



Perinton

Recreation & Parks

www.perinton.org



Registration Begins
Monday, March 24th at 10 AM

Town Supervisor's
Message Page 3

2025
Spring
Programs



JAMES E. SMITH CENTER

JAMES E. SMITH CENTER

1350 Turk Hill Road

Mon.-Fri. 6:00 AM-9:00 PM

Sat. 7:00 AM-7:00 PM

Sun. 9:00 AM-6:00 PM

Office: 223-5050

Fax: 223-4045

THE INDOOR TRACK

The Indoor Track is available to residents at no charge and non-residents for \$1. Simply sign in daily at the window by the track and please wear rubber soled shoes. The gymnasium and track are climate controlled for your comfort. The inside lane (1/17th mile) is for walkers and the outside lane (1/16th mile) is for runners.

THE FITNESS/WELLNESS CENTER

The Fitness/Wellness Center offers a fully equipped Cardio-Fitness Lobby and Strength-Resistance Room for participants at least 14 years old.

THE AQUATIC CENTER

The Aquatic Center features a 25-yard lap pool, leisure pool and whirlpool. The facility is totally enclosed for year-round use.

DROP-IN FITNESS CLASSES

Drop-In Fitness is offered for \$9.50 per class. Non-resident rate is \$10.50 per class. Check out our adult and teen fitness classes inside this brochure. **Only the classes on the Fitness pages are eligible for drop-in rates.**

PASS FEES

Upon purchase or renewal of your pass, you will be issued a photo ID card to be used as your pass. Under this procedure, a separate pass will be required for each pass holder. LOST PASS REPLACEMENT FEE - \$10.

ROOMS AND GYM FOR RENT

An ideal location for family parties, birthday parties, showers, reunions, business meetings or informational seminars. We also offer group rate discounts for swim parties tied to room rentals. For information, contact Joe Kincaid at 223-5050 or jkincaid@perinton.org.

POOL BIRTHDAY PARTIES

Birthday parties are now available to be booked online! Visit us on WebTrac and search keyword "Splash" for available dates and times. Please note, rooms and time slots are not able to be changed. The first hour of the party time slot is spent in the pool and the second hour is spent in the room. Parties are limited to 25 people. Additional party bookings need to be made for any parties over 25 people, and time slots remain as listed. Parties are \$200/resident and \$250/non-resident. Must be paid in full at time of booking and must have an active WebTrac account to book.

GYM DROP-IN PROGRAMS

Drop-In Programs are available for all ages. Admission is \$5.75 per person with proof of residency. Admission for non-residents is \$7.50. **All participants must show ID every time.** 10X stamp passes are available to residents (\$46.00) and non-residents (\$62.00). **For RESIDENTS, 14 years and over:** Show your monthly or 20 Visit Fitness Pass and get \$1.00 off your daily drop-in fee or half off your purchase of a new stamp pass. **All participants must still sign in at the registration desk for basketball/volleyball/pickleball/table tennis and/or fitness/aquatic area(s).**

DAILY FAMILY PASS FOR AQUATICS

(Perinton Residents)

2 Adults, 2 Children = \$18, \$3 each additional child

	RESIDENT						NON-RESIDENT			
	Child* (13/under)	Youth (14-18)	Adult (19-54)	Senior (55+)	College Student	Active Military	Child* (13/under)	Youth (14-18)	Adult (19-54)	Senior (55+)
Daily	\$4.75	\$5.25	\$7.50	\$5.25	\$5.25	\$5.25	\$7.00	\$8.00	\$12.00	\$8.00
Monthly	\$29.00	\$37.00	\$55.00	\$37.00	\$37.00	\$37.00	\$42.00	\$47.00	\$74.00	\$47.00
20 Visit	\$46.00	\$53.00	\$77.00	\$53.00	\$53.00	\$53.00	\$78.00	\$110.00	\$168.00	\$110.00
6 Month	\$147.00	\$179.00	\$278.00	\$179.00	\$179.00	\$179.00	\$189.00	\$236.00	\$347.00	\$236.00
12 Month	\$263.00	\$320.00	\$494.00	\$320.00	\$320.00	\$320.00	\$341.00	\$415.00	\$625.00	\$415.00
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY				
Pickleball Ages 18+ 6:00-8:00 AM		Pickleball Ages 18+ 6:00-8:00 AM		Pickleball Ages 18+ 6:00-8:00 AM						
Basketball Ages 18+ 11:30 AM-1:15 PM	Beginner Pickleball 11:30 AM-1:15 PM	Basketball Ages 18+ 11:30 AM-1:15 PM	Beginner Pickleball 11:30 AM-1:15 PM	Basketball Ages 18+ 11:30 AM-1:15 PM						
Pickleball 1:30-3:15 PM	Pickleball 1:30-3:15 PM	Pickleball 1:30-3:15 PM	Pickleball 1:30-3:15 PM	Pickleball 1:30-3:15 PM	Pickleball 4:30-6:30 PM	Pickleball 4:15-5:45 PM				
Basketball Ages 30+ 8:15-9:45 PM		Basketball Ages 30+ 8:15-9:45 PM	Volleyball Ages 18+ 6:15-9:00 PM	Volleyball Ages 18+ 6:15-9:00 PM						

Schedule subject to change. View website for current schedule.



Ciaran Hanna
Town Supervisor

Town Supervisor's

Message to the Community

Happy Spring, everyone!

It was an old-fashioned snowy winter here in Perinton, with plenty of snow, ice, sleet, and freezing rain. Our Perinton Public Works crews worked tirelessly through it all to keep our roads safe. Please continue to give our snowplows and crews plenty of space as they work. A big thank you to our hardworking staff for their dedication throughout the season!

We'd also like to give a special shoutout to our Parks Department for keeping our sidewalks and park facilities clear of snow, ensuring safe access for residents all winter long.

As we transition into the spring season, our focus shifts to investing in infrastructure - an essential part of ensuring Perinton remains a great place to live and work. Our crews will begin road, sidewalk, sewer, and drainage maintenance and continue with our yard debris collection program. These improvements help maintain the safety, accessibility, and livability of our town.

We're also excited to announce the return of two beloved community events: Perinton Community Recycling Day on May 17, and our Free Rabies Immunization Clinic on June 7. These events offer wonderful opportunities to engage with and support our community. Check out the brochure pages for more information.

This year, we also mark the 200th anniversary of the Erie Canal, with its opening on May 16. Whether you're boating, kayaking, or just enjoying the views, the Erie Canal remains an iconic part of our community and a place for exploration and connection. This special milestone offers a chance to celebrate the rich history of this waterway that has shaped our communities for two centuries.

Looking ahead, we're responsibly planning for the future of our town. One exciting project is the new playground at Center Park West, designed

to provide accessible fun for all children. This is just one of several upcoming improvements aimed at enhancing Perinton's public spaces and recreational opportunities. With ongoing sidewalk upgrades and facility improvements, we remain committed to ensuring our community is safe, welcoming, and enjoyable for everyone.

I would also like to take a moment to recognize the dedicated volunteers who serve on Perinton's many boards and commissions, from the Planning, Conservation, and Zoning Boards to the Recreation and Parks Advisory Board, Historic Architecture Commission, and Sustainability Advisory Board. These individuals selflessly lend their time and expertise, and I'm incredibly proud of the work they do to improve our town. Perinton's volunteer boards are among the best, and their efforts help make our community an even better place to call home.

Finally, keeping Perinton among the lowest tax rates while delivering an exceptional quality of life remains my top priority. Through careful planning and smart investments in infrastructure and services, we continue to ensure that Perinton remains a vibrant, sustainable community where families and residents can thrive. Supporting all families and seniors in Perinton - and ensuring everyone has access to the programs and services they need - is at the core of what we do.

As always, if you have any questions or concerns, please don't hesitate to reach out. You can reach me at (585) 223-0770 or channa@perinton.org. I look forward to hearing from you.

Sincerely,
Ciaran Hanna
Town Supervisor

Table of Contents

James E. Smith Center Info	2
WebTrac Info	19
Special Events	20
Parks Programs	21
Skill Development Camp	21
Summer Day Camp	22
Youth Camps	24
Preschool	26
Youth and Teen	30
Youth and Teen Arts & Crafts and Cooking	36
Golf	37
Aquatics	38
Fitness	46
Adult	47
Adult Arts & Crafts and Cooking	54
55+ Prime Time Programs	56
General Information	61
Refund Policy/Drop Off Policy	62
Registration Information	62
Registration Form	63

THIS PROPERTY IS

UNDER REVIEW

BY THE TOWN OF PERINTON

VISIT WWW.PERINTON.ORG
OR CALL 585-223-0770
FOR INFORMATION

If you see this sign and you would like to know what is being considered for the property, go to perinton.org and click on Properties Under Review on the Home Page to see the plans and project description.

When you see this sign in your neighborhood, it means the property is scheduled to be reviewed by the Town's Planning Board, Zoning Board of Appeals or even Town Board.

Depending on the scope of work, some projects require Board approval before work may begin, which triggers a public hearing on the proposal. These signs are one of the ways the Town notifies residents of the hearing.

Town Hall Closings		PCC Closings:	
Fri., April 18	Good Friday	April 20	Easter Sunday
Mon., May 26	Memorial Day	May 26	Memorial Day
Thurs., June 19	Juneteenth		

Recreation & Parks Content Starts on Page 21

Town of Perinton

Ph: (585) 223-0770

F: (585) 223-3629

Recorded information:

(585) 425-1170

DPW: (585) 223-5115

After Hours Emergency:

(585) 425-7380

www.perinton.org

Facebook: **Town of Perinton, NY**

Twitter: **@TPerinton**

Instagram: **townofperinton**

Charles Steinman

Town Justice

Gary Muldoon

Town Justice

Wayne Pickering, IAO

Town Assessor

Joseph LaFay

Town Attorney

Robert J. Kozarits

Town Engineer

Bill Poray

Town Historian

Jason R. Kennedy

DPW Commissioner

Jeff Nutting

Commissioner of Recreation and Parks

.....

Board Meetings

Town Board

2nd and 4th Wednesday of every month at 7:30 p.m.

Planning Board

3rd Wednesday of every month at 7:30 p.m.

Conservation Board

Tuesdays before the 1st and 3rd Wednesday of each month at 7:30 p.m.

Zoning Board of Appeals

4th Monday of every month at 7:30 p.m.

We also offer the public the option to join board meetings virtually. Zoom, which can be used on a computer or a phone, allows you to view, listen and comment in the meeting live via video or audio. To join a meeting virtually, please look for the web-conferencing information at the top of each meeting agenda.

— Perinton Town Officials —



Ciaran Hanna
Town Supervisor



David P. Belaskas
Councilperson



Meredith Stockman-Broadbent
Councilperson



Mike Folino
Councilperson



Janelle Reed
Town Clerk



Perinton Launches 'Good News' Initiative to Celebrate Community Kindness and Achievements



Town Supervisor Ciaran Hanna just announced “Good News in the Town of Perinton,” a new initiative dedicated to shining a spotlight on the inspiring stories, remarkable achievements, and acts of kindness that make our community special.

The Town of Perinton is inviting residents to nominate individuals who are making a positive impact—whether through volunteerism, personal milestones, or everyday gestures that uplift those around them. This is an opportunity to recognize the unsung heroes who contribute to the town’s strong sense of community and shared values.

To submit a nomination, simply complete the nomination form on www.perinton.org. Let’s celebrate the people who make Perinton a great place to live—one good news story at a time!

SAVE THE DATE

**PERINTON
COMMUNITY
RECYCLING DAY**

SATURDAY, MAY 17TH

- ✓ ELECTRONICS RECYCLING
- ✓ DOCUMENT SHREDDING
- ✓ HOUSEHOLD HAZARDOUS WASTE ★
- ✓ FREE TO RESIDENTS
- ✗ CURBSIDE RECYCLING NOT ACCEPTED



★ *Appointments are required for the Household Hazardous Waste Collection only. Book online, starting in April, at: www.monroecounty.gov/ecopark*

Each year, the Town of Perinton hosts a Drive-Thru Community Recycling Day featuring FREE electronics recycling, document shredding for residents, as well as a household hazardous waste collection in partnership with Monroe County. *Please note that curbside recycling materials will not be accepted at this event; instead, please dispose of that material in your regular weekly curbside collection.*

This event will return on May 17, 2025. Please visit www.perinton.org, for event details. Residents can also recycle Household Hazardous Waste year-round by making an appointment at the Monroe County Ecopark. Check out local PaintCare drop-off sites to properly dispose of house paint as well as primers, stains, sealers, and clear coatings such as shellac and varnish. Visit www.paintcare.org for more information.

By offering these collections, we are bringing essential services close to home while encouraging residents to recycle items that are often difficult to dispose of properly.

If you have any questions, please contact Perinton Public Works at (585) 223-5115.

**SAVE THE
DATE**



Town of Perinton

**FREE RABIES
IMMUNIZATION
CLINIC**

SATURDAY, JUNE 7, 2025

Appointments will open in May!

*Check www.perinton.org or call
(585) 223-5115 for availability.*

*- In partnership with Monroe County
and Fairport Animal Hospital -*



**PERINTON ELECTRONICS RECYCLING
PROGRAM RETURNS THIS SPRING**

Our Electronics Recycling Program resumes this May at our Community Recycling Day. Starting in June and extending into October, residents can participate in free monthly collection events located at Perinton DPW. These events require online appointments, which can be made at www.perinton.org.

Recyclable items range from small devices like cell phones to larger ones like TVs and computers. The Town partners with EWaste+ to ensure proper recycling.

For a full list of accepted items, visit our Electronics Recycling webpage or scan the QR code.



Janelle Reed, Town Clerk

Clerk's Corner: Fishing Licenses

Get ready for some reel excitement! Warmer days are on the horizon, and anglers can't wait to dive into the fishing season. Whether you're a seasoned angler or a newcomer to the sport, swing by the Town Clerk's Office to secure your annual fishing license.

We proudly serve as a License Issuing Agent for the NYS Department of Environmental Conservation, offering hunting and fishing licenses to both residents and non-residents of New York State. Your fishing license remains valid for an entire year from the date of purchase/activation.

For those on the lookout for the perfect fishing spot, explore our local gems:

Spring Lake Park Creek — great for trout!

Powder Mills Park — great for trout!

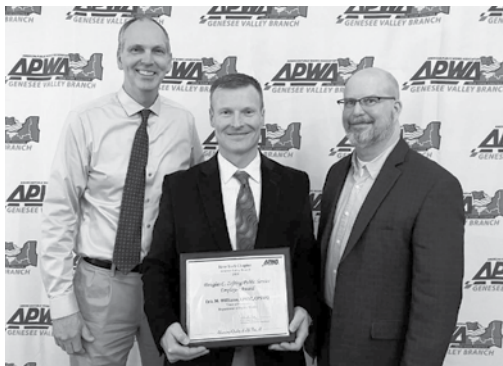
Perinton Park — Erie Canal to open May 16.

Kreag Road Park — Erie Canal to open May 16.

Bushnell's Basin Crescent Trails Association parking lot — Canal opens 5/16.



Perinton DPW's Eric Williams Honored with Prestigious Douglas C. Zefting Award for Outstanding Public Service



The Town of Perinton is proud to announce that Eric Williams, Assistant to the Commissioner of Public Works, has been honored by the Genesee Valley Branch of the American Public Works Association with the Douglas C. Zefting Award for his outstanding public service and dedication to our community.

With 25 years of experience in environmental and municipal work, Eric has been a key leader in Perinton's Department of Public Works since 2004.

He has helped Perinton lead the way in stormwater management, environmental sustainability, and advancing municipal infrastructure through strategic planning and technical expertise—ensuring our town remains a model community for responsible growth and environmental stewardship.

Eric's leadership, integrity, skill, and commitment to public service make him truly deserving of this prestigious honor. We congratulate Eric on this achievement!

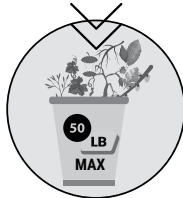
PERINTON RESIDENTIAL REFUSE PROGRAM

WEEKLY CURBSIDE COLLECTION

UPDATED: MARCH 2024

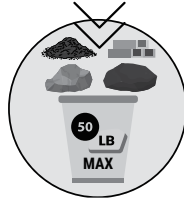
YARD WASTE & LANDSCAPE DEBRIS:

Leaves, weeds, vines, ivy, garden material, fruit.



- PLACE IN CONTAINERS (NO LIDS)
- CONTAINERS 50LBS OR LESS EACH
- NO BAGGED/LOOSE MATERIAL

Stone, dirt, concrete, and asphalt.



- SEPARATE CONTAINER FROM YARD WASTE
- NO CONTRACTOR PILES
- NO BAGGED/LOOSE MATERIAL

SPRING & FALL BULK LEAF COLLECTION:

- Leaves only - no sticks or other debris mixed in.
- Expect 4-6 week cycles for collection.
- No bagged material.

Follow our Leaf Collection Map!



Ciaran Hanna
Town Supervisor



METAL/APPLIANCES:



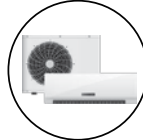
WASHERS & DRYERS



REFRIGERATORS
(DOORS REMOVED)



STOVES & MICROWAVES



AIR CONDITIONERS & DEHUMIDIFIERS



METAL BATHTUBS



FURNACES/HOT WATER TANK



RIMS, CAR PARTS, & LAWNMOWERS



GAS OR CHARCOAL GRILLS & EMPTY PROPANE CYLINDERS



METAL POSTS & PIPES
(CUT TO 4' LENGTHS)

TREE DEBRIS:

- No sod, stumps, rocks, lumber, or other waste mixed with tree debris.
- Tree Debris generated by contractors must be removed as part of their service. **CONTRACTOR PILES WILL NOT BE PICKED UP.**



Small Piles:

Reusable containers (no lids)
50lbs or less - collected weekly.

Brush, sticks, tree limbs, firewood, wood-chips, and stump grindings.

* Christmas Trees included in weekly collection (do not bag).

Medium to Large Piles:

Tree cuttings, limbs, and logs place parallel with the road; curbside - 1-3 weeks for collection.



ITEMS NOT COLLECTED BY THE TOWN:

- Grass Clippings
- Bags of any kind with yard debris
- Toters or wheelbarrows with yard debris
- Containers weighing more than 50lbs
- Household Curbside Recycling
- Loose Material (except bulk leaves & large tree debris piles)
- Leaves or yard debris placed in road or gutter
- Building Material from home construction
- Contractor Tree Debris Piles

WHAT TO DO WITH DIFFICULT MATERIAL:

Railroad Ties, Utility Poles:
Alpco Recycling (800) 706-9449/(315) 986-8900

Grass Clippings:
Recommend Composting, or Alpco Recycling

Household Hazardous Waste:
Ecopark - www.monroecounty.gov/ecopark

Electronic Waste:
Call DPW for Appointment Info (585) 223-5115

ITEMS COLLECTED BY PRIVATE TRASH HAULERS ONLY:

Please call your private trash hauler to determine any fees or to request a special pick-up.



HOUSEHOLD GARBAGE



CURBSIDE RECYCLING



BUILDING MATERIALS
(DRYWALL, ROOFING, LUMBER, ETC.)



WOOD FENCING, CABINETS, LADDERS, ETC.



FURNITURE, MATTRESSES, CARPETING



TOILETS, SINKS, HOT TUBS



(315) 597-1100



(585) 254-7081



(585) 505-1500



(585) 352-3900



(585) 254-3500



(585) 720-0978

PLEASE REMEMBER THESE IMPORTANT TIPS:

- Place all loose material in reusable containers (i.e., garbage cans) without lids, 50 lbs or less.
- Town curbside collection and private trash/recycling hauler collection, occurs on the same day of the week, weather and holidays permitting.
- Do not place material curbside more than 24 hours in advance of your scheduled collection day (except spring & fall bulk leaf collection).

- We attempt to remove material from your property without causing any damage. However, minor damage may occur and is the homeowner's responsibility.
- The Town does not collect yard or tree debris placed on private roads or private drives. All material must be placed in a mutually convenient place along the public road right of way.
- Please visit our website, www.perinton.org, for our full collection policy, interactive maps, and street schedule.



DEPARTMENT OF PUBLIC WORKS 100 COBB'S LANE, FAIRPORT, NY 14450 (585) 223-5115 WWW.PERINTON.ORG

Registration Begins: Monday, March 24, 2025

Follow us on

Spring Into Action: Your Guide to Deck, Shed, and Fence Projects in Perinton

As spring approaches, many homeowners are gearing up for various home improvement projects to enhance their outdoor living spaces. Among the most popular projects are building decks, installing sheds, and erecting fences. However, it's important to be aware of the regulations and requirements to ensure compliance with local and state building codes. Whether it's a new shed, deck, fence, finished basement or any other project you can dream up, the Perinton Building & Codes Department (BCD) is available to help you plan your project and get it off the ground. Here's a rundown of what you need to know:

Decks:

- Building permits are required for all decks that are elevated off the ground, attached to the house, or provide access to a swimming pool.
- The minimum footing depth for deck construction is 42 inches.
- Guardrails are necessary when the walking surface is 30 inches or more above grade.
- Homeowners can find valuable resources such as lumber spans, templates, and other helpful information on the deck information handout available on the BCD webpage.

Sheds:

- Building permits are mandatory for all storage sheds, regardless of size.
- Residential properties are allowed one shed of up to 200 square feet or 1% of the total lot area, whichever is greater.
- Sheds up to 200 square feet must be situated in the rear yard, at least 5 feet from property lines and 5 feet from the home.
- The shed should complement the main home in terms of style.
- Comprehensive shed regulations and application information can be found on the shed information handout on the BCD webpage.

Fences:

- Building permits are required for all permanent fences.
- Fences can be up to 6 feet tall in side and rear yards and up to 3 feet tall in the front yard.
- Placement of fences should avoid easements and right-of-ways, and homeowners are advised to consult their survey map for these features.
- When installing a fence near a property line, it's recommended to enlist the services of a professional surveyor for accurate placement.
- The fence handout on the BCD webpage contains a complete list of regulations and application instructions.

Throughout the project, inspectors from the Perinton Building & Codes Department will review plans and conduct inspections to ensure compliance with both town and New York State building codes. Homeowners are encouraged to reach out with any questions or concerns they may have during the process.

Additionally, it's essential to contact 811 before starting any digging projects to have underground utilities in the yard staked out. This free service can prevent serious injuries, utility disruptions, and costly repairs resulting from damaged infrastructure.

For more information on these projects and others, visit the Building & Codes Department webpage. Don't hesitate to contact the BCD with any inquiries or assistance you may need. Happy spring remodeling!

Perinton Building & Codes

www.perinton.org (585) 223-0770 building@perinton.org

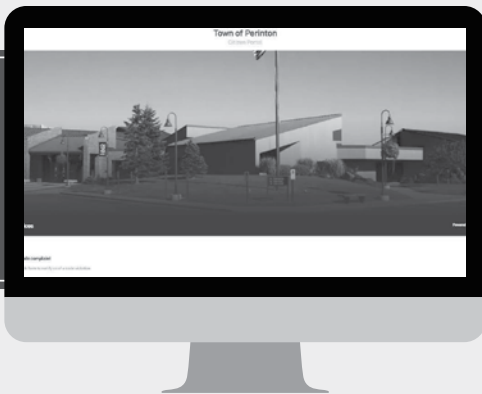


NEW

APPLY FOR BUILDING PERMITS ONLINE!

Online Portals allows for 24/7 Access – Convenient and Fast

Perinton Building & Codes now offers 24/7 access to building permit applications through our new online software, GovWell, allowing you to apply for permits from the comfort of your home or office.



Visit the Building & Codes webpage at www.perinton.org to get started.

Scan the QR Code to access the site directly!

SCAN



Apply for Decks, Fences, Sheds, Pools, Additions, and more!

For Residential Building Permits:

-  Apply for all types of building permits
-  Submit changes or corrections
-  Review inspector notes
-  Pay for permits securely online
-  Receive permits directly
-  Request inspections
-  Track permit progress
-  Receive completion certificates

For Contractors:

-  Register with the Town (at no cost)
-  Upload your insurance forms
-  Get reminders when insurance forms are about to expire
-  Update contact information
-  View and manage all your permits
-  Allow customers to add you on permits

24/7

Apply now and enjoy the convenience of managing your building permits online—no office visits required!



Building & Codes staff are available for a brief tutorial in the office.
www.perinton.org (585) 223-0770 building@perinton.org

Town Supervisor Ciaran Hanna Announces New Building Rental Opportunity at The Lion's Den in Potter Park

*Renovated Two-Level Venue Now Available for Private Events,
Blending Modern Amenities with the Historic Charm of Potter Park.*



Town Supervisor Ciaran Hanna recently announced the launch of a new building rental opportunity at the Lion's Den, a unique venue located in Potter Park in the Village of Fairport. Previously serving as a Teen Center, the Lion's Den is now available for private rentals through the Perinton Recreation and Parks Department. Featuring a spacious layout, modern amenities, and historic charm, the venue offers an ideal setting for a wide variety of gatherings, from meetings and celebrations to small events.

"Opening the Lion's Den for rentals allows us to bring a wonderful community resource to a wider audience," said Supervisor Hanna. "This building has a rich history, and with recent improvements, it is now an even more welcoming and functional venue. Whether for celebrations, meetings, or small gatherings, the Lion's Den is a valuable addition to our town's recreational offerings."

Located at 53 West Church Street in Fairport, the Lion's Den provides more than 4,800 square feet of event space across two levels, each approximately 60x40 feet. The venue comfortably accommodates up to 40 guests and is available for private rentals Friday through Sunday from 9:00 AM to 10:00 PM, though it will not be available on Fridays during summer camp weeks. The cost to rent the space is \$189 per day for Perinton residents and \$210 per day for non-residents, with reservations now open.

The building has undergone a series of upgrades to enhance its functionality while preserving its character. A newly renovated kitchen, complete with a refrigerator, oven, and microwave, makes food preparation convenient for events. Sound improvements have been made to improve acoustics, and the space now features WiFi, fresh paint and trim, and updated flooring. Guests will also have access to tables and chairs for up to 40 people, comfortable lounge seating with sofas, and entertainment options such as air hockey, pool, and foosball tables. The building is climate-controlled with both heating and air conditioning and includes private restrooms for guest use.



First opened in 1990, the Lion's Den was made possible by the Fairport Lions Club, which raised over \$175,000 in local funding and grants to bring the project to life. The building, located behind the historic Potter Mansion, was a joint initiative supported by the Town of Perinton. The space originally served as a dedicated Teen Center, providing local youth with a safe and engaging environment. Teen activities previously held at the Lion's Den have been relocated to the Perinton Community Center (PCC), where expanded opportunities continue to serve young residents.

Potter Park, owned by the Village of Fairport and operated by the Town of Perinton through a lease agreement, is a popular community park with easy access for residents. In addition to the Lion's Den, the park features a thriving Community Garden, updated playgrounds, basketball and pickleball courts, and athletic fields.

Reservations for the Lion's Den are now open and can be made online. For more information or to inquire about availability, visit our website, www.perinton.org, or contact the Perinton Recreation and Parks Department at 585-223-5050.

Introducing Friends of Perinton Recreation and Parks: A New Commitment to Inclusion and Accessibility



FRIENDS OF
PERINTON
RECREATION AND PARKS

Perinton has a long tradition of valuing recreation, green spaces, and accessibility for all. Now, with the formation of Friends of Perinton Recreation and Parks, a new era of advocacy, volunteerism, and support is underway.

Partnering with the Town and operating under the charitable structure of the Fairport Foundation, this dedicated group aims to enhance accessibility, inclusion, and engagement in Perinton's Recreation and Parks programs.

In January, the Town Board welcomed the group, which made its first official act a \$1,000 donation— a grant from the Fairport Perinton Merchants Association—to support need-based recreation scholarships.

Town Supervisor Ciaran Hanna praised the group's formation, saying, *"The Friends of Perinton Recreation and Parks is a wonderful example of our community coming together to make recreation more accessible for all. Their work will expand opportunities for residents to enjoy our programs and parks, ensuring everyone feels welcome and included."*

The organization's focus includes several key areas:

- **Program Scholarships:** Securing additional financial assistance for individuals and families, ensuring that cost is never a barrier to participation.
- **Inclusive Initiatives:** The Friends group aligns with the town's goal of making all recreational programs accessible to people of all abilities.
- **Capital Projects:** The organization will support the Town's enhancements to parks and recreational facilities, helping to provide access to enjoyable and accessible recreational areas for generations to come.

