet) and how to make a granny square. Please bring size J crochet hook and medium weight yarn to the first class.

Instructor: Sharilyn Ross
Location: PCC
Dates: **Code: 422804-A** M., 9/14-9/28 6:00-7:00 PM (3 classes) Res \$30, Non-Res \$33

NEW!! *Life Journaling with Toi Clawson*

Ages: 18 years and over
Join Toi Clawson to begin a practice of creating ART every day. Through use of a Sketchbook, we'll explore ways to capture small moments and enrich our memories through Watercolor. Designed for intermediate level and above, we will be sketching and applying watercolor to some of our drawings. We'll also see examples of other artists' ART Journals. New to journaling? Join us!

Instructor: Toi Clawson
Location: PCC
Dates: **Code: 446897-A** Tu., 10/6-11/10 1:00-3:00 PM (6 classes) Res \$92, Res \$101

NEW!! *Mini Ocean Paint Fluid Art*

Ages: 15 years and over
Create your own beautiful ocean-themed fluid art piece! No experience is needed, and there are no paint brushes or drawing required. Just mix, pour and watch your mini ocean come to life. Lesley will guide you step by step through this fun and creative process.

Instructor: Lesley Shakespeare
Location: PCC
Date: **Code: 446889-A** Sun., 11/29 1:00-3:30 PM (1 class)
Res \$60, Non-Res \$66

NEW!! *Needles at Noon: Christmas Stocking*

Ages: 12 years and over
A hand knit Christmas stocking can add a special touch of cozy to your holiday décor! Learn new skills as we knit a traditional stocking in the round. You'll need a set of double pointing needles in US size 8 and 2 colors of medium weight yarn. Skills needed: knit and purl. Skills learned: knitting in the round.

Instructor: Sharilyn Ross
Location: PCC
Dates: **Code: 422804-N** Tu., 10/13-11/3 12:00-1:00 PM (4 classes)
Res \$40, Non-Res \$44

Needles at Noon: Learn to Knit

Ages: 12 years and over
Come and join the worldwide community of knitters! This class is for anyone who would like to learn how to knit or re-learn if it has been a while. Take some time, bring a lunch and a friend and enjoy while we learn how to knit, purl, cast-on and cast-off. Please bring size 8 knitting needles and medium weight yarn to class.

Instructor: Sharilyn Ross
Location: PCC
Dates: **Code: 422804-B** Tu., 9/15-9/29 12:00-1:00 PM (3 classes)
Res \$30, Non-Res \$33

PM Drop In Art

Ages: 18 years and over
This class is filled with inspiration, fun and friends! Create your own masterpieces with any medium. While formal instruction is not provided, participants share their experience and encouraging advice with informal discussions.

Instructors: Laura Abbott & Stephanie Stussman
Location: PCC
Dates: **Code: 442830-AAA** M., 9/14-1/11 6:30-8:30 PM (18 classes)
Res \$22, Non-Res \$24

Project Help: Crochet or Knitting

Ages: 12 years and over
Do you need some help to get started or to work through a crochet or knitting project? Do you have a project in mind but are confused by the directions? This class is for you! Bring your yarn and pattern and the instructor will help you. You will have time to work on your project in class with the instructor instantly available to answer questions about directions, supplies and techniques.

Instructor: Sharilyn Ross
Location: PCC
Dates: **Code: 422804-F** Tu., 11/10-11/17 12:00-1:00 PM (2 classes)
Res \$20, Non-Res \$22

NEW!! *Sterling Silver Ring Date Night*

Ages: 16 years and over
Create a sterling ring to cherish. Students will cut, form, solder and polish their own 5mm wide sterling silver ring from start to finish. They will also get to explore different textures and finishes to make their ring personal and unique. This beginner-friendly class is perfect for couples, friends or anyone looking for a creative night out.

Instructor: Corey Bryant
Location: Canalside Jewelry and Art Studio, LLC, 1000 Turk Hill Road, Suite S
Dates: **Code: 446895-A** Sat., 10/10 6:00-8:30 PM (1 class)
Res \$125, Non-Res \$135
Code: 446895-B Sat., 11/14 6:00-8:30 PM (1 class)
Res \$125, Non-Res \$135
Code: 446895-C Sat., 12/12 6:00-8:30 PM (1 class)
Res \$125, Non-Res \$135

NEW!! *Three Ring Stacker Class*

Ages: 16 years and over
Make three sterling stacker rings. Students will cut, form, solder, and finish three 18g sterling silver stacker rings. Each ring can be finished differently, giving students the chance to experiment with texture, polish, and personal style while learning basic silversmithing skills.

