



Slips, Trips and Falls

TOOLBOX TALK SERIES – INJURY PREVENTION

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These incidents are among the leading causes of workplace injuries, and they can happen in various environments, from wet work sites to uneven surfaces.

Why It Matters

Slips, trips, and falls can result in serious injuries, such as sprains, fractures, and even head trauma. Not only do these injuries impact your health, but they also affect our productivity and can lead to costly downtime and repairs.

Common Causes

1. Wet Surfaces:

- Spills or precipitation can create slippery conditions. Always be cautious in areas where the ground is wet or icy.

2. Uneven Terrain:

- Construction sites or outdoor work areas often have uneven ground or holes. Be aware of your surroundings and watch where you step.

3. Cluttered Work Areas:

- Tools, materials, and debris can create tripping hazards. Keep work areas clean and organized.

4. Improper Footwear:

- Wearing inappropriate shoes can increase the risk of slipping or tripping. Use work boots with good traction and support.



Prevention Tips

1. Maintain Awareness:

- Always stay alert to your surroundings and any changes in the work environment.

2. Clean Up Spills Immediately:

- If you notice a spill or wet area, clean it up or place warning signs until it's addressed.

3. Improve Lighting:



- Ensure that work areas are well-lit to help you see potential hazards.

4. Use Proper Footwear:

- Wear appropriate, slip-resistant footwear suited to the conditions of your worksite.

5. Inspect Your Work Area:

- Before starting work, check for any potential hazards such as uneven surfaces or clutter.

6. Report Hazards:

- If you spot a hazard that can't be immediately addressed, report it to your supervisor so it can be dealt with promptly.



Action Steps

1. Practice Awareness:

- Make it a habit to scan your path and work area for potential slip and trip hazards.

2. Communicate:

- If you encounter a hazard or experience a near-miss, communicate it with your team to prevent future incidents.

3. Follow Procedures:

- Always adhere to established safety procedures and use personal protective equipment as required.

Conclusion

By staying vigilant and proactive about slip, trip, and fall hazards, we can create a safer work environment for everyone. Let's all commit to keeping our work areas clean, using the right equipment, and reporting any hazards we encounter.