Jeff Nutting, Commissioner of Recreation and Parks, emphasized the impact of the group's mission, stating, *"We are committed to making our programs and facilities as accessible and welcoming as possible. Friends of Perinton Recreation and Parks will play a crucial role in helping us meet that goal."*

At its core, Friends of Perinton Recreation and Parks is powered by community members who care deeply about supporting recreational opportunities in Perinton. The organization is led by a passionate board of directors, including Nate Romagnola (President), Matt Carpenter, Bob Ames, Wendy Boyce, Kelsie Hayduk, Bronwen Flemming, Jeremy Slack, and Brenna Thering.

Nate Romagnola, President of Friends of Perinton Recreation and Parks, highlighted the group's vision, saying, *"We are here to support and enhance what makes Perinton a great place to live. By working together with the town and the community, we can make a real difference in accessibility, inclusion, and the overall recreation experience for everyone."*

Residents can donate and volunteer with the group to help make recreation in Perinton more accessible and inclusive. Visit their website FriendsofPerintonRec.org for more details!

Spring 2025 Update from Perinton Animal Control

As the warmth of spring spreads across Perinton, please be mindful of the wildlife that shares our environment. With the changing season comes a flurry of activity among local fauna, and understanding how to coexist peacefully is key to everyone's well-being.

Spring marks the birthing season for many animals, making it crucial to respect their habitats and avoid disturbing nests or dens. By adhering to the principle of "If you care, leave them there," we can ensure that mothers can care for their young without disruption.

Additionally, the increase in daytime wildlife sightings is to be expected as animals emerge from winter hibernation in search of food. Should you encounter an injured or sick animal, please reach out to Animal Control for assistance.

Feeding wildlife directly can lead to dependency and conflicts. Instead, consider using bird feeders with seed wells and removing them temporarily if wildlife becomes a nuisance. This simple adjustment can help maintain the natural balance of our ecosystem.

For pet owners, taking precautions such as checking yards before letting pets out at night and securing areas under decks and sheds can prevent unwanted encounters between pets and wildlife.

Additionally, now is the perfect time to check invisible fences, replace collar batteries, and make sure your physical fence is in good condition for the summer months.

By working together to understand and respect the needs of local wildlife, we can create a safe and enjoyable environment for all in Perinton. Perinton Animal Control can be reached by calling (585) 223-5115 during our operating hours Monday-Friday 7:30 a.m.-4 p.m. For After-Hour Emergencies, please call (585) 425-7380. An Animal Control Officer will be dispatched to assist the animal with the care it needs.

You can find many answers to your animal control needs on the animal control portion of our webpage – check it out at www.perinton.org.

Steve

Steve Pringle, Animal Control Officer



Sustainability Starts at Home: Composting Made Easy

From the Town of Perinton Sustainability Advisory Board



QUICK TIPS



Good for compost:

Fruit & veggie scraps, coffee grounds, eggshells, leaves, grass clippings.



Avoid composting:

Meat, dairy, oily foods, pet waste, diseased plants.

Looking for a simple way to reduce waste and help the environment? Start composting at home! Food scraps make up a large portion of household refuse, but composting turns them into nutrient-rich soil instead of landfill waste.

The Perinton Sustainability Advisory Board encourages residents to start small: collect fruit and veggie scraps, coffee grounds, and leaves in a bin or pile. Keep a balance of greens (food waste) and browns (leaves, paper), and turn your pile occasionally to speed up decomposition.

Composting cuts down on landfill waste, reduces emissions, and improves soil health. Join us in making Perinton a greener place—every little effort counts!



Your input is needed! Take the Monroe County Organics Management Survey!



Illicit Discharges Harm Our Waterways



An illicit discharge is any unauthorized discharge of liquid or solid substances into a municipal storm sewer system other than stormwater run-off from rainfall or snow melt. Stormwater in Perinton drains directly to local waterways, not a treatment plant, and since storm sewers are not designed to treat pollutants, illicit discharges can harm waterways by causing algae blooms, bacteria growth, fish kills, and surface water contamination.

Preventing Illicit Discharges:



- Dispose of Household Chemicals Properly: Never dump cleaners, paint, oil, or pesticides near storm drains. Use Monroe County's EcoPark for safe disposal.
- Wash Cars Responsibly: Use commercial car washes or wash on grass, not driveways, to prevent the runoff of automotive fluids and detergents from entering our storm sewer system.
- Maintain Septic Systems: Pump your tank every 2–3 years to prevent septic backups from contaminating waterways.
- Drain Pools Correctly: Let chlorine dissipate before draining and avoid direct discharges into storm drains; instead, use your lawn or landscaped areas to filter the pool water.

Illicit Discharge Examples:



Pesticides & Fertilizer



Gas & Oil



Wash Water



Grass Clippings

See it? Say it!

How to Report an Illicit Discharge:

1. Observe from a safe distance—do not touch or smell the substance.
2. Notify:
 - Weekdays (7:30 AM – 4:00 PM): Call (585) 223-5115
 - After Hours: Email ewilliams@perinton.org
3. Provide details: name, contact info, time/date/location, material description, and severity.



Springtime Tip:

As the snow melts, litter that has been hidden all winter becomes exposed and can easily wash into storm drains, contributing to pollution in our waterways. Do your part by picking up litter in your neighborhood and disposing of it properly. Small efforts can make a big difference in keeping our stormwater clean!



WIPES CLOG PIPES & PUMPS

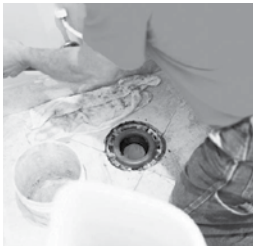
Photo shows
the impact
wipes have on a
sanitary pump
in Perinton.



TO FLUSH OR NOT TO FLUSH *There should be NO question.*



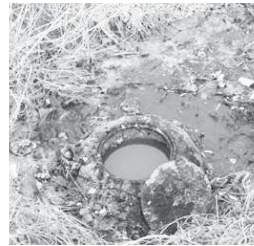
CLOGGED PIPES



DRAIN CLOGS



PLUGGED PUMPS



SEWER BACKUPS



COSTLY REPAIRS

DO NOT FLUSH

Your toilet is not a trash can.



- ✗ Wipes (even flushable ones)
- ✗ Baby Wipes
- ✗ Feminine Hygiene Products
- ✗ Condoms
- ✗ Diapers
- ✗ Tissues
- ✗ Floss

- ✗ Band-Aids
- ✗ Cotton Balls
- ✗ Cotton Swabs
- ✗ Kitty Litter
- ✗ Fats
- ✗ Oils
- ✗ Grease

- ✗ Food Waste
- ✗ Coffee Grinds
- ✗ Egg Shells
- ✗ Cigarette Butts
- ✗ Paper Towels
- ✗ Napkins
- ✗ Plastic Gloves

Wipes and other non-dissolvable products can cause costly, time-consuming backups and damage to the Town's Public Sanitary Sewer System, including critical pump stations and residential lateral service pipes. Expenses for repairs can fall on homeowners as well as the Town. Please report any public sewer issues to the Town of Perinton Public Works Department.

www.perinton.org



PERINTON PUBLIC WORKS | (585) 223-5115 | AFTER HOURS EMERGENCY (585) 425-7380

Celebrating Commitment: Our "Living the Values" Award Winners

In a celebration of dedication and excellence, the Town of Perinton recently announced the quarterly winners and nominees for our "Living the Values" employee recognition program.



For the third quarter of 2024, Town Supervisor Ciaran Hanna and the Town Board honored Aquatics team members **Katarina Sherry** and **Ted Rakiewicz** for their exceptional contributions. Katarina and Ted have shown outstanding dedication and commitment through their work in the Aquatics program, ensuring our residents enjoy safe, high-quality aquatic activities. Their efforts have significantly enhanced the sense of community and well-being in Perinton.

Katarina and Ted were instrumental in the recent Aquatic center renovation project, handling crucial upgrades and aesthetic improvements with enthusiasm. Their efforts included upgrading the lifeguard break room, repainting slides and water features, performing a deep clean, and completing vital maintenance tasks to ensure the facility was ready to welcome the community back in excellent condition.

Both Ted and Katarina's passion for their work, willingness to strive for continuous improvement, and proactive maintenance efforts reflect a remarkable dedication to their roles and to the mission of the Town of Perinton.

Congratulations to Katarina, Ted, and all of our nominees. Your dedication and service are truly appreciated, and we are immensely grateful for all that you do.

Join the Perinton Team for an Exciting Season Ahead!



Are you ready to make a meaningful impact in your community? Look no further! The Town of Perinton is seeking dedicated individuals to join our dynamic team for seasonal positions in the Department of Public Works (DPW) and Recreation & Parks Department! To apply, visit perinton.org.



Recreation Department



Department of Public Works



Parks Department

Spotlight on Lisa Ferri: Championing Autism Awareness in Perinton



Fairport resident Lisa Ferri is a beacon of hope and resilience in our community. As a mother of two boys on the autism spectrum, Lisa has navigated the challenges of raising children with autism with grace and determination. Her journey has been deeply intertwined with the support of local organizations like AutismUp, Special Olympics of New York, and Section V Unified Sports. Now, Lisa is giving back to these organizations by organizing a local chapter of the Flutie 5K race right here in Perinton.

Lisa's involvement in the autism community began when her boys were first diagnosed. *"When they were little, I was very involved in the autism community, particularly AutismUp,"* Lisa recalls. *"They were extremely helpful in navigating this new diagnosis and the lifestyle changes that came with it."* Over the years, things shifted a bit. *"As the boys got older and developed an interest in sports, Section V, including Unified and the Special Olympics, were two organizations that fully embraced my kids. They were instrumental in facilitating their love of athletics, as well as contributing to their many successes."*



SAVE THE DATE!

FLUTIE 5K RACE

Helping people affected by Autism live life to the fullest

Sunday, August 31, 2025

Center Park West, Perinton

EVENT HIGHLIGHTS:

- Professional Timing Service
- Advocacy Groups
- Music Food Trucks & Ice Cream

Inspired by the support she received, Lisa decided to take action. She learned about the satellite Flutie 5K races, organized by the Doug Flutie Jr. Foundation for Autism, to raise awareness and funds for autism-related programs. During the COVID-19 pandemic, the foundation began allowing local satellite races, and she saw an opportunity to bring this event to Perinton. *"I thought, wow this is a fantastic initiative that checks all of the boxes...we are an autism family, my boys love running, are obsessed with all things Buffalo Bills, and Center Park West is their absolute favorite place to train and compete! What a fun and innovative way to give back to the local organizations that have been so monumental in our lives."*

It was an easy decision for Lisa to approach AutismUp, Section V/ Unified Sports and Special Olympics of NY and ask for their collaboration as charity partners. AutismUp continues to be a vital resource for families in the autism community, offering programs and services that promote inclusion and support.

The Special Olympics of New York provides year-round sports training and athletic competition for children and adults with intellectual disabilities, fostering physical fitness and social interaction. Section V Unified Sports brings together students with and without disabilities to compete on the same team, promoting friendship and understanding. The Flutie 5K in Perinton is more than just a race; it's a celebration of community and a testament to the power of giving back. Join the Ferri family and the Perinton community in supporting this incredible cause. Whether you participate, sponsor, or volunteer, your involvement will help transform lives. Visit the event website to sign up and be part of this inspiring, memorable day. Together, we can continue to support and uplift our community, one step at a time.

Two Bridges at Fullamtown

By Bill Poray, Perinton Town Historian



This is one of the most remarkable photographs in our Perinton town archives. The image was taken in the winter of 1912-1913. The view is looking to the south at Fullamtown, located at the place where West Church Street (to the left) and Fairport Road, and the Erie Canal meet in the vicinity of where Perinton Park is found today. The bridge at the far right was soon to be removed when this photo was taken. It was our community's first lift bridge and served only ten canal seasons before it was removed and replaced by the bridge in the center of the photo. The distance between the two bridges illustrates the degree to which the canal was repositioned to the east in this specific area, as part of the Barge Canal project to widen and deepen the waterway.

You may be able to spot a house at the far left of the image. This was the home and farm of John Culhane when the photo was taken. His farm property included the area on Fairport Road that today includes Fairview Lanes and the Qualitrol property.

In this photo, we see both the old path of the Erie Canal, to the right, and the new, wider route of the newly named Barge Canal, to the left. In the weeks following the photographer's capture of this image, the old canal we see here was filled in. For a while, the area was used as an informal dumping ground. Today it is Perinton Park and will be a focal point of a celebration in September, marking the 200th anniversary of the opening of the Erie Canal.

First Responder Spotlight: Ahmad Manasra, Bushnell's Basin Fire Dept.



Meet Ahmad Manasra, a Blackhat (interior firefighter) and Co-Chair of the Fire Safety and Fire Prevention Committee at Bushnell's Basin Fire Department (BBFD). Inspired by a lifelong admiration for firefighters and the events of September 11th, Ahmad joined BBFD in 2019 after seeing his children's admiration during a local fire department open house.

One of his most memorable experiences was his first fire, where he was part of a search and rescue crew that saved over 100 lives, making national news. Despite the pandemic, the department continued to support the community and grew in numbers, showcasing volunteerism's spirit.

Ahmad developed an educational program for kids, teaching fire safety and prevention skills, including using a fire extinguisher. This program has reached more children each year, fostering a culture of safety and awareness. He and his team are deeply involved in community events to raise fire prevention awareness. Under Bob Winnick's guidance, Ahmad has expanded the fire safety committee's outreach to local daycares, camps, churches, and scout groups. Activities include using a fire extinguisher simulator and spraying water with a hose, creating memorable experiences for children.

BBFD also participates in parades, open houses, and community events like Mighty Machine Mania and Climb Aboard Victor, where families can explore firefighting equipment. These events educate the public and serve as recruitment opportunities.

As a physician, Ahmad initially joined BBFD to fill his free time after switching to per diem status at the hospital. The pandemic brought him back to full-time work, but the department's support allowed him to balance his professional and volunteer commitments. Ahmad finds his time at the station fulfilling and never views it as a chore. His family, especially his wife and kids, have been his pillars of support. His children take pride in his role as a firefighter and have even helped him teach fire safety lessons. The department fosters family involvement through various events.

Ahmad encourages anyone interested in firefighting to take the leap without hesitation. He acknowledges initial fears but emphasizes the rewarding nature of the work. Volunteer fire departments always need dedicated members, and there are programs for teens preparing them for future careers in firefighting.

The culture at BBFD is one of family and camaraderie. Members often return to catch up, and many work together in various capacities. The department's supportive environment and the dedication of its members inspire Ahmad to continue giving his best.

Ahmad Manasra's story is a testament to the spirit of volunteerism and the profound impact of community service. His dedication, achievements, and the support of his family and fellow firefighters make him a true hero in this community.

How to Volunteer

Did you know that your local fire departments are 100% volunteer? The Town of Perinton is protected by five different fire departments, and all of them are in need of new members. Each will provide all needed equipment and training courses.

Qualifications for Membership:

- Be at least 18 years old at time of application
- Be a citizen of the United States
- Be of good moral character and physical condition
- Have a valid NYS Driver's License
- Live within the fire district

Roles and Responsibilities

- Respond to alarms and participate in weekly training exercises
- Complete NYS mandated courses
- Attend monthly Department and quarterly company meetings
- Serve on committees and promote close working relationships with other members
- Observe the rules, regulations, and by-laws at all times
- Preserve the reputation and history of the department
- Participate in parades and other community events

Fairport Fire Department

Email: volunteer@fairportfd.org

Phone: (585) 223-9220

Monday-Friday, 7 a.m.-3 p.m.

Bushnell's Basin Fire Department

Email: recruitment@bushnellsbasin.org

Phone: (595) 248-5606

Egypt Fire Department

Apply at egyptfd.org/how-to-join.html

Phone: (585) 223-1923

East Rochester Fire Department

Email: 3c12@eastrochester.org

Phone: (585) 381-1112

Penfield Fire Department

Apply at penfieldfire.org/volunteering

Phone: (585) 586-2413

WebTrac Information

Save time and register for programs and parks buildings and shelters online! Register directly on the site, <https://webtrac.perinton.org>. Under the "Member Login" section, please click on the "Need an account?" link. All you need to do is fill out the required information. This information will be sent to recreation staff and they will review and confirm the account. Once the account is confirmed, you will receive an email stating that your account is now active. Please register for WebTrac prior to the first day of registration to ensure your account is active.

NOTE: Please ensure that the dates of birth and grades you provide for the participants are accurate, as the system will not allow enrollment for a program if the age and/or grade criteria are not met. These data fields cannot be changed once they are entered.

Please go online to <https://webtrac.perinton.org> and enter the 'user name' and 'password' that we have provided you. You can 'shop' by selecting your classes, placing them in your 'shopping cart' and 'check out' using Visa, Mastercard or Discover to complete your transaction on our secured site. A receipt may be printed for your records.



For more information, call the Perinton Recreation and Parks Department at 223-5050.

All classes, unless otherwise indicated, are available on WebTrac.

Stay Connected!

Follow us on Facebook, X and Instagram for updates and notifications about Perinton Recreation and Parks happenings. Join the conversation, share your thoughts, and show us your Perinton pride by checking in, tagging us and using #PerintonRec.



Perinton Recreation and Parks



#PerintonRec



@PerintonRec

QUICK REFERENCE

Weather Cancellation Policy: Programs conducted in school facilities are cancelled when schools are closed. Programs cancelled due to poor weather conditions will be announced by WHAM (1180 AM).

Holidays:

Sunday, April 20..... Easter Sunday (PCC Closed)

Monday, May 26 Memorial Day (PCC Closed)

Thursday, June 19..... Juneteenth

What's New For **SPRING**

Youth Camps

E-Z Peasy Disney Cooking Camp!

Preschool

Gymnastic Jumpers Jr.

Nature Buds

Spring Dribblers & Trainers

Youth and Teen

Coping Skills Workshop

Gymnastics & Parkour Jumpers

Magic Duct Tape Workshop

Running Club Jr.

Running Club Spring Track & Field

Speech and Language Enrichment Camp

Youth and Teen Arts & Crafts and Cooking

Illustration, Character Design and Storytelling

Youth Craft Sampler!

Adult

Advanced Beginner Pickleball

Cheeks

Competitive Pickleball Strategies

Complexion Perfection

Introduction to Mindfulness

It's All About the Eyes

Lips and Tips

Ping Pong Parkinson

Radon: The Silent Killer

The Peaceful Voice: Meditation and Communication for Women

Wrinkle Rewind

Adult Arts & Crafts and Cooking

Crochet a Cute Unicorn

Knitting 911 - Fixing Knitting Mistakes

Spring Bike & Bouquet

Watercolor Florals

Zentangle Class for Beginners



SPECIAL EVENTS

SPECIAL EVENTS

Register early to avoid program cancellation due to low enrollment.

SAVE THE DATE!!

Friday	April 25	Spring Art Show and Sale
Sunday	May 4	Mother Child Tea
Saturday	May 10	Mighty Machine Mania
Saturday	June 7	24th Annual Fishing Derby



Spring Art Show and Sale

Ages: Open to all ages to attend and purchase
You never know what treasure you will find at the Perinton Art Group's 2025 Spring Art Show & Sale. Treat yourself to a bit of "eye candy" and perhaps discover the perfect piece of artwork to give your room that finishing touch. Opening reception on Friday, April 25 from 6:30-7:30 PM.

Location: PCC Lobby
Dates: F., 4/25-Sat., 5/10



Mighty Machine Mania

Ages: Open to families
Come see the huge trucks and heavy equipment you see around Perinton up close. This is a great family event and opportunity to learn more about these machines. You may even get a chance to sit in the equipment! This event is presented by the Town of Perinton and Airquip Heating and Air Conditioning.

Location: Fellows Road Park
Date: Sat., 5/10 11:00 AM-1:00 PM No pre-registration required. No charge.
Not available on WebTrac.

Mother Child Tea

Ages: 3 years and over
Moms of all ages, bring your children to celebrate Mother's Day with us! Dress in your fancy clothes and enjoy tea, punch and some sweet treats. We will have a special spot set up for photos and will make a memorable craft. Enjoy your special time together!

Location: PCC
Dates: **Code: 265209-A** Sun., 5/4 1:00-2:30 PM (1 class) Res \$5, Non-Res \$6
Enroll all family members that will be attending. Fee is charged per person.

24th Annual Fishing Derby

Ages: 6-15 years
Boys and girls, grab a fishing pole, bring your favorite bait and join us in Perinton Park for a fishing derby. This 'kids only' catch and release tournament will feature fishing, prize giveaways and food for participants! Ask an adult to accompany you for a 'reely' fun morning of fishing. (Bring your own pole and bait.) Sponsored by the Knights of Columbus.

Location: Perinton Park Shelter, 99 O'Connor Road
Date: **Code: 225210-A** Sat., 6/7 9:00-11:00 AM (1 class) Res \$5, Non-Res \$6



Register early to avoid program cancellation due to low enrollment.

Crescent Trail Guided Hikes

Free monthly guided hikes, no pre-registration required, are organized by the Crescent Trail Hiking Association. Adults, teens and children under 16 and supervised by an adult are welcome to participate. All hikes start at 1:30 PM on the second Sunday of the month, unless otherwise noted. At any point of the hike, you may turn around and return to the start if your time is limited. Hikes are usually about 1 ½ hours in duration. For more information, go to the Association's website, www.crescenttrail.org or visit us on Facebook at www.facebook.com/crescenttrail. If you have an idea for a new hike or would like to lead a hike, send us an email at crescenttrail@gmail.com.

Sunday, April 13, 1:30 PM | Wildflower Hike at Mary Frances Bluebird Haven, 235 County Road 9, Victor.

GPS Coords: 43.02715, -77.39777

Sunday, May 11, 1:30 PM | Mother's Day Hike for kids and adults at Lollypop Farm. Meet at the Egypt Park parking lot at 99 Victor Road, Fairport.

GPS Coords: 43.06379, -77.39814

Sunday, June 8, 1:30 PM | Abraham Lincoln Park Hike. Meet at the parking lot on Empire Blvd., just south of the intersection with Plank Road. After the hike, we will gather at K2 Brothers Brewing on Empire Blvd.

GPS Coords: 43.18097, -77.50912

Please check our Facebook page or website at crescenttrail.org/monthly-guided-hikes for updated information closer to the hike date.

SKILL DEVELOPMENT

Register early to avoid program cancellation due to low enrollment.

- Youth Skill Development programs are designed to give youth of various ages in-depth specialized instruction in different areas of interest.
- Qualified coaches and assistants work with boys and girls on both an individual and group basis.
- A t-shirt is supplied to each youth who registers in a program.
- Youth should be suitably attired (ex. sneakers and/or cleats, shorts, supporters, socks, etc.).
- Age groups are varied. If you cannot attend a session due to vacation, you may be able to be put in another session of comparable skills.
- Deadline for registration is one week prior to the scheduled start date of the session (if openings still exist).
- Sessions have limited participation.

Summer Soccer Camp

Grades: 1-8
The Perinton Recreation Summer Soccer Camp focuses on having fun while playing the game of soccer. The goal is to provide the players with a well rounded soccer experience covering technical development and tactics while playing the game. We use small sided games with smaller teams so that all players have the opportunity to develop their skills and get involved in the games.

Instructor: Bill Teasdale
Location: Center Park
Dates: **Code: 325306-A** M.-Th., 7/28-7/31 9:00 AM-2:00 PM (4 classes)
Res \$180, Non-Re \$190

TENNIS & PICKLEBALL COURTS

Public Court Time

Hours:

8:00 AM-10:00 PM

Lighted **Tennis Courts** are open and available at no charge for your enjoyment. **Courts are located at:**

Fellows Road Park (2)
Kreag Road Park (2)
Perinton Park (6)
Potter Park (2)

Pickleball Courts are open and available at no charge for your enjoyment. **Courts are located at:**

LIGHTED
Fellows Road Park (6)
NOT LIGHTED
Potter Park (2)



Please be courteous
and limit play. 1 hour for singles.
1 ½ hours for doubles if people
are waiting.



CO-ED DOUBLES TENNIS LEAGUE

Ages: 30 years and over
Intermediate Level Doubles. Come ready to play with consistency in serve, forehand and volley. We will be rotating play with different partners and genders. Consistent attendance is expected. Please bring 2 cans of tennis balls on first night (as price of registration). Register with Irene Forgensi Hammons at ifh81@yahoo.com (email preferred) or 585-721-6721

Volunteer: Irene Forgensi Hammons
Location: Perinton Park Tennis Courts
Dates: Th., 6/12-8/28 (ex. 7/3) 6:30-8:30 PM (11 weeks) No charge
Must bring 2 cans of tennis balls on first night.
Not available on WebTrac.

PERINTON SENIOR TENNIS LEAGUE

Ages: 50 years and over
Intermediate level play (no beginners) for doubles and mixed doubles, weather permitting. Tennis balls will be provided. In the event of inclement weather, you'll be notified of cancellation by email. Please notify Janet Goldman (janetgoldman@gmail.com) or Barb Willloth (bwillloth@gmail.com) of your interest and skill level (intermediate or advanced).

Volunteers: Janet Goldman & Barb Willloth
Locations: Perinton Park and Potter Park Tennis Courts
Dates: W., 5/21-8/27 6:00-7:30 PM (15 classes) No charge
Not available on WebTrac.



SUMMER DAY CAMP PROGRAM

Perinton Recreation and Parks

SUMMER DAY CAMP



Week 1: All-American Week
Week 2: Cinema Week
Week 3: Summer Safari
Week 4: The Great Outdoors
Week 5: Under the Big Top
Week 6: Carnival Week
Week 7: Adventure Week
Week 8: Kickoff To Fall



June 30-July 3
July 7-July 11
July 14-18
July 21-25
July 28-August 1
August 4-8
August 11-15
August 18-22



AMF Fairport Lanes Bowling
Regal Eastview
Hidden Valley Animal Adventures
Stonybrook State Park with Swimming
Roc City Circus
Carnival at Center Park
Clubhouse Fun Center
Wickham Farms

Camp fee includes: Swimming trip to Perinton Community Center, camper t-shirt, weekly treat on Friday, weekly field trip

Week 1: Potter/Fellows Road: \$151/resident, \$161/non-resident

School Site: \$126/resident, \$136/non-resident

Weeks 2-8: Potter/Fellows Road: \$189/resident, \$199/non-resident

School Site: \$158/resident, \$168/non-resident

PLEASE TURN IN CURRENT IMMUNIZATION RECORD FOR YOUR CAMPER PRIOR TO THE START OF CAMP. FAX (585-223-4045), DROP OFF TO COMMUNITY CENTER, OR MAIL (1350 TURK HILL ROAD, FAIRPORT, NY 14450)

SUMMER DAY CAMP PROGRAM

	<u>Location</u>	<u>Drop off/Pick up</u>
<u>Week 1:</u>		
325799-AB	Fellows Road Park	8-9am/4-5pm
325799-AD	Potter Park	8-9am/4-5pm
325799-AE	School Site	9am/4pm
<u>Week 2:</u>		
325799-BB	Fellows Road Park	8-9am/4-5pm
325799-BD	Potter Park	8-9am/4-5pm
325799-BE	School Site	9am/4pm
<u>Week 3:</u>		
325799-CB	Fellows Road Park	8-9am/4-5pm
325799-CD	Potter Park	8-9am/4-5pm
325799-CE	School Site	9am/4pm
<u>Week 4:</u>		
325799-DB	Fellows Road Park	8-9am/4-5pm
325799-DD	Potter Park	8-9am/4-5pm
325799-DE	School Site	9am/4pm
<u>Week 5:</u>		
325799-EB	Fellows Road Park	8-9am/4-5pm
325799-ED	Potter Park	8-9am/4-5pm
325799-EE	School Site	9am/4pm
<u>Week 6:</u>		
325799-FB	Fellows Road Park	8-9am/4-5pm
325799-FD	Potter Park	8-9am/4-5pm
325799-FE	School Site	9am/4pm
<u>Week 7:</u>		
325799-GD	Potter Park	8-9am/4-5pm
<u>Week 8:</u>		
325799-HD	Potter Park	8-9am/4-5pm



YOUTH CAMPS

**Register early to avoid program
cancellation due to low enrollment.**

NEW!! E-Z Peasy Disney Cooking Camp!

Ages: 7-12 years
Join me for a full day cooking camp that is fun-filled with excitement where the magic of Disney themed recipes come together in the kitchen! Each day is inspired by a different Disney movie that will include cooking and baking your own lunch, snacks, arts & crafts, movie trivia and outdoor playground time. All materials included plus a cotton chef hat, tie-dying a t-shirt and designing a cookbook! Please specify a t-shirt size at the time of registration.