Instructor: Corey Bryant
Location: Canalside Jewelry and Art Studio, LLC, 1000 Turk Hill Road, Suite S
Dates: **Code: 446894-A** M., 9/21 6:00-8:30 PM (1 class)
Res \$125, Non-Res \$135
Code: 446894-B M., 10/19 6:00-8:30 PM (1 class)
Res \$125, Non-Res \$135
Code: 446894-C M., 11/16 6:00-8:30 PM (1 class)
Res \$125, Non-Res \$135
Code: 446894-D M., 12/21 6:00-8:30 PM (1 class)
Res \$125, Non-Res \$135

NEW!! *Whimsical Cards in Watercolor*

Ages: 18 years and over
Join Toi Clawson of Women Create Weekly for some fun card-making. We'll create 4-6 designs using themes of birds, hearts, ribbons and flowers. Adding funky letters can make each card a treasure! Bring whatever watercolors and brushes you have; Toi will have supplies for the first class - and beginners are welcome!

Instructor: Toi Clawson
Location: PCC
Dates: **Code: 446898-A** Tu., 9/22-10/13 10:00 AM-12:00 PM (4 classes)
Res \$70, Non-Res \$77



PERINTON



Office Hours

Monday through Friday

7:30 am – 3:30 pm

Phone: (585) 223-1617

www.perinton.org

Diane Gibson – 55+ Program Supervisor

Maggie Monsen – Office Clerk

Retired Men's Club Monthly Meeting

First Tuesday of the Month
10:00 AM

Retired Women's Club Monthly Meeting

Third Tuesday of the month
2:00 PM

55+ Couples Group Monthly Meeting

Third Monday of the month
6:00 PM



Offering the Highest Quality of Aquatic &
Land Therapy Exercises

Don't wait to start feeling better!

Direct Access / No Prescription Or Referral Necessary
Call 364-0136 to schedule and appointment or stop in
Room #211

HOURS:

Mon – Thurs: 7am–7pm / Fri: 8am–2pm
Closed Saturday & Sunday

**Monthly educational presentations on the
third Wednesday of the month!**

CURBSIDE TO-GO

We are serving hot, homemade, delicious
lunches every week (Tuesday through
Friday)!



A new menu is published weekly on our
social media pages, Town Website, and
via email through our 55+ E-newsletter
subscription.

A discount is applied for ordering all four
days. In addition to the daily special,
Chef Joe Brophy prepares homemade
soups, sandwiches, and salads. These are
available as an add-on to any meal, or
solo.

Call our office for more information!



PERINTON AMBULANCE

Blood Pressure Checks

Scheduled Tuesdays & Wednesdays
of the month
9am – 11am

Check 55+ Newsletter for Details

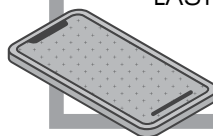
TECH CLASSES

On the last Wednesday of every month, join
our instructor, Daniel Jones, who will make
tech gadgets easy to understand and use.
From iPads to apps. enjoy benefits of the
latest technologies through these classes.

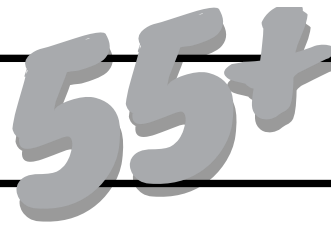
LAST WEDNESDAY EVERY MONTH!

1:00 – 2:30 PM

Registration Required



PERINTON



Community Room Games Schedule

Mondays

Mah Jongg - 11:00 AM

Bingo - 1:00 PM



Tuesdays

Mah Jongg - 9:30 AM

Euchre - 12:30 PM

Pinochle - 3:00 PM



Wednesdays

Bridge - 12:45 PM



Thursdays

Mah Jongg - 9:30 AM, 1:00 PM

Hand & Foot - 12:30 PM

Pinochle - 2:00 PM



Fridays

Pokeno! - 1:00pm

Board Games - 1:00 PM

(Observation Deck - Bill attends the first meeting every month)



55+ E-NEWSLETTER

The best way to stay informed about all scheduled programming is to subscribe to the 55+ E-NEWSLETTER.

Every Wednesday evening, you'll receive the following week's Curbside Lunch menus along with information about all other scheduled events, trips and local happenings. Call 223-1617 or register on the Town's website under
55+ > NEWSLETTERS

SENIOR CHORUS



Do you like to sing?