Instructor: Ginny Schenker
Location: PCC
Dates: **Code: 332872-A** M.-F., 7/21-7/25 9:00 AM-3:00 PM (5 classes)
Res \$400, Non-Res \$410
Code: 332872-B M.-F., 7/28-8/1 9:00 AM-3:00 PM (5 classes)
Res \$400, Non-Res \$410

Magic, Balloon Twisting and Bubble Camp

Ages: 5-12 years
Rich, The Magic Man, Rochester's busiest magician, will teach your child the secrets of magic! Balloon twisting is one of the coolest skills you will learn as well! Campers keep all magic tricks and balloon sculptures. All kids love bubbles! Learn many different techniques. This camp will improve self-confidence, self-esteem and fine motor skills!

Instructor: Rich Stein
Location: PCC
Dates: **Code: 335817-A** M.-Th., 8/4-8/7 1:00-2:30 PM (4 classes)
Res \$100, Non-Res \$110

Nature Explorers

Ages: 9-11 years
Spend a week having fun exploring the White Brook Nature Area with hikes, bug catching, crafts and so much more. All activities designed to discover and identify the plants, insects and animals that live there and learn about their habitat. Don't forget to bring your lunch, water bottle, sneakers, bug repellent and your enthusiasm. Afternoon snack provided.

Instructors: Karen Barriault & Staff
Location: White Brook Nature Area, 250 Aldrich Road
Dates: **Code: 325845-A** M.-F., 8/11-8/15 9:00 AM-3:00 PM (5 classes)
Res \$195, Non-Res \$205

Nature Explorers Too

Ages: 6-8 years
Come and spend more than a week having fun exploring the White Brook Nature Area with hikes, bug catching, crafts and so much more. All activities designed to discover and identify the plants, insects and animals that live there and learn about their habitat. Don't forget to bring your lunch, water bottle, sneakers, bug repellent and your enthusiasm. Afternoon snack provided.

Instructors: Karen Barriault & Staff
Location: White Brook Nature Area, 250 Aldrich Road
Dates: **Code: 325845-C** M.-F., 7/28-8/1 9:00 AM-2:30 PM (5 classes)
Res \$185, Non-Res \$195
Code: 325845-D M.-F., 8/4-8/8 9:00 AM-2:30 PM (5 classes)
Res \$185, Non-Res \$195

Pre-K Hooray!

Ages: 4-5 years
Join us for Summer camp – for Preschoolers! Pre-K Hooray! will keep your little one busy and excited with crafts, games, story time, group play and more! Our instructors bring years of experience to this enriching program. Don't miss out – this program fills quickly! Please ensure enrollment age is adhered to. Snack provided.

Instructor: Sue Nichols

Location: PCC

Dates: **America's Birthday**
Code: 315818-A M.-Th., 6/30-7/3 9:30-11:30 AM (4 classes)
Res \$68, Non-Res \$75

Colors of the Rainbow

Code: 315818-B M.-F., 7/7-7/11 9:30-11:30 AM (5 classes)
Res \$85, Non-Res \$94

Zoo-Topia

Code: 315818-C M.-F., 7/14-7/18 9:30-11:30 AM (5 classes)
Res \$85, Non-Res \$94

Bugs and Butterflies

Code: 315818-D M.-F., 7/21-7/25 9:30-11:30 AM (5 classes)
Res \$85, Non-Res \$94

Exploring My World

Code: 315818-E M.-F., 7/28-8/1 9:30-11:30 AM (5 classes)
Res \$85, Non-Res \$94

Ready, Set, Kindergarten!

Grades: Entering K in Fall 2025
Children will listen to stories, create crafts, play games, and make new friends. Each day will be themed around a renowned children's book and set up in the same format as a day in Kindergarten. By the end of the week, your child will feel prepared to start his/her Kindergarten journey!

Instructors: Mary Beth Foote & Lora Pepper

Location: PCC

Dates: **Code: 342711-A** M.-Th., 8/4-8/7 9:00-11:30 AM (4 classes)
Res \$150, Non-Res \$160
Code: 342711-B M.-Th., 8/4-8/7 12:30-3:00 PM (4 classes)
Res \$150, Non-Res \$160

Summer Pool Camp Program

Ages: 6-12 years
If you love the water, you will love this day camp! Held at the Community Center, kids will have a swim lesson along with water activities, crafts and outdoor games. The day is capped off with free swim in the afternoon. One of our most popular summer programs, so register early. Must be 6 or have completed Kindergarten.

Location: PCC

Dates: **Code: 323326-A** M.-Th., 6/30-7/3 9:00 AM-4:00 PM (4 classes)
Res \$160, Non-Res \$170
Code: 323326-B M.-F., 7/7-7/11 9:00 AM-4:00 PM (5 classes)
Res \$200, Non-Res \$210
Code: 323326-C M.-F., 7/14-7/18 9:00 AM-4:00 PM (5 classes)
Res \$200, Non-Res \$210
Code: 323326-D M.-F., 7/21-7/25 9:00 AM-4:00 PM (5 classes)
Res \$200, Non-Res \$210
Code: 323326-E M.-F., 7/28-8/1 9:00 AM-4:00 PM (5 classes)
Res \$200, Non-Res \$210
Code: 323326-F M.-F., 8/4-8/8 9:00 AM-4:00 PM (5 classes)
Res \$200, Non-Res \$210
Code: 323326-G M.-F., 8/11-8/15 9:00 AM-4:00 PM (5 classes)
Res \$200, Non-Res \$210

Summer Theatre Camps

Dates: **Grades: K-8**
 This program provides focused acting, singing, movement/dance and technical theatre training all within the rehearsal process. Perfect for children who love theatre or have a desire to see what it's all about! Campers will also be focusing on creating sets, props and costumes.

- Campers staying the full day will need a packed lunch, filled water bottle, and 2 snacks each day
- Campers staying for a half day will need a water bottle and 1 snack each day
- Campers should wear comfortable clothing and shoes that permit movement and dancing

Instructor: Bravo! Creative Arts, Ed Rocha
 Location: PCC

Taylor Swift Camp

Dates: **Grades K-3**
Code: 325232-A M.-Th., 6/30-7/3 9:00-11:30 AM (4 classes)
 Res \$100, Non-Res \$110
Code: 325232-AA M.-Th., 6/30-7/3 8:30 AM-4:30 PM (4 classes)
 Res \$180, Non-Res \$190
Performance on 7/3 at 11:30 AM

Grades 3-8
Code: 325232-AB M.-Th., 6/30-7/3 9:00 AM-3:30 PM (4 classes)
 Res \$200, Non-Res \$210
Code: 325232-AC M.-Th., 6/30-7/3 8:30 AM-4:30 PM (4 classes)
 Res \$280, Non-Res \$290
Performance on 7/3 at 5:00 PM

Once Upon a Time

Dates: **Grades K-3**
Code: 325232-B M.-F., 7/7-7/18 9:00-11:30 AM (10 classes)
 Res \$200, Non-Res \$210
Code: 325232-BA M.-F., 7/7-7/18 8:30 AM-4:30 PM (10 classes)
 Res \$380, Non-Res \$390
Performance on 7/18 at 11:30 AM

Into the Woods Jr.

Dates: **Grades 3-8**
Code: 325232-C M.-F., 7/7-7/18 9:00 AM-3:30 PM (10 classes)
 Res \$350, Non-Res \$360
Code: 325232-CA M.-F., 7/7-7/18 8:30 AM-4:30 PM (10 classes)
 Res \$480, Non-Res \$490
Performance on 7/18 at 5:00 PM

Disney's Frozen Kids

Dates: **Grades K-3**
Code: 325232-D M.-F., 7/21-8/1 9:00-11:30 AM (10 classes)
 Res \$200, Non-Res \$210
Code: 325232-DA M.-F., 7/21-8/1 8:30 AM-4:30 PM (10 classes)
 Res \$380, Non-Res \$390
Performance on 8/1 at 11:30 AM

Disney's Frozen Jr.

Dates: **Grades 3-8**
Code: 325232-E M.-F., 7/21-8/1 9:00 AM-3:30 PM (10 classes)
 Res \$350, Non-Res \$360
Code: 325232-EA M.-F., 7/21-8/1 8:30 AM-4:30 PM (10 classes)
 Res \$480, Non-Res \$490
Performance on 8/1 at 5:00 PM

Under the Sea

Dates: **Grades K-3**
Code: 325232-F M.-F., 8/4-8/15 9:00-11:30 AM (10 classes)
 Res \$200, Non-Res \$210
Code: 325232-FA M.-F., 8/4-8/15 8:30 AM-4:30 PM (10 classes)
 Res \$380, Non-Res \$390
Performance on 8/15 at 11:30 AM

Disney's Little Mermaid Jr.

Dates: **Grades 3-8**
Code: 325232-G M.-F., 8/4-8/15 9:00 AM-3:30 PM (10 classes)
 Res \$350, Non-Res \$360
Code: 325232-GA M.-F., 8/4-8/15 8:30 AM-4:30 PM (10 classes)
 Res \$480, Non-Res \$490
Performance on 8/15 at 5:00 PM

Disney's Alice in Wonderland Kids

Dates: **Grades K-3**
Code: 325232-H M.-F., 8/18-8/29 9:00-11:30 AM (10 classes)
 Res \$200, Non-Res \$210
Code: 325232-HA M.-F., 8/18-8/29 8:30 AM-4:30 PM (10 classes)
 Res \$380, Non-Res \$390
Performance on 8/29 at 11:30 AM

Disney's Alice in Wonderland Jr.

Dates: **Grades 3-8**
Code: 325232-I M.-F., 8/18-8/29 9:00 AM-3:30 PM (10 classes)
 Res \$350, Non-Res \$360
Code: 325232-IA M.-F., 8/18-8/29 8:30 AM-4:30 PM (10 classes)
 Res \$480, Non-Res \$490
Performance on 8/29 at 5:00 PM

Wee Nature Explorers

Ages: 3-5 years
 Come explore all the hidden wonders of the White Brook Nature Area. There are many different activities including nature hikes, bug catching, crafts and a whole lot more. Each week explores a different topic: pond life, birds and plants, mammals, and bugs! Snack provided. Sneakers required. We will have tons of fun!

Instructors: Karen Barriault & Staff
 Location: White Brook Natura Area, 250 Aldrich Road

Dates: **Code: 315215-A** M.-Th., 6/30-7/3 9:30-11:30 AM (4 classes)
 Res \$105, Non-Res \$115
Code: 315215-B M.-F., 7/7-7/11 9:30-11:30 AM (5 classes)
 Res \$120, Non-Res \$130
Code: 315215-C M.-F., 7/14-7/18 9:30-11:30 AM (5 classes)
 Res \$120, Non-Res \$130
Code: 315215-D M.-F., 7/21-7/25 9:30-11:30 AM (5 classes)
 Res \$120, Non-Res \$130

Young Nature Explorers

Ages: 5-7 years
 Come explore all the hidden wonders of the White Brook Nature Area. There are many different activities including nature hikes, bug catching, crafts and a whole lot more. Each week explores a different topic: pond life, birds and plants, mammals, and bugs! Snack provided. Sneakers required. We will have tons of fun!

Instructors: Karen Barriault & Staff
 Location: White Brook Nature Area, 250 Aldrich Road

Dates: **Code: 325215-A** M.-Th., 6/30-7/3 1:00-3:30 PM (4 classes)
 Res \$115, Non-Res \$125
Code: 325215-B M.-F., 7/7-7/11 1:00-3:30 PM (5 classes)
 Res \$135, Non-Res \$145
Code: 325215-C M.-F., 7/14-7/18 1:00-3:30 PM (5 classes)
 Res \$135, Non-Res \$145
Code: 325215-D M.-F., 7/21-7/25 1:00-3:30 PM (5 classes)
 Res \$135, Non-Res \$145

PRESCHOOL

Register early to avoid program cancellation due to low enrollment.

A note on Preschool Programs:

CHILD MUST MEET THE AGE REQUIREMENT OF PROGRAM BY PROGRAM START DATE.

*** Please do not drop off your child prior to designated class time and be prompt in picking up your child.**

You may register for more than 1 session during the registration period.

**** Please note: When registering for a program that requires enrollment of both parent and child, it is imperative that both names appear on the registration form.**

Preschooler and Parent Drop-In Gym

Ages: 1-5 years (infants in arms permitted)
Playtime in the gym for parents and children, 1-5 years (infants in arms permitted). Colorful equipment to climb on, riding toys, etc. for active fun. Equipment is sanitized regularly! Dry sneakers and comfortable clothing required. Check in at downstairs reception desk.

Location: PCC

Dates: M.-F., 4/14-5/23 9:00-11:00 AM

Cost: \$6/child (resident), \$7.50/child (non-resident)
No charge for parent or guardian.
10x stamp passes available, inquire at the desk!
Not available on WebTrac.

Baby Blades

Ages: 2-6 years (adult participation required)
Introduce your baby to the ice. This program is designed to get your children excited about being on the ice in a comfortable setting. Classes focus on acquainting your child to the ice and start developing coordination. Participant and chaperone: An additional \$20 fee must be paid to the instructor on the 1st class that goes to US Figure Skating for insurance coverage. Skate rental is also available for the additional cost of \$24 for the 6-week session.

Instructor: Pamela Warren

Location: Village Sports, 2830 Baird Road

Dates: **Code: 135824-AA** Sun., 3/30-5/11 (ex. 4/20) 1:00-1:50 PM
(6 classes) Res \$150, Non-Res \$160*
Code: 235824-A Sun., 5/18-6/22 12:00-12:50 PM
(6 classes) Res \$150, Non-Res \$160
*** March session was listed in Winter Brochure, so registration is already open for that session.**



Beginning Builders

Ages: 3-7 years (adult participation required)
Kids ages 3-7 and their parents and grandparents are invited to join us to build their own customized LEGO creations of all sorts and sizes. My name is Mr. Dave, and I provide the LEGO pieces and minifigs. Come have fun with us! It's all about learning the joy of LEGO building.

Instructor: Dave Jutsum

Location: PCC

Dates: **Code: 216822-A** Tu., 4/15-4/22 10:00-11:00 AM (2 classes)
Res \$5, Non-Res \$6
Code: 216822-B Tu., 4/29-5/6 10:00-11:00 AM (2 classes)
Res \$5, Non-Res \$6
Code: 216822-C Tu., 5/13-5/20 10:00-11:00 AM (2 classes)
Res \$5, Non-Res \$6
Code: 216822-D Tu., 5/27-6/3 10:00-11:00 AM (2 classes)
Res \$5, Non-Res \$6
Code: 216822-E Tu., 6/10-6/24 10:00-11:00 AM (3 classes)
Res \$5, Non-Res \$6

Broadway Babies Fairytale Theatre: Jack and the Beanstalk

Ages: 3-5 years
Attention all princesses and princes! Come join us for our exciting new "Fairytale Theatre" class. Kids will have a wonderful time bringing a fairytale to life through storytelling, music and movement. They will also use props, costumes, and sets for a final performance with friends and family. Don't miss out on this unforgettable magical experience!

Instructor: Bravo! Creative Arts, Ed Rocha

Location: PCC

Dates: **Code: 225232-D** Tu. & Th., 4/29-5/15 5:00-5:30 PM (6 classes)
Res \$50, Non-Res \$55

Butterfly Kids Yoga

Ages: 2-5 years
Kids will have fun learning new yoga poses, participating in music-based yoga activities, and enjoy sweet moments. This class is a great blend of active and calm - perfect for all preschool aged kids! To learn more about Butterfly Kids Yoga, please visit www.butterflykidsyoga.com.

Instructor: Butterfly Kids Yoga Instructor
Location: PCC
Dates: **Code: 221100-A** M., 4/21-5/12 10:00-10:45 AM (4 classes) Res \$44, Non-Res \$48
Code: 221100-B M., 5/19-6/16 (ex. 5/26) 10:00-10:45 AM (4 classes) Res \$44, Non-Res \$48

Creative Movement

Ages: 3-5 years
Children will explore movement, channel energy, stimulate imagination, promote creativity and embrace discipline while learning basic dance terms, ballet positions, movements, patterns and techniques. Ballet shoes recommended.

Instructor: Margaret Carlston
Location: PCC
Dates: **Code: 215854-A** Sat., 4/26-5/17 10:00-10:30 AM (4 classes) Res \$32, Non-Res \$35
Code: 215854-B Sat., 6/7-6/28 10:00-10:30 AM (4 classes) Res \$32, Non-Res \$35

Dance With Me

Ages: 18 months-3 years
Dance With Me is a 30-minute creative movement class suitable for our youngest dancer. Parent/caregiver participate actively in the class as children learn basic dance steps, movement and terminology through song, stories and play. Props will be used for interactive learning.

Instructors: Studio East Dance Company Staff
Location: Studio East Dance Company, 370 Macedon Center Road, Suite 3
Dates: **Code: 215898-B** Sat., 5/3-5/31 9:00-9:30 AM (5 classes) Res \$55, Non-Res \$61

Fun With Ones

Ages: 12-24 months (adult participation required)
Come and enjoy special play time with your little one! There will be equipment to play on, new friends to meet, songs and circle time! Equipment, toys and songs are specifically geared for a one year old's sense of curiosity and fun!

Instructor: Sharilyn Ross
Location: PCC
Dates: **Code: 215803-A** Tu., 4/22-5/20 (ex. 5/6) 9:30-10:15 AM (4 classes) Res \$36, Non-Res \$40
Code: 215803-B Tu., 5/27-6/17 9:30-10:15 AM (4 classes) Res \$36, Non-Res \$40

NEW!! Gymnastic Jumpers Jr.

Ages: 3 1/2-6 years
A great time to run, jump and tumble for fun with friends! Skills using beams, mats, vaulting stacks and floor-bars will be introduced at each child's developmental level. Learn to tumble young for lifelong coordination that crosses over to any sport - great for girls and boys alike with safety-certified Coach Mary!

Instructor: Mary Slaughter
Location: PCC
Dates: **Code: 235828-A** F., 4/25-5/16 1:00-1:45 PM (4 classes) Res \$69, Non-Res \$76

NEW!! Gymnastics & Parkour Jumpers

See Youth & Teen page 32

Isshin-Ryu Karate Junior Beginners

Ages: 4-6 years
This class is designed for younger children. Students will learn "mini" katas and fundamental karate techniques as well as work on listening skills and following directions in a fun and safe atmosphere. This is a smaller group setting than our 6 year old and over class.

Instructors: Sensei Ann Peck & Sensei Wally Peck
Location: PCC
Dates: **Code: 225808-G** M., 4/14-6/23 (ex. 5/26) 4:15-5:00 PM (10 classes) Res \$120, Non-Res \$130



Kangaroo Kids

Ages: 22 months-4 years (adult participation required)
Jump and climb over the mat-mountains, go under the parachute and through the tunnels! Use that energy for coordination and strength by tumbling, climbing and jumping! Structured and free play time that is perfect for girls and boys alike! Taught by safety-certified Gymnastics teacher, Coach Mary.

Instructor: Mary Slaughter
Location: PCC
Dates: **Code: 211837-A** F., 4/25-5/16 5:45-6:15 PM (4 classes) Res \$59, Non-Res \$65
Code: 211837-B F., 4/25-5/16 6:15-6:45 PM (4 classes) Res \$59, Non-Res \$65
Code: 211837-C F., 5/30-6/20 5:45-6:15 PM (4 classes) Res \$59, Non-Res \$65
Code: 211837-D F., 5/30-6/20 6:15-6:45 PM (4 classes) Res \$59, Non-Res \$65

Lil Athletes with Coach Lisa

Ages: 3-5 years
Lil Athletes is a fun and positive introduction to sports of all sorts (golf, tennis, soccer, basketball, hockey and more). All games and activities promote the development of gross motor skills and encourage peer interaction in a safe and non-competitive environment.

Instructor: Lisa Magliato
Location: PCC
Dates: **Code: 211819-A** M., 4/21-5/19 1:30-2:15 PM (5 classes) Res \$79, Non-Res \$87

PRESCHOOL

Music With Littles

Ages: 0-4 years (adult participation required)
A group for young children and their parents to engage in connection with one another, socialization with other children/adult pairs, and find joy through music and play. Includes sing-alongs, instrument exploration, emotional regulation strategies, and a place for love and care.

Instructor: Paige Hargrave
Location: PCC
Dates: **0-2 years**
Code: 216831-A W., 5/7-6/11 5:00-5:30 PM (6 classes)
Res \$90, Non-Res \$99
2-4 years
Code: 216831-B W., 5/7-6/11 5:30-6:00 PM (6 classes)
Res \$90, Non-Res \$99

NEW!! Nature Buds

Ages: 2-4 years (adult participation required)
Come play and learn together in the great outdoors! Connecting with nature through play is a fun, healthy way to foster a sense of wonder, creativity, resilience, discovery and an adventuresome spirit in young children while providing a balance between the virtual world and the natural world. Classes will include nature stories, songs, exploration and play.

Instructor: Barbara Rose
Location: White Brook Nature Area, 250 Aldrich Road
Dates: **Code: 225930-A** Tu., 4/22-6/10 12:30-2:00 PM (8 classes)
Res \$120, Non-Res \$130



Pint Sized Picassos

Ages: 2-6 years (adult participation required)
Come and explore all sorts of artistic materials! We'll be creating art with traditional materials like paint and brushes but also with unusual materials like marbles and sponges! Your young person will be so proud to create and bring home their own unique works of art. Different projects each session! Evening session also available!

Instructor: Sharilyn Ross
Location: PCC
Dates: **Code: 212822-A** W., 4/23-5/21 (ex. 5/7) 10:00-10:45 AM (4 classes) Res \$40, Non-Res \$44
Code: 212822-B W., 5/28-6/18 10:00-10:45 AM (4 classes) Res \$40, Non-Res \$44
Code: 212822-C W., 4/23-5/21 (ex. 5/7) 5:45-6:30 PM (4 classes) Res \$40, Non-Res \$44

Pre-Ballet and Tap

Ages: 3-4 years
In Pre-Ballet and Tap, children will have fun learning basic ballet and tap steps, and developing coordination, musicality, imagination and creativity. We use lots of props and dance to a variety of styles of music. Girls wear leotards and tights and pull hair out of the face, boys wear t-shirts, gym shorts or loose pants. Ballet and tap shoes are required.

Instructor: Vanessa Watters
Location: PCC
Dates: **Code: 216815-A** M., 4/21-6/23 (ex. 5/12, 5/19, 5/26) 3:45-4:30 PM (7 classes) Res \$70, Non-Res \$77

Preschool Adventures

Ages: 2-6 years (adult participation required)
A stress free introduction to preschool. We will have a story, large motor activity and 6-7 art projects and creative stations. We will practice listening, taking turns, and using classroom materials as well as identifying colors, shapes and numbers. Each week will have a new theme.
www.preschooladventuresroc.com

Instructor: Sherry Murray
Location: PCC
Dates: **Code: 228828-E** M., 4/21-5/12 10:00-11:00 AM (4 classes) Res \$60, Non-Res \$66
Code: 228828-F M., 5/19-6/16 (ex. 5/26) 10:00-11:00 AM (4 classes) Res \$60, Non-Res \$66

Preschool Adventures Celebrate Summer

Ages: 2-6 years (adult participation required)
We will listen to "To the Beach" and then make our own permanent sand castles and rotate through other beachy activities. We will end class by making our own ice cream.

Instructor: Sherry Murray
Location: PCC
Date: **Code: 228828-A** M., 6/23 10:00-11:00 AM (1 class) Res \$18, Non-Res \$20



NEW!! Running Club Jr.

Ages: 4-7 years
Run for fun and run for sports! Come and learn how to run with proper technique for safety, speed and agility! These sessions offer Track & Field events plus obstacle courses and weather-permitting, outdoor running! A great intro to "Running Club" for kids just like you!

Instructor: Mary Slaughter
Location: PCC
Dates: **Code: 224871-A** Th., 4/24-5/15 4:15-4:45 PM (4 classes)
Res \$59, Non-Res \$65
Code: 224871-B Th., 5/29-6/19 4:15-4:45 PM (4 classes)
Res \$59, Non-Res \$65

Scribble and Scramble

Ages: 2-6 years (adult participation required)
Double your fun with two classes in one! Play in the gym room and explore your preschooler's creativity in the art room. Each class ends with circle time fun! New projects every session!

Instructor: Sharilyn Ross
Location: PCC
Dates: **Code: 215811-A** Th., 4/24-5/22 (ex. 5/8) 9:30-10:30 AM (4 classes) Res \$44, Non-Res \$48
Code: 215811-B Th., 5/29-6/12 9:30-10:30 AM (3 classes) Res \$33, Non-Res \$36

NEW!! Speech and Language Enrichment Camp (Articulation, Rec/Exp Language, Social Skills)

See Youth and Teen page 34

Spring Break Wicked Week of Dance and Tumble Camp

See Youth and Teen page 34

NEW!! Spring Dribblers & Trainers

Ages: 20 months-5 years (adult participation required)
Two distinct sessions! First: join in for fun with Basketball, Volleyball and Soccer for fast-paced fun with lots of friends! Second session: Run the bases and learn catching and throwing for T-ball! When nice weather, we'll also dribble those soccer balls outside with other happy team friends!

Instructor: Mary Slaughter
Location: PCC
Dates: **Code: 211829-A** Th., 4/24-5/15 5:30-6:05 PM (4 classes)
Res \$69, Non-Res \$76
Code: 211829-B Th., 5/29-6/19 5:30-6:05 PM (4 classes)
Res \$69, Non-Res \$76

Terrific Twos and Threes

Ages: 2-3 years (adult participation required)
Busy 2 or 3 year old? Come, play and meet new friends! We'll play on the gym equipment and end each class with circle time fun! In circle time we'll sing, tell stories, read books and play games all geared towards a toddler's sense of fun and creativity.

Instructor: Sharilyn Ross
Location: PCC
Dates: **Code: 211820-A** Tu., 4/22-5/20 (ex. 5/6) 10:30-11:15 AM (4 classes) Res \$36, Non-Res \$40
Code: 211820-B Tu., 5/27-6/17 10:30-11:15 AM (4 classes)
Res \$36

Tiny Trotters

Ages: 4-6 years
A beginner class for the younger child who loves horses. They will learn how to groom and lead their pony on foot. In the saddle, they will learn the basics of steering while walking and halting their pony. They will also learn safety rules for riding.

Instructors: JLD Trainers
Location: JLD Equine, 1942 Turk Hill Road
Dates: **Code: 225752-A** Tu., 4/22-5/13 3:30-4:00 PM (4 classes)
Res \$160, Non-Res \$170
Code: 225752-B Tu., 5/20-6/3 3:30-4:00 PM (3 classes)
Res \$120, Non-Res \$130
Code: 225752-C Tu., 6/10-6/24 3:30-4:00 PM (3 classes)
Res \$120, Non-Res \$130
Code: 225752-D F., 4/25-5/16 3:30-4:00 PM (4 classes)
Res \$160, Non-Res \$170
Code: 225752-E F., 5/23-6/6 3:30-4:00 PM (3 classes)
Res \$120, Non-Res \$130
Code: 225752-F F., 6/13-6/27 3:30-4:00 PM (3 classes)
Res \$120, Non-Res \$130

Tots Hip-Hop and Tumble

Ages: 3-6 years
A fun class for little ones that love to move and groove. This class will get your child improving coordination with lots of fun hip-hop moves to funky and appropriate music. The tumble portion of the class will include basic skills with correct and safe technique. Please bring a yoga mat to each class. Students can wear dance or athletic clothes each week.

Instructors: Studio East Dance Company Staff
Location: Studio East Dance Company, 370 Macedon Center Road, Suite 3
Dates: **Code: 215914-B** F., 5/2-5/30 4:30-5:30 PM (5 classes)
Res \$75, Non-Res \$83

Tots Tumble

Ages: 3-6 years
In this class, our experienced instructors will teach basic acro positions and skills. This includes forward and backward rolls, drudge, cartwheels, handstands and more. Student will work on strength, flexibility and body awareness all while working on solid foundation of beginner skills in a safe and supportive environment.

Instructors: Studio East Dance Company Staff
Location: Studio East Dance Company, 370 Macedon Center Road, Suite 3
Dates: **Code: 215910-B** Tu., 4/22-5/20 5:00-5:30 PM (5 classes)
Res \$55, Non-Res \$61
Code: 215910-C W., 4/23-5/21 5:30-6:00 PM (5 classes)
Res \$55, Non-Res \$61
Code: 215910-D Sat., 4/26-5/24 9:30-10:00 AM (5 classes)
Res \$55, Non-Res \$61



YOUTH AND TEEN

*** PLEASE NOTE: DO NOT DROP OFF YOUR CHILD PRIOR TO THE DESIGNATED CLASS TIME AND BE PROMPT IN PICKING UP YOUR CHILD. REFER TO THE EARLY DROP OFF/LATE PICK UP POLICY ON THE REGISTRATION INFORMATION PAGE.**

Register early to avoid program cancellation due to low enrollment.

All About Tumbling

Ages: 5-10 years
Have fun while learning basic to advanced tumbling skills. Will teach to individual abilities. Will cover everything from stretching and strengthening to cartwheels, bridges, handstands, walkovers, up to handsprings and more. This is a great class for building self-confidence, motor skills, coordination as well as body awareness.

Instructor: Wendy Reback
Location: PCC
Dates: **Code: 221813-A** M., 4/21-6/23 (ex. 5/26) 4:45-5:30 PM (9 classes) Res \$122, Non-Res \$132

Aspire Ice Skating

Ages: 7 years and over
Join Aspire and take your skating to the next level! Put your skater on the track to success with the Aspire program. Aspire is a bridge program between Learn to Skate USA and advanced figure skating classes. Classes are designed to help each skater meet his or her individual skating goals, while introducing them to advanced figure skating training. A 25-minute lesson with 25 minutes of practice. An additional \$20 must be paid on the first day of class to US Figure Skating for insurance coverage.

Instructor: Pamela Warren
Location: Village Sports, 2380 Baird Road
Dates: **Code: 235836-A** Sun., 3/30-5/11 (ex. 4/20) 1:00-1:50 PM (6 classes) Res \$150, Non-Res \$160*
Code: 235836-B Sun., 5/18-6/22 12:00-12:50 PM (6 classes) Res \$150, Non-Res \$160
*** Due to early date of start of program, registration will start 3/17 for residents and 3/24 for non-residents.**



Ballet I

Ages: 6-9 years
In Ballet I, strength, agility, graceful athleticism and body awareness are enhanced through the study of ballet technique. Children learn ballet barre and center exercises and work on routines. Experienced students will continue their skill development, but first-time students are welcome too! Wear leotards and tights, pull hair out of the face. Ballet shoes required.

Instructor: Vanessa Watters
Location: PCC
Dates: **Code: 225852-A** M., 4/21-6/23 (ex. 5/12, 5/19, 5/26) 4:30-5:15 PM (7 classes) Res \$70, Non-Res \$77

Beginning Ballet

Ages: 5-6 years
In Beginning Ballet, children develop coordination, musicality, flexibility and good body alignment, as well as strengthen the imagination and creativity - and it's fun! We begin with the basics of floor warm-ups, exercises at the barre, and traveling steps. Wear leotards and tights and pull hair out of the face. Ballet shoes required.

Instructor: Vanessa Watters
Location: PCC
Dates: **Code: 225851-A** F., 4/25-6/27 (ex. 5/16, 5/23, 6/6) 4:30-5:15 PM (7 classes) Res \$70, Non-Res \$77

Boatsafe NY - Boating Safety Certificate Course

See Adult page 47

NEW!! Coping Skills Workshop

Ages: 11-15 years
This workshop helps teens develop practical strategies to manage stress, emotions, and life challenges. Through fun activities and group discussions, participants will learn mindfulness, relaxation techniques, positive self-talk, problem-solving, and ways to build resilience. The goal is to empower teens with tools to navigate tough situations and improve emotional well-being in a supportive, judgment-free space. All are encouraged to participate at their own pace!

Instructor: Rebecca Schwarz
Location: PCC
Dates: **Code: 235870-A** M. & W., 5/12-5/21 6:00-7:30 PM (4 classes) Res \$45, Non-Res \$50



DRAMA

Spring Break Theatre Camp – The Smurf Movie

Ages: 5-14 years
Campers will enjoy learning songs and dances during school break. Camp week will end Friday at 3:30 PM in a presentation where your child will shine! It's a great show for friends and family to celebrate what the campers have learned throughout the week. Campers will need a packed lunch, filled water bottle, and 2 snacks each day. Campers should wear comfortable clothing and shoes that permit movement for dancing.

Instructor: Bravo! Creative Arts, Ed Rocha
Location: PCC
Dates: **Code: 125232-F** M.-F., 4/14-4/18 9:00 AM-3:30 PM (5 classes) Res \$200, Non-Res \$210
Code: 125232-FF M.-F., 4/14-4/18 8:30 AM-4:00 PM (5 classes) Res \$250, Non-Res \$260
This class was previously listed in our Winter Brochure so registration is already open.

Spring Break Theatre Camp – Wicked

Ages: 5-14 years
Due to Popular demand, join us for an enchanting week-long journey inspired by the hit Broadway musical *Wicked*. Immerse yourself in the world of Glinda the Good and Elphaba the Wicked Witch as you learn songs, scenes and dances from this iconic show. Camp week will end Friday afternoon in a showcase where your child will shine! Students will need a packed lunch, a filled water bottle, and 2 snacks each day.

Instructor: Bravo! Creative Arts, Ed Rocha
Location: PCC
Dates: **Code: 225232-G** M.-F., 4/14-4/18 9:00 AM-3:30 PM (5 classes) Res \$200, Non-Res \$210
Code: 225232-GG M.-F., 4/14-4/18 8:30 AM-4:00 PM (5 classes) Res \$250, Non-Res \$260

Disney's Newsies

Ages: 10-18 years
It's time to carry the banner on your stage with Disney's Newsies! Set in turn-of-the-century New York City, Newsies is the rousing tale of Jack Kelly, a charismatic newsboy and leader of a band of teenaged "newsies". When titans of publishing raise distribution prices at the newsboys' expense. Jack rallies newsies from across the city to strike against the unfair conditions and fight for what's right! Based on the 1992 motion picture and inspired by a true story, *Newsies* is packed with non-stop thrills and a timeless message!

Instructor: Bravo! Creative Arts, Ed Rocha
Location: PCC, Penfield Community Center & Pittsford Community Center
Dates: **Code: 225232-A** Res \$200, Non-Res \$210
Rehearsals: Sat., 4/26-5/17 12:00-2:00 PM (Pittsford)
Sun., 4/27-5/18 1:00-3:00 PM (Penfield)
F., 4/25-5/16 6:30-8:00 PM (PCC)
Production Week: M., 6/2 & M.-F., 6/9-6/13 6:00-8:00 PM (Penfield)
Performances: Sat., 6/14 4:00 & 7:00 PM (Penfield)
Sun., 6/15 2:00 PM (Penfield)

Legally Blonde Jr.

Ages: 10-18 years
Based on the award-winning Broadway musical and the smash hit motion picture, *Legally Blonde The Musical Jr.* is a fabulously fun journey of self-empowerment and expanding horizons. The show's instantly recognizable songs are filled with humor, wit and sass – leaving cast members and audiences alike seeing pink!

Instructor: Bravo! Creative Arts, Ed Rocha
Location: PCC, Penfield Community Center & Pittsford Community Center
Dates: **Code: 225232-B** Res \$200, Non-Res \$210
Rehearsals: Sat., 4/26-5/17 2:00-4:00 PM (Pittsford)
Sun., 4/27-5/18 3:00-5:00 PM (Penfield)
W., 4/30-5/28 6:00-7:30 PM (PCC)
Production Week: Tu.-F., 6/3-6/6 6:00-8:00 PM (Penfield)
Performances: Sat., 6/7 4:00 & 7:00 PM (Penfield)
Sun., 6/8 2:00 PM (Penfield)

Space Pirates

Ages: 5-13 years
Pirates! Aliens! Space Travel! This is a story about Gabby, a kid who gets picked on for being smart. It's only after going on a whirlwind space adventure with her classmates that she truly becomes comfortable in her own skin.

Instructor: Bravo! Creative Arts, Ed Rocha
Location: PCC, Penfield Community Center & Pittsford Community Center
Dates: **Code: 225232-C** Res \$200, Non-Res \$210
Rehearsals: Sat., 4/26-5/17 11:00 AM-12:00 PM (Pittsford)
Tu., 4/29-5/13 5:30-6:30 PM (Penfield)
Th., 5/1-5/15 5:30-6:30 PM (PCC)
Production Week: Tu., 5/13 5:30-6:30 PM (Penfield)
Th., 5/15 5:30-6:30 PM (PCC)
F., 5/16 5:30-6:30 PM (PCC)
Sat., 5/17 11:00 AM-12:00 PM (Pittsford)
Performances: Sun., 5/18 2:00 & 4:00 PM (Pittsford)

Flag Rugby Co-Ed

Ages: 8-12 years
Coaching will introduce the basics of rugby in non-contact Flag Rugby. Sessions will focus on fun games to develop passing, kicking and game-play skills.

Instructor: Neil Lawther
Location: Egypt Park
Dates: **Code: 225314-A** M. & W., 4/28-6/4 (ex. 5/26) 6:00-7:00 PM (12 classes) Res \$50, Non-Res \$55

Foundry Funday

Ages: 6-10 years
Days off from school are an awesome time to get creative with Brooklyn Robot Foundry! Students will have a blast building robots, playing games, doing crafts, making friends, and so much more during these full-day programs! Each Foundry Funday features a fantastic robot project, which kids get to build, decorate and take home for more fun.

Instructors: Brooklyn Robot Foundry Staff
Location: PCC
Date: **Code: 222709-A** Th., 6/19 9:00 AM-3:00 PM (1 class) Res \$90, Non-Res \$99

NEW!! Gymnastic Jumpers Jr.

See Preschool page 27

NEW!! Gymnastics & Parkour Jumpers

Ages: 4½-9 years
Energetic gymnastics skills for a limited-size group using beams, mats, floor bars, and mini-tramp vaulting. Build a solid tumbling foundation on each child's strengths with new skills added in each of the sessions! Whole body strength, balance and coordination, offering cross-over fundamentals and empowerment for many sports! Parkour tricks will be added based on students' abilities.

Instructor: Mary Slaughter
Location: PCC

Dates: **Code: 235827-A** F., 4/25-5/16 4:20-5:00 PM (4 classes)
Res \$69, Non-Res \$76
Code: 235827-B F., 4/25-5/16 5:00-5:40 PM (4 classes)
Res \$69, Non-Res \$76
Code: 235827-C F., 5/30-6/20 4:20-5:00 PM (4 classes)
Res \$69, Non-Res \$76
Code: 235827-D F., 5/30-6/20 5:00-5:40 PM (4 classes)
Res \$69, Non-Res \$76

Home Alone Safety

Ages: 8-11 years
A safety program that ensures children are safe while home alone. Learn tips on answering the phone and door, basic first aid, important phone numbers, boredom busters, kitchen safety. Program includes workbook.

Instructor: Jerry Bennett
Location: PCC

Dates: **Code: 235809-A** W., 4/30 4:00-6:00 PM (1 class)
Res \$20, Non-Res \$22
Code: 235809-B W., 5/28 4:00-6:00 PM (1 class)
Res \$20, Non-Res \$22

Improv

Ages: 9-14 years
This class provides a fun and supportive environment for students to learn the basics of improvisational acting, storytelling, and stagecraft. Help your child unlock their creative voice, learn to work collaboratively with others, and build new friendships. With an emphasis on positivity, students learn the skills of public speaking, accepting, and celebrating mistakes, making bold choices and trusting their instinct, being a team player, thinking quicker on their feet, active listening and more! The class culminates in an open class for friends and family to attend.

Instructor: Bravo! Creative Arts, Ed Rocha
Location: PCC

Dates: **Code: 225232-F** Tu. & Th., 4/29-5/15 6:30-7:30 PM (6 classes)
Res \$100, Non-Res \$110

Intermediate Skateboarding at Perinton Park

Ages: 8-13 years
Take your skills to the next level with our intermediate skateboarding class! Learn new tricks and skills from experienced instructors. Participants must have taken at least one Skateboarding Basics class within the last year to enroll in this program.

Instructors: Paul Phillips & Dave Schmidt
Location: Perinton Park Skate Park

Dates: **Code: 245960-A** Sun., 6/1-6/22 10:15-11:15 PM (4 classes)
Res \$65, Non-Res \$71

Intro to Horse Back Riding

Ages: 7 years and over
A beginner class for the child who wants to learn to ride. Experienced adult trainers will teach the basics of walk, trot, steering the horse and safety rules while child is in the saddle. Some classes may include grooming, how to tack up and how to properly cool out the horse after riding.

Instructors: JLD Trainers
Location: JLD Equine, 1942 Turk Hill Road

Dates: **Code: 235752-A** W., 4/23-5/14 4:00-5:00 PM (4 classes)
Res \$180, Non-Res \$190
Code: 235752-B W., 5/21-6/4 4:00-5:00 PM (3 classes)
Res \$135, Non-Res \$145
Code: 235752-C W., 6/11-6/25 4:00-5:00 PM (3 classes)
Res \$135, Non-Res \$145
Code: 235752-D F., 4/25-5/16 5:00-6:00 PM (4 classes)
Res \$180, Non-Res \$190
Code: 235752-E F., 5/23-6/6 5:00-6:00 PM (3 classes)
Res \$135, Non-Res \$145
Code: 235752-F F., 6/13-6/27 5:00-6:00 PM (3 classes)
Res \$135, Non-Res \$145
Code: 235752-G Sat., 4/26-5/17 11:00 AM-12:00 PM (4 classes)
Res \$180, Non-Res \$190
Code: 235752-H Sat., 4/26-5/17 1:00-2:00 PM (4 classes)
Res \$180, Non-Res \$190
Code: 235752-I Sat., 5/24-6/7 11:00 AM-12:00 PM (3 classes)
Res \$135, Non-Res \$145
Code: 235752-J Sat., 5/24-6/7 1:00-2:00 PM (3 classes)
Res \$135, Non-Res \$145
Code: 235752-K Sat., 6/14-6/28 11:00 AM-12:00 PM (3 classes)
Res \$135, Non-Res \$145
Code: 235752-L Sat., 6/14-6/28 1:00-2:00 PM (3 classes)
Res \$135, Non-Res \$145

Isshin-Ryu Karate – Beginner Through Orange Belts

Ages: 6 years and over
Introduction and continuation of fundamental karate techniques and self-defense skills in a supportive and enjoyable atmosphere. Students will learn basic blocks, kicks, punches, stances, kata and self-defense. Learn at your own pace, while building fitness, confidence, balance and coordination in a fun, non-threatening setting.

Instructors: Sensei Ann Peck & Sensei Wally Peck
Location: PCC

Dates: **Code: 225808-A** M., 4/14-6/23 (ex. 5/26) 5:15-6:00 PM (10 classes) Res \$120, Non-Res \$130
Code: 225808-AA W., 4/16-6/25 5:30-6:20 PM (11 classes)
Res \$132, Non-Res \$142

Isshin-Ryu Karate – Green Through Purple Belts

Ages: 8 years and over
Continuation of intermediate karate curriculum. Techniques and self-defense skills taught in a supportive and enjoyable atmosphere. Students will learn belt appropriate requirements for advancement, building on prior experience. Learn at your own pace while improving fitness, confidence, balance and coordination in a fun, non-threatening setting.

Instructors: Sensei Ann Peck & Sensei Wally Peck
Location: PCC

Dates: **Code: 225808-B** W., 4/16-6/25 6:30-7:30 PM (11 classes)
Res \$132, Non-Res \$142

Intermediate Green Through Black Belts

Ages: 8 years and over
Advanced karate curriculum continuing with techniques, kata and self-defense skills in a supportive and enjoyable atmosphere. Students will learn belt appropriate requirements for advancement, building on prior experience. Emphasis on improving sparring skills, advanced self-defense techniques and tournament training.

Instructors: Sensei Ann Peck & Sensei Wally Peck
Location: PCC
Dates: **Code: 225808-BB** M., 4/14-6/23 (ex. 5/26) 7:00-8:00 PM (10 classes) Res \$120, Non-Res \$130

Isshin-Ryu Karate – Black Belts

Ages: 10 years and over
Advanced karate curriculum continuing with techniques, kata and self-defense skills in a supportive and enjoyable atmosphere. Students will learn belt appropriate requirements for advancement, building on prior experience.

Instructors: Sensei Ann Peck & Sensei Wally Peck
Location: PCC
Dates: **Code: 225808-C** W., 4/16-6/25 6:30-8:00 PM (11 classes) Res \$132, Non-Res \$142

Kids Fun Spanish Class

Ages: 6-11 years
Kids learn a new language easily and learning a new language helps create stronger brains and new linguistic skills. Studies show: it also builds bigger, smarter, stronger brains. These 45-minute classes are taught by an experienced native Spanish speaker teacher in a very fun way, where kids enjoy different activities, different themes every week, and each of the 5 class sessions are different. Kids learn new vocabulary and basic Spanish. The 5th day, we do a review and we have a "Fun Hispanic Fiesta!"

Instructor: Zoom Into Spanish – Lourdes de la Colina-Scofield
Location: PCC
Dates: **Code: 222875-A** Th., 5/1-5/29 3:55-4:40 PM (5 classes) Res \$118, Non-Res \$128

Learn to Skate

Ages: 7-14 years
Class is based on the highly successful basic skills program developed by Learn to Skate USA. This beginning ice skating program is a fun, challenging and rewarding class that serves the needs of the recreational and aspiring competitive skater and provides a strong foundation for hockey players. An additional \$20 fee must be paid to the instructor on the 1st class for US Figure Skating for insurance coverage. Skate rental is also available for the additional cost of \$24 for the 6-week session.

Instructor: Pamela Warren
Location: Village Sports, 2830 Baird Road
Dates: **Code: 135824-BB** Sun., 3/30-5/11 (ex. 4/20) 1:00-1:50 PM (6 classes) Res \$150, Non-Res \$160*
Code: 235824-B Sun., 5/18-6/22 12:00-12:50 PM (6 classes) Res \$150, Non-Res \$160
*** March session was listed in Winter Brochure, so registration is already open for that session.**

Register Online Using Our WebTrac System
See Page 19
<https://webtrac.perinton.org>



NEW!! Magic Duct Tape Workshop

Ages: 5-13 years
Come join us for a one day magic duct tape workshop. Learn how to make a magic wallet, a flower duct tape pen, and other fun creations. Rich, The Magic Man will teach you this unique craft in a fun way.

Instructor: Rich Stein
Location: PCC
Date: **Code: 235817-A** Sat., 4/12 9:30-11:00 AM (1 class) Res \$32, Non-Res \$35

Preps Hip-Hop and Tumble

Ages: 7-9 years
This combo class is for students who are always showing off their dance moves and love to flip around. It combines the basics of hip-hop techniques and tumbling skills. All classes will begin with a warm up and flexibility stretches followed by choreography to fun and age-appropriate music. Each week students will gain strength and self-confidence through tumble skills.

Instructors: Studio East Dance Company Staff
Location: Studio East Dance Company, 370 Macedon Center Road, Suite 3
Dates: **Code: 225935-A** F., 5/2-5/30 5:30-6:30 PM (5 classes) Res \$75, Non-Res \$83

Preps Tumble

Ages: 7-9 years
This is a fun class that introduces students from basic tumble skills to intermediate skills. This includes forward and backward rolls, bridges, cartwheels, handstands and more. Students will work on strength and body awareness, all while working on solid foundations of techniques in a safe and supportive way.

Instructors: Studio East Dance Company Staff
Location: Studio East Dance Company, 370 Macedon Center Road, Suite 3
Dates: **Code: 224867-A** M., 5/2-5/30 5:30-6:30 PM (5 classes) Res \$75, Non-Res \$83

NEW!! Running Club Jr.

See Preschool page 29

NEW!! Running Club Spring Track & Field

Two distinct sessions! First: try out Track & Field jumping, javelin and fun racing events! Second: improve running techniques with outdoor hill-running and resistance parachutes! Empowering for girls and boys with lots of laughs too with Coach Mary!

Instructor: Mary Slaughter
Location: PCC
Dates: **Code: 224866-A** Th., 4/24-5/15 4:45-5:30 PM (4 classes) Res \$79, Non-Res \$87
Code: 224866-B Th., 5/29-6/19 4:45-5:30 PM (4 classes) Res \$79, Non-Res \$87

YOUTH & TEEN

Safety First and Basic First Aid for Children

Ages: 7-13 years
Learn the basics of staying home alone and first aid. Students will be equipped after learning skills such as Internet safety, house rules, phone and fire safety. First aid skills include use of PPE, breathing emergencies, stopping bleeding and more. Certificate of completion and a mini first aid kit provided at end of program.

Instructor: Domenic Danesi
Location: PCC
Dates: **Code: 225234-A** Sat., 4/5 9:00 AM-12:00 PM (1 class)
Res \$80, Non-Res \$88



Skateboarding Basics at Perinton Park

Ages: 8-13 years
Always wanted to try skateboarding but were too intimidated to just go and get out there? Learn the basics here to get you started on the right (or left) foot! Info on proper gear for you, learning your stance, help with balance, taking the first push and more will be provided. In the event of inclement weather, class will be pushed out one week.

Instructors: Paul Phillips & Dave Schmidt
Location: Perinton Park Skate Park
Dates: **Code: 245908-A** Sun., 6/1-6/22 9:00-10:00 AM (4 classes)
Res \$65, Non-Res \$71

Slave Experience and the Underground Railroad

See Adult page 52

NEW!! Speech and Language Enrichment Camp (Articulation, Rec/Exp Language, Social Skills)

Grades: Pre-K-8th
Join us for a mini-summer camp run by five licensed SLPs (two per section) to target Pre-K articulation, school age articulation, receptive/expressive language skills, and pre-teen/teen social pragmatic skills.

Instructor: Samantha Taylor
Location: PCC
Dates: **Code: 325946-A** Tu., 7/8-7/29 9:00-11:00 AM (4 classes)
Res \$130, Non-Res \$140
Code: 325946-B Tu., 7/8-7/29 1:00-3:00 PM (4 classes)
Res \$130, Non-Res \$140
Code: 325946-C W., 7/9-7/30 9:00-11:00 AM (4 classes)
Res \$130, Non-Res \$140
Code: 325946-D W., 7/9-7/30 1:00-3:00 PM (4 classes)
Res \$130, Non-Res \$140

Spring Break Wicked Week of Dance and Tumble Camp

Ages: 3-12 years
Escape to the Emerald City for a few fun days! Everyone deserves a chance to fly, and your dancer will summon an inner Glinda or Elphaba on the Ozdust ballroom dance floor. Pack your dance shoes for this multidiscipline (and multifun!) camp. Your dancer divides time between the studio for a full dance class, and the atelier space for pink and green arts and crafts. Dancers should bring a snack and drink each day. There will be a mini performance on Thursday.

Instructors: Studio East Dance Company Staff
Location: Studio East Dance Company, 370 Macedon Center Road, Suite 3
Dates: **Code: 224872-A** M.-Th., 4/14-4/17 9:00 AM-12:00 PM (4 classes) Res \$150, Non-Res \$160
Code: 224872-AA M.-Th., 4/14-4/17 9:00 AM-3:00 PM (4 classes) Res \$300, Non-Res \$310
Code: 224872-B M., 4/14 9:00 AM-12:00 PM (1 class) Res \$40, Non-Res \$44
Code: 224872-BB M., 4/14 9:00 AM-3:00 PM (1 class) Res \$60, Non-Res \$66
Code: 224872-C Tu., 4/15 9:00 AM-12:00 PM (1 class) Res \$40, Non-Res \$44
Code: 224872-CC Tu., 4/15 9:00 AM-3:00 PM (1 class) Res \$60, Non-Res \$66
Code: 224872-D W., 4/16 9:00 AM-12:00 PM (1 class) Res \$40, Non-Res \$44
Code: 224872-DD W., 4/16 9:00 AM-3:00 PM (1 class) Res \$60, Non-Res \$66
Code: 224872-E Th., 4/17 9:00 AM-12:00 PM (1 class) Res \$40, Non-Res \$44
Code: 224872-EE Th., 4/17 9:00 AM-3:00 PM (1 class) Res \$60, Non-Res \$66

Theatre Games

Ages: 5-8 years
Looking for something to do? Come join us for a class that will be packed with fun and excitement. Theatre games help students enhance skills in voice, movement and in thinking on their feet. These games are exercises designed to teach a skill that can be used on stage (and in real life too!). Students in this class will have fun learning theatre skills while laughing and creating. Besides all of the valuable benefits, theatre games are also a ton of fun.

Instructor: Bravo! Creative Arts, Ed Rocha
Location: PCC
Dates: **Code: 225232-E** Tu., 4/29-5/13 5:30-6:00 PM (3 classes)
Res \$50, Non-Res \$55

Tots 2 Tap and Ballet

Ages: 5-6 years
Our Tots 2 combo class consists of tap and ballet. At this level, students will learn tap and ballet terminology and skills while fostering coordination, self-confidence and flexibility. Each class will have a warm up and progressions by our experienced instructors. Dancers need leotard and tights and tap and ballet shoes each week.

Instructors: Studio East Dance Company Staff
Location: Studio East Dance Company, 370 Macedon Center Road, Suite 3
Dates: **Code: 226868-D** Sat., 4/26-5/24 11:45 AM-12:45 PM (5 classes) Res \$70, Non-Res \$77

Western Riding for All Ages

See Adult page 53

Youth Activity Nights

Ages: 11-14 years
Join us for select activities throughout the Spring! Students will have the ability to use the Perinton Community Center as a place to socialize, make friends, and play games. Our youth team supervises all programs, so parents can have some free time. All participants will need to be picked up and dropped off at the locations listed. Food served in the program is not allergy or diet restriction sensitive. All programs have a registration DEADLINE a week prior to the event (ex. Dodgeball 5/23, registration deadline 5/16), unless authorized by the Recreation Supervisor. Enroll early to avoid program cancellation! If your child would like to see an event offered by the community center, please contact Michael Clark (Recreation Supervisor) mclark@perinton.org with your idea!

Location: PCC

Youth Open Gym

Date: **Code: 236105-A** Sat., 4/26 5:00-7:00 PM (1 class)
Res \$10, Non-Res \$11

Nintendo Switch Party

Date: **Code: 236105-B** F., 5/2 7:00-9:00 PM (1 class)
Res \$10, Non-Res \$11

Dodgeball Tournament

Date: **Code: 236105-C** F., 5/23 6:00-8:00 PM (1 class)
Res \$10, Non-Res \$11

Splash Party & Water War

Date: **Code: 236105-D** F., 6/20 7:00-9:00 PM (1 class)
Res \$10, Non-Res \$11



Youth Soccer

Grades: K-5, Co-Ed
This is an instructional soccer program focused on fundamentals and fun! A limited number of youth may participate dependent on coach and field availability. Registration closes on April 1st, however, the program may fill prior to this date. We will continue to accept registrations as space allows. However, please register early as your desired night may fill.

Coaches: Volunteers are needed! Teams are coached by enthusiastic people who volunteer their time so that children can have a great experience and enjoy the sport. No formal soccer experience is required. If interested in coaching, please complete the form, following this QR code, or email Kelly at kattridge@perinton.org no later than April 1st. We perform background checks on all our youth sport coaches.



Requests: Requests to be paired with another teammate will be reviewed on a case-by-case basis. The request must be noted on the registration form or under "Add a Note or Info to Staff" before proceeding to check out on WebTrac. **Not all requests will be granted.**

Note: Please answer the following questions when registering your child (either during WebTrac registration or noted on the paper registration form) to help us create fair and balanced teams.

1. Please share the general amount of soccer experience your child has, to help us create fair and balanced teams - Beginner, Intermediate, Advanced/Travel Player.
2. How many seasons has your child played in the Perinton Recreation and Parks Youth League?
3. What school does your child attend?
4. What size t-shirt does your child wear? Youth Small, Youth Medium, Youth Large, Youth XL, Adult Small or Adult Medium.

Dates: Begins the week of May 6. 5/6-6/28 (ex. 5/24)

Day & Time: Weeknight practice 6:00-7:00 PM and Saturday game start time between 8:45-11:15 AM.

Location: Center Park East & West Soccer Fields

Fee: Res \$72, Non-Res \$79

Grades K-1

Code: 224721-AA Practice Tuesdays
Code: 224721-AB Practice Wednesdays
Code: 224721-AC Practice Thursdays

Grades 2-3

Code: 224721-BA Practice Tuesdays
Code: 224721-BB Practice Wednesdays
Code: 224721-BC Practice Thursdays

Grades 4-5

Code: 224721-CA Practice Tuesdays
Code: 224721-CB Practice Wednesdays
Code: 224721-CC Practice Thursdays

Youth Tennis

Ages: 5-18 years
Try a new sport! This introductory program will feature the basics of tennis in a fun atmosphere. Kids will participate in tennis activities and games that build skills and focus on teamwork. Low compression tennis balls will be used so all can have success from the start. No prior tennis experience is required. If you have a racquet, you're welcome to bring it. Otherwise racquets will be provided.