Make new friends, share your talent, join the Perinton Senior Chorus!
The choir meets at 2:00pm on Tuesdays at the PCC (Room 204 A/B) and performs seasonally for senior living communities, nursing homes, and various senior groups.

Visit the 55+ Community Room or call 223-1617 for more information.

55+ FITNESS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00 - Kristi Tai-Yo Room 204 A/B	8:30 - Karen Classic Room 204 A/B	8:00 - Lin Circuit Room 204 A/B	8:30 - Denise B Classic Room 204 A/B	8:00 - Karen Bone Builder Class Aerobics Room
9:00 - Andie Yoga Room 204 A/B	8:30 am - Bonnie Yoga Aerobics Room	8:00 - Joween Step Interval Aerobics Room	8:30 - Karen Experience Aerobics Room	8:00 - Joween Yoga Room 204 A/B
9:00 - Marjory Total Body Aqua Size (Water in Motion) Lap Pool	8:35 - Marsha Young Aqua Fit Lap Pool	★ 8:00 - Kristi Core Room 208B	★ 8:30 - Bonnie Yoga Room 208B	9:00 - Marjory Total Body Aqua Size (Water in Motion) Lap Pool
9:00 - Kristi Zumba Gold Light Aerobics Room	9:30 - Karen Circuit Room 204 A/B	9:00 - Lin Yoga Room 204 A/B	9:30 - Denise DP Experience Room 204 A/B	9:00 - Karen Circuit Aerobics Room
★ 9:00 - Denise B Stretch Room 208B	9:30 - Bonnie Zumba Gold Aerobics Room	9:00 - Joween CardioFit Aerobics Room	9:30 - Bonnie Zumba Gold Aerobics Room	9:00 - Joween CardioFit Room 204 A/B
10:00 - Kristi Classic Room 204 A/B	9:30 - Marsha Young AQUA ENDURANCE Current Channel	9:00 - Kristi Back to Basics Room 208B	9:30 - Marsha Young Aqua Endurance Current Channel	10:00 - Marjory Let's Get Moving Lap Pool
10:00 - Andie Classic Room 208B	10:30 - Lin Classic Room 204 A/B	10:00am - Joween Yoga Aerobics Room	10:30 - Denise B Bone Builder Class Aerobics Room	10:00 - Joween Classic Room 204 A/B
10:00 - Denise DP Circuit Aerobics Room	10:30 - Kristi CardioFit Aerobics Room	10:00 - Kristi Classic Room 204 A/B	10:30 - Karen Classic Room 204 A/B	★ 10am Denise B Stretch Aerobics Room
10:00 - Marjory CIRCLE AQUA VOLLEY BEACH BALL Lap Pool	10:30 - Marsha Young Aqua Circuit Current Channel	10:00 - Marjory Let's Get Moving Lap Pool	★ 10:30 - Denise DP Circuit 208B	12:15 - Marcie B. SHA-DEEP Lap Pool
11:00 - Kristi Zumba Gold Room 204 A/B	11:30 - Lin Yoga Room 204 A/B	11:00 - Kristi Zumba Gold Room 204 A/B	10:30 - Marsha Young Aqua Circuit Current Channel	
11:00 - Denise DP Booty Barre Aerobics Room	11:30 - Kristi Classic Aerobics Room	★ 11:00 Joween Classic Aerobics Room	11:30 - Denise DP Booty Barre Aerobics Room	
12:00 - Denise DP Cardio Kickboxing Aerobics Room		12:00 pm - Kristi Silent Movement & Meditation Room 208B	11:30 - Lin Yoga Room 204 A/B	

SAMPLE ONLY



New Class Added

Classes are subjected to change or cancel up to day of

Instructors subject to change

You must reserve your space in class on the Acuity website.

Scan me with your smart phone to go to the reservation website!



SilverSneakers FITNESS

Silver&Fit **RenewActive**
by UnitedHealthcare

55+ FITNESS CLASS DESCRIPTIONS

Classic

Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement, and activity for daily living skills. Hand-held weights, elastic bands, and a ball are offered for resistance. A chair is used for seated and/or standing support. Class time: 45 minutes

Circuit

Combine fun and fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper body strength work using hand-held weight, elastic bands, and a ball is alternated with non-impact aerobics choreography. A chair is offered for support, head to toe stretching and complete relaxation in a comfortable position. Class time: 45 minutes

CardioFit

Get up and go with an aerobics class for you; safe, heart-healthy and gentle on the joints. The workout includes easy-to-follow low or high/low impact movement, and upper-body strength, core conditioning, stretching and relaxation exercises designed to energize your active lifestyle. May incorporate floorwork. Class time: 45 minutes

Yoga

Yoga will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and a final relaxation will promote stress reduction and mental clarity. Class time: 45 minutes

Bone Builder

Activate your muscles to build stronger bones in this fun, strength-training class. The class consists of short, intense, cardio- segments with alternating , slower-paced, weight-bearing exercises. The goal is to increase our muscle strength to increase our bones as they respond to increased forces applied to them. Total time: 45 minutes

Tai-Yo

This class is a combination of Ti-Chi and modified yoga. Gentle stretching and movement as nature intended. No forceful movements and low impact. Reinforcing balance, smooth movement, and graceful transitions in movement. Total time: 45 minutes

Silent Movement & Meditation

Low impact. Fascia stretching to help your stiffness. Gentle stretch, calm and flow movement allows your connective tissue to relax and expand slowly. Find the balance you need while strengthening your muscles. We'll work on improving balance and the range of motion you are comfortable with. Build confidence in your movement. Class time: 45 minutes

Zumba Gold

Active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower intensity. Choreography focuses on balance, range of motion, and coordination. Class focuses on cardiovascular, muscular conditioning, flexibility and balance. Class time: 45 minutes

Cardio Kickboxing

A cardio fit workout class that integrates cardio kickboxing moves with cardio fitness moves. Learn the basic punch anatomy - the jab, cross, hook, uppercut and front and back kicks. **Traditional kickboxing moves have been modified for the active senior lifestyle - heart healthy and gentle on the joints.** Great for strength, agility and endurance. The warm up and cool down will utilize Silver Sneakers Ener-Chi moves. Class time: 45 minutes

Experience

For moderately active older adults who exercise in some way, one to two days per week. The class is designed to increase the participant's flexibility, joint stability, dynamic balance, coordination, agility, reaction-time, muscular strength, and cardiovascular endurance. Class time: 45 minutes.

Step Interval Class

A circuit style class incorporating basic patterns stepping up & down on a platform alternated with strengthening work using weights & tubing. This fun filled class will help to increase your cardio strength & endurance while burning calories, increasing lean body mass, strengthening your heart & lungs and helping to improve/maintain bone density. This class will accommodate various fitness levels. Participants must have appropriate balance skills. It is a low impact class with the option of using occasional power moves. You choose the height of your step. 45 minutes

Booty Barre

Come get body changing results in a low to no impact workout for all fitness levels! Barre incorporates flexibility and strengthening moves in all three planes of motion. Barre signature sequencing is great for body alignment, core stability and joint mobility. Glider discs and body bars will also be used. Strengthening floor work completes our workout (alternative moves to floor work will be offered). Class time: 45 minutes

Stretch

Renew yourself as you work on total body flexibility, relaxation, and deep breathing. The class consists of relaxing music with stretches starting from the neck and working down the body. We begin with standing stretches and eventually lying on the floor. No forceful stretching, as everyone proceeds at their own ability. The goal here is to gradually increase range of motion in the joints and keep the muscles flexible, strong, and healthy. A chair will be offered for anyone wishing the support, and mats are available or you are welcome to bring your own. The class will end with diaphragmatic breathing to lower blood pressure, increase oxygen in the blood, and lower the heart rate. Class time: 45 min

Core

Core training can improve stability, balance, posture and it enhances performance of everyday tasks easier by stabilizing the spine and pelvis to transfer force effectively between the upper and lower body. We'll target and work our core utilizing low impact exercise on the floor and chairs. You'll need to bring a yoga mat.

Back to Basics

Our lowest impact class. Gentle and slow movement throughout the class. Participants will work within their own range of motion. Low impact to help with maintaining flexibility & to prevent stiffness. Work in a calm and peaceful atmosphere.