Instructor: Avi Abittan
Location: Perinton Park Tennis Courts

Dates: **5-8 years**
Code: 225225-A M., 5/5-6/16 (ex. 5/26) 5:00-6:00 PM (6 classes)
Res \$108, Non-Res \$118

9-10 years

Code: 225225-B M., 5/5-6/16 (ex. 5/26) 6:00-7:00 PM (6 classes)
Res \$108, Non-Res \$118

11-18 years

Code: 225225-C Th., 5/8-6/19 (ex. 5/15) 6:00-7:30 PM (6 classes)
Res \$108, Non-Res \$118

YOUTH & TEEN ARTS & CRAFTS AND COOKING

REFUNDS FOR ARTS AND CRAFTS CLASSES: Refunds must be requested a minimum of 7 days in advance of the class. No refunds will be given otherwise. Supplies must be picked up within 7 days after the class.

Register early to avoid program cancellation due to low enrollment.

COMIC BOOK AND CARTOONING

Ages: 9-12 years
Learn to draw your favorite comic book and cartoon characters. Also learn how to draw caricatures of yourself, friends and family.

Instructor: Brian Petty
Location: PCC

Dates: **Code: 222870-A** Tu., 4/22-5/13 4:30-5:30 PM (4 classes)
Res \$48, Non-Res \$53
Code: 222870-B Tu., 6/3-6/24 4:30-5:30 PM (4 classes)
Res \$48, Non-Res \$53

NEW!! CRAFT SAMPLER!

Ages: 7-12 years
It's going to be a craftapalooza! Does your young person enjoy being creative and trying new things? Join us for a craft sampler! Each week, we'll dive into another fun craft! First week, we'll take a whirl at weaving, next week we'll explore beading and the last week we'll create with polymer clay. Maybe they'll even find a summer hobby to keep minds and hands happily busy!

Instructor: Sharilyn Ross
Location: PCC

Dates: **Code: 222804-L** Th., 5/29-6/12 4:15-5:15 PM (3 classes)
Res \$33, Non-Res \$36

NEW!! CROCHET A CUTE UNICORN

See Adult Arts & Crafts and Cooking page



GELLI ART ADVENTURES

Ages: 8-13 years
Gelli Plate Printing is a fun, exciting and easy process as the paint is put on the Gelli surface, spread out with a brayer, then a variety of stencils and other textural objects are placed on the Gelli plate and transferred to a paper surface. The colorful, expressive printed paper can be a standalone art image. Or the papers will be cut, ripped, layered and collaged to create a bouquet of blooms or a luscious landscape...the paper, shape and color combinations are endless. All you must do is show up and enjoy hands-on art creating!

Instructor: Tracy Briggs
Location: PCC

Dates: **Code: 222816-A** W., 4/23-5/14 4:15-5:15 PM (4 classes)
Res \$85, Non-Res \$94
Code: 222816-B Th., 4/24-5/15 4:15-5:15 PM (4 classes)
Res \$85, Non-Res \$94
Code: 222816-C W., 5/21-6/11 4:15-5:15 PM (4 classes)
Res \$85, Non-Res \$94
Code: 222816-D Th., 5/22-6/12 4:15-5:15 PM (4 classes)
Res \$85, Non-Res \$94



NEW!! ILLUSTRATION, CHARACTER DESIGN AND STORYTELLING

Ages: 10-13 years
This program is designed for tweens and teens who love to draw, tell stories and meet new friends with similar interests! In this class, we'll go over the fundamentals of illustration, story-telling, character design and comic book creation through 5 different in-class projects and exercises. If you're the next Stan Lee or Walt Disney, this class is for YOU!!

Instructor: Sally George
Location: PCC

Dates: **Code: 222877-A** Th., 4/17-5/15 5:30-7:00 PM (5 classes)
Res \$150, Non-Res \$160
Code: 222877-B Tu., 5/27-6/24 5:30-7:00 PM (5 classes)
Res \$150, Non-Res \$16

NEW!! KNITTING 911 – FIXING KNITTING MISTAKES

See Adult Arts & Crafts and Cooking page 54

LEARN TO CROCHET

See Adult Arts & Crafts and Cooking page 55

LEARN TO KNIT

See Adult Arts & Crafts and Cooking page 55

PROJECT HELP: CROCHET OR KNITTING

See Adult Arts & Crafts and Cooking page 55

Junior Golf Camp

Ages: 6-16 years
Each session has 4 classes over a 5-week period with the extra week in case of a rain date. The 9:30-10:30 AM classes are designed for young, beginning golfers. We utilize multiple stations of activity where we are able to integrate agility, balance, throwing and catching, alongside standard golf fundamentals to keep the kids enthused, interested and focused. The later classes (10:30 AM and 11:30 AM) will still have multiple stations and focus on fundamentals, but will have different, age-appropriate games and drills for the kids. Participants will receive an Eagle Vale Driving Range Pass on the last day. The pass is good for 6 FREE small buckets of balls on our driving range. The goal is to have kids fall in love with the game of golf, but also be able to excel in other sports and activities in which they want to explore. Please call 585-377-5200 or visit www.eaglevale.com for more information.

Instructor: Larry Poploski, Director of Golf Instruction

Ages: **6-10 years**
Code: 225715-A Sat., 5/10-5/31 9:30-10:30 AM (4 classes)
Res \$149, Non-Res \$159

Ages: **10-13 years**
Code: 225715-B Sat., 5/10-5/31 10:30-11:30 AM (4 classes)
Res \$149, Non-Res \$159

Ages: **13-16 years**
Code: 225715-C Sat., 5/10-5/31 11:30 AM-12:30 PM (4 classes)
Res \$149, Non-Res \$159

Adult Beginner Golf - Intro to Golf

Ages: 18 years and over
This course is designed for the true beginner golfer. Our PGA professional instructors will gently guide you through the fundamentals of golf in an entertaining 4-week course with the 5th week scheduled in case of a rain date. Simple, easy to follow fundamentals of grip, posture and aim will be a starting point with the swing shape and style introduced at the proper time. The short game, rules and etiquette will be touched on to round out the curriculum. Please call 585-377-5200 or visit www.eaglevale.com for more information.

Instructor: Larry Poploski, Director of Golf Instruction

Dates: **Code: 245790-A** Tu., 4/15-5/6 5:00-6:00 PM (4 classes)
Res \$159, Non-Res \$169
Code: 245790-B W., 4/16-5/7 5:00-6:00 PM (4 classes)
Res \$159, Non-Res \$169
Code: 245790-C Th., 4/17-5/8 5:00-6:00 PM (4 classes)
Res \$159, Non-Res \$169
Code: 245790-D Tu., 5/20-6/10 5:00-6:00 PM (4 classes)
Res \$159, Non-Res \$169
Code: 245790-E W., 5/21-6/11 5:00-6:00 PM (4 classes)
Res \$159, Non-Res \$169
Code: 245790-F Th., 5/22-6/12 5:00-6:00 PM (4 classes)
Res \$159, Non-Res \$169

Adult Advanced Golf

Ages: 18 years and over
Each session has 4 classes over a 5-week period with the extra week in case of a rain date. A natural progression from the "Adult Beginner Golf." This course expands on what you've already learned in the previous course. More in-depth analysis of your golf swing will be the focus along with pre-swing fundamentals and pre-shot routines. Additional time will be spent on putting, short game, rules and proper etiquette. Short game instruction will include pitch shots, chip shots and bunker play. Please call 585-377-5200 or visit www.eaglevale.com for more information.

Instructor: Larry Poploski, Director of Golf Instruction

Dates: **Code: 245791-A** Tu., 4/15-5/6 6:00-7:00 PM (4 classes)
Res \$159, Non-Res \$169
Code: 245791-B W., 4/16-5/7 6:00-7:00 PM (4 classes)
Res \$159, Non-Res \$169
Code: 245791-C Th., 4/17-5/8 6:00-7:00 PM (4 classes)
Res \$159, Non-Res \$169
Code: 245791-D Tu., 5/20-6/10 6:00-7:00 PM (4 classes)
Res \$159, Non-Res \$169
Code: 245791-E W., 5/21-6/11 6:00-7:00 PM (4 classes)
Res \$159, Non-Res \$169
Code: 245791-F Th., 5/22-6/12 6:00-7:00 PM (4 classes)
Res \$159, Non-Res \$169

Adult Short Game Clinic

Ages: 18 years and over
Each session has 4 classes over a 5-week period with the extra week in case of a rain date. Emphasis will be on putting, chipping, pitching and bunker play. This clinic is perfect for those players who hit the ball relatively well, but then struggle when they get near the green, often taking multiple strokes and/or putts. The short game is the most overlooked part of the game, with the most impact on your ability to lower your score. Much of this clinic will take place on the golf course, with our extensive short game area also being used. Please call 585-377-5200 or visit www.eaglevale.com for more information.

Instructor: Larry Poploski, Director of Golf Instruction

Dates: **Code: 245792-A** Tu., 4/15-5/6 7:00-8:00 PM (4 classes)
Res \$179, Non-Res \$189
Code: 245792-B W., 4/16-5/7 7:00-8:00 PM (4 classes)
Res \$179, Non-Res \$189
Code: 245792-C Th., 4/17-5/8 7:00-8:00 PM (4 classes)
Res \$179, Non-Res \$189
Code: 245792-D Tu., 5/20-6/10 7:00-8:00 PM (4 classes)
Res \$179, Non-Res \$189
Code: 245792-E W., 5/21-6/11 7:00-8:00 PM (4 classes)
Res \$179, Non-Res \$189
Code: 245792-F Th., 5/22-6/12 7:00-8:00 PM (4 classes)
Res \$179, Non-Res \$189

Men's Senior Golf Camp

Ages: 55 years and over
Each session has 4 classes over a 5-week period with the extra week in case of a rain date. Lost a little distance lately? Not as flexible as you once were? Here's a program designed to improve your distance with drills and exercises aimed at increasing your strength and flexibility. Golfers will also work on their full swing, short game and course management skills. Please call 585-377-5200 or visit www.eaglevale.com for more information.

Instructor: Larry Poploski, Director of Golf Instruction

Dates: **Code: 245794-A** M., 4/21-5/12 2:00-3:00 PM (4 classes)
Res \$159, Non-Res \$169
Code: 245794-B M., 6/2-6/23 2:00-3:00 PM (4 classes)
Res \$159, Non-Res \$169

Ladies' Senior Golf Camp

Ages: 55 years and over
Each session has 4 classes over a 5-week period with the extra week in case of a rain date. Enjoy the camaraderie of your fellow lady golfers in this small group setting. Learn the keys behind hitting your driver further while freeing up your swing to get the maximum distance on all of your shots. All aspects of your golf game will be worked on, but we will still have the emphasis on hitting the ball farther. Please call 585-377-5200 or visit www.eaglevale.com for more information.

Instructor: Larry Poploski, Director of Golf Instruction

Dates: **Code: 245794-C** M., 4/21-5/12 3:00-4:00 PM (4 classes)
Res \$159, Non-Res \$169
Code: 245794-D M., 6/2-6/23 3:00-4:00 PM (4 classes)
Res \$159, Non-Res \$169

**Register early to avoid program
cancellation due to low enrollment.**

**In case of inclement weather, please call the golf course
one half hour before class time to receive information
regarding class cancellation. Make up classes will be
held on the same day and time the following week.
Please note that there will be no make up for classes
missed because of personal reasons.**

**All lessons will be taught at Eagle Vale Golf Club,
4344 Nine Mile Point Road, 377-5200.**

AQUATICS



	Resident						Non-Resident			
	Child* (13/under)	Youth (14-18)	Adult (19-54)	Senior (55+)	College Student	Active Military	Child* (13/under)	Youth (14-18)	Adult (19-54)	Senior (55+)
Daily	\$4.75	\$5.25	\$7.50	\$5.25	\$5.25	\$5.25	\$7.00	\$8.00	\$12.00	\$8.00
Monthly	\$29.00	\$37.00	\$55.00	\$37.00	\$37.00	\$37.00	\$42.00	\$47.00	\$74.00	\$47.00
20 Visit	\$46.00	\$53.00	\$77.00	\$53.00	\$53.00	\$53.00	\$78.00	\$110.00	\$168.00	\$110.00
6 Month	\$147.00	\$179.00	\$278.00	\$179.00	\$179.00	\$179.00	\$189.00	\$236.00	\$347.00	\$236.00
12 Month	\$263.00	\$320.00	\$494.00	\$320.00	\$320.00	\$320.00	\$341.00	\$415.00	\$625.00	\$415.00

* Note: Child pass is aquatics only. **Hours are Subject to Change**

Note: Children under the age of 14 are not permitted to utilize the fitness equipment.

Water feature schedules listed on www.perinton.org

Daily Family Pass for Aquatics (Resident Only) • 2 Adults, 2 Children = \$18, \$3 each additional child

PLEASE REMEMBER RULES ARE FOR THE SAFETY OF EVERYONE. OUR GOAL IS FOR YOUR VISIT TO BE AN ENJOYABLE ONE. THANK YOU FOR YOUR COOPERATION!

PERINTON AQUATIC CENTER RULES

- Pool area is closed when no lifeguard is on duty.
- Instruction of lifeguard must be obeyed at all times.
- All patrons must shower before entering the pool.
- Appropriate bathing attire must be worn (designated swim suit). No cutoffs or street clothes will be allowed.
- Street shoes are not allowed on the pool deck.
- Children of diaper wearing age MUST wear swim diapers or plastic pants with tight fitting elastic legs. Regular disposable diapers will not be allowed.
- No running, horseplay, chicken fights or pushing allowed in the pool area.
- Diving is only permitted in over nine feet of water in the lap pool.
- No food, gum, drinking (except water) or tobacco products (e-cigs) in the pool area.
- No glass containers allowed in the pool area.
- Discharge of bodily matter is prohibited.
- No unacceptable public displays of affection.
- Only Coast Guard approved, properly fitting personal floatation devices are permitted.
- Masks, fins and snorkels are allowed for designated programs only.
- Swimmers wishing to swim in water deeper than their height must first pass a deep water test.
- Children ages 5-11 years must be accompanied by an adult (18+ years) in the pool area. Adult must be in proper swim attire.
- Children ages 4 and under must be within an arm's reach of an adult, 2 children to 1 adult.
- No one under the age of 6 may use the hot tub.
- Children between the ages of 6 through the age of 17 must be accompanied by an adult in the hot tub.
- Participants must be at least 48" tall to go down the slide.
- Failure to comply with the pool rules may result in expulsion from the facility.

Register early to avoid program cancellation due to low enrollment.



Birthday parties are now available to be booked online!

Visit us on WebTrac and search keyword "Splash" for available dates and times. Please note, rooms and time slots are not able to be changed. The first hour of the party time slot is spent in the pool and the second hour is spent in the room. Parties are limited to 25 people. Additional party bookings need to be made for any parties over 25 people, and time slots remain as listed. Parties are \$200/resident and \$250/non-resident. Must be paid in full at time of booking and must have an active WebTrac account to book.



Preschool Splash

Ages: 0-6 years (adult participation required)
Parent and child exploration in the Leisure Pool. Parents must be within an arm's reach of child at all times. Parents may bring up to two children under five during this time. All children not potty trained must wear swim diapers under suit. Coast Guard PFDs allowed.

Dates: M., W., & F., 4/14-6/23 8:45-10:45 AM

Fees: Res \$5.50 (1 adult & 1 child), Non-Res \$8 (1 adult & 1 child)
\$2.25 each additional child (either Res or Non-Res)
10X stamp pass - Res \$50, Non-Res \$72
Not available on WebTrac.

Summer Pool Camp Program

See Youth Camp page 24

Try Scuba

Ages: 10 years and over
The Try Scuba program is an ideal introduction to scuba diving, offering a safe, confined water experience with a professional instructor. Enjoy your first underwater breaths and discover the magic of diving. Completing this short course earns you the Try Scuba recognition card, setting you on a path to endless diving adventures. Start today!

Instructors: Staff of RU4Scuba

Location: PCC

Date: **Code: 233210-A** Th., 5/15 6:00-8:00 PM (1 class)
Res \$45, Non-Res \$50

Red Cross Lifeguard Certification

Ages: 15 years and over
Participants must pass a prerequisite swim of 150 yards using front crawl or breaststroke or combination of both. Maintain position at the surface of the water for 2 minutes by treading water using legs only. Swim 50 yards using front crawl, breaststroke or a combination of both. Complete a timed event in 1 minute, 40 seconds. Start in the shallow water, swim 20 yards; face may be in or out of the water. Surface dive and retrieve a 10 pound object. Swim 20 yards on the back, returning to the starting point while holding the object at the surface of the water. Exit water without using the ladder.

Instructors: ARC Lifeguard Instructors

Location: PCC

Dates: **Code: 243388-A** M.-W., 4/14-4/16 9:00 AM-5:00 PM (3 classes)
Res \$170, Non-Res \$180

AQUATICS

Fitness Swim Class

Ages: 18 years and over
Designed for individuals seeking high-level stroke instruction from a US Masters coach. This class will help prepare for competitions, enhanced lap swimming, and increase fitness potential. Triathletes, competitive and recreational swimmers are encouraged to try this out!

Instructor: Brandon Lee
Location: PCC

Dates:
Code: 243901-A Tu., 4/15-5/20 7:30-8:30 AM (6 classes) Res \$48, Non-Res \$53
Code: 243901-B Tu., 5/27-6/24 7:30-8:30 AM (5 classes) Res \$40, Non-Res \$44
Code: 243901-C C Th., 4/17-5/22 8:30-9:30 AM (6 classes) Res \$48, Non-Res \$53
Code: 243901-D D Th., 5/29-6/26 8:30-9:30 AM (5 classes) Res \$40, Non-Res \$44
Code: 243901-E Tu. & Th., 4/15-5/22 7:30-8:30 AM (Tu.) & 8:30-9:30 AM (Th.) (12 classes) Res \$96, Non-Res \$106
Code: 243901-F Tu. & Th., 5/27-6/26 7:30-8:30 AM (Tu.) & 8:30-9:30 AM (Th.) (10 classes) Res \$80, Non-Res \$88

Genesee Valley Masters Swimming

Ages: 18 years and over
USA Masters registered program offering high quality, coached instruction for competitive swimmers, Triathletes, lap swimmers and anyone else interested in participating. Participants have multiple practice times. Perinton Aquatic Center, M., W. & F. mornings 6:00-7:30 AM and Tu. & Th., 5:30-7:30 AM. Contact Laura at lsilins@perinton.org to begin your free 2-week trial!

Private and Semi-Private Swimming Lessons

Ages: 2 ½ years and over
Participants will have a 30-minute lesson with an Aquatic Safety Employee. Classes will be tailored to the desires of the participant/parent with a small amount of time before or after class to discuss progress and new goals. If you are interested in a semi-private lesson, register for the desired class, then contact Laura Silins at lsilins@perinton.org to enroll additional participants for an added cost. **Max of four participants per class.** Classes are taught in the lap or leisure pool, according to the participant's needs. Suitable for kids and adults.

Semi-Private Fees: Each additional participant
 • 8 classes - Res \$80, Non-Res \$88



SUNDAY

**4/27-6/15 (8 classes)
Res \$224, Non-Res \$234**

Code: 213120-UA, UB or UC 9:00-9:30 AM
Code: 213120-UD, UE or UF 9:35-10:05 AM
Code: 213120-UG, UH or UI 10:10-10:40 AM
Code: 213120-UJ, UK or UL 10:45-11:15 AM
Code: 213120-UM, UN or UO 11:20-11:50 AM

MONDAY

**4/21-6/16 (ex. 5/26) (8 classes)
Res \$224, Non-Res \$234**

Code: 213120-MA, MB or MC 3:40-4:10 PM
Code: 213120-MD, ME or MF 4:15-4:45 PM
Code: 213120-MG, MH or MI 4:50-5:20 PM
Code: 213120-MJ, MK or ML 5:25-5:55 PM
Code: 213120-MM, MN or MO 6:00-6:30 PM

TUESDAY

**4/22-6/10 (8 classes)
Res \$224, Non-Res \$234**

Code: 213120-TA 9:00-9:30 AM
Code: 213120-TB 9:35-10:05 AM
Code: 213120-TC 10:10-10:40 AM
Code: 213120-TD 10:45-11:15 AM
Code: 213120-TE or TF 3:40-4:10 PM
Code: 213120-TG or TH 4:15-4:45 PM
Code: 213120-TI or TJ 4:50-5:20 PM
Code: 213120-TK or TL 5:25-5:55 PM
Code: 213120-TM or TN 6:00-6:30 PM

WEDNESDAY

**4/23-6/11 (8 classes)
Res \$224, Non-Res \$234**

Code: 213120-WA, WB or WC 3:40-4:10 PM
Code: 213120-WD, WE or WF 4:15-4:45 PM
Code: 213120-WG, WH or WI 4:50-5:20 PM
Code: 213120-WJ, WK or WL 5:25-5:55 PM
Code: 213120-WM, WN or WO 6:00-6:30 PM

THURSDAY

4/24-6/12 (8 classes)
Res \$224, Non-Res \$234

Code: 213120-RA 9:00-9:30 AM
 Code: 213120-RB 9:35-10:05 AM
 Code: 213120-RC 10:10-10:40 AM
 Code: 213120-RD 10:45-11:15 AM
 Code: 213120-RE or RF 3:40-4:10 PM
 Code: 213120-RG or RH 4:15-4:45 PM
 Code: 213120-RI or RJ 4:50-5:20 PM
 Code: 213120-RK or RL 5:25-5:55 PM
 Code: 213120-RM or RN 6:00-6:30 PM

FRIDAY

4/25-6/13 (8 classes)
Res \$224, Non-Res \$234

Code: 213120-FA, FB or FC 3:40-4:10 PM
 Code: 213120-FD, FE or FG 4:15-4:45 PM
 Code: 213120-FH, FI or FJ 4:50-5:20 PM
 Code: 213120-FK, FL or FM 5:25-5:55 PM

SATURDAY

4/26-6/14 (8 classes)
Res \$224, Non-Res \$234

Code: 213120-SA 8:25-8:55 AM
 Code: 213120-SB 9:00-9:30 AM
 Code: 213120-SC 9:35-10:05 AM
 Code: 213120-SD or SE 10:10-10:40 AM
 Code: 213120-SF or SG 10:45-11:15 AM
 Code: 213120-SH 11:20-11:50 AM

GROUP SWIMMING LESSONS

Note: For safety and control reasons, parents are not allowed on the pool deck during the swim lessons. You may observe from our observation areas.

Waterbabies

Ages: 6 months - 2.99 years
(parent participation in water, swimsuit required)

Waterbabies will help familiarize children between the ages of 6 months up to 3 years with the water and teach swimming readiness skills. Provide safety information for parents and teach techniques parents can use to orient their children to the water. No skill prerequisites; child must be at least 6 months old. Parent must accompany child to each class.

8 classes - Res \$80, Non-Res \$88

Code: 213110-TA Tu., 4/22-6/10 10:45-11:15 AM (8 classes)
 Code: 213110-TB Tu., 4/22-6/10 6:00-6:30 PM (8 classes)
 Code: 213110-WA W., 4/23-6/11 10:45-11:15 AM (8 classes)
 Code: 213110-RA Th., 4/24-6/12 10:45-11:15 AM (8 classes)
 Code: 213110-RB Th., 4/24-6/12 6:00-6:30 PM (8 classes)
 Code: 213110-SA Sat., 4/26-6/14 8:25-8:55 AM (8 classes)
 Code: 213110-SB Sat., 4/26-6/14 9:00-9:30 AM (8 classes)
 Code: 213110-SC Sat., 4/26-6/14 9:35-10:05 AM (8 classes)
 Code: 213110-SD Sat., 4/26-6/14 10:10-10:40 AM (8 classes)
 Code: 213110-SE Sat., 4/26-6/14 10:45-11:15 AM (8 classes)
 Code: 213110-UA Sun., 4/27-6/15 9:00-9:30 AM (8 classes)
 Code: 213110-UB Sun., 4/27-6/15 10:10-10:40 AM (8 classes)
 Code: 213110-UC Sun., 4/27-6/15 10:45-11:15 AM (8 classes)

Sea Urchins

Ages: 3 - 5.99 years

Learning Outcomes: Nemos and Squirts in the same class! Children will be taught and grouped according to ability. No prerequisite. Guaranteed 3:1 ratio for maximum benefit.

8 classes - Res \$92, Non-Res \$101

Code: 213119-TA Tu., 4/22-6/10 9:00-9:30 AM (8 classes)
 Code: 213119-TB Tu., 4/22-6/10 9:35-10:05 AM (8 classes)
 Code: 213119-TC Tu., 4/22-6/10 10:10-10:40 AM (8 classes)
 Code: 213119-TD Tu., 4/22-6/10 1:00-1:30 PM (8 classes)
 Code: 213119-TE Tu., 4/22-6/10 1:35-2:05 PM (8 classes)
 Code: 213119-TF Tu., 4/22-6/10 2:10-2:40 PM (8 classes)
 Code: 213119-TG Tu., 4/22-6/10 4:15-4:45 PM (8 classes)
 Code: 213119-TH Tu., 4/22-6/10 4:50-5:20 PM (8 classes)
 Code: 213119-TI Tu., 4/22-6/10 5:25-5:55 PM (8 classes)
 Code: 213119-WA W., 4/23-6/11 9:00-9:30 AM (8 classes)
 Code: 213119-WB W., 4/23-6/11 9:35-10:05 AM (8 classes)
 Code: 213119-WD W., 4/23-6/11 10:10-10:40 AM (8 classes)
 Code: 213119-RA Th., 4/24-6/12 9:00-9:30 AM (8 classes)
 Code: 213119-RB Th., 4/24-6/12 9:35-10:05 AM (8 classes)
 Code: 213119-RC Th., 4/24-6/12 10:10-10:40 AM (8 classes)
 Code: 213119-RD Th., 4/24-6/12 1:00-1:30 PM (8 classes)
 Code: 213119-RE Th., 4/24-6/12 1:35-2:05 PM (8 classes)
 Code: 213119-RF Th., 4/24-6/12 2:10-2:40 PM (8 classes)
 Code: 213119-RG Th., 4/24-6/12 4:15-4:45 PM (8 classes)
 Code: 213119-RH Th., 4/24-6/12 4:50-5:20 PM (8 classes)
 Code: 213119-RI Th., 4/26-6/14 5:25-5:55 PM (8 classes)
 Code: 213119-SA Sat., 4/26-6/14 9:00-9:30 AM (8 classes)
 Code: 213119-SB Sat., 4/26-6/14 9:35-10:05 AM (8 classes)
 Code: 213119-SC Sat., 4/26-6/14 10:10-10:40 AM (8 classes)
 Code: 213119-SD Sat., 4/26-6/14 10:45-11:15 AM (8 classes)
 Code: 213119-SE Sat., 4/26-6/14 11:20-11:50 AM (8 classes)
 Code: 213119-UA Sun., 4/27-6/15 9:35-10:05 AM (8 classes)
 Code: 213119-UB Sun., 4/27-6/15 10:45-11:15 AM (8 classes)
 Code: 213119-UC Sun., 4/27-6/15 11:20-11:50 AM (8 classes)



AQUATICS

American Red Cross Swim Lessons - Levels 1 - 6

Participation in swim lessons does not automatically guarantee advancement to the next level. Completion of class requires Red Cross Card for that level. Do not sign your child up for the next level until they have received their card.

Red Cross Level 1 (Limited Experience) Ages: 6-8 years

Class is designed for 6-8 year olds with limited swim experience.

- Enter and exit water using ladder, steps or side
- Blow bubbles through mouth and nose
- Bobbing
- Open eyes under water and retrieve submerged objects
- Front and back glides and floats
- Recover to vertical position
- Roll from front to back and back to front
- Tread water using arm and hand actions
- Alternating and simultaneous arm/leg actions on front and back
- Combined arm and leg actions on front and back
- No prerequisite. Guaranteed 5:1 ratio for maximum benefit.

8 classes - Res \$80, Non-Res \$88

Code: 223111-TA Tu., 4/22-6/10 4:15-4:45 PM (8 classes)

Code: 223111-TB Tu., 4/22-6/10 4:50-5:20 PM (8 classes)

Code: 223111-TC Tu., 4/22-6/10 5:25-5:55 PM (8 classes)

Code: 223111-RA Th., 4/24-6/12 4:15-4:45 PM (8 classes)

Code: 223111-RB Th., 4/24-6/12 4:50-5:20 PM (8 classes)

Code: 223111-RC Th., 4/24-6/12 5:25-5:55 PM (8 classes)

Code: 223111-UA Sun., 4/27-6/15 9:00-9:30 AM (8 classes)

Red Cross Level 2 Ages: 6-10 years

Child must be 6, have a Level 1 card or taken Squirts to enroll.