Aqua Fit

Aqua Fit provides a well-rounded workout that includes cardio, strength, balance, and flexibility. Be prepared to move the entire class; all levels benefit from this fun and challenging music-based water class. Class time: 45 minutes

Water in Motion

Groundbreaking aqua exercise workout that provides a low impact, high-energy challenge for participants of all ages, skill, and fitness. With land equivalent intensity, enjoy the pure fun of this 55-minute water extravaganza. Class time: 55 minutes

Let's Get Moving

Low impact! Water moves to strengthen your muscles and improve range of motion. Challenge yourself with buoys, bands, barbells, and other water equipment using the resistance of the water. Class time: 55 minutes

Circle Aqua Volley Beach Ball

Exercise your muscles, jump, reach, laugh and improve your reflexes. **Not actual volleyball.*

Aqua Endurance

The current channel provides unique resistance, endurance and balance, challenges while improving strength, stamina and posture

Aqua Circuit

This class will include a combination of cardio and strengthening workouts as well as balance and flexibility exercises, using the current channel and slide area when available.

She-Deep

This 45-minute class will begin with a brief warm up followed by high-intensity intervals to give you a challenging workout! Shallow or deep - it's your choice!

Members of SilverSneakers, Silver&Fit, and Renew Active qualify for ALL of the classes (FREE). 55+ non-members of SilverSneakers/Silver&Fit/Renew Active pay a \$5.25 Drop-In Fee or you may purchase a 10-class pass for \$45.00 or an unlimited monthly class pass for \$50.00. Schedule is subject to change. Call 223-1617 with questions. **You must reserve your space in class on the Acuity website.** Visit www.perinton.org and click on "PCC Schedules." These classes are found under "55+ Fitness Classes."

You must reserve your space in class on the Acuity website.



REGISTRATION INFORMATION

Perinton Recreation and Parks Department EARLY DROP OFF/LATE PICK UP POLICY

The Perinton Recreation and Parks Department offers a wide variety of programs for youth. Parents and/or guardians are requested to drop off and pick up their children at the specified program time listed in the program brochure and on the registration receipts.

Children are not allowed to be dropped off early or picked up late without expressed permission from the program supervisor or recreation administrative staff.

A late fee will be assessed to any participant(s) who do not abide by this policy. A verbal or written warning will be given for the first offense. A second offense will result in the assessing of a late fee of \$10 for each 15-minute period (or part thereof). This fee must be paid before the participant is allowed to continue participating in the activity. We incur additional costs for staff salaries and benefits when children are left in our care before or beyond the designated program time.

Emergency situations should be discussed with the program supervisor or recreation administrative staff. If you should have any questions, contact us at 223-5050. Thank you.

REFUND POLICY

A refund for any reason will be given only if applied for at least seven calendar days prior to the start date of the program. Refunds after this period will be given on a pro-rated basis and only when accompanied by a signed doctor's certificate indicating an inability to participate, or appropriate documentation evidencing personal emergency or hardship. A \$7.00 processing fee, per participant, per program, will be charged for all refunds. A \$7.00 fee will be charged for each participant transfer request. Program cancellation and transfer requests must be made in writing, and request forms are available at the Community Center reception desk or online at www.perinton.gov. If the program is cancelled by our department, a full refund will be given, and no processing fee will be assessed. We depend on school facilities for several programs. When school access is cancelled, our programs still incur expenses. Program refunds will not be given when there are emergency school cancellations that require us to cancel short term, school-based programs.

PROGRAM INCLUSION

We will make every effort to provide accessibility and a positive experience for all individuals in our programs. Should you or your child have accommodation requests, please contact Kelly Attridge, Inclusion Coordinator (kattridge@perinton.gov). More information on program and facility accessibility can be found on our website following this QR code:



FINANCIAL SCHOLARSHIPS

Through the Perinton Pride Fund, we provide partial or full scholarships for programs and services based on family size and income. The application process requires completion and submittal of a brief form which will be reviewed by our staff. Please submit requests as soon as possible to avoid delays. The form can be found on our website following this QR code:



FRIENDS OF
PERINTON
RECREATION AND PARKS

REGISTRATION INFORMATION

Residents – Registration begins M., August 24, 2026 at 10:00 AM

Non-Residents – Registration begins M., August 31, 2026 at 10:00 AM

REGISTRATION PROCEDURES

1. Complete the registration form.
2. Enclose the registration form and payment in an envelope.
 - List clearly alternate choice if first choice is not available.
 - If you are enrolled in your 2nd choice, you will not be put on the waitlist of your 1st choice.
 - If paying by check, separate checks requested for each program.
 - Make checks payable to: Perinton Recreation and Parks Department
 - A \$20 fee will be charged for all returned checks.
 - Acceptable forms of payment:

Credit Card



Cards, Check or Cash

Plan ahead. Save more.

A 3% processing fee now applies to all credit card transactions. This fee is charged by the credit card processor and is not retained by the Town. You can avoid added costs by paying with cash or check (no fee) or e-check (\$1.00 fee.)

3. Place the envelope in the Drop Box located at the main entrance to the Perinton Community Center.

OR

Mail your envelope to Perinton Recreation and Parks Department,
1350 Turk Hill Road, Fairport, NY 14450

- Placing CASH in the Drop Box or mail is not encouraged.

4. Registrations on WebTrac begin at 10:00 AM on 8/24 (Residents) and at 10:00 AM on 8/31 (Non-residents).

HOW REGISTRATIONS ARE PROCESSED

1. All registrations are taken from the Drop Box at 10:00 AM daily (M-F).
 - Any registrations placed in the Drop Box after 10:00 AM are processed the following day.
2. Registrations from the Drop Box and registrations from the daily mail are combined and processed randomly.
3. Receipts will be mailed to you once posting is complete.
4. Please review your receipt carefully.
 - If we cannot fill your request or alternate, you will be placed on a Waiting List. This information appears on your receipt.

PLEASE NOTE:

- Classes have minimum and maximum numbers.
- The department reserves the right to cancel classes that do not meet the minimum number of registrants.
- Registrants are not allowed to substitute anyone in their place.

PLEASE READ THE REFUND POLICY:

- All refund requests must be made to Perinton Recreation and Parks in writing.
- Refunds are processed at the end of the month.

PLEASE RETURN COMPLETE REGISTRATION SHEET (FULL PAGE)

HOUSEHOLD INFORMATION

NAME _____ (Adult's first and last name)	NAME _____ (Adult's first and last name)
ADDRESS _____	ADDRESS _____
HOME # _____ WORK # _____	HOME # _____ WORK # _____
EMERGENCY # _____ CELL# _____	EMERGENCY # _____ CELL# _____
E-MAIL _____	E-MAIL _____

RELEASE: I hereby release the Perinton Recreation and Parks Department and any of its staff from any responsibility or liability in connection with this activity. I give permission to a licensed physician or other hospital staff members to carry out emergency medical care deemed necessary to myself/child/ward when normal permission is unavailable. I certify that I am in good physical health and have no limitations other than those I have listed below which may predispose me to risk during this program. I also fully realize that I must provide proper hospitalization. The Town of Perinton does not provide accident insurance coverage. I have read and understand the department's refund policy. In the event a refund is granted for myself or my child for whatever reason with the stated activity, I do hereby authorize the Town of Perinton to execute a refund voucher on my behalf and submit for payment under the terms and conditions set forth in the Town of Perinton refund and registration policy.

Statement of current medical conditions, allergies or medications: _____

We want to make your (your child's) experience positive and successful. Please list any additional needs that we should be aware of such as sensory, physical, communication or other: _____

Our Inclusion Coordinator, Kelly Attridge (kattridge@perinton.gov), is looking forward to discussing specific accommodations with you.

Program scholarships are available through the Perinton Pride Fund. Visit the [recreation program page](#) on Town website or inquire within.

Photographs may be taken of recreation programs and used in Recreation Dept. brochure. Initial here if you do NOT want photos of those listed on this form, used in this manner: _____

REFUND POLICY: A refund for any reason will be given only if applied for at least seven calendar days prior to the starting date of the program. Refunds after this period will be given on a pro-rated basis and only when accompanied by a signed doctor's certificate indicating inability to participate, or appropriate documentation evidencing personal emergency or hardship. A \$7.00 processing fee, per participant, per program will be charged for all refunds. A \$7.00 processing fee will be charged for each participant program transfer request. Program cancellation and transfer requests must be made in writing, and request forms are available at the Community Center reception desk, or on line at www.perinton.gov. If the program is canceled by our department, a full refund will be given and no processing fee will be assessed. We depend on school facilities for several programs. When school access is cancelled, our programs still incur expenses. Program refunds will not be given when there are emergency school cancellations that require us to cancel short term, school-based programs.

SIGNATURE REQUIRED: X

Date _____

Registrant (Parent or Guardian if under 18)

Participant Name	Grade	Birth Date	Sex	Class Code	Program Name	Fee	2 nd Choice Code

Total Amount: \$ _____

* Check here if you would NOT like your

receipt emailed: _____ (Checks Payable to Perinton Recreation & Parks Department)

INDICATE METHOD OF PAYMENT: CASH _____ CHECK* _____    

NAME AS IT APPEARS ON CARD _____

CREDIT CARD NO. _____ EXPIRATION DATE _____ AMOUNT _____

SIGNATURE OF CARD HOLDER _____

Receipt # _____ (for office use only)

*Separate checks required for each program

GENERAL INFORMATION

Gift Certificates

Available in any monetary designation. Redeemable for all programs and facility use. Non-resident restrictions still apply.