- Enter and exit water by stepping or jumping from the side
- Fully submerge and hold breath
- Bobbing
- Open eyes under water and retrieve submerged objects
- Front, jellyfish and tuck floats
- Front and back floats and glides
- Recover to vertical position
- Roll from front to back and back to front
- Change direction of travel while swimming on front or back
- Tread water using arm and leg actions
- Combined arm and leg actions on front and back
- Finning arm action
- Guaranteed 5:1 ratio for maximum benefit

8 classes - Res \$80, Non-Res \$88

Code: 223112-TA Tu., 4/22-6/10 4:15-4:45 PM (8 classes)

Code: 223112-TB Tu., 4/22-6/14 4:50-5:20 PM (8 classes)

Code: 223112-TC Tu., 4/22-6/11 5:25-5:55 PM (8 classes)

Code: 223112-RA Th., 4/24-6/12 4:15-4:45 PM (8 classes)

Code: 223112-RB Th., 4/24-6/12 4:50-5:20 PM (8 classes)

Code: 223112-RC Th., 4/24-6/12 5:25-5:55 PM (8 classes)

Code: 223112-SA Sat., 4/26-6/14 9:00-9:30 AM (8 classes)

Code: 223112-SB Sat., 4/26-6/14 9:35-10:05 AM (8 classes)

Code: 223112-SC Sat., 4/26-6/14 10:45-11:15 AM (8 classes)

Code: 223112-UA Sun., 4/27-6/15 9:35-10:05 AM (8 classes)



Red Cross Level 3 Ages: 6-12 years

Child must have a Level 2 card to enroll.

- Enter water by jumping from the side
- Headfirst entries from sitting and kneeling positions
- Bobbing while moving to safety
- Rotary breathing
- Survival and back float
- Change direction from vertical to horizontal position on front and back
- Tread water
- Flutter, scissor, dolphin and breaststroke kicks on front
- Front crawl and elementary backstroke
- Guaranteed 6:1 ratio for maximum benefit

8 classes - Res \$80, Non-Res \$88

Code: 223113-TA Tu., 4/22-6/10 4:15-4:45 PM (8 classes)

Code: 223113-TB Tu., 4/22-6/10 6:00-6:30 PM (8 classes)

Code: 223113-RA Th., 4/24-6/12 4:15-4:45 PM (8 classes)

Code: 223113-RB Th., 4/24-6/12 6:00-6:30 PM (8 classes)

Code: 223113-SA Sat., 4/26-6/14 9:00-9:30 AM (8 classes)

Code: 223113-SB Sat., 4/26-6/14 10:10-10:40 AM (8 classes)

Code: 223113-UA Sun., 4/27-6/15 10:10-10:40 AM (8 classes)

Red Cross Level 4 Ages: 6-14 years

Child must have a Level 3 card to enroll.

- Headfirst entries from the side in compact and stride positions
- Swim under water
- Feet-first surface dive
- Survival swimming
- Front crawl and backstroke open turns
- Tread water using 2 different kicks
- Front and back crawl, elementary backstroke, breaststroke, sidestroke and butterfly
- Flutter and dolphin kicks on back
- Guaranteed 8:1 ratio for maximum benefit

8 classes - Res \$80, Non-Res \$88

223114-TA Tu., 4/22-6/10 4:15-4:45 PM (8 classes)

223114-TB Tu., 4/22-6/10 6:00-6:30 PM (8 classes)

223114-RA Th., 4/24-6/12 4:15-4:45 PM (8 classes)

223114-RB Th., 4/24-6/12 6:00-6:30 PM (8 classes)

223114-SA Sat., 4/26-6/14 9:00-9:30 AM (8 classes)

223114-SB Sat., 4/26-6/14 10:10-10:40 AM (8 classes)

Red Cross Level 5

Ages: 6-14 years

Child must have a Level 4 card to enroll.

- Shallow-angle dive from the side then glide and begin a front stroke
- Tuck and pike surface dives, submerge completely
- Front flip turn and backstroke flip turn while swimming
- Front and back crawl, elementary backstroke, breaststroke, sidestroke and butterfly
- Sculling
- Guaranteed 8:1 ratio for maximum benefit

8 classes - Res \$80, Non-Res \$88

223115-TA Tu., 4/22-6/10 4:50-5:20 PM (8 classes)

223115-RA Th., 4/24-6/12 4:50-5:20 PM (8 classes)

223115-SA Sat., 4/26-6/14 9:35-10:05 AM (8 classes)

Red Cross Level 6

Ages: 6-14 years

Child must have a Level 5 card to enroll.

- Refine the strokes so participants swim them with ease, efficiency, power and smoothness over greater distances
- Guaranteed 8:1 ratio for maximum benefit

8 classes - Res \$80, Non-Res \$88

223116-TA Tu., 4/22-6/10 4:50-5:20 PM (8 classes)

223116-RA Th., 4/24-6/12 4:50-5:20 PM (8 classes)

223116-SA Sat., 4/26-6/14 9:35-10:05 AM (8 classes)



AQUATIC FITNESS

Register early to avoid program cancellation due to low enrollment.

MONDAY

Total Body Aqua Size

Ages: 12 years and over
Work your arms, legs, abs and back using the resistance of the water plus assorted equipment. Make it as challenging as you want. At the same time, relieve stress (mind and body). Shallow and deep water/all fitness levels invited.

Instructor: Marjory Halsted Hall
Location: PCC
Dates: **Code: 243810-A** M., 4/14-6/23 (ex. 5/12, 5/26) 9:00-10:00 AM (9 classes) Res \$72, Non-Res \$79

Aqua Volley Beach Ball

Ages: 12 years and over
How long can your team keep the beach ball in play? Exercise your arms, legs, other muscles while laughing and having fun. "Not real volleyball."

Instructor: Marjory Halsted Hall
Location: PCC
Dates: **Code: 243818-A** M., 4/14-6/23 (ex. 5/12, 5/26) 10:00-10:45 AM (9 classes) Res \$72, Non-Res \$79

Aqua Fit

Ages: 13 years and over
Aqua Fit provides a well-rounded workout that includes cardio, strength, balance and flexibility. Be prepared to move the entire class; all levels benefit from this fun and challenging music-based class.

Instructor: Marsha Young
Location: PCC
Dates: **Code: 243831-A** M., 4/21-6/16 (ex. 5/26) 6:00-6:45 PM (10 classes) Res \$64, Non-Res \$70



TUESDAY

Aqua Fit

Ages: 13 years and over
Aqua Fit provides a well-rounded workout that includes cardio, strength, balance and flexibility. Be prepared to move the entire class; all levels benefit from this fun and challenging music-based class.

Instructor: Marsha Young
Location: PCC
Dates: **Code: 243831-B** Tu., 4/22-6/17 (ex. 5/27) 8:35-9:20 AM (8 classes) Res \$64, Non-Res \$70

Aqua Endurance – Current Channel

Ages: 18 years and over
This Aqua Fit class, done in the current channel, provides participants with the benefits of resistance, cardio, strength, and core work – all in one class.

Instructor: Marsha Young
Location: PCC
Dates: **Code: 243832-B** Tu., 4/22-6/17 (ex. 5/27) 9:30-10:15 AM (8 classes) Res \$64, Non-Res \$70

Aqua Circuit

Ages: 55 years and over
The current is on for the first half, providing a cardio benefit. The current channel is turned off for the second half and using natural resistance and upper body equipment benefits include: strength and endurance, all to motivating music. Come in from 10:15-10:30 AM where we will concentrate on upper body exercises using various equipment.

Instructor: Marsha Young
Location: PCC
Dates: **Code: 243837-A** Tu., 4/22-6/17 (ex. 5/27) 10:30-11:15 AM (8 classes) Res \$64, Non-Res \$70

WEDNESDAY

Heat Up the Pool

Ages: 12 years and over
Turn up the heat with water exercise. Challenge yourself with different water equipment. Work on cardio, flexibility and strength – all in one hour. You determine the intensity (low to vigorous). Both shallow and deep water.

Instructor: Marjory Halsted Hall
Location: PCC
Dates: **Code: 243817-A** W., 4/16-6/25 (ex. 5/14) 9:00-10:00 AM (10 classes) Res \$80, Non-Res \$88

Let's Get Moving

Ages: 18 years and over
Water moves to strengthen your muscles, improve your balance and increase your range of motion. Challenge yourself using water resistance and different water equipment.

Instructor: Marjory Halsted Hall
Location: PCC
Dates: **Code: 243870-A** W., 4/16-6/25 (ex. 5/14) 10:00-11:00 AM (10 classes) Res \$80, Non-Res \$88

Aqua Endurance – Current Channel

Ages: 18 years and over
This Aqua Fit class, done in the current channel, provides participants with the benefits of resistance, cardio, strength, and core work – all in one class.

Instructor: Marsha Young
Location: PCC
Dates: **Code: 243832-C** W., 4/23-6/11 (ex. 5/28) 5:30-6:15 PM (7 classes) Res \$56, Non-Res \$62



THURSDAY

Bodies in Motion Current Channel

Ages: 55 years and over
A low-impact, full body workout walking with and against the current. Great for muscle, bone, and joint rehabilitation. Fun for all! From 10:15-10:30 AM, we will concentrate on upper body exercises using various equipment.

Instructor: Marsha Young
Location: PCC
Dates: **Code: 243871-A** Th., 4/24-6/12 (ex. 5/29) 9:30-10:15 AM (7 classes) Res \$56, Non-Res \$62

Aqua Circuit

Ages: 55 years and over
The current is turned on for the first half, providing a cardio benefit. The current channel is turned off for the second half and using natural resistance and upper body equipment benefits include: strength and endurance, all to motivating music. Come in from 10:15-10:30 AM where we will concentrate on upper body exercises using various equipment.

Instructor: Marsha Young
Location: PCC
Dates: **Code: 243837-B** Th., 4/24-6/12 (ex. 5/29) 10:30-11:15 AM (7 classes) Res \$56, Non-Res \$62

FRIDAY

Total Body Aqua Size

Ages: 12 years and over
Work your arms, legs, abs and back using the resistance of the water plus assorted equipment. Make it as challenging as you want. At the same time, relieve stress (mind and body). Shallow and deep water/all fitness levels invited.

Instructor: Marjory Halested Hall
Location: PCC
Dates: **Code: 243810-B** F., 4/18-6/27 (ex. 5/16) 9:00-10:00 AM (10 classes) Res \$80, Non-Res \$88

Let's Get Moving

Ages: 18 years and over
Water moves to strengthen your muscles, improve your balance and increase your range of motion. Challenge yourself using water resistance and different water equipment.

Instructor: Marjory Halested Hall
Location: PCC
Dates: **Code: 243870-B** F., 4/18-6/27 (ex. 5/16) 10:00-11:00 AM (10 classes) Res \$80, Non-Res \$88

Sha-Deep

Ages: 18 years and over
This 45-minute class will begin with a brief warm up followed by high-intensity intervals to give you a challenging workout! Shallow or deep – it's your choice!

Instructor: Marcie Bartolotta
Location: PCC
Dates: **Code: 243806-A** F., 4/18-5/16 (ex. TBD) 12:15-1:00 PM (4 classes) Res \$32, Non-Res \$35

SUNDAY

Aqua Endurance – Current Channel

Ages: 18 years and over
This Aqua Fit class, done in the current channel, provides participants with the benefits of resistance, cardio, strength, and core work – all in one class.

Instructor: Marsha Young
Location: PCC
Dates: **Code: 243832-A** Sun., 4/27-6/15 (ex. 5/25) 9:15-10:00 AM (7 classes) Res \$56, Non-Res \$62



Register Online Using

Our WebTrac System

See Page 19

<https://webtrac.perinton.org>

ADULT FITNESS

Health & Fitness



Register early to avoid program cancellation due to low enrollment.

Drop In Available for classes without full roster:
Aerobics: \$9.00 Res./\$10.00 Non-Res.

MONDAY

Bootcamp

Ages: 14 years and over
Back to the "basics" exercises including cardio, interval and weight training to get you into the fighting shape you want!
Instructor: Marcie Nicastro
Location: PCC
Dates: **Code: 241866-A** M., 4/14-6/23 (ex. 5/26, TBA) 6:15-7:15 PM (9 classes) Res \$72, Non-Res \$79

WEDNESDAY

Thighs & Tris

Ages: 14 years and over
This class uses a variety of equipment to enhance balance and build strength in all muscle groups, especially to the Core. Class includes a cardio segment.
Instructor: Anne Marie Cymerman
Location: PCC
Dates: **Code: 241885-A** W., 4/23-6/25 (ex. 5/21) 5:30-6:30 PM (9 classes) Res \$72, Non-Res \$79

TUESDAY

Zumba

Ages: 14 years and over
Dance-based fitness sessions that combine aerobic movements with dance inspired styles. These classes are designed to make exercise enjoyable, allowing participants to burn calories and improve cardiovascular health while having fun.
Instructor: Frankie Engelbert
Location: PCC
Dates: **Code: 241810-E** Tu., 4/15-6/24 (ex. 5/27, TBA) 6:00-7:00 PM (9 classes) Res \$72, Non-Res \$79

THURSDAY

Interval Training

Ages: 18 years and over
Training that involves a series of high-intensity workouts interspersed with rest or relief periods. The high-intensity periods are typically at or close to anaerobic exercise, while the recovery periods involve activity of lower intensity.
Instructor: Jillian Heinold
Location: PCC
Dates: **Code: 241856-A** Th., 4/17-6/26 (ex. 6/19, TBA) 4:30-5:20 PM (9 classes) Res \$72, Non-Res \$79

TUESDAY/THURSDAY

Zumba Combo

Ages: 14 years and over
Sign up for both Zumba classes together and save money.
Instructor: Frankie Engelbert
Location: PCC
Dates: **Code: 141810 EA** Tu. & Th., 4/15-6/26 (ex. 5/27, 5/29, 2 TBA) 6:00-7:00 PM (18 classes) Res \$130, Non-Res \$140

Perinton Pump

Ages: 16 years and over
Total body conditioning work out, primarily weights and some cardio. Head to toe strength and toning to help improve muscle strength, tone healthy weight, high repetition of weights and strength training.
Instructor: Jillian Heinold
Location: PCC
Dates: **Code: 241815-A** Th., 4/17-6/26 (ex. 6/19, TBA) 5:30-6:30 PM (9 classes) Res \$72, Non-Res \$79

Zumba Toning

Ages: 14 years and over
Zumba Toning is a specialized variation of Zumba that incorporates light weights to add a muscle-toning and strength-training element to the workout.
Instructor: Frankie Engelbert
Location: PCC
Dates: **Code: 241810-A** Th., 4/17-6/26 (ex. 5/29, TBA) 6:00-7:00 PM (9 classes) Res \$72, Non-Res \$79



SATURDAY

Slow Flow Yoga

Ages: 18 years and over
How better to start the day but with a clear, calm mind, breathing, moving and feeling alive. This class is slower paced to explore and enjoy the poses, bringing body and mind together for the day. A minimum of 6 months' consistent practice is recommended.
Instructor: Cathy Ames
Location: PCC
Dates: **Code: 241841-A** Sat., 4/26-6/14 (ex. TBA) 8:00-9:15 AM (8 classes) Res \$64, Non-Res \$70

Cathy Ames *Yoga Alliance*; Anna Marie Cymerman *AFAA*, Frankie Engelbert *Zumba, Zumba Toning*;
Jillian Heinold *ACE*, Marcie Nicastro *ACE, AFAA, AEA, Move It*

Register early to avoid program cancellation due to low enrollment.

Adult Co-Ed Drop-In Soccer

Ages: 16 years and over
In our 41st year! Co-ed soccer for ages 16 and over. All levels of ability are welcome. New teams are randomly selected each week. Bring 3 different colored shirts each week for dividing into teams: red, white and dark (blue or black). Pinnies are not provided. Shin guards and cleats are highly recommended. Call Larry Reynolds (585-259-3467) for more information.

Supervisor: Larry Reynolds
Location: Center Park East Field 1
Dates: Sun., 4/27-11/23 6:00 PM to dusk. No preregistration required. No charge.
Not available on WebTrac.



NEW!! Advanced Beginner Pickleball

Ages: 18 years and over
Need to have at least one year of experience. We will build upon existing basic strokes and introduce more game strategies. There will be lots of playing time, with instructor evaluations on how to build a point.

Instructors: Scott Tuttle & Pat Danaher
Location: PCC
Dates: **Code: 245302-C** Sat., 5/3-5/24 2:30-4:00 AM (4 classes) Res \$60, Non-Res \$66
Code: 245302-D Sat., 5/31-6/21 2:30-4:00 AM (4 classes) Res \$60, Non-Res \$66

Becoming a Notary

Ages: 18 years and over
ONLINE CLASS and in person. Whether you are looking to become a new Notary Public or need a refresher on Notary Law and the duties/responsibilities afforded to you, this is a comprehensive class on the Notary Public License Law. This class will provide all the information necessary to pass the Notary Exam, ways to shield yourself from liability in the execution of your duties, as well as appointment, testing and renewal policies and procedures. Electronic Notary procedures are not covered in this class.

Instructors: Kristin A. Cavallaro
Location: ONLINE, Irondequoit HS and PCC
Dates: **Online**
Code: 245910-A Sat., 4/26 9:00-3:30 PM (1 classes) Res \$69, Non-Res \$76
Code: 245910-D M., 5/12-5/19 5:30-8:45 PM (2 classes) Res \$69, Non-Res \$76
Irondequoit HS
Code: 245910-B M., 4/28-5/5 5:30-8:45 PM (2 classes) Res \$69, Non-Res \$76
PCC
Code: 245910-C Sat., 5/3 9:00 AM-3:30 PM (1 class) Res \$69, Non-Res \$76

Better Balance for an Active Life

Ages: 55 years and over
It is never too late to improve your balance! Become more confident in your movements, increase agility and coordination, and prevent a fall with balance training. Learn specific exercises you can add into your daily routine. Personal Trainer/Physical Therapist Assistant ensures safe, effective, individualized training in a small group setting. All fitness levels welcome. Chairs available.

Instructors: Alyssa Ziolk
Location: PCC
Dates: **Code: 242809-A** W., 4/23-5/14 9:00-9:40 AM (4 classes) Res \$80, Non-Res \$88
Code: 242809-B W., 5/21-6/11 9:00-9:40 AM (4 classes) Res \$80, Non-Res \$88

Boatsafe NY -

Boating Safety Certificate Course

Ages: 10 years and over
This 8-hour certificate course is an introduction to the basic principles of safe and responsible boating. Students who successfully complete this course earn a safe boating certificate. Must be 10 years old to participate. **IMPORTANT: You must register with NYS Parks at www.register-ed.com/programs/new_york as well as with Perinton Recreation and Parks to be "officially registered."** NYS charges \$10 for the certificate for ages 18 and older. Ages 10-17 are not charged for their certificate.

Instructor: Kenneth G. Rainis
Location: PCC
Dates: **10-17 years/Veterans**
Code: 275841-A Sat., 5/10 9:00 AM-5:00 PM (1 class) Res \$25, Non-Res \$28
Code: 275841-B Sat., 6/14 9:00 AM-5:00 PM (1 class) Res \$25, Non-Res \$28
18 years and over
Code: 275841-AA Sat., 5/10 9:00 AM-5:00 PM (1 class) Res \$50, Non-Res \$55
Code: 275841-BB Sat., 6/14 9:00 AM-5:00 PM (1 class) Res \$50, Non-Res \$55

NEW!! Cheeks

Ages: 18 years and over
ONLINE CLASS. Would you like to know which cheek color is best for you? Have you ever wondered how to apply it? Join us for this hands-on experience where you'll get to play with different colors.

Instructors: Colleen Beckwith
Location: ONLINE CLASS
Dates: **Online**
Code: 245948-A Tu., 6/17 1:00-2:00 PM (1 classes) Res \$5, Non-Res \$6
Code: 245948-B Tu., 6/17 7:00-8:00 PM (1 classes) Res \$5, Non-Res \$6

NEW!! Competitive Pickleball Strategies

Ages: 18 years and over
Competitive play fast-paced. 3 years of experience or more. Proficient in hitting forehand and backhand and serving. Willing to hit third shot drops and be comfortable at the non-volley zone. Explore more dinking opportunities. Get to the next level.

Instructors: Scott Tuttle & Pat Danaher
Location: PCC
Dates: **Code: 245302-A** Sat., 5/3-5/14 1:00-2:30 PM (4 classes) Res \$60, Non-Res \$66
Code: 245302-B Sat., 5/31-6/21 1:00-2:30 PM (4 classes) Res \$60, Non-Res \$66

ADULT PROGRAMS

NEW!! Complexion Perfection

Ages: 18 years and over
ONLINE CLASS. Did you know 80% of women wear the wrong shade of foundation? Do you know that uneven skin tone gives away our age? Yes, wrinkles too. Let's fix that! Join us for this hands-on concealer/foundation experience to learn which one to wear that is right for your skin color, undertone, coverage you want that fits your personality/lifestyle, which will protect your skin and make you look younger.

Instructors: Colleen Beckwith
Location: ONLINE CLASS
Dates: **Online**
Code: 245946-A Th., 6/5 1:00-2:00 PM (1 classes)
 Res \$5, Non-Res \$6
Code: 245946-B Th., 6/5 7:00-8:00 PM (1 classes)
 Res \$5, Non-Res \$6

DANCE PROGRAMS

Ballroom Dance

Ages: 14 years and over
Instructor: Maureen Hickey, MoDancing
Location: PCC

Beginner Hustle

The hustle is a fast-paced, energetic and lively partner dance that borrows elements from Swing and Mambo. Hustle originated in the '70s in NYC and was popularized by John Travolta in the movie *Saturday Night Fever* and the song "The Hustle" by Van McCoy. The Hustle is still popular today and can be danced to a lot of current songs! If you have never tried partner dancing, now is your chance to get ready for summer wedding season!

Dates: **Code: 246867-A** M., 4/14-5/19 6:30-7:30 PM (6 classes)
 Res \$60, Non-Res \$66

Intermediate Rumba

Dancers should be familiar with the turning basics, throw away and link and cross body leads before signing up for this class. Now that you are familiar with the basics of Hustle, let's take your dancing to the next level!

Dates: **Code: 246867-B** M., 4/14-5/19 7:30-8:30 PM (6 classes)
 Res \$60, Non-Res \$66

Beginner Country Two Step

This dance is having a revival so come along and jump on the band wagon! The best part is when things fall apart and the laughs begin! It is truly just TOO much fun! In fact there is a song called "Too Much Fun!" Check it out!

Dates: **Code: 246867-C** M., 6/2-6/30 6:30-7:30 PM (5 classes)
 Res \$50, Non-Res \$55

Intermediate Hustle

Dancers should be familiar with the turning basics, throw away and link and cross body leads before signing up for this class. Now that you are familiar with the basics of Hustle, let's take your dancing to the next level!

Dates: **Code: 246867-D** M., 6/2-6/30 7:30-8:30 PM (5 classes)
 Res \$50, Non-Res \$55

Combo Classes

As long as you are out, why not take both classes? You can burn twice the calories and have twice the fun! You won't believe how fast two hours can fly when you are dancing ballroom!

Dates: **Code: 246867-AB** M., 4/14-5/19 6:30-8:30 PM (6 classes)
 Res \$108, Non-Res \$118

Code: 246867-CD M., 6/2-6/30 6:30-8:30 PM (5 classes)
 Res \$90, Non-Res \$99

Belly Dance

Ages: 16 years and over
 Belly Dance will have you moving like you never thought you could. Join us to get in on the fun! While learning this beautiful dance form, you will strengthen your core, improve your balance, posture and coordination and just plain feel good moving. No previous dance experience is required. This is an open level class, new and experienced dancers welcome. Bring a friend or make a new one and have fun dancing!

Instructor: Deborah Robinson
Location: PCC
Dates: **Code: 246100-A** W., 4/16-6/4 7:00-8:00 PM (8 classes)
 Res \$88, Non-Res \$97

Line Dance

Ages: 12 years and over
 Looking to put a little Spring in your step this season...maybe with some rhythm too? Then join us on Saturday mornings in the Springtime! It's a great way to get up and get movin' with some FUN Line Dance classes! Come alone or bring a friend for a fun-filled morning of music and movement! Three different levels to choose from...pick yours!

Instructor: Terri Anderson
Location: PCC
Dates: **Intermediate:** Previous intermediate experience required - have fun learning more challenging dances, along with technique tips to help make your dance steps easier to execute and more fun to do!

Code: 246819-A Sat., 4/26-6/7 (ex. 5/24) 9:30-10:30 AM (6 classes) Res \$50, Non-Res \$55

Beginner Plus/Improver: Previous experience and/or sessions of Beginner Plus classes are required - a continuation dancing the basics with confidence, while learning some more challenging steps at this next level!

Code: 246819-B Sat., 4/26-6/7 (ex. 5/24) 10:30-11:15 AM (6 classes) Res \$50, Non-Res \$55

New/Basic Beginner: No experience needed! A great starter class to learn and master "the basics" from scratch in a fun and encouraging setting!

Code: 246819-C Sat., 4/26-6/7 (ex. 5/24) 11:15 AM-12:00 PM (6 classes) Res \$50, Non-Res \$55

DOG OBEDIENCE

Basic Manners

Ages: 18 years and over
 Learn how to train basic behaviors with your dog! In this class, you'll practice polite greetings, leash manners, stay, coming when called and so much more with a certified professional trainer. This class is open to puppies and adult dogs alike. Dogs must be 8 weeks or older at the start of class and up-to-date on rabies, distemper and kennel cough vaccines.

Instructor: Gregory Fiete
Location: Lion's Den Teen Center, 53 West Church Street
Dates: **Code: 245849-A** Tu., 4/29-5/27 6:00-7:00 PM (5 classes)
 Res \$180, Non-Res \$190

Dog Enrichment: Tricks and Brain Games

Ages: 18 years and over
 This mini-course is sure to keep your dog's brain busy! We'll learn all sorts of tricks, from the classic "roll over" to advanced maneuvers like leg weaves and jumping through hoops. We'll also dive into other enrichment activities to enjoy with your dog while giving them lots of mental stimulation. Dogs must be 4 months or older at the start of class and up-to-date on rabies, distemper and kennel cough vaccines.

Instructor: Gregory Fiete
Location: Lion's Den Teen Center, 53 West Church Street
Dates: **Code: 245938-A** Th., 6/5-6/19 6:00-7:00 PM (3 classes)
 Res \$100, Non-Res \$110

Reliable Recalls

Ages: 18 years and over
If your dog has "selective hearing" when you call them over, this mini-course is for you! We'll practice a variety of exercises to strengthen your dog's response, and learn lots of great tips to give you a reliable recall. Dogs must be 4 months or older at the start of class and up-to-date on rabies, distemper, and kennel cough vaccines.

Instructor: Gregory Fiete
Location: Lion's Den Teen Center, 53 West Church Street
Dates: **Code: 245939-A** Tu., 6/4-6/18 6:00-7:00 PM (3 classes)
Res \$100, Non-Res \$110

Easy Italian Beginner – Conversational and Travel

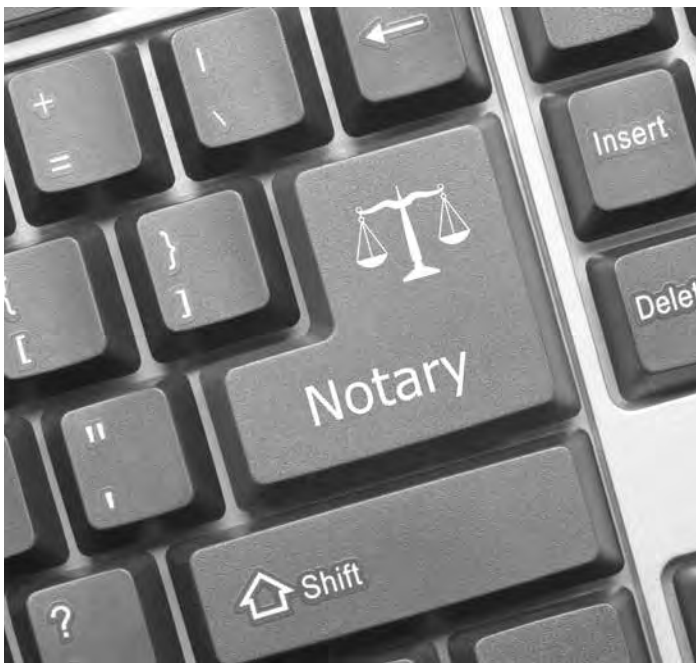
Ages: 15 years and over
Fun 6-week class ideal for beginners or those just wanting to travel to Italy. Lessons include key words and phrases, dialogue, culture, grammar and a video. The instructor loves Italy, the food, the land, the culture and her passion is evident in class. *Vieni e parliamo!*

Instructor: Carol Brandani
Location: PCC
Dates: **Code: 245892-A** Tu., 4/22-5/27 7:00-8:00 PM (6 classes)
Res \$115, Non-Res \$125

Electronic Notary Training Class

Ages: 18 years and over (current traditional notaries)
ONLINE CLASS. Effective February 2023, new NYS laws went into effect that allow for Electronic Notarizations. You may not perform Electronic notarizations unless you have registered the capability to do so with the state. This class will train you on what you need to know to become an Electronic Notary in the State of New York and the policies, procedures and software requirements that are mandated by the State for Electronic Notarizations. Only Electronic Procedures are covered in this class. This class is only for current traditional notaries who want to learn about electronic notarization and/or students who have already taken the "Becoming a Notary Public" traditional class.

Instructor: Kristin A. Cavallaro
Location: PCC
Dates: **Code: 245944-A** W., 5/14 5:30-8:45 PM (1 classes)
Res \$70, Non-Res \$77



FINANCE

Estate, Legacy & Long-Term Care Planning Informational Workshop

Ages: 50 years and over
The IRS is currently a financial partner of yours in your Traditional IRA assets. Come learn how to fully "Disinherit" the IRS so that you can maximize the financial legacy that you leave your chosen beneficiaries by negating the income taxes they will pay when they ultimately inherit those taxable IRA assets. The recently passed SECURE Act has dramatically changed how Traditional IRA beneficiaries are taxed. Bill will discuss those specific changes and what planning strategies now exist post-SECURE Act that will allow your beneficiaries to inherit your IRA 100% income tax-free. The goal is to make sure that the IRS is never a financial beneficiary of your estate. Your retirement assets should go to your loved ones, not the IRS. Bill will also be comparing traditional long-term care insurance with the popular Hybrid Life Insurance/Long Term Care Combination Plans, exploring all ways to avoid Probate, the advantages and disadvantages of using trusts in your estate planning, gifting strategies to benefit both children and grandchildren and much, much more.

Instructor: Bill Monte
Location: PCC
Dates: **Code: 245911-A** Th., 4/30 1:00-2:30 PM (1 class) No charge
Code: 245911-B Th., 5/28 1:00-2:30 PM (1 class) No charge
Code: 245911-C Th., 6/25 1:00-2:30 PM (1 class) No charge

Estate Planning Seminar

Ages: 50 years and over
Are you prepared for the future? Join Alex Neri and a local attorney for an informative workshop on managing your inheritance and overall estate planning. We will be discussing the obstacles facing retirees as they begin to think about transitioning their wealth to the next generation, such as: What happens to my money when I'm gone? Do I need a Will, Health Care Proxy or Power of Attorney? How do I implement a smooth generational transition?

Instructor: Alex Neri
Location: PCC
Dates: **Code: 245900-A** W., 6/25 6:00-7:30 PM (1 classes) No charge

Fund Your Future

Ages: 18-40 years
Financial advising information for young adults just beginning careers and money management.

Instructor: Mike & Mariah Cudlipp
Location: PCC
Dates: **Code: 145931-A** Sat., 4/5 10:00 AM-12:00 PM (1 class) No charge

Life After Work: Retirement Distribution Planning

Ages: 50 years and over
Please join this popular class provided for over a decade at the Perinton Rec Center by Tomas Aponte, RICP. Creating monthly income that lasts throughout your retirement is tricky. A wrong decision could subject you to unnecessary taxes, penalties, and inflation. You'll learn the strategies to see how much money you can afford to spend each year in retirement and learn how to be more efficient from a tax and investment perspective.

Instructor: Tomas Aponte, RICP
Location: PCC
Dates: **Code: 245902-C** Tu., 6/10 5:00-6:30 PM (1 class) No charge

**Register early to avoid program
cancellation due to low enrollment.**

ADULT PROGRAMS

Medicare: The A, B, C and D's

Ages: 60 years and over
Are you turning 65? Losing your company health insurance and confused where to start? You may have a lot of questions about Medicare. This workshop will help by providing expert answers, allowing you to make an informed decision. Providing helpful information is part of our commitment to serving this community.

Instructors: Bill Gilbert & Susan Alldredge
Location: PCC
Dates: **Code: 245928-A** Tu., 5/6 6:00-7:30 PM (1 class) No charge
Code: 245928-B Tu., 6/3 6:00-7:30 PM (1 class) No charge

Retirement Planning 101

Ages: 50 years and over
Join Alex Neri for an introduction to retirement planning and unlock the keys to a secure future! Learn essential strategies, financial insights and tips to ensure your retirement.

Instructor: Alex Neri
Location: PCC
Date: **Code: 245914-A** Tu., 5/27 6:00-7:30 PM (1 class) No charge

Savvy Tax Planning for Retirement: How Taxes Change Through of Retirement

Ages: 50 years and over
Please join this popular class provided for nearly a decade at the Perinton Rec Center by Tomas Aponte, RICP. When people prepare for their retirement, proper tax planning is often overlooked and can lead to some very expensive mistakes. Your tax rate may vary widely over the years based on the timing and order in which you use different sources of income to pay for your living expenses. Join Tomas as he discusses common pitfalls that you should be on the lookout for.

Instructor: Tomas Aponte, RICP
Location: PCC
Date: **Code: 245902-B** Tu., 5/13 5:00-6:00 PM (1 class) No charge

Tax Planning Seminar

Ages: 50 years and over
This class will show participants how to properly prepare their home for sale in today's real estate market. Staging, pricing and updates will be discussed to obtain the maximum amount of profit in the shortest amount of time for the seller. Discussions will include strategies and tips for inexpensive improvements that can maximize your profits! Thinking of flipping homes? Here is what you need to know before you start.

Instructor: Alex Neri
Location: PCC
Date: **Code: 245907-A** W., 5/7 6:00-7:30 PM (1 class) No charge

How to Prepare, Stage and Sell Your Home

Ages: 18 years and over
This class will show participants how to properly prepare their home for sale in today's real estate market. Staging, pricing and updates will be discussed to obtain the maximum amount of profit in the shortest amount of time for the seller. Discussions will include strategies and tips for inexpensive improvements that can maximize your profits! Thinking of flipping homes? Here is what you need to know before you start.

Instructor: Robert Opett
Location: PCC
Date: **Code: 248103-A** Tu., 4/22 7:00-8:15 PM (1 class) Res \$10, Non-Res \$11

How to Win as a Buyer in Today's Market

Ages: 18 years and over
Whether you are a new buyer or move-up buyer, you will learn how to avoid the most common mistakes buyers make in today's market. Discussions will include bidding war strategies, inspections, mortgage options, negotiations, and comparable pricing. Learn the value of home warranties and why to avoid the dangers of the dreaded for sale by owner (FSBO).

Instructor: Robert Opett
Location: PCC
Date: **Code: 248103-B** Tu., 4/29 7:00-8:15 PM (1 class) Res \$10, Non-Res \$11

Iaido – Learn Samurai Sword Techniques!

Ages: 16 years and over
Iaido is a Japanese martial art, rooted in the rich history of samurai swordsmanship. It is practiced as a non-combative, solo exercise, focused on mastering the sword techniques. The discipline of training is intended to cultivate a practitioner's spirit as well as physical and mental concentration. It's a journey of self-discovery.

Instructors: J. Jordan & D. Stolka
Location: PCC
Dates: **Code: 245821-A** Th., 4/17-6/19 7:00-8:00 PM (9 classes) Res \$90, Non-Res \$99

Introduction to Book Publishing

Ages: 18 years and over
In this interactive workshop, learn the steps involved in self-publishing or pursuing traditional publishing routes. Whether you aspire to take charge of the entire process or explore the more conventional path, this workshop will equip you with the essential knowledge and insights to navigate the publishing world.

Instructor: Tricia DellAnno
Location: PCC
Dates: **Code: 246810-A** Tu., 5/6 6:00-7:00 PM (1 class) Res \$20, Non-Res \$22

NEW!! Introduction to Mindfulness

Ages: 18 years and over
Participants will learn basic mindfulness meditation skills; ways to deepen emotions like gratitude, kindness and joy; and methods for integrating more awareness and creativity into their everyday lives. We will also examine the science about the beneficial effects of mindfulness practice for mental and physical health. Some of these benefits include stress reduction, improved attention, reduced emotional reactivity and greater mind-body awareness.

Instructors: Laura Gavigan, Mindful Matters
Location: PCC
Date: **Code: 235887-A** Wed., 5/1-5/22 10:00-11:00 PM (4 class) Res \$75, Non-Res \$83



iPhone Camera & Photos Apps – Unlock the Potential

Ages: 16 years and over
Improve your iPhone photography! There's more than the basics to know and unlock the camera and photos app. We will explore all menus and settings to improve your photography, image organization, and sharing skills. Everything we cover will be in a booklet to take with you for later reference. Update iOS before class (iPhone XR and newer models ONLY).

Instructor: Thom Bell
Location: PCC
Dates: **Code: 245917-A** M. & Tu., 4/28-4/29 6:00-8:30 PM (2 classes)
Res \$25, Non-Res \$28
Code: 245917-B W. & Th., 5/28-5/29 6:00-8:30 PM (2 classes)
Res \$25, Non-Res \$28
Code: 245917-C Tu. & W., 6/17-6/18 6:00-8:30 PM (2 classes)
Res \$25, Non-Res \$28

Isshin-Ryu Karate – Beginner Through Orange Belts

See Youth & Teen page 32

Isshin-Ryu Karate – Green Through Purple Belts

See Youth & Teen page 32

Isshin-Ryu Karate – Green Through Black Belt

See Youth & Teen page 33

NEW!! It's All About the Eyes

Ages: 18 years and over
ONLINE CLASS. Do you ever wonder what makeup colors will bring out your eyes? Or how should you apply your eye makeup for your eye shape? How about applying your eye makeup to make you look younger? Join us for this hands-on experience.

Instructors: Colleen Beckwith
Location: ONLINE CLASS
Date: **Code: 245925-A** Tu., 6/10 1:00-2:00 PM (1 class)
Res \$5, Non-Res \$6
Code: 245925-B Tu., 6/10 7:00-8:00 PM (1 class)
Res \$5, Non-Res \$6

JKD Kung Fu

Ages: 13 years and over
JKD Kung Fu is a blended martial arts system. The system is well-rounded and includes all ranges of attacks. Emphasis is on footwork, agility, economy of motion, counterability and practical self-defense. Students will learn various principles and techniques as they advance through the program.

Instructor: Jerry Ciriello
Location: PCC
Dates: **Code: 245921-A** Tu., 4/15-6/24 (ex. 5/27) 7:00-8:00 PM
(10 classes) Res \$120, Non-Res \$130

Kali – Stick Fighting

Ages: 12 years and over
Kali is one of the most comprehensive martial arts in existence. It is the art of stick fighting using hard bamboo sticks to strike and defend, combining reflexes, zoning movements and a variety of weapons. It teaches both empty hands and weapons together, the principles being common to both and interchangeable. It is a weapons-based martial art that is taught in a safe, non-threatening environment.

Instructor: David Riedel
Location: PCC
Dates: **Code: 245805-A** M., 4/14-6/23 (ex. 5/26) 6:00-7:00 PM
(10 classes) Res \$120, Non-Res \$130

Learn Spanish: Enhance Your Brain

Ages: 18 years and over
No matter your age, learning a new language, like Spanish, is an important opportunity to enhance your brain. Studies show that learning a new language and having new linguistic skills builds bigger, smarter and stronger brains. These classes are taught by an experienced native Spanish speaker and professional in a fun way. Spanish also gives you access to more culture, people and resources. You will learn new vocabulary and basic Spanish as well as grammar and basic conversation.

Instructors: Zoom Into Spanish – Lourdes de la Colina-Scofield
Location: PCC
Dates: **Basics I**
Code: 232878-A Th., 4/24-5/22 9:30-10:25 AM (5 classes)
Res \$138, Non-Res \$148
Code: 232878-D Th., 5/29-6/26 (ex. 6/19) 9:30-10:25 AM
(4 classes) Res \$120, Non-Res \$130
Basics II
Code: 232878-B Th., 4/24-5/22 10:30-11:25 AM (5 classes)
Res \$138, Non-Res \$148
Code: 232878-E Th., 5/29-6/26 (ex. 6/19) 10:30-11:25 AM
(4 classes) Res \$120, Non-Res \$130
Basics III
Code: 232878-C Th., 4/24-5/22 11:30 AM-12:25 PM (5 classes)
Res \$138, Non-Res \$148
Code: 232878-F Th., 5/29-6/26 (ex. 6/19) 11:30 AM-12:25 PM
(4 classes) Res \$120, Non-Res \$130

NEW!! Lips and Tips

Ages: 18 years and over
ONLINE CLASS. Would you like to know which lipstick colors will make you look younger? Which ones are complimentary for your contrast level? How to make your lipstick last longer throughout the day? Join us for this hands-on experience where you'll get to play with lots of different colors and types.

Instructors: Colleen Beckwith
Location: ONLINE CLASS
Date: **Code: 245924-A** Th., 6/12 1:00-2:00 PM (1 class)
Res \$5, Non-Res \$6
Code: 245924-B Th., 6/12 7:00-8:00 PM (1 class)
Res \$5, Non-Res \$6

Register Online Using Our WebTrac System

See Page 19

<https://webtrac.perinton.org>

ADULT PROGRAMS

Only for Travelers: Spanish Part 1

Ages: 18 years and over
Learn Spanish before you travel to a Spanish-speaking place so you can interact better. Spanish also gives you access to more culture, people and resources. If you are a traveler, a beginner, or have learned some basic Spanish before, this class is for you! You will learn new vocabulary and conversation that could be used when traveling, and of course for life's little emergencies! Also, you can learn Spanish for personal growth or to empower your brain and strengthen it with our other programs.

Instructor: Zoom Into Spanish - Lourdes de la Colina-Scofield
Location: PCC
Dates: **Code: 232880-A** Tu., 4/22-5/20 11:00-11:55 AM (5 classes) Res \$135, Non-Res \$145
Code: 232880-B Tu., 5/27-6/24 11:00-11:55 AM (5 classes) Res \$135, Non-Res \$145

Only for Travelers: Spanish Part 2

Ages: 18 years and over
Continue learning Spanish before you travel to a Spanish-speaking destination so you can interact better. Spanish also gives you access to more culture, people, and resources. If you are a traveler, a beginner, or have learned some basic Spanish before, this class is for you! You will learn new vocabulary and conversation that could be used when traveling, and of course for life's little emergencies! You can also learn more Spanish or improve it, either for personal growth or to empower your brain and strengthen it with our Spanish programs.

Instructors: Zoom Into Spanish - Lourdes de la Colina-Scofield
Location: PCC
Date: **Code: 232880-C** Tu., 4/22-5/20 12:00-12:55 PM (5 class) Res \$135, Non-Res \$145
Code: 232880-D Tu., 5/27-6/24 12:00-12:55 PM (5 class) Res \$135, Non-Res \$145

NEW!! Ping Pong Parkinson

Ages: 18 years and over
Combat Parkinson's symptoms while having fun playing ping pong. Research has shown that playing ping pong improves physical and cognitive well-being as it incorporates movement, balance, cognition, and hand-eye coordination. Improve your game and your health, make friends and enjoy yourself!

Instructors: Dan Rothschild, Kathy Lewandowski, Chuck Vandenberg, Gary Robinson, Patricia Bradford & Kevin Howe
Location: PCC
Date: **Code: 245303-A** Th. & Sun., 4/17-6/29 1:00-3:00 PM (21 classes) Res \$65, Non-Res \$72

NEW!! Radon: The Silent Killer

Ages: 21 years and over
Radon is the second leading cause of lung cancer with smoking being number one. 21,000 people each year die from lung cancer associated with radon poisoning. Attendees will learn of the health risks associated with radon, the importance of testing in their homes and the actions they can take to mitigate their exposure to this poisonous gas.

Instructors: Robert Metz
Location: PCC
Date: **Code: 245952-A** Th., 4/24 1:00-2:00 PM (1 class) No charge

ROC Yoga in the Park

Ages: 12 years and over
Come breathe in fresh air, embrace blue skies and sunshine in Perinton's Center Park as you tone your body & rejuvenate your mind with Vinyasa Yoga. This active, physical practice is attainable by anyone. Synchronized by your breath, this is a 75-minute, open level class designed to meet you where you are. Modifications are always offered and beginners are welcome! Join us for our 10th year & ROC it in the Park!

Instructor: Tiffany Weil
Location: Center Park Amphitheatre
Dates: **Code: 245845-A** 6/4 6:30-7:45 PM (4 classes) Res \$55, Non-Res \$61
Code: 245845-B 6/4 6:30-7:45 PM (1 class) Res \$15, Non-Res \$18
Code: 245845-C 6/11 6:30-7:45 PM (1 class) Res \$15, Non-Res \$18
Code: 245845-D 6/18 6:30-7:45 PM (1 class) Res \$15, Non-Res \$18
Code: 245845-E 6/25 6:30-7:45 PM (1 class) Res \$15, Non-Res \$18

Slave Experience and the Underground Railroad

Ages: 13 years and over
Follow the slaver's ship from England to West Africa, drop down into the hold as she sails across the Atlantic's Middle Passage, witness sale on the auction block, envision life on the run, meet the many heroes on the Underground Railroad's routes to freedom. Join Jerry Bennett, Underground Railroad enthusiast, as he shares.

Instructor: Jerry Bennett
Location: PCC
Date: **Code: 245260-A** W., 6/4 6:30-8:30 PM (1 class) Res \$5, Non-Res \$6

Small Group Training

Ages: 55 years and over
Personal training but with a few other people! Exercises tailored specifically towards your needs and goals by a trainer specializing in ages 55+. Personalized attention, modifications, progressions and safety for improving core, upper body and lower body strength, balance and mobility. All fitness levels welcome. Chairs available for seated and/or standing support.

Instructor: Alyssa Ziolk
Location: PCC
Dates: **Code: 242801-A** Tu., 4/22-5/20 1:00-1:50 PM (5 classes) Res \$150, Non-Res \$160
Code: 242801-B Tu., 5/27-6/24 1:00-1:50 PM (5 classes) Res \$150, Non-Res \$160
Code: 242801-C Th., 4/24-5/22 1:00-1:50 PM (5 classes) Res \$150, Non-Res \$160
Code: 242801-D Th., 5/29-6/26 1:00-1:50 PM (5 classes) Res \$150, Non-Res \$160

Tai Chi - Yang Style, Long Form

Ages: 18 years and over
Tai Chi is a practice that involves a series of slow, gentle movements and physical postures, a meditative state of mind and controlled breathing. Tai Chi also improves strength, flexibility and balance.

Instructor: Binh N Tran
Location: PCC
Dates: **Code: 245855-A** Sat., 4/19-6/28 9:00-10:30 AM (11 classes) Res \$88, Non-Res \$97

**Register Online Using
Our WebTrac System - See Page 19
<https://webtrac.perinton.org>**

Teen & Adult Learn to Skate

Ages: 14 years and over
This program offers teen & adults skating curriculum for those looking to skate for fun, fitness or to start a new adventure in figure skating or hockey. The program promotes physical fitness and improved balance and coordination while learning proper skating technique on the ice. An additional \$20 fee must be paid to the instructor on the first class that goes to US Figure Skating for insurance coverage. Skate rental is also available for the additional cost of \$24 for the 6-week session.

Instructor: Pamela Warren
Location: Village Sports, 2830 Baird Road
Date: **Code: 135824-CC** Sun., 3/30-5/11 (ex. 4/20) 1:00-1:50 PM (6 classes) Res \$150, Non-Res \$160
*** March session was listed in Winter Brochure, so registration is already open for that session.**
Code: 235824-C Sun., 5/18-6/22 12:00-12:50 PM (6 classes) Res \$150, Non-Res \$160

NEW!! The Peaceful Voice: Meditation and Communication for Women

Ages: 18 years and over
Join us in a supportive space where women can find inner peace and strengthen communication. This workshop combines meditation, calming techniques, and mindful communication to help you reduce stress, gain emotional clarity, and connect more deeply with others. Through guided exercises, you'll build authentic communication skills and feel empowered to express yourself with confidence and ease.

Instructors: Rebecca Schwarz
Location: PCC
Date: **Code: 235871-A** M., 5/12-6/9 7:45-8:45 PM (4 classes) Res \$45, Non-Res \$50

Western Riding for All Ages

Ages: 7-70 years
Taught by a professional Western trainer, this program is great for anyone who would like to learn how to ride a gentle Western trained horse. You will learn the basic maneuvers, correct body position and neck reining at a walk and trot.

Instructors: JLD Equine
Location: JLD Equine, 1942 Turk Hill Road
Dates: **Code: 245753-A** W., 4/23-5/14 7:00-8:00 PM (4 classes) Res \$180, Non-Res \$190
Code: 245753-B W., 5/21-6/4 7:00-8:00 PM (3 classes) Res \$135, Non-Res \$145
Code: 245753-C W., 6/11-6/25 7:00-8:00 PM (3 classes) Res \$135, Non-Res \$145

NEW!! Wrinkle Rewind

Ages: 18 years and over
ONLINE CLASS. Would you like to look 10 years younger? Join us for this hands-on skin care workshop.

Instructors: Colleen Beckwith
Location: ONLINE CLASS
Dates: **Code: 245926-A** Tu., 6/3 1:00-2:00PM (1 class) Res \$5, Non-Res \$6
Code: 245926-B Tu., 6/3 7:00-8:00PM (1 class) Res \$5, Non-Res \$6

**Register early to avoid
program cancellation due
to low enrollment.**



ADULT ARTS & CRAFTS AND COOKING

Register early to avoid program cancellation due to low enrollment.

REFUNDS FOR ARTS AND CRAFTS CLASSES: Refunds must be requested a minimum of 7 days in advance of the class. No refunds will be given otherwise. Supplies have been purchased for participants. Supplies must be picked up within 7 days after the class.

BEGINNER WOOD TURNING

Ages: 12 years and over
This hands-on class for folks with little or no prior experience with wood turning, where you will learn the fundamentals of wood turning on a lathe, including safety, sharpening, machine use, and tool handling. Machines, materials and tools will be provided. It is anticipated that participants will complete a finished turned bowl during the workshop.

Instructors: Finger Lakes Wood Turners
Location: St. Michael's Woodshop, 691 St. Paul Street, Rochester
Date: **Code: 245879-A** Sat., 5/10 9:00 AM-1:00 PM (1 class)
Res \$45, Non-Res \$50

BEGINNING DRAWING

Ages: 18 years and over
A beginning class for those who have not drawn before, but have always wanted to unlock the artist within. You will learn the building blocks of drawing - from basic shapes to complex imagery.

Instructor: Brian Petty
Location: PCC
Dates: **Code: 242873-A** M., 4/28-5/19 6:00-8:00 PM (4 classes)
Res \$75, Non-Res \$83
Code: 242873-B M., 6/2-6/23 6:00-8:00 PM (4 classes)
Res \$75, Non-Res \$83

BEGINNER WATERCOLOR

Ages: 18 years and over
Always wanted to paint, but weren't sure how to begin? In this class, you will learn the fundamentals of watercolor painting. Learn layout, composition, color theory and technique. Bring to life the world around you in beautiful, full color.

Instructor: Brian Petty
Location: PCC
Dates: **Code: 244800-A** Tu., 4/22-5/13 6:00-8:00 PM (4 classes)
Res \$75, Non-Res \$83
Code: 244800-B Tu., 6/3-6/24 6:00-8:00 PM (4 classes)
Res \$75, Non-Res \$83



NEW!! CROCHET A CUTE UNICORN

Ages: 12 years and over
Meet your new BFF and she's as magical as she is cuddly! This sweet unicorn is medium sized and we'll walk through the directions step by step together. You will need: 3 colors of yarn - one for the body, another for the horn/hoooves, something colorful for the mane and a US G hook. Skills needed: single crochet. Skills learned: magic ring, crochet shapes and reading crochet directions.

Instructor: Sharilyn Ross
Location: PCC
Dates: **Code: 222804-E** M., 5/19-6/16 (ex. 5/26) 6:00-7:00 PM (4 classes) Res \$40, Non-Res \$44

DROP IN ART

Ages: 18 years and over
This class is full of inspiration, fun and friends! A wide variety of mediums are represented including watercolors, water based oils, acrylics, pastels, ink, pen and pencil, markers, charcoal, and collage. While formal instruction is not provided, participants share their experience and knowledge while provided assistance, advice and encouragement.

Instructor: John Tolley
Location: PCC
Dates: **Code: 242830-A** W., 4/16-6/25 1:00-3:00 PM (10 classes)
Res \$22, Non-Res \$24

DROP IN ART II

Ages: 18 years and over
This class is filled with inspiration, fun and friends! Create your own masterpieces using inks, pastels, pencils, watercolors, water-based oils or acrylics. While formal instruction is not provided, members who share their knowledge and provide assistance and advice are encouraged.

Instructors: Bill Ebersbach & Ginny Dormer
Location: PCC
Dates: **Code: 242830-AA** Th., 4/17-6/26 9:30-11:30 AM (11 classes)
Res \$22, Non-Res \$24

FLOURISHING WITH ITALIC: CARDS AND ENVELOPES

Ages: 14 years and over
Do you struggle with lettering? Learn how to turn a name into a work of art. We will use calligraphy pens and review the basic shapes of the Italic alphabet. Then we'll plan the layout for the words to create beautiful cards and envelopes. Learn how to do lettering you are really proud of!

Instructor: Toi Clawson
Location: PCC
Dates: **Code: 242905-A** M., 4/21-5/12 1:00-3:00 PM (4 classes) Res \$75, Non-Res \$83

NEW!! KNITTING 911- FIXING KNITTING MISTAKES

Ages: 12 years and over
Yikes, you dropped a stitch! Now what? In this class, we'll learn options for fixing all sorts of knitting mistakes. Please bring size 8 knitting needles, light colored medium weight yarn, a crochet hook, yarn needle and scissors to class.

Instructor: Sharilyn Ross
Location: PCC
Dates: **Code: 222804-J** Tu., 5/20-5/27 12:00-1:00 PM (2 classes)
Res \$20, Non-Res \$22

Register early to avoid program cancellation due to low enrollment.

LEARN TO CROCHET

Ages: 12 years and over
Crochet is back! It's all over the socials, craft magazines and fashion! This class is for anyone who would like to learn to crochet or re-learn if it has been awhile. Relax and enjoy while we learn the basic stitches (chain, single crochet, double crochet) and how to make a granny square. Please bring size J crochet hook and medium weight yarn to the first class.

Instructor: Sharilyn Ross
Location: PCC
Dates: **Code: 222804-A** M., 4/14-4/28 6:00-7:00 PM (3 classes)
Res \$30, Non-Res \$33

LEARN TO KNIT

Ages: 12 years and over
Come and join the worldwide community of knitters! This class is for anyone who would like to learn how to knit or re-learn if it has been awhile. Take some time, bring a lunch and a friend and enjoy while we learn how to knit, purl, cast-on and cast-off. Please bring size 8 knitting needles and medium weight yarn to class.

Instructor: Sharilyn Ross
Location: PCC
Dates: **Code: 222804-C** Tu., 4/22-5/13 (ex. 5/6) 12:00-1:00 PM (3 classes)
Res \$30, Non-Res \$33



PROJECT HELP: CROCHET OR KNITTING

Ages: 12 years and over
Do you need some help to get started or to work through a crochet or knitting project? Do you have a project in mind but are confused by the directions? This class is for you! Bring your yarn and pattern and the instructor will help you. You will have time to work on your project in class with the instructor instantly available to answer questions about directions, supplies and techniques.

Instructor: Sharilyn Ross
Location: PCC
Dates: **Code: 222804-G** Tu., 6/3-6/17 12:00-1:00 PM (3 classes)
Res \$27, Non-Res \$30

NEW!! SPRING BIKE & BOUQUET

Ages: 15 years and over
Fun and easy! Join us in welcoming spring with this quaint flower basket on bike scene. Beginners welcome. Acrylics on an 11x14 canvas. All materials supplied.

Instructor: Lesley Shakespeare
Location: PCC
Date: **Code: 242812-A** Th., 5/22 6:00-8:30 PM (1 class) Res \$35, Non-Res \$39



NEW!! WATERCOLOR FLORALS

Ages: 14 years and over
If you love spring flowers, this class will teach you how to paint beautiful bouquets. We'll use basic strokes and build glorious blooms. Watercolor supplies will be discussed at the first class. Bring what you have; don't buy anything until you find out what you like to work with!