Volunteering

Volunteer opportunities are available in several areas, including preschool and youth programs, sports, senior citizen and adult programs, and special events. If you have a desire to share your time and talent, please call 223-5050 for a volunteer application.

Part-Time Positions

Looking for a unique part-time opportunity? Perinton Recreation and Parks is looking for dynamic leaders to develop and instruct their own programs for all ages and interests. Call 223-5050 for more information.

ASSET BUILDING IN OUR COMMUNITY

The Healthy Communities, Healthy Youth Initiative focuses on building 40 developmental assets that are critical for a young person's successful growth and development. These assets are positive experiences, opportunities and personal qualities that all youth need to be responsible, successful and caring. Because of the powerful impact of assets, young people who experience the most developmental assets are least likely to engage in problem behaviors and most likely to thrive.



The Fairport-Perinton Chemical Prevention Advisory Council (CPAC) is a working partnership among families, schools, students, community groups, governmental agencies and law enforcement. We are committed to promoting wellness and healthy lifestyles while addressing issues surrounding alcohol and other drug use/abuse in our schools and community. CPAC's mission is to reduce the use of alcohol, tobacco and other drugs by our youth.

MISSION STATEMENT

The Perinton Recreation and Parks Department's mission is to provide safe and satisfying recreation programs, well maintained parks, and clean and comfortable leisure facilities. We are committed to providing valued services that enhance the quality of life of current and future residents.

Americans with Disabilities Act Compliance

The Town of Perinton Recreation and Parks Department offers programs for all residents regardless of differing abilities. If you have a question or concern about program accommodations, call us at 223-5050.

Fairport Central School District

A special thanks goes out to the Fairport Central School District and its staff for their cooperation, assistance and the use of school facilities for Perinton Recreation and Parks programs. The use of facilities at no cost helps us provide quality recreation programs at an affordable price.

INSURANCE INFORMATION

SilverSneakers

The Perinton Community Center is an authorized SilverSneaker facility. Bring in your MVP Gold card, and have access to the fitness area, the aquatic center, or take advantage of the SilverSneaker fitness classes that we offer. For more information, call MVP Member Services, or our 55+ Center at 223-1617. Plan subject to change.

Silver&Fit

The Perinton Community Center is an in-Network facility of Silver&Fit. Qualified members may be eligible to utilize the fitness area, aquatic center and group exercise classes (some restrictions apply).

TOWN OF PERINTON

Perinton Town Board

Jenn Townsend, Supervisor

Meredith Stockman-Broadbent

Michael Folino

Emily Mischler

Dave Masterson

Andrew G. Gilchrist, Town Clerk

Recreation and Parks Advisory Board

Al Chesonis, Chairperson

Amy Bender

Michael Coppola

Emily Chisholm-Gallagher

Paul M. Fioravanti

Jayne LaFay

James Unckless

Perinton Recreation and Parks Department

1350 Turk Hill Road, Fairport, New York 14450

Office Phone: 223-5050 • Office Fax: 223-4045

Office Open Monday – Friday, 9:00 AM-5:00 PM

Staff serving your recreation needs:

Jeff Nutting, CPRP – Commissioner of Recreation and Parks

Nick Berlin, CPRP – Recreation Director

Kelly Attridge – Assistant Recreation Director

Michael Clark – Senior Recreation Supervisor

Janelle Reed – Recreation Supervisor

Sydney Steele – Recreation Supervisor

Joe Kincaid – Recreation Supervisor

Laura Silins – Aquatics Recreation Supervisor

Sean Anne – Lifeguard Lieutenant

Emily Newsome – Aquatics Recreation Leader

Diane Gibson – 55+ Program Supervisor

Joe Brophy – Cook

Michelle Reus – Office Clerk

Maggie Monsen – Office Clerk

Rebecca Drumm – Office Clerk

Amy Kelley – Office Clerk

Scott Allen – Facility Manager

Mike Sozio – PCC Custodian

Jon Pitre – Building Attendant

Chris Dudley – Event Director

Dillon Dayton – Parks Foreman

Dan Frederes – Shop Mechanic

Rob Cooper – Ground Equipment Operator

Michael Lioudis – Ground Equipment Operator

Matt Loveless – Ground Equipment Operator

Noah Brown – Laborer

Ryan Fox – Laborer

Tanner Doyle – Laborer

Jakob Byron – Laborer

Renew Active

The Perinton Community Center is an authorized Renew Active facility. Access includes fitness classes, the fitness area and aquatic center. For more information, please call our 55+ Center at 223-1617.



KNOW BEFORE YOU GO: PERINTON COMMUNITY & AQUATIC CENTER PATRON CODE OF CONDUCT

At Perinton Recreation and Parks, we're committed to providing a safe, welcoming, and enjoyable experience for everyone who visits the Perinton Community & Aquatic Center.

To help ensure that all patrons, participants, staff, volunteers, and guests can enjoy our programs and facilities in a respectful environment, we've adopted a Patron Code of Conduct.

The Code of Conduct outlines expectations for respectful behavior, facility use, youth supervision, and safety, while also explaining how staff will respond when those expectations aren't met. These guidelines help create a positive experience for everyone who uses the Community Center.

We encourage all visitors to take a few moments to review the Code of Conduct before their next visit.

Thank you for helping us keep the Perinton Community Center a welcoming place for our entire community.

Perinton Community & Aquatics Center Patron Code of Conduct

The Perinton Recreation and Parks Department is committed to providing a safe, welcoming, inclusive, and respectful environment for all patrons, staff, and volunteers. This Code of Conduct establishes expectations for behavior and helps ensure that all individuals can enjoy the facility, programs, and services without interference or disruption.

Patron Expectations

All patrons are expected to:

- Treat others with courtesy, dignity, and respect.
- Follow the directions of Community Center staff and authorized personnel.
- Use facilities, equipment, and property responsibly and only for their intended purpose.
- Respect the rights of others to participate in programs and activities without disruption.

Prohibited Conduct

The following behaviors are prohibited within the Community Center and during Perinton Recreation and Parks sponsored activities:

Safety and Security

- Possession or use of illegal drugs, alcohol, or unauthorized weapons.
- Smoking, vaping, or use of any marijuana or tobacco products.
- Fighting, physical aggression, threatening behavior, or intimidation.

Respectful Behavior

- Harassment, bullying, discrimination, or abusive language.
- Profanity, obscene gestures, or inappropriate conduct.
- Disruptive behavior that interferes with programs, activities, or the enjoyment of others.
- Any other conduct deemed detrimental to the Community Center or to the experience, safety, or enjoyment of others.

Facility Use

- Vandalism, theft, or destruction of Community Center property.
- Entering restricted or staff-only areas without authorization.

Youth Supervision

No unaccompanied minors. Parents, guardians, and caregivers are responsible for the supervision and conduct of children in their care. Children must comply with Community Center rules and staff instructions.

Personal Property

Patrons are responsible for their personal belongings. The Community Center is not liable for lost, stolen, or damaged property. Unattended items may be removed if they pose a safety concern.

Enforcement

Town of Perinton staff are authorized to enforce this Code of Conduct. Depending on the nature and severity of the violation, consequences may include:

- Verbal warning, removal from the facility or activity, suspension of facility privileges, revocation of membership or program participation, or referral to law enforcement when appropriate.

Acknowledgment

By entering or participating in Community Center programs, patrons agree to comply with this Code of Conduct and all Community Center policies. Failure to do so may result in disciplinary action to protect the safety and enjoyment of all users.



**Perinton Recreation and
Parks Department**

1350 Turk Hill Road
Fairport, NY 14450

PRSRT STD
US Postage
PAID
Fairport, NY
Permit #262

PERINTON TOWN OFFICIALS

*Councilperson David Masterson, Councilperson Emily Mischler,
Councilperson Meredith Stockman-Broadbent, Councilperson Mike Folino,
Town Clerk Andrew Gilchrist, Town Supervisor Jenn Townsend (left to right)*

**ECRWSS
POSTAL PATRON**



Move Better. Feel Better. Live Better.

Conveniently located in Room #211

Conditions treated:

- Chronic Pain
- Orthopedic Injuries
- Pre & Post Surgical Rehab
- Sports Injuries

Services provided:

- Aquatic Therapy
- TPI Golf Rehab
- Vestibular Rehab

Call (585) 364-0136 or stop in our clinic
to set up your appointment today!

mvptny.com