Instructor: Toi Clawson
Location: PCC
Dates: **Code: 244800-A** M., 4/22-5/13 9:30-11:30 AM (4 classes)
Res \$75, Non-Res \$83



NEW!! ZENTANGLE CLASS FOR BEGINNERS

Ages: 15 years and over
Zentangle is a creative artform that promotes relaxation and creativity. It requires no experience or art talent. Using micro pigment pens on watercolor paper, you will learn various repetitive patterns that anyone can learn. This enables you to create your own works of art for framing, greeting cards, etc. In this class, we will create a couple of bookmarks and a feather design in zentangle patterns. All materials supplied.

Instructor: Lesley Shakespeare
Location: PCC
Date: **Code: 242808-A** Th., 4/24 6:00-8:00 PM (1 class) Res \$35, Non-Res \$39



PERINTON



Office Hours

Monday through Friday

7:30 am - 3:30 pm

Phone: (585) 223-1617

www.perinton.org

Anke Applebaum - 55+ Program Supervisor

Maggie Monsen - Office Clerk

Retired Men's Club Monthly Meeting

First Tuesday of the Month

10:00 AM

Retired Women's Club Monthly Meeting

Third Tuesday of the month

2:00 PM

Retired Couples Club Monthly Meeting

First Friday of the month

5:00 PM

CURBSIDE TO-GO

We are serving hot, homemade, delicious lunches every week (Tuesday through Friday)!

A new menu is published weekly on our social media pages, Town Website, and via email through our 55+ E-newsletter subscription.

A discount is applied for ordering all four days. In addition to the daily special, Chef Joe prepares homemade soups, sandwiches, and salads. These are available as an add-on to any meal, or solo. Call our office for more information!



PERINTON AMBULANCE

Blood Pressure Checks

2nd and 4th Tuesdays of the month
9am -11am



Offering the Highest Quality of Aquatic & Land Therapy Exercises

Don't wait to start feeling better!

Direct Access / No Prescription Or Referral Necessary

Call 364-0136 to schedule and appointment or stop in

Room #211

HOURS:

Mon - Thurs: 7am-7pm / Fri: 8am-2pm

Closed Saturday & Sunday

Monthly educational presentations on the third Wednesday of the month!

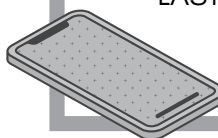
TECH CLASSES

On the last Wednesday of every month, join our instructor, Daniel Jones, who will make tech gadgets easy to understand and use. From iPads to apps. enjoy benefits of the latest technologies through these classes.

LAST WEDNESDAY EVERY MONTH!

1:00 - 2:30 PM

Registration Required



PERINTON



SUBURBAN DRIVING

This is a NYSDMV approved 6 hr. Accident Prevention Workshop, Point/Insurance Reduction Defensive Driving Class that will allow you to apply for a 10% discount on your vehicle insurance for the next 3 years. This course will also reduce up to 4 points from your driving record net total and improve your skills at accident prevention.

Call 223 1617 to register or on WEBTRAC: 882599

DETAILS:

Class time is 9:00 AM - 3:00 PM, with a 30 minute break.

PRE-REGISTRATION REQUIRED.

Cost: \$32.00

Room 208B

Check out the lunch menus the week before your class and order a lunch for the day of your class!

UPCOMING DATES

April 8th

June 10th

August 12th

October 14th

December 9th

COMMUNITY GAME ROOM SCHEDULE

MONDAYS

Bingo @ 1:00 PM

Mah Jongg @ 1:00 PM



TUESDAYS

Mah Jongg @ 9:30 AM

Euchre @ 12:30 PM

Pinochle @ 3:00 PM



WEDNESDAYS

Bridge @ 12:45 PM

Bunco @ 1:00 PM

(every 1st Wednesday of the month)



THURSDAYS

Mah Jongg @ 9:30 AM + 12:30 PM

Hand & Foot @ 12:30 PM

Pinochle @ 2:00 PM



FRIDAYS

Pokeno @ 1:00 PM

Board Games @ 1:00 PM



55+ E-NEWSLETTER



The best way to stay informed about all scheduled programming is to subscribe to the 55+ E-NEWSLETTER. Every Wednesday evening, you'll receive the following week's Curbside Lunch menus along with information about all other scheduled events. Call 223-1617 or register in the Town's website under 55+ > NEWSLETTERS

SENIOR CHORUS



Do you like to sing?

Make new friends, share your talent, join the Perinton Senior Chorus!

The choir meets at 2:00 PM on Tuesdays at the PCC (Room 204 A/B) and performs seasonally for senior living communities, nursing homes, and various senior groups.

Visit the 55+ Community Room or call 223-1617 for more information.

55+ FITNESS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00 - Kristi Tai-Yo Room 204 A/B	8:30 - Karen Classic Room 204 A/B	8:00 - Lin Circuit Room 204 A/B	8:30 - Denise Classic Room 204 A/B	8:00 - Karen Bone Builder Class Aerobics Room
9:00 - Andie Yoga Room 204 A/B	8:30 am - Bonnie Yoga Aerobics Room	8:00 - Joween Step Interval (SENIOR CORE 1/15 - TBD Bonnie) Aerobics Room	8:30 - Karen Experience Aerobics Room	8:00 - Joween (or Lin) Yoga Room 204 A/B
9:00 - Kristi Zumba Gold Light Aerobics Room	8:35 - Marsha Young Aqua Fit Lap Pool	9:00 - Lin Yoga Room 204 A/B	9:30 - Denise Experience Room 204 A/B	9:00 - Joween (or Lin) CardioFit Room 204 A/B
9:00 - Marjory Total Body Aqua Size (Water in Motion) Lap Pool	9:30 - Karen Circuit Room 204 A/B	9:00 - Joween (or Bonnie) CardioFit Aerobics Room	9:30 - Bonnie Zumba Gold Aerobics Room	9:00 - Karen Circuit Aerobics Room
10:00 - Kristi (or sub) Classic Room 204 A/B	9:30 - Bonnie Zumba Gold Aerobics Room	9:00 - Kristi Back to Basics Room 208B	9:30 - Marsha Young Aqua Endurance Current Channel	9:00 - Marjory Total Body Aqua Size (Water in Motion) Lap Pool
10:00 - Andie Classic Room 208B	9:30 - Marsha Young AQUA ENDURANCE Current Channel	10:00am - Joween (or Andie) Yoga Aerobics Room	10:30 - Karen Bone Builder Class Aerobics Room	10:00 - Joween (or Lin) Classic Room 204 A/B
10:00 - Denise Circuit Aerobics Room	10:30 - Lin Classic Room 204 A/B	10:00 - Kristi Classic Room 204 A/B	10:30 - Lin Classic Room 204 A/B	10:00 - Marjory Let's Get Moving Lap Pool
10:00 - Marjory CIRCLE AQUA VOLLEY BEACH BALL Lap Pool	10:30 - Kristi (or sub) CardioFit Aerobics Room	10:00 - Marjory Let's Get Moving Lap Pool	10:30 - Marsha Young Aqua Circuit Current Channel	
11:00 - Kristi (or sub) Zumba Gold Room 204 A/B	10:30 - Marsha Young Aqua Circuit Current Channel	11:00 - Kristi Zumba Gold Room 204 A/B	11:30 - Denise Booty Barre Aerobics Room	
11:00 - Denise Booty Barre Aerobics Room	11:30 - Lin Yoga Room 204 A/B	12:00 pm - Kristi Silent Movement & Meditation Room 208B	11:30 - Lin Yoga Room 204 A/B	
12:00 - Denise Cardio Kickboxing Aerobics Room	11:30 - Kristi Seasoned Beginner Line Dance Aerobics Room			



Scan me with your
smart phone to go
to the reservation
website!

**You must reserve your space in
class on the Acuity website.**

SilverSneakers
FITNESS

Silver&Fit **RenewActive**
by UnitedHealthcare

55+ FITNESS CLASS DESCRIPTIONS

SilverSneakers Classic

Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement, and activity for daily living skills. Hand-held weights, elastic bands, and a ball are offered for resistance. A chair is used for seated and/or standing support. Class time: 45 minutes

SilverSneakers Circuit

Combine fun and fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper body strength work using hand-held weight, elastic bands, and a ball is alternated with non-impact aerobics choreography. A chair is offered for support, head to toe stretching and complete relaxation in a comfortable position. Class time: 45 minutes

SilverSneakers CardioFit

Get up and go with an aerobics class for you; safe, heart-healthy and gentle on the joints. The workout includes easy-to-follow low or high/low impact movement, and upper-body strength, core conditioning, stretching and relaxation exercises designed to energize your active lifestyle. May incorporate floorwork. Class time: 45 minutes

SilverSneakers Yoga

Yoga will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and a final relaxation will promote stress reduction and mental clarity. Class time: 45 minutes

Bone Builder

Activate your muscles to build stronger bones in this fun, strength-training class. The class consists of short, intense, cardio- segments with alternating, slower-paced, weight-bearing exercises. The goal is to increase our muscle strength to increase our bones as they respond to increased forces applied to them. Total time: 45 minutes

Tai-Yo

This class is a combination of Ti-Chi and modified yoga. Gentle stretching and movement as nature intended. No forceful movements and low impact. Reinforcing balance, smooth movement, and graceful transitions in movement. Total time: 45 minutes

Silent Movement & Meditation

Low impact. Fascia stretching to help your stiffness. Gentle stretch, calm and flow movement allows your connective tissue to relax and expand slowly. Find the balance you need while strengthening your muscles. We'll work on improving balance and the range of motion you are comfortable with. Build confidence in your movement. Class time: 45 minutes

Zumba Gold

Active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower intensity. Choreography focuses on balance, range of motion, and coordination. Class focuses on cardiovascular, muscular conditioning, flexibility and balance. Come ready to sweat, and prepare to leave empowered and feeling strong. Class time: 45 minutes

Cardio Kickboxing

A cardio fit workout class that integrates cardio kickboxing moves with cardio fitness moves. Learn the basic punch anatomy - the jab, cross, hook, uppercut and front and back kicks.

Traditional kickboxing moves have been modified for the active senior lifestyle - heart healthy and gentle on the joints. Great for strength, agility and endurance. The warm up and cool down will utilize Silver Sneakers Ener-Chi moves. Class time: 45 minutes

Silver & Fit Experience

For moderately active older adults who exercise in some way, one to two days per week. The class is designed to increase the participant's flexibility, joint stability, dynamic balance, coordination, agility, reaction-time, muscular strength, and cardiovascular endurance. Class time: 45 minutes.

Step Interval Class * New

A circuit style class incorporating basic patterns stepping up & down on a platform alternated with strengthening work using weights & tubing. This fun filled class will help to increase your cardio strength & endurance while burning calories, increasing lean body mass, strengthening your heart & lungs and helping to improve/maintain bone density. This class will accommodate various fitness levels. Participants must have appropriate balance skills. It is a low impact class with the option of using occasional power moves. You choose the height of your step. 45 minutes

Water in Motion

Groundbreaking aqua exercise workout that provides a low impact, high-energy challenge for participants of all ages, skill, and fitness. With land equivalent intensity, enjoy the pure fun of this 55-minute water extravaganza. Class time: 55 minutes

Bodies in Motion - Water Aerobics

A low-impact full body workout walking with and against the current. Great for muscle, bone, and joint rehabilitation. Class is 45 minutes, walk on your own for the last 15! Total time: 60 minutes

Let's Get Moving

Low impact! Water moves to strengthen your muscles and improve range of motion. Challenge yourself with buoys, bands, barbells, and other water equipment using the resistance of the water. Class time: 55 minutes

Aqua Fit

Aqua Fit provides a well-rounded workout that includes cardio, strength, balance, and flexibility. Be prepared to move the entire class; all levels benefit from this fun and challenging music-based water class. Class time: 45 minutes

Booty Barre

Come get body changing results in a low to no impact workout for all fitness levels! Barre incorporates flexibility and strengthening moves in all three planes of motion. Barre signature sequencing is great for body alignment, core stability and joint mobility. Glider discs and body bars will also be used. Strengthening floor work completes our workout (alternative moves to floor work will be offered). Class time: 45 minutes

Back to Basics

Our lowest impact class. Gentle and slow movement throughout the class. Participants will work within their own range of motion. Low impact to help with maintaining flexibility & to prevent stiffness. Work in a calm and peaceful atmosphere. This class can be a transitional class for you to get into more intensive classes later. Improve your balance & confidence in your exercise. (This class is only available outside of school break times.)

Senior Core

A class for seniors who would like to improve their back health, gain strength in their core, leg, and arm muscles, improve muscle tone, and increase their stability and flexibility. We will use hand weights, body bars, bands, stability balls and our own body weight for a total body strengthener with an emphasis on the core. Attendees will need to get down to and up from the floor. Class time: 45 minutes

Members of SilverSneakers, Silver&Fit, and Renew Active qualify for ALL of the classes (FREE). 55+ non-members of SilverSneakers/Silver&Fit/Renew Active pay a \$5.00 Drop-In Fee or you may purchase a 10-class pass for \$42.00 or an unlimited monthly class pass for \$47.00. Schedule is subject to change. Call 223-1617 with questions. **You must reserve your space in class on the Acuity website.** Visit www.perinton.org and click on "PCC Schedules." These classes are found under "55+ Fitness Classes."

You must reserve your space in class on the Acuity website.

Silver&Fit **RenewActive**
by UnitedHealthcare

FIT ON
HEALTH

PERINTON 55+ FITNESS



DO I QUALIFY FOR A SENIOR MEMBERSHIP WITH MY HEALTH INSURANCE?

Those that are 65 and over may qualify. MVP Gold, Aetna, Excellus Blue Cross/Blue Shield, Wellcare, Humana, and United Health Care offer a fitness incentive to their members. Our community center works with these providers.

I THINK I QUALIFY. WHAT DOES THIS MEMBERSHIP MEAN TO ME?

Access to our fitness center! This includes the cardio equipment, the weight room, the aquatics center, the indoor track, drop-in pickleball, and free admission to over 30+ fitness classes especially designed for those 55 years and older. Check out our schedule on the town website or pick up a schedule in the 55+ office.

WHAT DO I DO? WHERE DO I GO?

If you are registering for the first time OR you have changed insurance companies for 2024/2025, OR are renewing your fitness benefits, please bring your insurance card and your fitness ID# (if you have received it from your health insurance carrier) to the Community Center. If visiting between the hours of 7:30 AM and 3:30 PM, please stop by the 55+ Office. If visiting after office hours or on the weekend, any clerk at the front desk, or downstairs desk, should be able to register you or renew you. If renewing your membership and your insurance company has not changed in 2023, you can call our office (223-1617) or the main desk (223-5050), or stop by our office and we can renew you.

I'M REGISTERED! NOW WHAT?

Make fitness part of your daily and weekly routine. The Community Center is open from 6:00 AM to 9:00 PM, Monday through Friday. On Saturday, 7:00 AM to 7:00 PM, and on Sunday, 9:00 AM to 6:00 PM. Our 55+ fitness schedule has over 30+ classes Monday through Friday. Opportunities to swim laps and water walk are offered daily, as well as participation in daytime aquatic exercise classes. Reservations are available 7 days in advance.

FITNESS PASSES

NON-MEMBERS OF INSURANCE FITNESS BENEFITS (SILVER SNEAKERS, FIT ON, ETC.) OR YOUNGER THAN 65 YEARS OF AGE:

You can still attend exercise classes by paying a \$5.00 drop-in fee or you may purchase a 55+ 10-class pass for \$42.00, OR a 55+ Unlimited Monthly pass for \$47.00.

Gift Certificates

Available in any monetary designation. Redeemable for all programs and facility use. Non-resident restrictions still apply.

Volunteering

Volunteer opportunities are available in several areas including preschool and youth programs, sports, senior citizen and adult programs, and special events. If you have a desire to share your time and talent, please call 223-5050 for a volunteer application.

Part-Time Positions

Looking for a unique part-time opportunity? Perinton Recreation and Parks is looking for dynamic leaders to develop and instruct their own programs for all ages and interests. Call 223-5050 for more information.

ASSET BUILDING IN OUR COMMUNITY

The Healthy Communities, Healthy Youth Initiative focuses on building 40 developmental assets that are critical for a young person's successful growth and development. These assets are positive experiences, opportunities and personal qualities that all youth need to be responsible, successful and caring. Because of the powerful impact of assets, young people who experience the most developmental assets are least likely to engage in problem behaviors and most likely to thrive.



The Fairport-Perinton Chemical Prevention Advisory Council (CPAC) is a working partnership among families, schools, students, community groups, governmental agencies and law enforcement. We are committed to promoting wellness and healthy lifestyles while addressing issues surrounding alcohol and other drug use/abuse in our schools and community. CPAC's mission is to reduce the use of alcohol, tobacco and other drugs by our youth.

MISSION STATEMENT

The Perinton Recreation and Parks Department's mission is to provide safe and satisfying recreation programs, well-maintained parks, and clean and comfortable leisure facilities. We are committed to providing valued services that enhance the quality of life of current and future residents.

Americans with Disabilities Act Compliance

The Town of Perinton Recreation and Parks Department offers programs for all residents regardless of differing abilities. If you have a question or concern about program accommodations, call us at 223-5050.

ROCHESTER ACCESSIBLE ADVENTURES (RAA)

Rochester Accessible Adventures (RAA) is a Regional Resource Center for individuals with disabilities and their families to connect with opportunities in their home communities and includes adaptive sports teams and the Adaptive Paddling and Cycling Center (APACC) in Fairport, NY. For more information, contact Anita O'Brien, Executive Director, 585-491-6011. aobrien@rochesteraccessibleadventures.org.

Fairport Central School District

A special thanks goes out to the Fairport Central School District and its staff for their cooperation, assistance and the use of school facilities for Perinton Recreation and Parks programs. The use of facilities at no cost helps us provide quality recreation programs at an affordable price.

INSURANCE INFORMATION

SilverSneakers

The Perinton Community Center is an authorized SilverSneaker facility. Bring in your MVP Gold card and have access to the fitness area, the aquatic center, or take advantage of the SilverSneaker fitness classes that we offer. For more information, call MVP Member Services, or our 55+ Center at 223-1617. Plan subject to change.

TOWN OF PERINTON

Perinton Town Board

Ciaran T. Hanna, Supervisor

David P. Belaskas

Michael Folino

Meredith Stockman-Broadbent

Janelle Reed, Town Clerk

Recreation and Parks Advisory Board

Al Chesonis, Chairperson

Amy Bender

Michael Coppola

Emily Chisholm-Gallagher

Paul M. Fioravanti

Jayne LaFay

James Unckless

Perinton Recreation and Parks Department

1350 Turk Hill Road, Fairport, New York 14450

Office Phone: 223-5050 • Office Fax: 223-4045

Office Open Monday - Friday, 9:00 AM-5:00 PM

Staff serving your recreation needs:

Jeff Nutting, CPRP - Commissioner of Recreation and Parks

Nick Berlin, CPRP - Recreation Director

Kelly Attridge - Assistant Recreation Director

Michael Clark - Senior Recreation Supervisor

Sydney Mooney - Recreation Supervisor

Joe Kincaid - Recreation Supervisor

Laura Silins - Pool Supervisor

Sean Anne - Lifeguard Lieutenant

Anke Applebaum - 55+ Program Supervisor

Joe Brophy - Cook

Michelle Reus - Office Clerk

Maggie Monsen - Office Clerk

Rebecca Drumm - Office Clerk

Amy Kelley - Office Clerk

Scott Allen - Facility Manager

Mike Sozio - PCC Custodian

Jon Pitre - Building Attendant

Chris Dudley - Director of Parks

Dillon Dayton - Parks Foreman

Dan Frederes - Shop Mechanic

Rob Cooper - Ground Equipment Operator

Michael Lioudis, CPSI - Ground Equipment Operator

Matt Loveless - Ground Equipment Operator

Noah Brown - Laborer

Ryan Fox - Laborer

Tanner Doyle - Laborer

FitOn

The Perinton Community Center is an in-Network facility of FitOn. Qualified members may be eligible to utilize the fitness area, aquatic center and group exercise classes (some restrictions apply).

Renew Active

The Perinton Community Center is an authorized Renew Active facility. Access includes fitness classes, the fitness area and aquatic center. For more information, please call our 55+ Center at 223-1617.

REGISTRATION INFORMATION

Perinton Recreation and Parks Department EARLY DROP OFF/LATE PICK UP POLICY

The Perinton Recreation and Parks Department offers a wide variety of programs for youth. Parents and/or guardians are requested to drop off and pick up their children at the specified program time listed in the program brochure and on the registration receipts.

Children are not allowed to be dropped off early or picked up late without expressed permission from the program supervisor or recreation administrative staff.

A late fee will be assessed to any participant(s) who do not abide by this policy. A verbal or written warning will be given for the first offense. A second offense will result in the assessing of a late fee of \$10 for each 15-minute period (or part thereof). This fee must be paid before the participant is allowed to continue participating in the activity. We incur additional costs for staff salaries and benefits when children are left in our care before or beyond the designated program time.

Emergency situations should be discussed with the program supervisor or recreation administrative staff. If you should have any questions, contact us at 223-5050. Thank you.

REFUND POLICY

A refund for any reason will be given only if applied for at least seven calendar days prior to the start date of the program. Refunds after this period will be given on a pro-rated basis and only when accompanied by a signed doctor's certificate indicating an inability to participate, or appropriate documentation evidencing personal emergency or hardship. A \$7.00 processing fee, per participant, per program, will be charged for all refunds. A \$7.00 fee will be charged for each participant transfer request. Program cancellation and transfer requests must be made in writing, and request forms are available at the Community Center reception desk or online at www.perinton.org. If the program is cancelled by our department, a full refund will be given and no processing fee will be assessed. We depend on school facilities for several programs. When school access is cancelled, our programs still incur expenses. Program refunds will not be given when there are emergency school cancellations that require us to cancel short term, school-based programs.

PROGRAM INCLUSION

We will make every effort to provide accessibility and a positive experience for all individuals in our programs. Should you or your child have accommodation requests, please contact Kelly Attridge, Inclusion Coordinator (kattridge@perinton.org). More information on program and facility accessibility can be found on our website following this QR code:



FINANCIAL SCHOLARSHIPS

Through the Friends of Perinton Recreation and Parks, we provide partial or full scholarships for programs and services based on family size and income. The application process requires completion and submittal of a brief form which will be reviewed by our staff. Please submit requests as soon as possible to avoid delays. The form can be found on our website following this QR code:



REGISTRATION

Residents – Registration begins M., March 24, 2025 at 10:00 AM

Non-Residents – Registration begins M., March 31, 2025 at 10:00 AM

REGISTRATION PROCEDURES

1. Complete the registration form.
2. Enclose the registration form and payment in an envelope.
 - List clearly alternate choice if first choice is not available.
 - If you are enrolled in your 2nd choice, you will not be put on the waitlist of your 1st choice.
 - If paying by check, separate checks requested for each program.
 - Make checks payable to: Perinton Recreation and Parks Department
 - A \$20 fee will be charged for all returned checks.
 - Acceptable forms of payment:

Credit Card    , Check or Cash

3. Place the envelope in the Drop Box located at the main entrance to the Perinton Community Center.

OR

Mail your envelope to Perinton Recreation and Parks Department,
1350 Turk Hill Road, Fairport, NY 14450

- Placing CASH in the Drop Box or mail is not encouraged.

4. Registrations on WebTrac begin at 10:00 AM on 3/24 (Residents) and at 10:00 AM on 3/31 (Non-residents).

HOW REGISTRATIONS ARE PROCESSED

1. All registrations are taken from the Drop Box at 10:00 AM daily (M.-F.).
 - Any registrations placed in the Drop Box after 10:00 AM are processed the following day.
2. Registrations from the Drop Box and registrations from the daily mail are combined and processed randomly.
3. Receipts will be mailed to you once posting is complete.
4. Please review your receipt carefully.
 - If we cannot fill your request or alternate, you will be placed on a Waiting List. This information appears on your receipt.

PLEASE NOTE:

- Classes have minimum and maximum numbers.
- The department reserves the right to cancel classes that do not meet the minimum number of registrants.
- Registrants are not allowed to substitute anyone in their place.

PLEASE READ THE REFUND POLICY:

- All refund requests must be made to Perinton Recreation and Parks in writing.
- Refunds are processed at the end of the month.

PLEASE RETURN COMPLETE REGISTRATION SHEET (FULL PAGE)

HOUSEHOLD INFORMATION

NAME _____ (Adult's first and last name) NAME _____ (Adult's first and last name)

ADDRESS _____ ADDRESS _____

HOME # _____ WORK # _____ HOME # _____ WORK # _____

EMERGENCY # _____ CELL# _____ EMERGENCY # _____ CELL# _____

E-MAIL _____ E-MAIL _____

RELEASE: I hereby release the Perinton Recreation and Parks Department and any of its staff from any responsibility or liability in connection with this activity. I give permission to a licensed physician or other hospital staff members to carry out emergency medical care deemed necessary to myself/child/ward when normal permission is unavailable. I certify that I am in good physical health and have no limitations other than those I have listed below which may predispose me to risk during this program. I also fully realize that I must provide proper hospitalization. The Town of Perinton does not provide accident insurance coverage. I have read and understand the department's refund policy. In the event a refund is granted for myself or my child for whatever reason with the stated activity, I do hereby authorize the Town of Perinton to execute a refund voucher on my behalf and submit for payment under the terms and conditions set forth in the Town of Perinton refund and registration policy.

Statement of current medical conditions, allergies or medications: _____

We want to make your (your child's) experience positive and successful. Please list any additional needs that we should be aware of such as sensory, physical, communication or other: _____

Our Inclusion Coordinator, Kelly Attridge (kattridge@perinton.org), is looking forward to discussing specific accommodations with you.

Program scholarships are available through the Perinton Pride Fund. Visit the [recreation program page](#) on Town website or inquire within.

Photographs may be taken of recreation programs and used in Recreation Dept. brochure. Initial here if you do NOT want photos of those listed on this form, used in this manner: _____

REFUND POLICY: A refund for any reason will be given only if applied for at least seven calendar days prior to the starting date of the program. Refunds after this period will be given on a pro-rated basis and only when accompanied by a signed doctor's certificate indicating inability to participate, or appropriate documentation evidencing personal emergency or hardship. A \$7.00 processing fee, per participant, per program will be charged for all refunds. A \$7.00 processing fee will be charged for each participant program transfer request. Program cancellation and transfer requests must be made in writing, and request forms are available at the Community Center reception desk, or online at www.perinton.org. If the program is canceled by our department, a full refund will be given and no processing fee will be assessed. We depend on school facilities for several programs. When school access is cancelled, our programs still incur expenses. Program refunds will not be given when there are emergency school cancellations that require us to cancel short term, school-based programs.

Date **SIGNATURE REQUIRED:** X _____
Registrant (Parent or Guardian if under 18)

Participant Name	Grade	Birth Date	Sex	Class Code	Program Name	Fee	2 nd Choice Code

Total Amount: \$ _____

* Check here if you would NOT like your receipt emailed: _____

(Checks Payable to Perinton Recreation & Parks Department)

INDICATE METHOD OF PAYMENT: CASH _____ CHECK* _____   

NAME AS IT APPEARS ON CARD _____

CREDIT CARD NO. _____ EXPIRATION DATE _____ AMOUNT _____

SIGNATURE OF CARD HOLDER _____

Receipt # _____ (for office use only)

*Separate checks required for each program



Perinton Recreation and Parks Department

1350 Turk Hill Road
Fairport, NY 14450

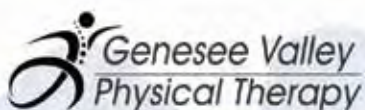
PRSRT STD
US Postage
PAID
Fairport, NY
Permit #262

PERINTON TOWN OFFICIALS

*Town Clerk Janelle Reed, Councilperson David Belaskas,
Town Supervisor Ciaran Hanna, Councilperson Meredith Stockman-Broadbent,
Councilperson Mike Folino (left to right)*

ECRWSS POSTAL PATRON

**Proud
to Support
Perinton
Recreation
& Parks**



Now



New Name, Same Great Team!

Conveniently located in Room #210

Brett S.,
PT, DPT



Patrick M.,
PT, DPT,
CSCS, TPI M2



Tess K.,
PTA



Conditions treated:

- Chronic Pain
- Orthopedic Injuries
- Pre & Post Surgical Rehab
- Sports Injuries

Services provided:

- Aquatic Therapy
- TPI Golf Rehab
- Vestibular Rehab

Call (585) 364-0136 or stop in the clinic to set up
your appointment today!

mvptny.com